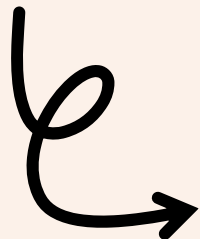
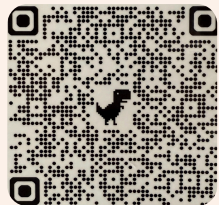


Questions?

Contact Your ATs



Where's My AT?



Scan Me!



Meet Your Athletic Trainers



Shantelle Rule, MS, LAT, ATC

Lead Athletic Trainer at Century High School

shantelle.rule@sanfordhealth.org

Cell: (970)531-4138



Ashlynn Dix, MS, LAT, ATC

Associate Athletic Trainer at Century High School & Horizon Middle School

ashlynn.dix@sanfordhealth.org

Cell: (701)449-9116



Healthy Roster Guide

SANFORD
ORTHOPEDICS
SPORTS MEDICINE

What is Healthy Roster?

Healthy Roster:

The leading EMR for high school Athletic Trainers used for injury documentation and communication with athletes, parents, and coaches.

Download the App!

We send coaches and parents invites to make HR accounts via Email.



What You Can See:

- Parents → your child/children.
- Coaches → your team.
- When a new injury occurs.
- Injury status updates.

Keep Everyone
Up-To-Date on your
athlete's current and
past injuries!

What You Can Do:

- Add a status update.
- Make a comment.
- Add a new injury.
 - If an injury occurs at home/when AT isn't present.
- Documents (when applicable)
 - Upload/Scan Forms
 - Ex: Sports Physicals
 - Sign Forms
- Send Your ATs a Message
 - You can ONLY message on the mobile HR App!

Continued Care

If an athlete continues care at another facility (physical therapy, chiropractor, family practice/sports medicine doctor, etc.), keep your Athletic Trainers up-to-date!

Add a **status update** to tell us **where and who** the athlete has been seeing for their continued care. You can also upload any necessary forms received from continued care, such as clearance forms or progress reports.

