



June 29, 2026

Dare County Schools
Ian Adams
3020 S. Wrightsville Avenue
Nags Head, NC

**Re: Limited Indoor Air Quality Sampling with Airborne Fungal Sampling at First Flight Middle School, 109 Veterans Drive, Kill Devil Hills, NC.
LRC Project – 26-1547**

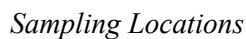
At your request, on June 11, 2026, LRC Indoor Testing & Research, Inc. (LRC) performed a limited environmental fungal Indoor Air Quality (IAQ) sampling that included airborne fungal sampling at the property listed above.

LRC performs all water-damage and fungal investigations with sampling and recommendations in accordance with guidelines published in Bioaerosols: Assessment and Control, by the American Conference of Governmental Industrial Hygienists (ACGIH), in Mold Remediation in Schools and Commercial Buildings by the United States Environmental Protection Agency (USEPA), and in the currently recognized and accepted industry standards including the ANSI/IICRC S500 Standard and Reference Guide for Professional Water Damage Restoration, Fifth Edition (S500) and the ANSI/IICRC S520 Standard and Reference Guide for Professional Mold Remediation, Fourth Edition (S520).

Our inspection included the following:

1. Measure temperature and relative humidity indoors and outdoors.
2. Collect representative non-viable spore trap air samples indoors and one outdoors for comparison.
3. Collect representative Particle Counts, Carbon Dioxide and Carbon Monoxide counts at locations where air samples are collected.
4. Provide a written report describing the survey results and comparing those results to accepted guidelines and directives. This report includes a summary of data and Certificates of Laboratory Analysis.

This inspection was limited to non-viable spore trap air samples, particle counts, CO and CO² measurements that were collected from representative locations selected throughout the building. Descriptions in this report are based on looking at the structure from the main Office entrance. Moisture measurements and visual inspections were not conducted on this day.



Representative Photographs and Sampling Locations 06/11/2026



Cafeteria Serving



Gym – particulate at supply vents



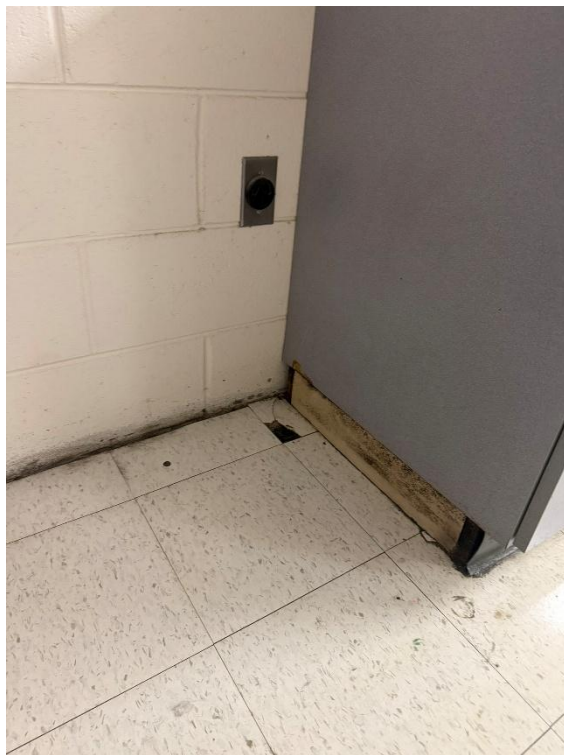
Band H112



Classroom A103



Classroom K129 Drama



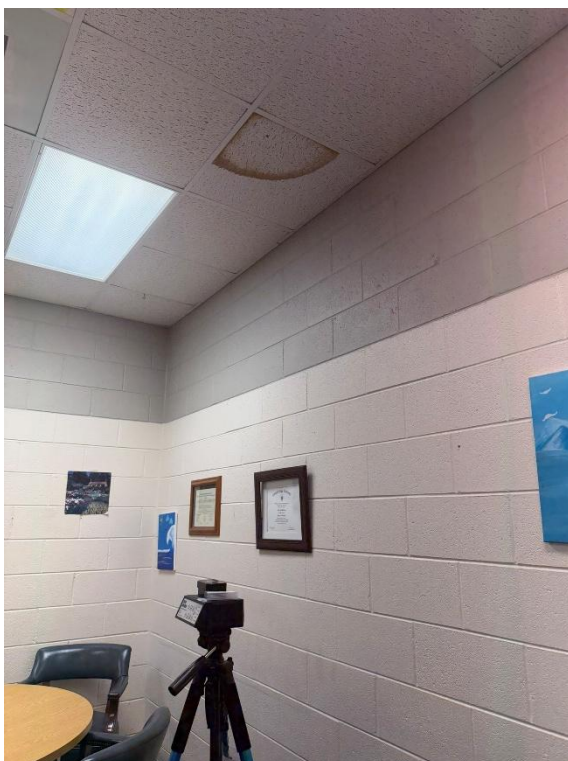
Classroom K129 – confirmed fungal growth on side of cabinet.



Classroom K119



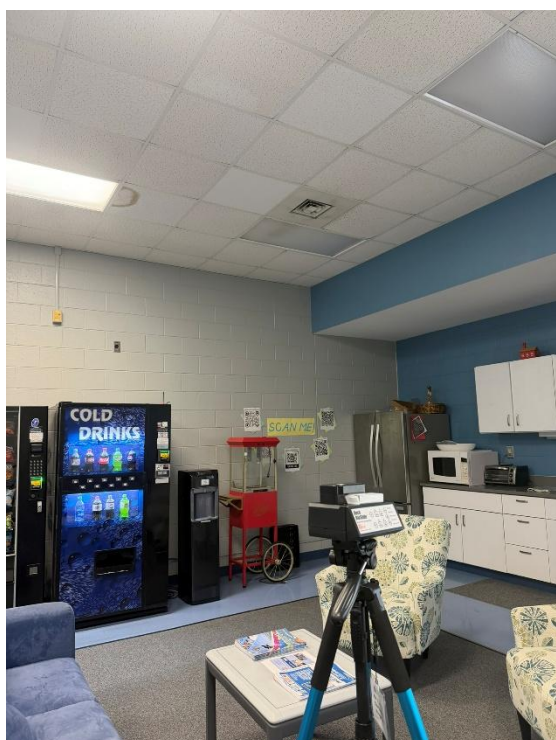
Classroom K126



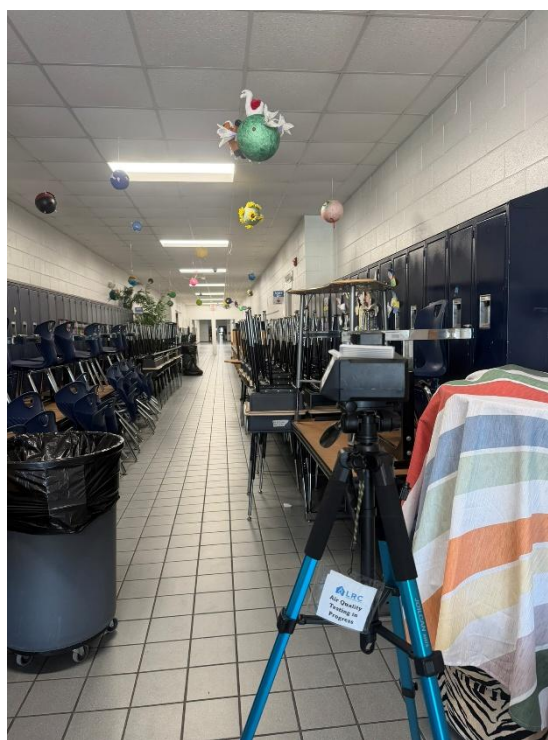
Office K105 - Guidance



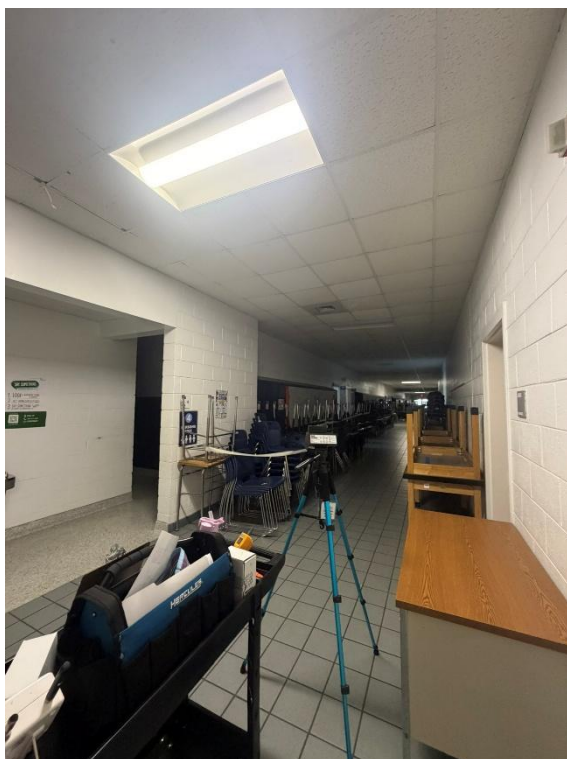
Classroom L159



L142 - Staff Lounge



Hall at M119



Hall at Restrooms/J108



Classroom L102

AIR SAMPLING METHODOLOGY

Currently there are no regulations regarding acceptable airborne fungal levels. Airborne fungal spores are ubiquitous in the outdoor and indoor environment. The guidelines followed in this report for the assessment and/or remediation of airborne and surface fungi are published in *Bioaerosols: Assessment and Control*, by the American Conference of Governmental Industrial Hygienists (ACGIH), in *Mold Remediation in Schools and Commercial Buildings* by the United States Environmental Protection Agency (USEPA), in *Recognition, Evaluation, and Control of Indoor Mold* by the American Industrial Hygiene Association (AIHA), and in the ANSI/IICRC S520 *Standard and Reference Guide for Professional Mold Remediation*, Fourth Edition (S520). Airborne fungal assessments are performed by comparing results from volumetric samples taken indoors to samples taken outdoors. Airborne fungi levels in non-problem indoor environments generally are less than or approximately the same as that outdoors and also show a similar composition and/or taxonomic predominance. Problems are usually implicated in the indoor air when one or more fungal genera or species are present in a much greater concentration indoors compared to outdoors. Sampling results are shown in the Certificates of Laboratory Analysis attached to this report. Results are discussed below.

TEMPERATURE & RELATIVE HUMIDITY METHODOLOGY

Temperature and relative humidity readings were recorded by the Lighthouse Handheld 3016 Particle Counter. The temperature and relative humidity are summarized in Table A below.

The American Society of Heating, Refrigerating and Air Conditioning Engineers (ASHRAE) Standard 55 for thermal comfort suggests that the indoor temperature should be between 73°F to 79°F in the summer and 68°F to 75°F in the winter.

ASHRAE recommends a relative humidity of 30-60% in habitable spaces. The Environmental Protection Agency (EPA) recommends that indoor relative humidity (RH) be kept below 60%-ideally between 30% and 50%.

AIR SAMPLING AND TEMPERATURE & RELATIVE HUMIDITY RESULTS

Representative samples were taken for total airborne fungal spores with a calibrated Buck spore trap. Total airborne fungal spore sample volumes were 75-liters. The outdoor total fungal spore level (Sample 21) was measured at 5,333 Spores/m³ and was comprised of *Cladosporium* (44%), Ascospores (31%), Basidiospores (7%), *Penicillium/Aspergillus* Group (5%) and 4% or less of various other fungal spores. The air sample results are summarized below in Table A.

Table A – Air Sampling Results

Sample #	Location	Total Airborne Spore Count (Spores/m ³)	*Non-Fungal Background Particulate Level	Temperature (°F)	Relative Humidity (%)
01	Cafeteria Serving	67	Low	73.3	52.3
02	Gym	40	Low	72.2	51.3
03	Room H 112	120	Low-moderate	72.1	47.7
04	CR H 109	120	Low-moderate	73.7	46.7
05	J 102	53	Low	73.5	41.6
06	CR A 103	80	Low	74.5	62.4
07	CR A 109	213	Low-moderate	74.2	57.9
08	CR K 129 Drama	93	Low-moderate	73.2	52.4
09	CR K 119	67	Low	73.2	49.8
10	CR K 126	67	Low	72.7	47.3
11	K 105 Guidance	200	Moderate	73.3	60.1
12	Media Center	67	Moderate	72.2	50.4
13	CR L 159	187	Low-moderate	72.6	59.8
14	L 142 Staff Lounge	147	Low	73.1	49.1
15	M 120	93	Low	72.8	48.5
16	Hall at M 119	67	Low	73.3	48.1
17	Hall at Restrooms/J 108	27	Low	73.8	51.3
18	J 120	40	Low	73.6	48.3
19	CR L 102	93	Low-moderate	72.8	58.4
20	Reception Lobby	133	Low	71.8	52.7
21	Outdoor Air	5333	Moderate	95.6	45.7

*The Background Particulate Level refers to non-fungal debris seen in the air sample; such as skin cells, hair, fibers, dust, dirt, etc. The debris rating is detailed in the certificates of laboratory analysis.

The total fungal spore counts in the areas sampled indoors were lower than that found in the outdoor air. The types of fungal spores found in the indoor air samples were all common outdoor-type fungi present in low concentrations with a fungal composition similar to the outdoor showing a ‘normal fungal ecology’.

The non-fungal background particulate in the indoor air samples was in the Low to Moderate range. The particulate that we see in the microscope at the magnification used is usually called ‘course particulate’ and consists of many things and can include the following: dirt, dust, pollen, fiber, hair, skin cells, dust mites and other insects. Fine particulates (to include VOC’s – volatile organic compounds) are not seen with the magnification used for these samples.

The relative humidity met the current ASHRAE and EPA standards to maintain indoor relative humidity below 60%, with the exception of one area, Classroom A103.

PARTICLE COUNT METHODOLOGY

A Lighthouse Handheld 3016 Particle Counter was used to measure the levels of airborne particulates. Airborne particles are solids suspended in the air. In a commercial setting, particle levels should be less than outside readings due to better filtration. Particle counts can vary in a school building due to occupant activity, including ingress/egress from outside. For this project, the particle count results are used to compare those results to locations where the air sample results suggest an altered environment.

PARTICLE COUNT RESULTS

Table B below summarizes the minimum, maximum, and average particle count in the building in each size category during the sampling period. Each time one liter of air was drawn into the Particle Counter, and the Particle Counter calculated all particles that are greater than or equal to the particle size indicated in the size categories.

Table B – Indoor Particle Count Sampling Results

	0.3 micron	0.5 micron	1.0 micron	2.5 micron	5.0 micron	10.0 micron
Minimum	27005	97	11	2	0	0
Maximum	46238	986	188	70	26	6
Average	8683	470	60	19	6	2

Table C below summarizes the average particle count in the outdoor air at the time of sampling. Each time one liter of air was drawn into the Particle Counter, and the Particle Counter calculated all particles that are greater than or equal to the particle size indicated in the size categories.

Table C – Outdoor Particle Count Sampling Results

	0.3 micron	0.5 micron	1.0 micron	2.5 micron	5.0 micron	10.0 micron
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Outdoor Air Average	81074	2266	504	149	14	2
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On average, the indoor particle counts in the areas sampled were lower than that found in the outdoor air in all size categories.

CARBON MONOXIDE AND CARBON DIOXIDE METHODOLOGY

A handheld Toptes (CT-300) carbon monoxide detector and a handheld AZ Instruments (AZ77535) CO₂ meter were used to measure the concentrations of CO and CO₂. CO is a dangerous gas caused by incomplete combustion. The level of CO in an indoor environment should be low (none detected to 4 parts per million [ppm] depending on fuel sources used indoors) or same as outdoors. CO₂ is commonly used as an indicator of ventilation adequacy. Elevated levels of CO₂ may serve as an indicator of insufficient intake of fresh air into a building or an insufficient number of air changes in the work environment. Levels will typically increase over the course of a normal day as human exhalation builds up. Industry guidelines suggest that steady-state CO₂ concentration in a space be no greater than about 700 ppm above outdoor air levels and below 1,000 ppm. OSHA currently sets 5,000 ppm as their Permissible Exposure Limit (PEL) for occupational exposure.

CARBON MONOXIDE AND CARBON DIOXIDE RESULTS

Table D – CO₂ and CO Sampling Results

	CO₂ (ppm) Indoors	CO₂ (ppm) Outdoors	CO (ppm) Indoors	CO (ppm) Outdoors
Minimum	528	531	0	0
Maximum	579		0	
Average	554		0	

The average CO₂ concentration indoors was within the recommended range. The CO₂ concentration in the Gym on this day was slightly above the recommended range.

In addition, the indoor CO concentrations were measured at zero in all locations. Therefore, the results suggested that the indoor CO concentrations were within normal ranges.

CONCLUSIONS

Results as reported by LRC apply only to the day of this inspection. LRC cannot and does not warranty that other parts of the structure were completely free or that the structure will remain free in the future from hidden sources of moisture or fungal contamination.

This inspection was limited to indoor air quality parameters. The indoor air samples did not show a fungal amplification or an altered indoor fungal ecology. Temperature and Relative Humidity readings were within the recommended ranges except for Classroom A 103 where the relative humidity was slightly above the recommended level (62.4%). Carbon Dioxide levels were within the normal recommended range. Carbon Monoxide levels were zero.

This report was prepared for the sole use of Dare County School System and written authorization from them is required to share contents.

If you have any questions or concerns, please do not hesitate to contact us.

Sincerely,

A handwritten signature in cursive script that reads "Amber Campbell". The signature is written in a dark ink and is positioned above the printed name and title.

Amber Campbell, REHS
LRC Indoor Testing & Research