Labatt Produce

FRESH FRUIT AND VEGETABLE PROGRAM

Nutritional Education

STARFRUIT

FUN FACTS!

The fruit grows on Carambola trees, they can grow up to 30 feet tall.

They are called Starfruit because when you slice it, the fruit is in a star shape form.

Starfruit has the same texture as a grape.

DID YOU KNOW?

Starfruit is low in calories but packed with fiber, vitamin C and antioxidants.



*This institution is an equal opportunity provider.