



Mental Health & Wellness Resources

Connecting you with school and community support services.

SCHOOL COUNSELORS

School counselors provide individual and small group counseling sessions to support students experiencing academic stress, friendship challenges, peer conflicts, or family changes.

RICHSTONE FAMILY CENTER

Richstone Family Center therapists provide intensive, individualized, and ongoing therapy.

CARE SOLACE

Care Solace provides mental health coordination services for students and family members in need.

BRIGHTLIFE KIDS

BrightLife Kids provides personalized behavior health support and expert coaching. The services are provided to all California families.

SOLUNA APP

Soluna is a free, confidential mental health app that provides students ages 13 to 25 with access to mental health support and services.

VENICE FAMILY CLINIC

Venice Family clinic provides physical and mental health care for Hawthorne School District students.

**For additional information
please contact your School Counselor.**