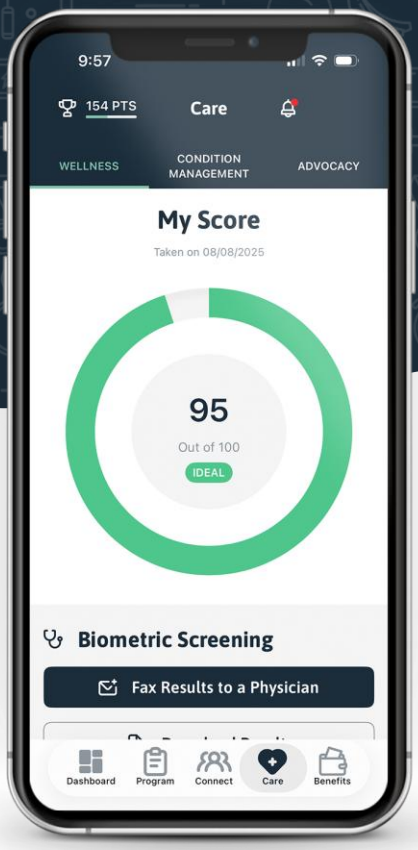
HealthCheck360

USD 428 Biometric Screening Program



Know Your Numbers. Take Charge of Your Health.

Biometric screenings are a quick, easy way to understand your health, with confidential results and tools to help you take action.

Who Can Participate?

- All USD 428 employees are eligible to participate
- Participation is voluntary

Why Participate?

- Receive a confidential health report
- Learn key health numbers (blood pressure, cholesterol, glucose)
- Identify potential health risks early
- Get access to free health coaching and support
- Employees enrolled in the district health plan may qualify for a $50/monthly premium incentive for complete the screening and brief health survey

Is There a Cost?

- No cost to you
- Screenings are fully covered through the wellness program

What to Expect at Your Screening?

- Quick, simple appointment
- Includes:
  - Blood pressure check
  - Blood draw (cholesterol & glucose)
  - Body measurements (height, weight, waist circumference)
- Results available within 7–10 days, including personalized insights and next steps

Important Dates:

August Screenings: Schedule by 7/10/2026

Program Deadline: 8/28/2026

Download Today:
Mobile app or visit us at my.hc360.app
Company Code: GB428
Unique ID: Last 4 SSN

How to Sign Up for Your Biometric Screening

1. **Create Your Account:** Download the myHC360+ app or visit my.hc360.app and register (Company Code: GB428, last 4 SSN)
2. **Log In & Find Your Task:** Log in and go to your "My To-Do's" list
3. **Schedule Your Screening:** Select Biometric Screening and choose a time/location
4. **Confirm Your Appointment:** Review your email as confirmation will be sent