



Building Strong Attendance Habits

Regular school attendance helps students succeed. Being at school every day gives children the opportunity to learn new skills, build friendships, connect with caring adults, and participate in classroom activities. Families play an important role in helping students develop positive attendance habits.

1. Keep Track of Attendance

Check your child's attendance regularly so you know if absences are starting to add up. Monitoring attendance early can help prevent small issues from becoming bigger concerns.

2. Talk About Why Attendance Matters

Discuss with your child how being at school every day helps them learn, build confidence, make friends, and prepare for future opportunities.

3. Stay Connected to School Life

Ask your child about their classes, teachers, and friends. Showing interest in their school experience can help you identify concerns before they affect attendance.

4. Encourage Involvement

Support your child in joining clubs, sports, music, or other school activities that match their interests. Students who feel connected to school are often more motivated to attend.

5. Make Attendance the Expectation

Whenever your child is healthy enough to attend, make school a daily priority. If you're unsure whether they should stay home due to illness, contact your school or healthcare provider for guidance.

6. Create Healthy Daily Routines

Consistent bedtimes, morning routines, and homework schedules help students get enough rest and arrive at school ready to learn.

7. Prepare Ahead of Time

Pack backpacks, choose clothes, and gather school supplies the night before. Leaving a little extra time in the morning can help reduce stress and avoid being late.

8. Have a Backup Plan

Unexpected situations happen. Arrange a trusted family member, friend, or neighbor who can help get your child to school if you're unavailable.

9. Plan Around the School Calendar

Whenever possible, schedule vacations, appointments, and other activities outside of school hours or during school breaks to minimize missed instructional time.