FAMILY LIFE EDUCATION PROGRAM

NOTIFICATION TO PARENTS AND GUARDIANS

The Morris Hills Regional District has had an ongoing Family Life Education Program infused into its Health Education Curriculum for many years. However, in compliance with Article 6:19-7.1 of the New Jersey Administrative Code, with respect to parental notification, you are hereby informed that Section b(1) of the code states the following:

> ***The parents and guardians of pupils enrolled in the district shall receive annually an outline of the curriculum and a list of instructional materials for the grade of their child, including notification about how to receive a copy of the curriculum. The district shall make available for review in each school the complete curriculum and all instructional materials prior to use in the classrooms. Upon the request of the parents and guardians, the material shall be made available for their review.***

Each of the items stated in the code shall be provided as shown below:

1. Curriculum:	See attached New Jersey Student Learning Standards for course objectives.
2. Instructional Materials List:	See attached listing of instructional materials which are also available for parental review. Call the building Principal.
3. Copy of Curriculum:	Contact the Assistant Superintendent.

PROVISION FOR EXCUSING STUDENTS

Section (i) of the code states the following:

> ***Any child whose parent or guardian presents to the school principal a signed statement that any part of the instructions in health, family life education or sex education is in conflict with his conscience, or sincerely held moral or religious beliefs shall be excused from the portion of the course where such instruction is being given and no penalties as to credit or graduation shall result in therefrom.(N.J.S.A. 18A:35-4.7.)***

Parents or guardians who wish to excuse their child(ren) from any part of the health, family life, or sex education program should contact their building principal. An excuse form will be provided for parental signature. Any questions concerning the Health Program should be directed to the building principal.

September 2026

MORRIS HILLS REGIONAL DISTRICT

FAMILY LIFE EDUCATION PROGRAM

INSTRUCTIONAL MATERIALS LIST 2026-2027

Below is a list of all materials used within our Health program. These **may be used** at either high school or both**.**

I. AUDIO VISUAL MATERIALS

GRADE 9 **Human Sexuality** **Drugs/Alcohol/Tobacco** **Bullying/Nutrition**	**GRADE 10** **Drivers Education**	**GRADE 11** **CPR/AED/First Aid** **Mental Health - Healthy Relationships**	**GRADE 12** **Human Sexuality** **Health Relationships**
Videos: ● Body Story: Teen Dreams ● Odd Girl Out ● In the Womb ● Juno ● Girl Positive ● Speak ● Cyberbully ● Bully ● A Girl Like Her ● Radio ● Unguarded: Chris Heeren Story ● Chasing the Dragon ● Hoosiers ● Turning Red ● Remember the Titans **Programs**: Lifelines - Suicide Prevention Program	**Videos:** ● 5th Quarter ● Just a Kid From Fall River - Bullying/Self Esteem, Drugs ● I Am Only 17 ● Sharing Network: Organ Donation ● YouTube clips addressing driving skills and situations ● Cars ● DUI, Dead in 5 Seconds ● Shattered Spirits ● Smashed **Programs:** NJMVC DARTTS Teen Mental Health First Aid	**Videos:** ● I am Sam ● The Other Sister ● Pay It Forward ● Inside Out ● Cruella ● Front of the Class ● Radio ● Concussion ● It's Kind of a Funny Story ● What About Bob? **Programs:** SOS - Suicide Prevention Program EMS Safety - Instructional Video	**Video:** ● Daddy ● 17 Again ● The Pregnancy Pact ● The Miracle of Life ● Nine Months that Made You ● Fed Up **Programs:** Lifelines - Suicide Prevention Program

II. PUBLICATIONS

Text - Prentice Hall - Health
New Jersey State Driving Manual
EMS Safety Workbook
TMHFA(Teen Mental Health First Aid) Workbook

III. PRESENTATIONS; ORGANIZATIONS

Organizations such as Morris Cares, Jersey Battered Woman, and NJ4S may present to classes as available.
Current periodicals such as local, area, and national newspapers and magazines will also be used for current events of related topics.

MORRIS HILLS REGIONAL DISTRICT

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(973)663-2309

Morris Knolls High School
50 Knoll Drive
Rockaway, NJ
(973)664-2209

Exclusion Form

Grade 12 Health Curriculum
Grade 11 Health Curriculum
Grade 10 Health Curriculum
Grade 9 Health Curriculum

The following part of the Family Life Education Curriculum and/or the Health Curriculum is in conflict with my conscience and/or my moral or religious beliefs:

I, therefore, request my child_____ be excused from instruction in this area.

_____ _____

Parent's Signature *Date* *Principal's Signature* *Date*

_____

Teacher's Signature *Date*

September 2026