



Alabama State Department of Education Child Nutrition Program



Local Wellness Policy: Triennial Assessment Report

This tool is intended to be a guide based on current regulations. It is the responsibility of the LEA to stay abreast of any updates and changes to the regulations and to implement any changes in local policies.

Background Information

To be compliant with the USDA final rule, at least once every three years, the district will assess the Local Wellness Policy. However, Local Education Agencies (LEAs) may assess their policy more frequently if they wish.

Purpose

The district should designate a representative to lead the wellness policy assessment. This representative must publicly invite members from the community, schools, and the district to participate. Members of the district wellness committee who are completing the assessment of the Local Wellness Policy may use this template. Section 3 of this template should be copied and completed for each school.

This template contains the three required components of the triennial assessment:

1. the extent to which the wellness policy compares to model wellness policies
2. progress made in attaining the goals of the wellness policy
3. the extent to which schools under the jurisdiction of the districts are complying with the district Wellness Policy

Results

A copy of the assessment must be made available to the public. How the assessment is made available is the decision of the LEA. (i.e., district website, local newspaper, etc.). The triennial assessment summary and the assessment details (e.g., WellSAT 3.0 report) must be shared.

Recordkeeping for the Child Nutrition Program Administrative Review:

- ☒ a copy of the most recent triennial assessment, along with supporting documentation
- ☒ a copy of the current and previous board approval of the policy
- ☒ documentation demonstrating the policy has been made available to the public
- ☒ documentation of efforts to review and update the policy, including who was involved and how the district made stakeholders aware of their ability to participate (i.e., meeting agendas and sign-in sheets)

Local Wellness Policy: Triennial Assessment Summary

General Information

LEA: Albertville City Schools

Month and year of current assessment: May 2026

Date of last Local Wellness Policy revision: April 2023

Website address and/or information on how the public can access a copy of the Local Wellness Policy and Triennial Assessment: http://al50010865.schoolwires.net/Page/302

Wellness Committee Information

How often does your district wellness committee meet? Annually

District Wellness Coordinator

Name	School	Job Title	Email Address
Kristin Taylor	Central Office	CNP Interim Dir.	ktaylor@albertk12.org

Designated Wellness Assessment Leader (can be the District Wellness Coordinator)

Name	School	Job Title	Email Address
Kristin Taylor	Central Office	CNP Interim Dir.	ktaylor@albertk12.org

District Wellness Committee Members

Meeting 5/15/2026 9:30-10:00

Name	School	Job Title	Email Address
Kristin Taylor <i>Kristin Taylor</i>	Central Office	CNP Interim Dir.	ktaylor@albertk12.org
Tori Kitchens <i>Tori Kitchens</i>	Central Office	Federal Programs	tkitchens@albertk12.org
Amanda Shedd <i>Amanda Shedd</i>	Central Office	Asst. CNP Dir.	ashedd@albertk12.org
Miranda Humphrey <i>Miranda Humphrey</i>	Central Office	Public Relations	mirandahumphrey@albertk12.org
Kristi Rains <i>Kristi Rains</i>	Advocacy Center	MHSC	krains@albertk12.org
Holly Willoughby	All	Lead Nurse	hollywilloughby@albertk12.org
Dr. Vohn Enloe <i>Dr. Vohn Enloe</i>	AHS	Athletic Dir.	vohnenloe@albertk12.org
Jordan Phillips <i>Jordan Phillips</i>	AHS	Dir of Student Services <i>Jordan Phillips</i>	

*See page 13 for space to add Wellness Committee members.

Section 1. Comparison to Model School Wellness Policies

Complete a Triennial Assessment Tool ([WellSAT3.0 assessment tool](#), or other customized assessment tool) and keep a copy of the results on file for at least three full school years plus the current year. It will be reviewed during the next administrative review of your Child Nutrition program.

Indicate which model wellness policy language was used for comparison:

- ☐ Alliance for a Healthier Generation Model Policy
- ☒ WellSAT 3.0 example policy language (Print the WellSat report and include with your assessment)
- ☐ Other (please specify): _____

Describe how your wellness policy compares to the model wellness policy. (May use a bullet format to list comparisons)

The Albertville City School system's Wellness policy is working to meet the needs of a diverse school population. It allows students, parents, and faculty the flexibility and freedom to make appropriate decisions without being overly burdensome. After a comparison to the Model Wellness Policy, the following areas have shown a need for further details or clarification. It addresses the vast majority of areas identified in the WellSat 3.0 model Wellness Policy. It meets requirements identified by USDA and the State of Alabama.

Section 1: Nutrition Education

Nutrition education is integrated into other subjects beyond health education. (clarify)

Section 2: Standards for USDA Child Nutrition Programs and School Meals Addresses the amount of "seat time" students have to eat school meals.

Addresses purchasing local foods for the school meals program. (F2S)

Section 3: Nutrition Standards for Competitive and Other Foods and Beverages

USDA Smart Snack standards are easily accessed in the policy (include a link)

Addresses availability of free drinking water throughout the school day. (include in policy)

Section 4: Physical Education and Physical Activity

This area of our policy is very vague and needs to provide more specific language for: *qualifications and training for physical education teachers for grades K-12

***acceptable exemptions and substitutes for physical education**

***recess and activity breaks during school**

***community engagement and extracurricular activities**

Section 5: Wellness Promotion and Marketing

Addresses physical activity being used as a reward as well as not being used as a punishment.

Specifically addresses marketing in school publications and media

Section 6: Implementation, Evaluation & Communication

Addresses how all relevant stakeholders will participate

Addresses a plan for updating policy based on results of the triennial assessment.

Section 2. Progress towards Goals

***NOTE: Required components are listed in blue.**

Nutrition standards for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks)	Describe progress and next steps:
<u>To be compliant with the USDA final rule and ALSDE:</u> • All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the USDA regulations for the National School Lunch and School Breakfast programs • All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation. • Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA. Ensure that all administrators at the school level are up to date with knowledge and training for Smart Snacks and Competitive Foods. Continue specificity in fundraising request approvals to the note CNP Compliance.	Clarify the language in the policy to address Competitive Foods and Smart Snack Guidelines. A link to Smart Snack Guidance and the calculator will be included in the policy. Include supporting information on district website.
Access to free potable water on campus	Describe progress and next steps:
<u>To be compliant with the USDA final rule:</u> Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria. List how access to potable water is made available in schools. Each school campus, including hallways, gymnasiums, and cafeterias have installed water bottle fillers to which students have free access to throughout the day.	Include specific language in the policy to address potable water in the section with required seat time: All Albertville City School employees will ensure students have adequate time to eat and access to free drinking water during meals and during the school day.

Section 2. Progress towards Goals continued

***NOTE: Required components are listed in blue.**

Guidelines for other foods and beverages available on the school campus, but not sold	Describe progress and next steps:
To be compliant with ALSDE: All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guide and Implementation. Create brief training materials for administrators, staff, and other school employees related to Competitive Foods in Schools.	Include specific language in the policy to address timelines for competitive foods. All foods and beverages sold at school during school day will meet or exceed the nutrition standards and timelines identified by USDA and the Alabama State Department of Education.
Marketing and advertising of only foods and beverages that meet Smart Snacks	Describe progress and next steps:
To be compliant with the USDA final rule: Our school only markets or advertises foods and beverages that meet the USDA Smart Snacks in School nutrition standards on the school campus, during the school day. If applicable, list additional school goals below: Work with Athletic Director to ensure that concession stand areas are in compliance.	This goal is addressed well within our school campuses, but is not specifically verbalized in the policy. We will include more specific language that directs policy toward student marketing.

Section 2. Progress towards Goals continued

*NOTE: Required components are listed in blue.

Physical Activity Goal(s)	Describe progress and next steps:
<u>To be compliant with the USDA final rule:</u> The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school. List physical activity opportunities that are offered at schools: - Physical Education - Recess - Physical Activity Breaks - Extracurricular Sports - Student Activity Clubs	This general goal has been identified in the Wellness Policy. Specific language needs to be included that addresses teacher training and qualifications, exemptions or substitutions for PE time, recess and physical activity breaks, and community engagement. We will develop a broader policy and submit for board approval.

Nutrition Promotion and Education Goal(s)	Describe progress and next steps:
<u>To be compliant with the USDA final rule:</u> The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs. List how nutrition promotion and nutrition education are provided in schools: Signage throughout the cafeteria encourage healthy eating choices. Student health education curriculum is aligned with ALSDE standards.	The Nutrition Promotion and Education category is well addressed within our policy.

Section 2. Progress towards Goals continued

*NOTE: Required components are listed in blue.

Other school-based activities to promote student wellness goal(s)	Describe progress and next steps:
To be compliant with the USDA final rule: The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities. List other school-based activities that are offered by the district: Alberville City Schools is committed to the overall health and wellness of our student population. The Mental Health Coordinator, Counseling Staff, Child Nutrition Staff, School Nurse Staff, Physical Education Teachers, Coaches and School Administrators each ensure the comprehensive nature of student wellness through curriculum, community engagement, school programs and daily care.	The Nutrition Promotion and Education category is well addressed within our policy.

CHECKLIST:

Triennial Assessment was made public:

Date: 5/14/2026

Updated Wellness Policy received Board approval: (if applicable)

Date: _____

Wellness Policy was made public:

Date: 5/14/2026

SIGNATURES:

Kristin Taylor
District Wellness Assessment Leader

PRINT NAME: Kristin Taylor
DATE: 5/14/2026

Kristin Taylor
District Wellness Coordinator

PRINT NAME: Kristin Taylor
DATE: 5/14/2026

Bart Reeves
Superintendent

PRINT NAME: Dr. Bart Reeves
DATE: _____