Developmental Cognitive Disability (DCD)
Adaptive Domains

Daily Living/Independent Living Skills

- Eating
- Dressing
- Hygiene
- Health and Safety
- Choice-making
- Daily scheduling
- Food preparation
- Seeking assistance when needed
- Self-advocacy
- Household tasks

Social and Interpersonal Skills

- Social behavior
- Peer interactions
- Showing appreciation
- Cooperation
- Turn-taking
- Appropriate play skills
- Showing concern for others
- Requesting
- Self-esteem
- Initiating conversation or play
- Recognizing or responding to social cues
- Social judgment
- Language of social interaction

Academic Skills

- Handling money
- Basic math
- Managing time
- Environmental/survival words
- Life skills vocabulary
- Pre-literacy skills
- Basic science
- Basic geography
- Basic social studies
- Calendars/scheduling
- Basic writing

Recreation and Leisure Skills

- Choosing and initiating activities
- Turn-taking
- Accessing activities
- Following safety guidelines
- Individual and group activities
- Expanding awareness of interests and skills
- Accessing options in the home, school, and community settings
- Master of steps/directions for participation

Work Related Skills

Sources: Infinitec Training Module; Promising Practices for the Identification of Individuals with Developmental Cognitive Disabilities, 2004; Sherburne & Wright Special Education Cooperative, 2012.

Developmental Cognitive Disability (DCD)
Adaptive Domains

- Completion of tasks
- Awareness of schedules
- Knowledge of job options
- Knowledge of support needs
- Developing job skills
- Accepting directions
- Demonstrating independent work habits
- Ability to work with others
- Work ethics
- Career exploration
- Accessing training

Communication Skills

Forms of Communication

- Gestures
- Cues
- Facial expression
- Symbolic language; spoken language; written language
- Non-symbolic language
- Assistive technology

Functions of Communication

- Requests
- Comments
- Protests/rejection
- Gain attention
- Choice-making
- Express wants and needs
- Behavior as communication

Community Participation Skills

- Knowledge of community resources, facilities, and programs
- Travel skills to access the community
- Ability to access community resources, facilities, and programs, including:
  - transportation,
  - recreation,
  - housing,
  - safety,
  - shopping,
  - health care,
  - groups,
  - clubs,
  - restaurants, and;
  - agencies

Sources: Infinitec Training Module; Promising Practices for the Identification of Individuals with Developmental Cognitive Disabilities, 2004; Sherburne & Wright Special Education Cooperative, 2012.