



Photo by Jon Toland

A STEPPING STONES GRIEF PROGRAM

The Art of Grief

The death of someone in our lives can impact us in many different ways. While grief is a natural response to loss, it can be difficult to navigate the feelings, reactions and changes that it can bring. Art can be a way in which people can communicate and express their grief.

OhioHealth Loss and Healing Services is offering a free grief workshop at the Columbus Museum of Art where families with youth ages 6-17 can participate in this unique experience. The workshop will include touring specific galleries within the museum and conclude with an art activity to honor their grief journey.

Families will then have the opportunity to spend the remainder of the day touring the museum at their own pace.

DATE: Saturday, August 8, 2026

TIME: 10:30am-12:00pm

**Check-in begins at 10:15am with program starting promptly at 10:30am*

LOCATION: Columbus Museum of Art
480 E Broad St, Columbus, OH 43215

Space is limited for this workshop!

Registration required, no cost – contact 614-566-1728 or youthgrief@ohiohealth.com

****Registration deadline: Friday July 31, 2026***

Individual Summer Support

We also offer individual grief counseling to children and teens. For more information or to request individual grief counseling during summer break, call 614-566-1728 or email youthgrief@ohiohealth.com

Family Workshops

Join us for meaningful family events while finding hope and connection to other grieving families. Interested families can email youthgrief@ohiohealth.com to learn more.

Child and adolescent grief programming is supported by the generosity of our community, including the OhioHealth Foundation, The Thomas and Ann DiMarco Family Foundation, The Marion Foundation, The Siemer Family Foundation and The Patricia A. DiNunzio Ovarian Cancer Fund. There are currently no costs associated with services.

