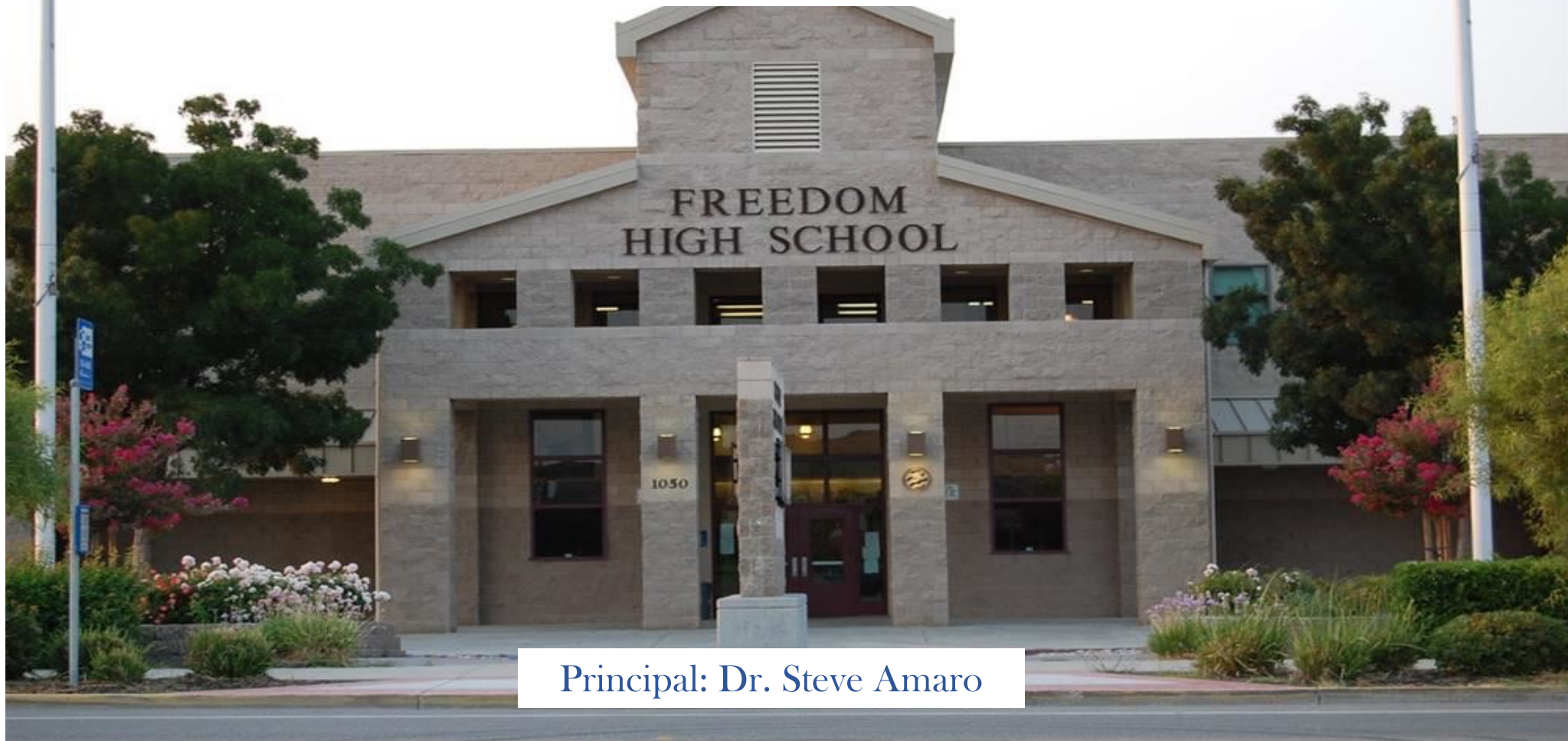


Welcome to Freedom High School's 8th Grade Parent Night

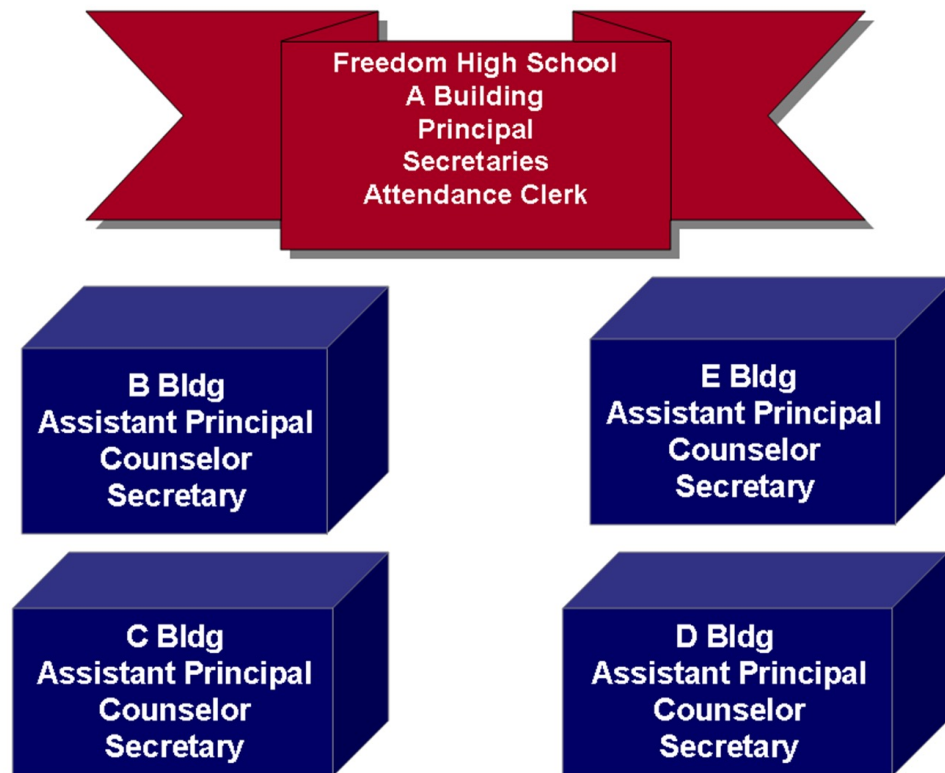


Principal: Dr. Steve Amaro

Our Mission: Freedom High School will provide a range of educational experiences for all students to acquire the key knowledge and skills to become critical and innovative thinkers who are college and career ready.

Our Vision:

1. Be a Professional Learning Community which fosters innovation and enables students and staff to reach their maximum potential.
2. Prepare all students for success after high school by offering challenging coursework with targeted student support.
3. Provide a safe and nurturing environment designed around student needs which promotes respect for all.
4. Provide multiple avenues for the community to participate in the education of our students.



Your student will randomly be placed in one of four core building communities.

B, C, D or E

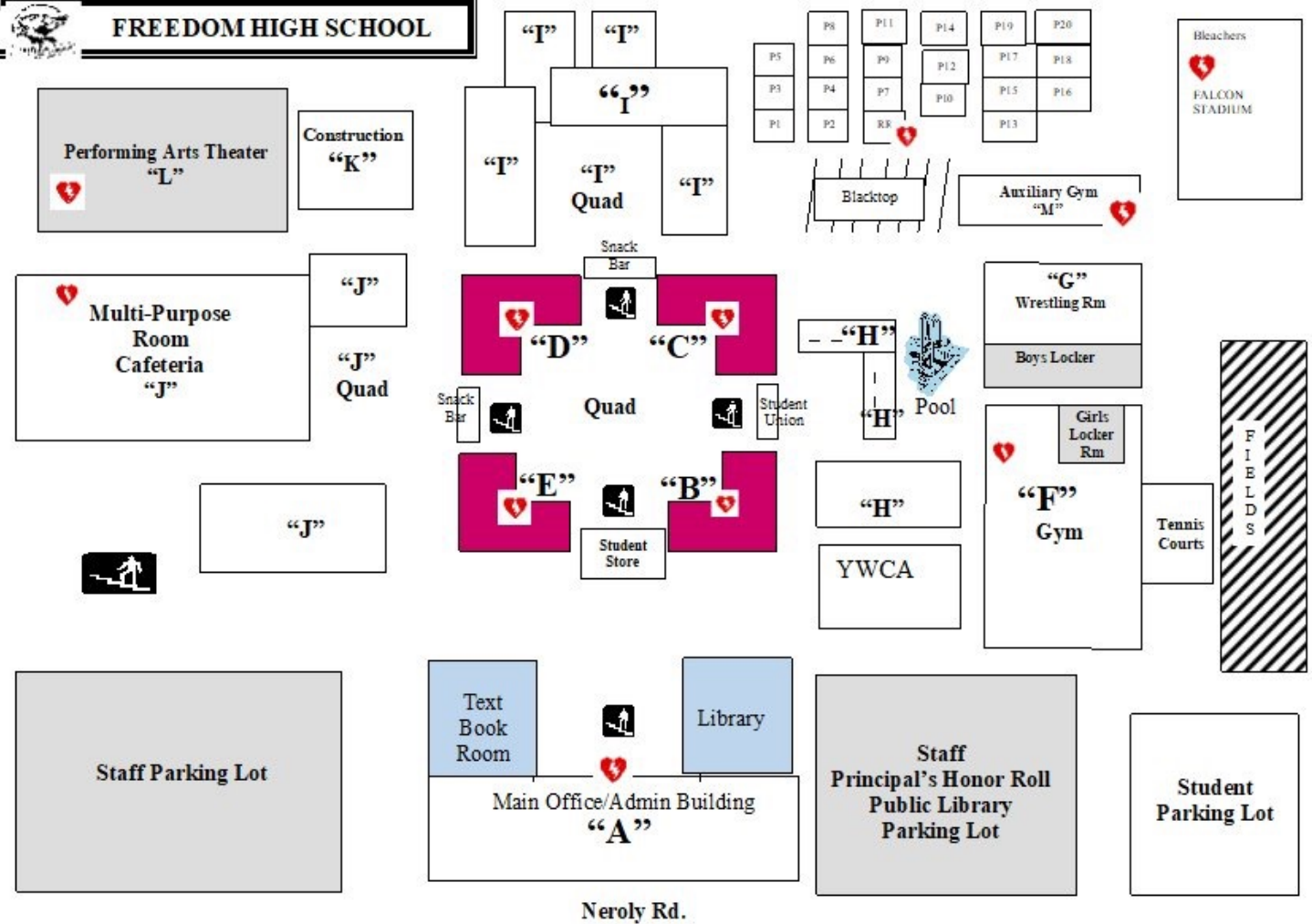
Your student will experience a smaller, more personal educational community while attending FHS.



FREEDOM HIGH SCHOOL

B
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Bell Schedule 2026-2027



- 2026-2027 Student start time is 8:30 am
- Regular Rotating A/B Day
- Professional Development Day
- Rally Schedule Day
- Minimum Day
- Finals Schedule Day
- Traditional Day

Example

Regular Rotating Day		
Time	A-Day	B-Day
8:30 - 9:59	1	5
10:06 - 11:38	2	6
11:38 - 12:08	Lunch	Lunch
12:15 - 1:44	3	7
1:51 - 3:20	4	8

PDD Late Start		
Time	A-Day	B-Day
8:30 - 9:30	PDD	PDD
9:30 - 10:44	1	5
10:51 - 12:08	2	6
12:08 - 12:38	Lunch	Lunch
12:45 - 1:59	3	7
2:06 - 3:20	4	8

Graduation Requirements



Course Requirements (10 Credits = 1 year)		
Course		Credits
English:	Students must pass 9 th , 10 th , 11 th and 12 th grade levels	40
Social Studies:	a. One year of World History (10 th) b. One year of U.S. History (11 th) c. One semester of American Government (12 th) d. One semester of Economics (12 th)	30
Mathematics:	Students must pass three years of mathematics with completion of Algebra through Geometry.	30
Science:	a. One year of Life Science (Biology or The Living Earth) b. One year of Physical Science (Environmental Science, Chemistry in the Earth Systems or Physics in the Universe)	20
Fine Arts <u>or</u> World Language:	One year	10
Physical Education:	a. One year of 9 th grade P.E. b. One year of 10 th grade P.E.	20
Health:	Students must take one semester of health education	5
Electives:		115
Total number of credits required for graduation		270

What is a credit?

- For each semester course your student passes they will earn 5.0 credits. Credits can also be referred to as units. Study Hall does not earn credit.
- To pass a class your student must earn a D or better. If you receive an F, you will fail the class, and earn 0.0 credits.
- Your student needs to earn 270 credits in specific subject areas to earn a Freedom High School diploma.

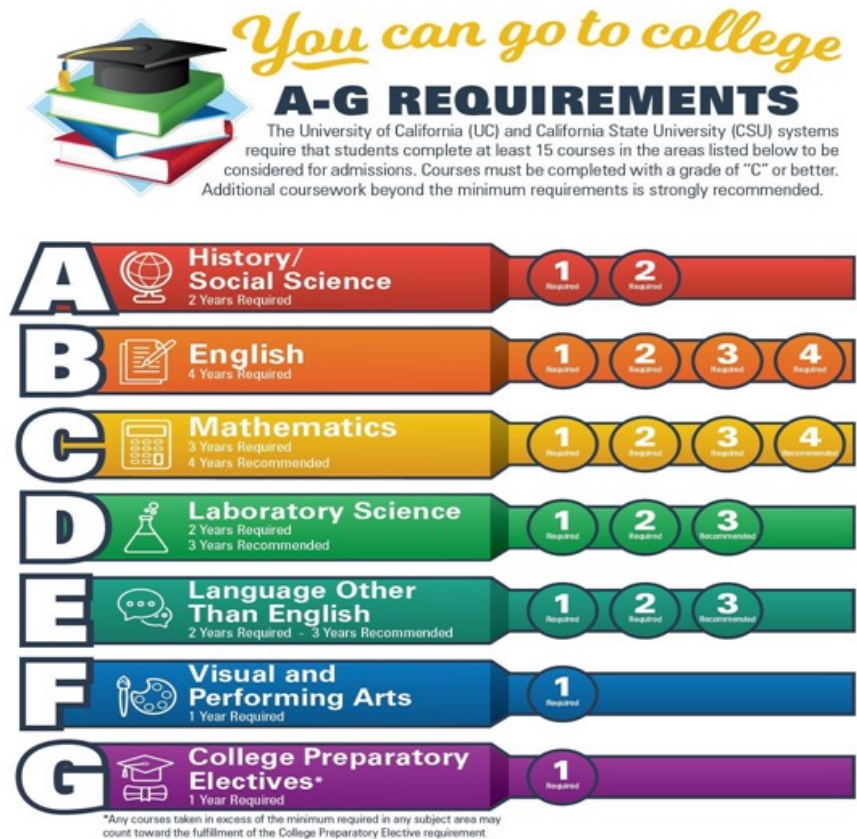


How can my student be successful?

- Attend classes every day and be on time.
- Complete all class work and homework.
- Ask their teachers and family for help/attend after school Homework HELP in B119.
- Check in with their Counselor for Social-Emotional, Academic or College/Career Support
- Stay informed.
- Use their daily planner.
- Develop healthy habits.

CSU/UC Admission Requirements

- A-G are the college eligibility requirements, they are different from High School graduation requirements.
- Refer to these courses if your student is planning on attending a 4-Year college after high school.
- Students must earn C's or better in these courses
- UC's are designed to accept top 12% of students academically and CSU's top 33%



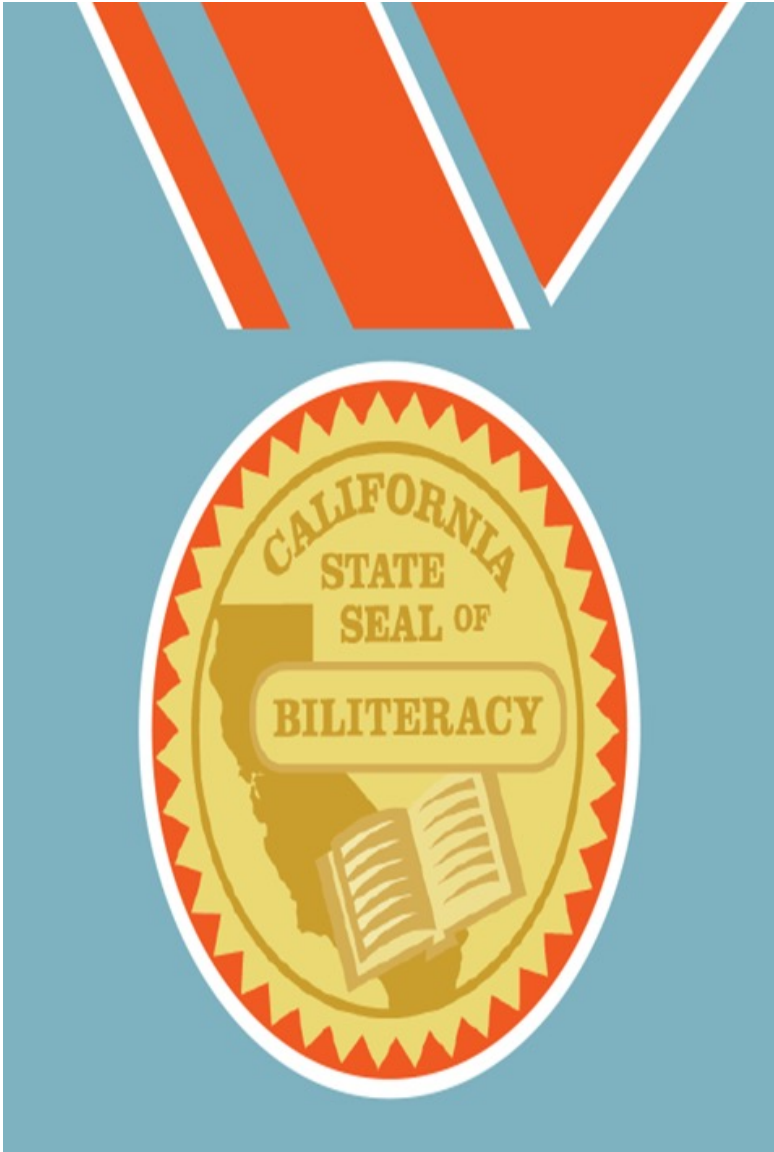


The CA State Seal of Biliteracy

- All students must complete 4 years of English and get a 3.0 or above overall GPA in those classes.

OR

- **Option 1:** State Assessment: Pass the California Assessment of Student Performance and Progress (CAASPP) for English with “standard met” achievement level in 11th grade.
- **Option 2:** Advanced Placement (AP) Assessment: Pass an English AP examination with a score of 3 or higher (AP English Language and Composition, AP English Literature or Composition, or AP Seminar).
- **Option 3:** International Baccalaureate (IB) Assessment: Pass an English IB examination with a score of 4 or higher.
- **Option 4:** SAT: Achieve a score of 480 or above on the Evidence-Based Reading and Writing section



The CA State Seal of Biliteracy for English Learner Students

☐ English Proficiency Requirement for English Learners Only:

- Must attain an oral language composite score of level 4 on the English Language Proficiency Assessments for California (ELPAC)

AND

In addition to the requirements mentioned in the previous slide, all students must:

☐ Demonstrate proficiency in one or more languages, other than English, through ONE of the following methods:

- Complete a four-course study in a world language at the high school or higher level, attaining an overall GPA of 3.0 or higher in that course study, and demonstrate oral proficiency in the language comparable to that required to pass an AP or IB examination

OR

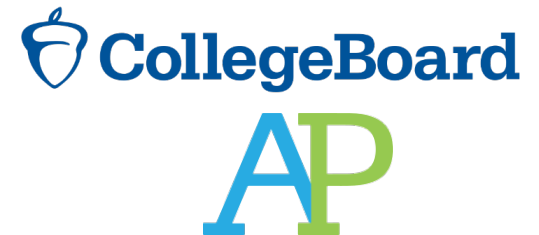
- **Option 1:** Pass a world language AP exam with a score of 3 or higher
- **Option 2:** Pass an IB exam with a score of 4 or higher
- **Option 3:** Pass an ACTFL Writing Proficiency Test (WPT) and Oral Proficiency Interview (OPI) with scores of intermediate mid or higher
- **Option 4: District Approved Assessment:** Pass a school district language exam that assesses speaking, reading, writing in a language other than English at the proficient level or higher

Pursuing University Skills in H.S. (PUSH)

An elective course that prepares students for entrance into four-year colleges. There is an emphasis on analytical writing, preparation for college entrance and placement exams, study skills and test taking, note taking, and research.

AP Human Geography

- For students who want to take a challenging course, an Advanced Placement course called AP Human Geography is a college level course that is available to freshmen. This is in place of World Cultures.
- Students may take the AP Exam in May at the end of the course.
- Expect to spend 1-2 hours of homework per night for each AP class.





Freedom Athletics

8th Grade Parent Night



Fall (Aug-Nov)	Winter (Nov-Feb)	Spring (Feb-May)
Cross Country Football Girls Flag Football Girls Golf Girls Tennis Girls Volleyball Girls Water Polo Boys Water Polo Unified Soccer Esports Cheerleading Sideline Cheer Sideline Dance	Boys Basketball Girls Basketball Boys Soccer Girls Soccer Wrestling Cheerleading Rugby Co-ed Unified Bowling	Baseball Softball Boys Golf Stunt Swimming and Dive Boys Tennis Boys Volleyball Track and Field Esports Co-ed Unified Basketball

Athletic Opportunities by Season

Athletic Clearance

- Athletic physicals should be completed after June 1, 2026 AND require a physician or chiropractor clearance signature dated after June 1, 2026
- Physical may be uploaded to www.athleticclearance.com after June 1, 2026
- Parent signed **CONFIRMATION SHEET** from www.athleticclearance.com and upload to your registration.
- All physical physician clearance forms must be on file to participate in tryouts.
- Parent Driver & Student Rider Forms – turned in to coach.
- Volunteers – Coach Approval, TB Test, DOJ/FBI Fingerprints, NFHS Coaching Course, Concussion Course, Sudden Cardiac Arrest ,Heat Acclimation Course, CPR and First Aid, Mandatory Reporting Training, Sexual Harassment Training.
- Handbooks for Parents, Athletes, & Coaches are online at school and district website.

- There are many ways your student can get involved!
- Encourage them to take the time to investigate our club offerings and meet the club advisors.
- Research shows a positive correlation between campus involvement and academic achievement.





**College and Career
Coordinator
Mrs. Cartwright**

- Career Exploration
- College Applications
- College Entrance Tests (SAT/ACT)
- Practice exams (PSAT/PreACT)
- Scholarships
- Work Permits
- Financial Aid Information



The Wellnest

- Center on campus to destress for 15 minutes
- Practice coping skills (zen gardens, coloring, etc.)
- Relax
- Chat with the counselor about social/emotional and/or mental health related items

Middle School Registration Visits (During School Day)

Freedom Counselors will meet with 8th grade students and pass out Course Request Forms. They will review all materials and answer questions to help with the course request process.

Counselor Visit Dates:

- Monday 1/26/26: O'Hara
- Thursday 1/29/26: Knightsen, Old River and Edna Hill
- Friday 1/30/26: Delta Vista
- Forms will be dropped off at Bristow and Adams

C O U R S E R E Q U E S T F O R M	Required Courses:		Total credits required for high school graduation: 270		
		Course #	Course Name		
	1	3030	P- English 9		
	2	5750	PE 9		
	3	5020	P- The Living Earth		
	4	4630	Selection will be confirmed by teacher recommendation and math placement data.		
		4670			
		Other _____			
	Electives:				
	5	5255	_____ P-World Cultures		
5260		_____ AP Human Geography			
6		_____ P-Spanish 1 _____ P-Spanish for Spanish Speakers _____ P-Spanish 2 _____ P-French			
7		_____ P-Visual or Performing Art See course offering list for options			
8		Study Hall or another elective			
<i>Alternates: Write in 4 in order of preference. If 4 alternates are not listed, you will be placed in classes where room is available</i>					
1					
2					
3					
4					
APPROVAL: By signing below you agree to remain enrolled in the above requests for the duration of the course . You have read course descriptions available in the course catalog found on Liberty's webpage.					
_____		_____		____/____/____	
Student Signature		Parent Signature		Date	

- Help your student(s) fill out the bottom portion of the course request form.
- Several of the classes are prefilled because they are requirements.
- Return the course request forms to your middle school.
- **These are due February 6th.**



How to Read a Course Catalog



Beginning Art

Course #1506

- **Level:** 9-12
 - **Length:** Year-Long (10 credits)
 - **Prerequisite:** None
 - **Graduation:** Fine Arts requirement or elective credit
 - **College Prep:** VAPA (f) requirement
 - No previous art experience is necessary for this beginning level art class. All projects are based on learning the elements of art (line, shape, form, value, color, space, texture) using a variety of art media. The principles of design are also introduced.
- 

LUHSD 26-27 Registration for
ALL INCOMING 9th FROM
FEEDER DISTRICTS

TIMELINE AT-A-GLANCE

January-February

- 8th Grade Family Night at High School
- 8th Grade Presentations at Middle Schools
- LUHSD Course Request Cards Submitted to Middle School

March

- Registration opens for incoming feeder district students
- Aeries account will be sent to parent's email address - **CHANGE PASSWORD**

April

In-person Residency Verification at High School for ALL 9th students at their assigned high school

July

Data Confirmation Notification sent to parent email address with "Walk-Thru Ticket"

July

Attend assigned walk-thru

Receive class schedule and textbooks

Feeder Districts

Brentwood

Adams Middle School

Edna Hill Middle School

William Bristow Middle School

Harvest Grove Virtual School

Oakley

Delta Vista Middle School

O'hara Park Middle School

Bryon

Excelsior Middle School

Byron Institute

Knightsen

Knightsen School

Old River Middle School

If your school is NOT listed then you MUST complete the 26-27
New Student Enrollment

LUHSD 26-27 Registration for
ALL INCOMING 9th FROM
NON FEEDER DISTRICTS

TIMELINE AT-A-GLANCE

January-February

8th Grade Family
Night at High
School

Complete “NEW
STUDENT”
Enrollment

February - March

IF NEEDED:

Complete
Inter-district Transfer
(Student outside of our
district boundaries)

OR

Complete
Intra-district Transfer
(Student within our
district wanting to go to
a different school-
example: assigned to
Heritage wanting to go to
Freedom)

April

In-person
Residency
Verification at
High School for
ALL 9th
students at
their assigned
high school

July

Data
Confirmation
Notification
sent to parent
email address
with
“Walk-Thru
Ticket”

July

Attend
assigned
walk-thru

Receive class
schedule and
textbooks

NON - Feeder Districts

Antioch USD

**Antioch Middle
School**

**Park Middle
School**

**Dallas Ranch
Middle**

**Black Diamond
Middle School**

Orchard Park

Antioch

Antioch Charter

Holy Rosary

**Cornerstone
Christian**

Hilltop Christian

Heritage Baptist

Brentwood

**Golden Hills
Christian**

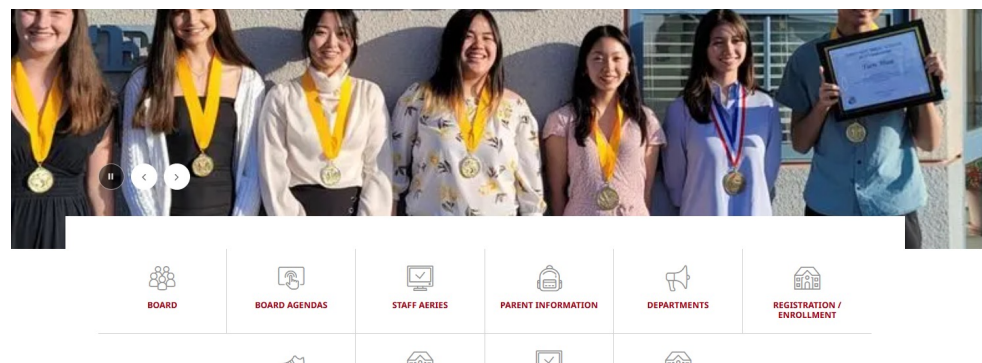
**Discovery
Christian**

Bryon

**Vista Oaks
Charter**

Online School

**California
Virtual Academy**



QR code that will lead families to the updated LUHSD
Registration/Enrollment page.

The front page of luhsd.net will still have a button
leading to Registration/Enrollment (Feeder pattern
8th graders) or New Enrollment (brand new students)



Freshman Walk Thru

- Over the summer, Freedom will notify you of your Walk Thru date (usually late July).
- It is important that you clear your calendar to be able to attend one of the Walk Thru dates.
- What happens at Walk Thru?
 - You'll get acquainted with our campus
 - You'll receive a preliminary schedule
 - Purchase PE clothes
 - Get your Student ID Card



QR CODES

Registration/ Enrollment



Residency Requirements



English & Spanish

INTRA Transfer



INTER Transfer



Student Housing Questionnaire



English & Spanish

Declaration of Residency



English & Spanish

Caregiver Affidavit



Transportation



English

Spanish



Free & Reduce Lunch



Freedom High School 8th Grade
Parent Night 2026





Thank You for Attending & Investing In Your Student's Education!

Visit the Counseling Tab on the FHS Website for tonight's
presentation and other Counseling Information