



EMOTIONAL WELLNESS PROGRAM



The Collier County Public Schools' (CCPS) **CONFIDENTIAL** Emotional Wellness Program is a benefit available to you and your family members during those times in your life when you need support or just need someone to listen. This is an integrated, HIPAA-compliant Emotional Wellness Program (EWP) providing you with several options:

- **Community Health Partners' (CHP)** team of licensed counselors is available to meet on-site, Monday-Friday, 8AM-6PM, evening and Saturday morning appointments are also available
- **TELUS Health** has licensed counselors to assist you whenever you need support, 24 hours a day, 7 days a week, 365 days a year
- **Recurio Health** – 24/7/365 access to board certified primary-care doctors and pediatricians by secure video, phone or e-mail. Recurio Health has low co-pays, is easy to use and available on your schedule anytime,.
- **Brightside Health** – Virtual meetings available to employees and family members enrolled in the medical plan for therapy and psychiatry for anxiety, depression, stress, and other related conditions. (www.brightside.com/askallegiance)

Counselors provide confidential emotional support including:

- Anxiety
- Depression
- Eating Disorders
- Grief
- Loss
- Stress
- Relationship
- Marital conflict
- Child and adolescent issues

CHP & Recurio Health Provide Telehealth Services!

Follow the chart to the right to determine the Best CCPS Emotional Wellness Program for you!

*The CHP and Recurio Health programs are available to those enrolled in the CCPS Medical Plan.

†TELUS Health is FREE for all employees.

I NEED EMOTIONAL WELLNESS SUPPORT

I NEED SOMEONE NOW!

I prefer a CHP onsite counselor

Call CHP (239) 659-7751

It's after hours/weekend/holiday. Who do I call?

Call TELUS Health (833) 303-3750

I prefer someone not associated with the CHP onsite program

Call Recuro Health (855) 935-5842

I CAN WAIT FOR AN APPOINTMENT

I prefer a CHP onsite counselor

Call CHP (239) 659-7751

I prefer someone not associated with the CHP onsite program

Call TELUS Health (833) 303-3750

Call Recuro Health (855) 935-5842

I NEED HELP FINDING RESOURCES

- Work-Life
- Legal Guidance
- Financial Resources
- Online Support

See TELUS Health below or call (833) 303-3750

Guidance Resources offer services in the following:

Work-Life

- Child and elder-care
- Finding a contractor
- Pet care
- Planning a trip or event

Legal Guidance

- Divorce
- Adoption
- Family Law
- Wills and trusts

Financial Resources

- Retirement planning
- Relocation
- Mortgages
- Budgeting
- Bankruptcy

Online Support

- Podcasts
- Videos
- Trainings
- "Ask The Expert"

**Note: On-site sessions can be scheduled at the CCPS Administrative Center or at Community Health Partners' (CHP) main office.



CCPS

Collier County
Public Schools

Visit TELUS Health online at one.telushealth.com (ID: Voya | Password: eap)

The CCPS Emotional Wellness Program is completely confidential and is HIPAA-compliant