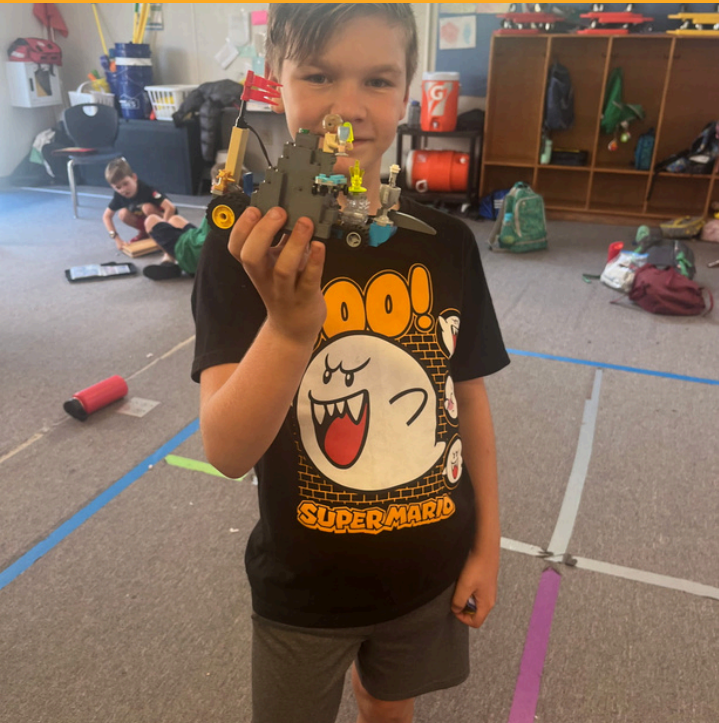


**Ocean Camp  
with Melissa**

**FRIENDS**  
*Summer*  
**CAMP**

**Grilling and  
Chilling Camp  
with Cam**



**Fun With Friends  
and Art  
Outdoors with  
Amy**





**What a splashing good time we had during Ocean Camp! Throughout the week, campers dove into the wonders of the sea as they explored ocean animals, discovered fascinating underwater habitats, and learned about the importance of caring for our oceans.**

**OCEAN CAMP  
WITH MELISSA**

**Each day was filled with hands-on crafts, sensory play, stories, music, movement, and outdoor adventures that encouraged curiosity, creativity, and teamwork. From pretending to swim with sea creatures to creating ocean-inspired art and engaging in imaginative play, the children had countless opportunities to learn through play while making new friends and lasting memories.**



**It was a wonderful week of exploring the beautiful ocean world together!**





**We had a great time during our "Grilling and Chilling" camp this week. Campers began by learning about the four elements of cooking that we used to talk about the flavors and methods of cooking we would be using - salt, fat, acid, and heat, based on the book by the same name by Chef Samin Nasrat. After this discussion we got hands-on and practiced basic knife skills of slicing, chopping, and dicing by prepping veggies for our homemade black bean burgers and side dishes for our day one cookout.**



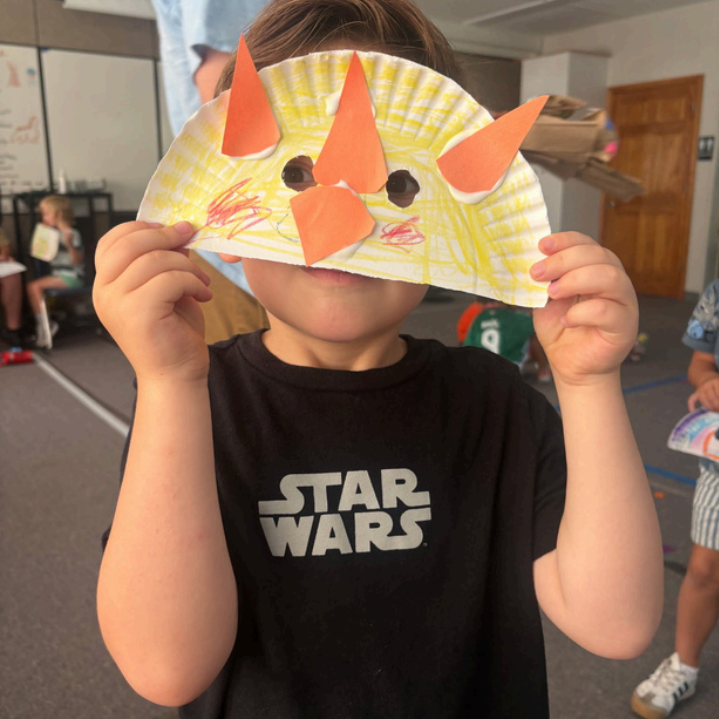
**Campers also learned basics about gas and charcoal grills, and using a chimney starter to fire up our charcoal kettle grill. Throughout the remainder of the week, we seasoned and cooked various plant and animal proteins on the grill, at times doing side-by-side comparisons of the same food on charcoal and gas - it turns out this group of campers prefers the flavor of cooking over hot coals to cooking with propane!**

## **GRILLING AND CHILLING CAMP WITH CAM**



**From marinated mushrooms, onions, eggplant, summer squash and zucchini to pork tenderloins, classic beef and black bean burgers, to a whole chicken cooked on the charcoal grill over indirect heat, campers had a great time preparing, cooking, and of course eating great food off the grill. We also took a short field trip to The Grill Superstore and spoke with the owner about all the different types of grills his store sells, as well as the myriad of accessories to make grilling fun, effective, and delicious. On the final day of camp, students teamed up to create a menu and prep, cook, and eat their own creations from start to finish.**





**This week in Fun with Friends, campers traveled back in time for an exciting dinosaur adventure!**

**FUN WITH FRIENDS**

**Throughout the week, they explored the world of prehistoric creatures through hands-on crafts, imaginative games, and fun activities inspired by dinosaurs of all shapes and sizes.**



**In addition to our dino-themed fun, campers enjoyed plenty of outdoor play. The week was filled with laughter, teamwork, and unforgettable prehistoric adventures!**





**Artists spent the week using nature as their inspiration.**

  
**ART  
OUTDOORS  
WITH AMY**

**We made cyanotypes, watercolor painting, painted rocks, clay bowls and oil pastel drawings.**



**Our Outdoor Artists had a wonderful week!**

