

2026

JULY

ATLAS - LUNCH

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



 Non-Dairy
 Vegetarian

Milk is provided with all meals
1% White or 1% Chocolate



6

7

8

9

10

13

14

15

16

17

Chicken and Waffles

  Vegan Chicken Tenders
Glazed Carrots
Peaches

Mostaccioli

 Pasta Primavera
Garden Salad
Mixed Fruit

Orange Chicken

  Orange Vegetables
Stir-Fried Vegetables
Rice
Sliced Apples

Meatball Subs

  Black Bean Meatballs
Mixed Vegetables
Tator Tots
Pears

Buffalo Chicken Wrap

  Sun-butter and Jelly
Sandwich
Cucumbers with Ranch
Scooby Snack

20

21

22

23

24

Chicken Fajitas

  Vegetable Fajitas
Fajita Vegetables
Peaches

Beef Philly

  Mushroom Philly
Green Beans
Pineapples

Chicken Fried Rice

  Vegetable Fried Rice
Peas and Carrots
Applesauce

Cheeseburgers

  Black Bean Burgers
Mixed Vegetables
Mandarin Oranges

Chicken Salad Sandwich

  Garbanzo Bean Salad
Broccoli with Ranch
Sun Chips
Raisins

27

28

29

30

31

Chicken Sandwich

  Vegan Chicken Sandwich
Corn
Mandarin Oranges

Cavatappi and Meatballs

  Black Bean Meatballs
Zucchini and Squash
Mixed Fruit

Chicken Mac and Cheese

 Mac and Cheese
Green Beans
Sliced Apples

Sloppy Joes

  Chorizo Sloppy Joes
Creamed Corn
Pears

Turkey and Cheese Sandwich

  Sun-butter and Jelly
Sandwich
Carrots with Ranch
Tiger Grahams
Applesauce