

Wellness Committee Meeting Minutes

Date: December 9, 2025

Time: 9:00-10:00 AM

Location: Virtual via Zoom

Facilitator: Keiza Hunt, Coordinator of Nutrition Services

1. Call to Order / Welcome

The meeting was called to order by **Keiza Hunt, Coordinator of Nutrition Services**, who provided a warm welcome to all attendees. Introductions were conducted, followed by an overview of the purpose of the meeting.

Keiza Hunt also presented an overview of **what wellness means to Clayton County Public Schools (CCPS)** and reviewed the meeting objectives, emphasizing the district's continued commitment to promoting student and staff wellness.

2. Local Wellness Policy (LWP)

Keiza Hunt provided an overview of the **Local Wellness Policy (LWP)**, highlighting its role in guiding wellness practices across the district. Discussion included:

- Purpose and goals of the LWP
 - Compliance requirements and the Triennial Assessment process
 - The importance of wellness in supporting academic success and overall well-being
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3. Featured Presentations

Scott Reeves, K–12 Specialist, Georgia – Affinity Group

Mr. Reeves presented “From Manufacturer to Meal Tray: Partnering for Healthier Schools,” focusing on collaborative strategies between manufacturers and school nutrition programs to improve student meal quality and health outcomes.

Charlene Woodruff, Program Director, Vertical Aeroponic Gardening Team, GrowSMART Innovators Program

Ms. Woodruff presented “Supporting School Wellness Through Food Innovation,” highlighting the role of innovative growing systems, including aeroponic gardening, in supporting school-based wellness and nutrition education.

4. Wellness in Action

Keiza Hunt facilitated a discussion on **wellness engagement strategies for students and staff**, emphasizing that wellness begins with active participation and intentional programming.

A **workplace wellness challenge calendar** was introduced as a tool to encourage consistent wellness participation across schools and departments.

5. Quarterly Newsletter Initiative

Keiza Hunt provided an update on the **CCPS Nutrition Wellness Newsletter – Volume 3**, highlighting its purpose as a communication tool to share wellness initiatives, success stories, and upcoming district wellness activities.

6. Questions, Discussion & Closing Remarks

An open discussion was held, allowing attendees to ask questions and provide feedback regarding wellness initiatives and presentations. Closing remarks reinforced the importance of continued collaboration in advancing wellness across CCPS.

7. Adjournment

There being no further business, the meeting was adjourned.