

Delano Public Schools

ISD #879

Annual Student Wellness Update per Policy #533

July 1, 2026

Summary:

The District-Wide Wellness Committee's responsibility each year is to **monitor student** health and wellness issues related to whether or not the district is in compliance with the Healthy, Hunger-Free Kids Act of 2010 and the School District's Wellness Policy (#533). This committee consists of district parents, staff and administration. In 2024-25, the Triennial Student Wellness Summary Report was submitted and presented to the district school board in August of 2025. Therefore, 2025-26 was a progress monitoring and data gathering year until our next Triennial Report-which is due in July of 2028.

Our district continues to be in compliance this with the Healthy, Hunger-Free Kids Act of 2010 and the **School District's Wellness Policy** (#533) and we note the following as of July 1 ,2026:

Areas of Strength:

1. Our school, staff and parents continue to successfully collaborate on the increasing needs for student mental health while balancing/reinforcing the needs for good nutrition and physical activity.. Internal programs (Second Step, PBIS, MTSS, SST, Crisis Prevention Teams, STEP and Tiger Tracks to name just a few etc.) are continuously working to effectively connect students and families to vital mental health resources.
2. Our schools work diligently to provide nutritious meals daily and to educate students on healthy foods and beverages—including balanced, appropriate portion sizes. Students are offered a variety of extra and co-curricular activities in and outside of the school day to develop their physical and social-emotional well-being.

Areas of Improvement Needed:

1. Continued and additional training for students, staff and families regarding unique building level needs (i.e. vaping, healthy use of social media and technology in grades 7-12 and social emotional regulation in grades K-6). For 2026-27, all DHS students will be required to put their cell phones in a classroom pocket chart at the beginning of each class period. At DHS, 10 staff members will also participate in additional mental health 2B Continued.ORG training via YMHFA. Students in grades 7 & 8 will be required to use a school-issued chromebook in school (not private devices and no hotspots) for school access to Google Classroom and to safeguard against improper use of the technology.

All three building student wellness committees met this year on a regular basis and have provided their annual 2025-2026 goal/ progress updates (or their latest EOY Spring 2026 report) below:

Submitted by:

Steven Schaubeger
Delano Public Schools
ISD #879

District Student Wellness Committee Members:

Melissa Wiese, Crista Wadholm, Natasha Meyer, Sarah Grosshuesch, Natasha Meyer, Erika Granja, Kelly Froehle and Alexandra Turnbull

Addendum A: Delano Elementary School's 2025-26 Goal Wellness EOY Report- June 1, 2026

Final Report for Delano Elementary:

-Goal 1: Food and beverages will not be used as a reward for students. - Majority of staff are implementing this - **IN PROGRESS**.

-Goal 2: DES will use common SEL visuals and language to help students with identifying feelings and increasing self-awareness. DES has an Student Support Specialist that is assisting with additional classroom lessons regarding various SEL topics to help with consistency across grade levels. - **GOAL MET**

-Goal 3: DES staff will utilize classroom SEL lessons to support student success in demonstrating the Tiger Way. - DES has an Student Support Specialist that is assisting with additional classroom lessons regarding various SEL topics to help with consistency across grade levels. - **GOAL MET**

To promote kindness in the month of October, DES classrooms in all grade levels listened to the story The Kindness Quilt and worked as a class to create a kindness quilt square to be a part of the DES Kindness Quilt.. Photo of the paper quilt below.



DES students also partnered with 4th grade students at DIS to participate in Kindness In Chalk. Photos of some of the beautiful art is below.



Also this year, DES held a Family Phy Ed night in October where parents/guardians could attend with their child(ren) and participate in a variety of healthy activities together. Approximately 70 students were preregistered to attend.

DES also held a Field Day activity on May 15th where students were able to participate in various activities that support physical activity. Activities included tug of war, hockey, races, long jump and more!

Addendum B: Delano Intermediate School's 2025-26 Goal and Wellness EOY Report- June 1, 2026

Wellness Goals Summary

Wellness Goal 1

Goal: Food and beverages will generally not be used as rewards for students, with occasional exceptions for structured incentives or school-approved celebrations.

End-of-Year Summary:

Delano Intermediate School continues to maintain the expectations outlined in the mid-year update regarding the use of food and beverages as rewards. Staff members have continued to limit the use of food-based incentives during the school day, and efforts remain in place to reduce candy sales and other food-related fundraising activities during instructional time. While occasional classroom celebrations or structured events may include snacks or treats, these instances are intentional and limited.

One area that continues to present challenges is the band and choir fundraiser, particularly related to keeping candy products out of the school environment during the school day. Additionally, spring testing season continues to increase the use of candy and treats, as there is a common belief that sucking on candy or receiving treats helps improve student performance and motivation during testing. Once these practices are introduced, it can be difficult to limit or reverse them. As a result, reducing the use of food and candy during testing periods will remain an area of emphasis and continued focus for the 2026–2027 school year.

Wellness Goal 2

Goal: Maintain the number of minutes students participate in Physical Education each week/month.

End-of-Year Summary:

Delano Intermediate School successfully maintained the increased number of Physical Education minutes that were implemented in the 2025–2026 master schedule. Throughout the staff scheduling process, administration reviewed the current structure and prioritized maintaining student access to Physical Education. As a result, the school was able to maintain staffing levels that support the current Physical Education schedule without reducing PE minutes for students. The district will continue to review scheduling structures and staffing

needs to ensure students continue receiving consistent opportunities for physical activity moving forward.

Wellness Goal 3

Goal: Students experience a greater sense of belonging and reduced anxiety when transitioning between buildings.

End-of-Year Summary:

Delano Intermediate School continued its efforts to support students during transitions between buildings through a variety of connection-focused activities and interventions. Planning for the summer transition event continued throughout the spring, and staff collaborated regularly to support 6th-grade students transitioning to Delano High School. Monthly cross-grade-level Tiger Time meetings were implemented throughout the second half of the school year to help students build relationships and strengthen their sense of belonging within the school community.

At this time, the full impact of these efforts has not yet been formally determined. Students will complete a survey on May 27 to help gauge the effectiveness of these transition and belonging initiatives. Anecdotally, the school has received mostly positive feedback regarding the Tiger Time groups. Some groups developed strong connections and meaningful relationships, while others did not experience the same level of success.

The “Morale Boost” intervention had limited measurable impact on the identified students. Students who participated in the intervention generally continued to score within the at-risk range on the end-of-year SAEBRS assessment. A trend identified within this group was that many students experiencing a negative school experience also demonstrated significant social skill deficits or notable emotional concerns. Most, if not all, of these students already had additional supports and interventions in place beyond Tiger Time or Morale Boost. As a result, the level of support provided through these programs alone was likely not intensive enough to produce significant measurable changes. Despite this, the school will continue exploring ways to strengthen student belonging, connectedness, and emotional support moving forward.

Wellness Goal 4

Goal: Students can identify and understand the components of total fitness (flexibility, cardiovascular endurance, muscular endurance, power, speed, and agility).

End-of-Year Summary:

This goal was successfully achieved during the 2025–2026 school year. The Delano

Intermediate School Physical Education department has a well-established program that intentionally teaches, reinforces, and assesses the components of total fitness, including flexibility, cardiovascular endurance, muscular endurance, power, speed, and agility.

Throughout the year, students regularly engaged in activities and lessons designed to build both their understanding and application of these fitness concepts. The department consistently embedded these components into instruction, allowing students to develop vocabulary, practical skills, and self-awareness related to overall fitness and wellness. Through ongoing assessment and repeated exposure across the curriculum, students demonstrated growth in their ability to identify and understand the various components of total fitness.

Addendum C: Delano High School's 2025-26 Goals and Wellness EOY Report-

Forever Goal: *Food and beverages will not be used as a reward for students.*

Progress Grade: B+: Our progress leveled off and still needs improvement over last year. Staff has been provided resources, documents and lists of smart snacks or healthy alternative rewards/activities. We need to keep monitoring foods/beverages in commons for in classroom special events like holidays and end of year celebrations. MET GOAL

Goal 1: *Students will be recognized monthly for making good choices in nutrition, physical activity and mental health (kindness)*

Progress Grade: A- Students are recognized each month by the school and principal reading their nomination. They get their picture taken for the website and newspaper. We honor them every month! The number of nominees is steady. MET GOAL

Goal 2: *The DHS Transitions and Mentorship Committee will create a yearly short term induction program and long term mentorship program for the incoming 7th graders for the upcoming school year.*

Progress Grade: B: The Tiger Tracks Advisors and Mr. Schauberger met eight times this year to define the parameters and resources needed to provide more definition and resources for the induction and mentorship. We established a practice trial groups of 15 mentors and mentees this year and held two morning breakfasts. We established a budget and obtained a grant to pay for our expenses for 26-27. We will have our advisors pair up with the DIS STEP program training in August 2026 to get more ideas and activities to incorporate in our high school groups/meetings.. Our goal is to start a more robust mentor/mentee partnerships by mid-October 2026 with 20-30 mentor/mentee pairs. We will develop mentor training and advertise the details of our upcoming program to parents, students and staff as it progresses. GOAL IN PROGRESS

Goal 3: *Administration and staff will monitor current trends/data and surveys to make adjustments in programs that address students' mental health needs.*

Progress Grade: A- Many protocols and practices (i.e. MTSS, SST, Crisis Prevention Team-) (now weekly meetings) are in place to support students' daily mental health needs at DHS. MET GOAL

Goal 4: Administration and staff will monitor and current trends/data and surveys to make adjustments in activity programs.

Progress Grade: A- Participation in activities is steady in most activities. Administration is looking to improve services in all age/gender groups. MET GOAL

25-26 Programs and Activities Implemented (so far) to Support the Overall Health and Wellness of Our Students;

Fall and Spring Walk and Roll/Bike to School
Unity Day 10. 16 .25
Kindness in Chalk Day
Bully Awareness Day/Week , Nov. 11-17, 2025

Suicide Prevention Day/ Week including 988 Awareness, September 10-13, 2026.
American Lung Association put up booths at Winter conferences for parents and students
Annual Mental Health Awareness Week: March 11-17, 2025

Mental Health Awareness Day - On March 31, 2026 the Delano-Loretto Area United Way sponsored the author and speaker, Kate Gladdin to come and present to our high school students as part of Mental Health Awareness Month. Kate's message focused on resilience and creating the good, when there is none to be found. That next evening, **Kate is also presented to family and community members** on the same framework that she shared with students. They invited all of our educators and staff to attend. As an added bonus, educator CEUs were made available. You can read more about Kate on her website, www.kategladdin.com. **The event was from 6:30-7:30 on April 1, 2026 in the PAC.**

DES Tiger FUN Fair March 14, 2026
DHS Daily Student Experiences Survey 3rd trimester
Third DHS Counselor (first time in a long time via a grant)
7-12 COMPASS program
Mental Health Awareness Month (May)
Weekly DHS Crisis Prevention Team Meetings
Co-Located County Social Worker/TherapistRedesign
Escape the Vape Video Contest
Rivers of Hope Collaboration/Resources with Wright County
Tiger Tracks Transition Mentorship Program for 2025-26
Radon Poster Contest 2025
Adopt-a-Family - Friends-4-a-Cause Holiday Helpers

DHS Mental Health Screeners used:

"My SAEBERS" social skills screener is used by HS counselors. Strengths and Difficulties Questionnaire (SDQ), PHQ-9 for youth, Self-Evaluation of Stress and Self-Esteem, and ACOPE (Adolescent Coping Orientation for Problem Experiences), and the ACE's Questionnaire (Adverse Childhood Experiences) are used by the HS social worker.

DIS Mental Health Screeners used:

DIS will also use the My Saebrs this school year as a screener for all students. My Saebrs allows students to self-assess their social, emotional, and academic behavior; however, it is not considered a "mental health screener."

DES Mental Health Screeners used:

DES used the My Saebrs this school year as a screener for all students.

Coming soon to DHS—Work Construction in progress!

DRAFT POSTER

Delano High School

STUDENT VOLUNTEERS NEEDED



Tiger Tracks - Peer Mentorship Program

Delano High School is seeking future 11th and 12th grade students who are interested in mentoring incoming 7th grade students. This is a great opportunity to be a leader within the school while also helping others.

***Commitment:** Students will meet weekly with their mentee, have breakfast with the larger group once a month, and participate in two out-of-school recreational or social activities during the year. Weekly contacts are scheduled so they do not interfere with academic progress. Each mentor will be selected based on their interest and ability to be a positive role model. All of the contacts will take place on school property or supervised trips during the school day.*

Interested students should reach out to Tash Meyer or Steve Schauburger

School Wellness Policy

Action Plan

School Name: _____ Delano Elementary _____ Date: _____ 5/21/26 _____

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete ?
1. Food and beverages will not be used as a reward for students.	a. Provide teachers with list of non-food reward examples. b. Discuss changes at back-to-school staff training. c. Follow-up mid-year to discuss challenges and determine additional communication needed.	Before the beginning of next school year.	- Verbal check-ins with staff to ensure compliance. - Teacher survey at end of school year.	Principal	Teachers, staff, students	In Progress
2. DES will use common SEL visuals and language to help students with identifying feelings and increase self-awareness.	2a. Staff will have monthly conversations in grade level meetings to assess staff training and material needs. 2b. Staff will utilize visuals (Zones of Regulation chart) and calming corner strategies to teach students common language and strategy use in all classrooms.	Before the end of the current school year.	-Verbal check-ins with staff -Monitoring student self-awareness	PBIS/ Health & Wellness group SEL Specialist	Staff, students	Goal Met

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete ?
	2c. Student self-awareness will be analyzed throughout the year by staff to determine additional support needs.					
3. DES staff will utilize classroom SEL lessons to support student success in demonstrating the Tiger Way.	3a. Staff will utilize support through SEL staff provided classroom lessons. 3b. Staff will continue utilizing language and expectations with students provided during class lessons.	October 2025	-Verbal follow up with staff	SEL Specialist, Grade level leads	Teachers, students	Goal Met

School Wellness Policy

Action Plan

School Name: Delano Public Schools - Delano Intermediate School

Date: October 2025

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete ?
1. Food and beverages will generally not be used as rewards for students, with occasional exceptions for structured incentives or school-approved celebrations.	Discuss changes at back-to-school staff training. Follow up mid-year to discuss challenges and determine additional communication needed.	This year and before the beginning of the next school year.	Verbal check-ins with staff to ensure compliance.	Administration	Teachers, staff, students	Partially complete
2. Maintain the number of minutes students participate in PE each week/month.	Meet with stakeholders to identify priorities and perimeters. Develop a master schedule where students have PE more often and/or have more minutes of PE.	Fall 2025 Winter 2026	A master schedule is in place for the 26-27 school year where students have PE more often and/or have more minutes of PE.	Administration	Specialist teacher SBLT	Complete
3. Students experience a greater sense of belonging and less anxiety when transitioning between buildings	Continue the program for the student transitioning from DES and DIS. Collaborate with DHS staff to develop a transition program	By the end of the school year.	Programs are in place before the 26-27 school year.	Administration	Lead teacher/s at DIS and DHS.	Complete

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete ?
	for students transitioning from DIS to DHS. Begin implementing meet the teacher conferences with 4th grade students. Implement cross grade level Tiger Times					
4 . Students can identify the components of total fitness (flexibility, cardiovascular endurance, muscular endurance, power, speed and agility)	Teach the 5 components of total fitness (flexibility, cardiovascular endurance, muscular endurance, power, speed and agility) Assess initial skill level Provide opportunities for students to improve their fitness level in each area. Provide students ideas for ways to improve their fitness level in each area. Reassess Reward accomplishments in each area.	By the end of the school year.	EOY assessment and participation data	PE dept.	PE teachers and students	Complete

DHS School Wellness Policy

25-26 Action Plan

School Name: Delano Public Schools (c.) High School _

Date: Updated: June 1, 2026 _

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete ?
General: <i>Food and beverages will not be used as a reward for students.</i>	a. <i>Provide teachers with list of non-food reward examples.</i> b. <i>Discuss changes at back-to-school staff training.</i> c. <i>Follow-up mid-year to discuss challenges and determine additional communication needed.</i>	<i>Sent Sept. 12, 2025</i> <i>This year and before the beginning of next school year.</i>	• <i>Verbal check-ins with staff to ensure compliance.</i> • <i>Teacher survey at end of school year.</i>	<i>Principal</i>	<i>Teachers, staff, students</i>	MET GOAL
1. Students will be recognized monthly for making good choices in nutrition, physical activity and mental health (kindness)	1a. Establish clear criteria for staff to nominate students 1b. Share the Google Nomination Form with all school staff 1c. Collected donated prizes from	Monthly -Sept 2024 through May 2026 PA announcement to recognize nominees each month on the 1 st week School/Principal Recognition on the 1 st of the month	Data will be analyzed in which student grades, genders and area of nomination is recognized.	Steven Schauburger, Asst. Principal	Students, families, teachers, staff, office staff and administration	MET GOAL

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete ?
	area businesses					
2. The DHS Transition and Mentorship Committee will create a yearly short term induction program and long term mentorship program for incoming 7th graders by May 15, 2026 for the 2025-26 school year	2a. Create committee 2b. Assign co-advisors 2c. Determine induction program details 2d. Determine Mentorship program and training 2e. Finalize mentor/mentee pairs	2a. by October 1, 2025 2b. by Nov. 1, 2025 2c. by February 1, 2026 2d. by March 1, 2026 2e. by May 1, 2026	Incoming 7th grade Students will have a better understanding of the high school layout and better adapt to the high school (induction) Incoming at-risk 7th grade students will have support for their socio-emotional needs and academic needs/support	The DHS Student Wellness Committee:	DHS Students and Staff and DHS School Community	MET GOAL

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete ?
3. Administration and staff will monitor and current trends/data and surveys to make adjustments in programs that address students' and staff mental health needs.	3a. Analyzing data on current programs such as Suicide Prevention Week and Unity Day 3b. Add/modify programs as needed 3c. Direct resources to where they are needed	a. All year b. i.e. Added vaping education curriculum c. i.e. Using co-located social worker		Administration, School Social Workers, School Counselors and Intervention Teams	Staff, students, families, outside county resources	MET GOAL
~~3~~ Administration and staff will monitor and current trends/data and surveys to make adjustments in activity programs	4a. Collect data on current student surveys in advisory /participation trends 4b. Meet with students and coaches.	November 4, 2025 through June 1, 2026	Ongoing, proactive actions to use best practice in motivating students to participate in activities.	megan Chatterton, AD Steven Schauburger, Asst. Principal, Administration	Students, families, coaches, staff	MET GOAL

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete ?
	4c. Conduct student surveys on DAILY DESIRED EXPERIENCES participation		Review the data			



Action Plan Template School Wellness Policies

Background

The Healthy Hunger Free Kids Act of 2010 requires Local Educational Agencies to update or modify their wellness policy, as appropriate. When your wellness committee meets on a regular basis throughout the school year, consider using an action plan to ensure progress is being made on your wellness policy and procedures.

Developing an action plan will help your school or district prioritize a few action steps each year. You may use the chart on the following page as a template to organize your plans. Add additional rows if necessary. Be sure to consider all areas such as nutrition guidelines for school meals and snacks, physical fitness activities, and related school activities. After writing the action plan, evaluate what additional resources, if any, will be needed for each action step.

Tip: When developing your wellness plan, ensure your activities are well grounded in your goals by developing SMART objectives:

- **Specific:** Identify the exact area to improve.
- **Measurable:** Quantify the progress.
- **Attainable:** Determine what is achievable.
- **Realistic:** Consider your resources and determine what can reasonably be accomplished.
- **Time bound:** Identify deadlines for goals and related tactics.

The Centers for Disease Control and Prevention (CDC) has [tips for developing SMART objectives](#).

Food Service Wellness Report June, 2026

The 25-26 school year brought many exciting things, including updates to School Nutrition. Minnesota is still offering 1 free breakfast and lunch to every student. We were able to offer over 80,000 breakfasts and 300,000 lunches to our students this year.

At Delano Elementary, we focused on fresh fruits and vegetables again this year. Students were encouraged to self-serve portions of fresh fruit. Helping them learn portion size and independence as they move into higher grades.

Delano Intermediate had a great last day of school lunch. With the class favorite, Hamburgers. As a special treat, we offered the long-awaited pickles. With the introduction of lower-sodium options into the school lunch program, every MG counts, and being mindful of condiments and sides has helped us stay within the guidelines.

At Delano Secondary, we noticed a larger student population taking full advantage of our updated Deli Line. Offering a combination of hot and cold sandwiches, a full salad bar with all kinds of vegetables and proteins to add to their salad. Our main line continued to serve the classic school lunch items with updates to ingredients to make the comfort food a healthier option. We also updated our à la carte options to include more smart snack-approved beverage choices.

Thank you

Melissa Wiese
Director of Food Service
Delano Public Schools- ISD 879

2025-26 District Nurse
EOY Wellness Report
Crista Wadholm

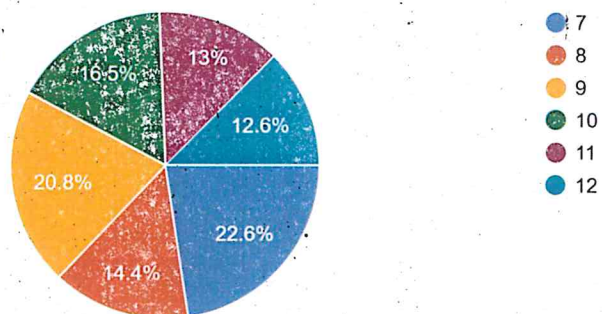
June 1, 2026

Delano Public Schools Health Services:

Minnesota passed a state law 121A.241 Cardiac Emergency Response Plan (CERP) for cardiac emergencies that occur on school property. During the 25-26 school year, Cardiac Emergency Response Teams (CERT) were assembled for each of the four buildings in the district. Each team has roughly 5-8 staff members. All CERT members were trained in CPR/AED during an in-person training and were certified through the American Heart Association. Practice drills were performed on Thursday, June 4th with the help of ProjectADAM. All four Cardiac Emergency Response Teams participated in a simulated drill where team members could practice the Cardiac Emergency Response Plan (CERP). The drills were helpful as they were immediately followed with a debrief session to discuss thoughts and insights, and then a second drill was performed. This CERP will go in front of the school board in June for review and will be approved in July.

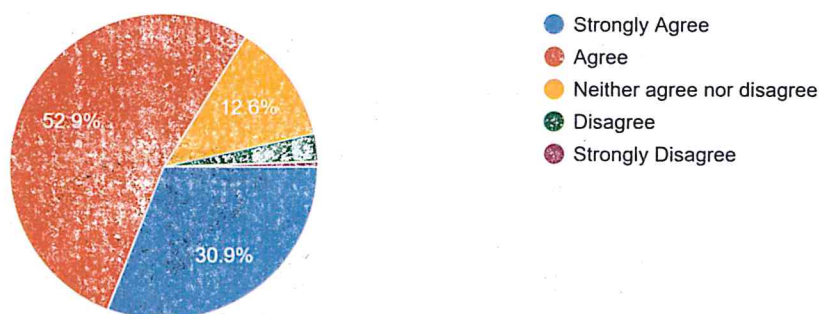
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713 responses



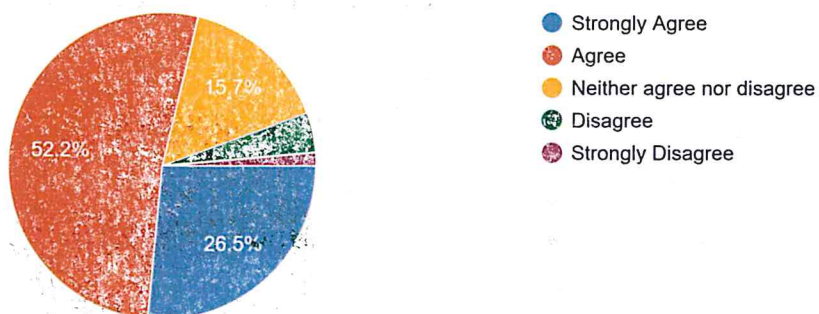
I am accepted for who I am by my peers and teachers

712 responses



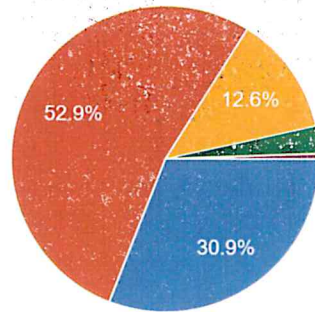
I feel safe and respected at school.

714 responses



I am accepted for who I am by my peers and teachers

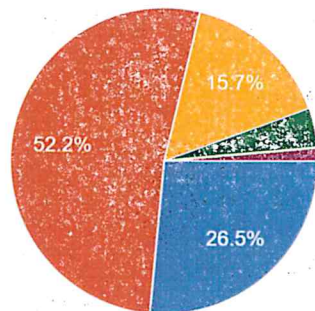
712 responses



- Strongly Agree
- Agree
- Neither agree nor disagree
- Disagree
- Strongly Disagree

I feel safe and respected at school.

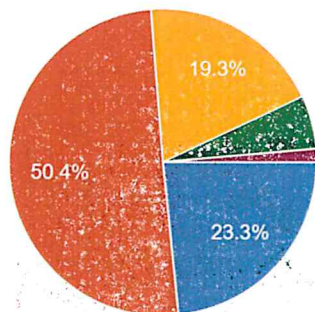
714 responses



- Strongly Agree
- Agree
- Neither agree nor disagree
- Disagree
- Strongly Disagree

I can rely on the adults in my school to help with various needs in my life.

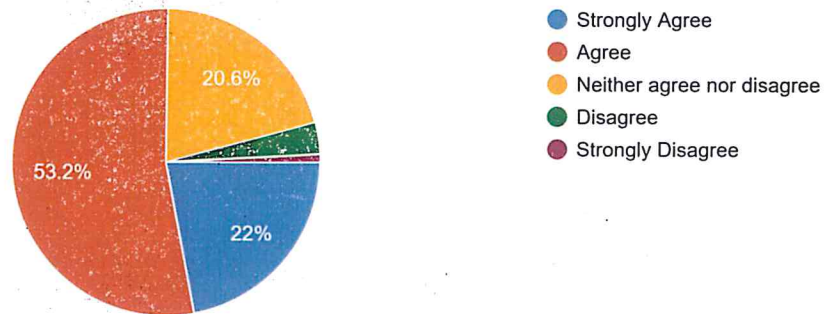
711 responses



- Strongly Agree
- Agree
- Neither agree nor disagree
- Disagree
- Strongly Disagree

My teachers and peers work together to help me reach my academic goals.

713 responses



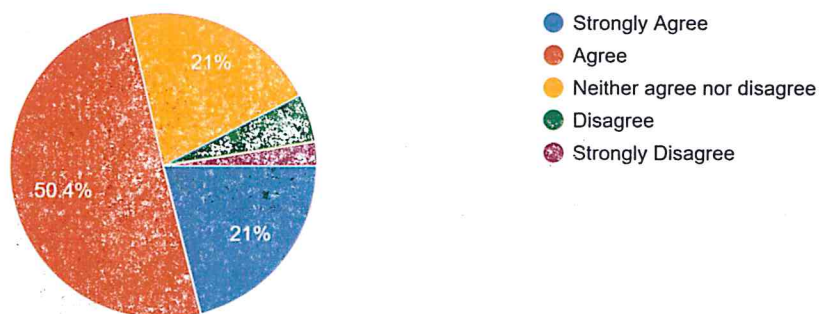
I have many class options and extracurricular activities available to me, from sports to academic competitions to arts.

708 responses



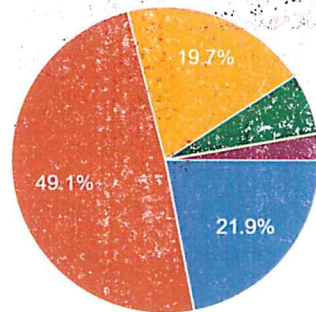
My school is clean and comfortable so that I can learn and safely participate in classes and activities.

709 responses



My daily schedule fits the way I learn.

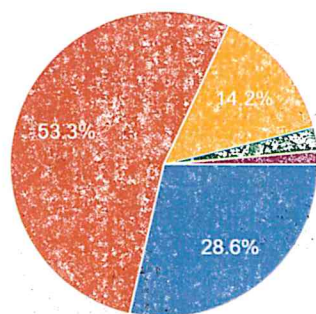
711 responses



- Strongly Agree
- Agree
- Neither agree nor disagree
- Disagree
- Strongly Disagree

My school trusts me to take personal responsibility and to manage my time and choices wisely.

711 responses



- Strongly Agree
- Agree
- Neither agree nor disagree
- Disagree
- Strongly Disagree

Delano Activity Registration Numbers

ACTIVITY	2019-2020	2020-2021	2021-2022	2022-2023	2023-2024	2024-2025	2025-2026
FALL							
Football 9-12	83	65	62	73	79	70	66
Football 7-8	48	47	61	59	65	CE	CE
Boys Cross Country	39	46	39	36	36	38	42
Boys Soccer	51	36	49	38	51	50	46
Volleyball 9-12	43	40	35	50	55	40	41
Volleyball 7-8	29	40	44	28	35	CE	CE
Girls Soccer	61	47	54	41	33	36	23
Girls Cross Country	13	17	16	17	21	18	29
Girls Swim & Dive	51	45	36	47	46	45	38
Girls Tennis 7-12	44	54	50	35	41	29	28
Cheer	12	8	8	18	10	11	9
Play		11	20	11	8	13	18
WINTER							
Boys Basketball 9-12	48	41	41	46	35	36	39
Boys Basketbal 7-8	34	32	34	N/A	N/A	N/A	NA
Boys Hockey	38	37	37	36	35	32	37
Wrestling	35	30	37	40	44	49	55
Boys Swim & Dive	14	15	17	16		23	25
Alpine/Nordic Skiing	1	1	3	4	4	1	1
Girls Basketball 9-12	29	32	30	29	28	29	26
Girls Basketball 7-8	22	26	17	N/A	N/A	N/A	NA
Girls Hockey	34	30	21	23	20	27	33
Gymnastics	28	20	17	16	13	15	16
Dance	25	25	42	43	39	34	37
One Act	17	11	17	9	13	21	12
Sicence Olympiad	46	0	37	30	31	46	39
Math League	39	12	NA	NA	NA	NA	NA
Speech					5	5	20
SPRING							
Baseball 9-12		62	62	64	62	45	44
Baseball 7-8		36	44	35	CE	CE	CE
Boys Track		58	64	73	77	88	72
Boys Golf		53	48	42	18	20	20
Boys Tennis 7-12		22	24	20	20	23	21
Boys Lacrosse		25	30	25	30	29	31
Softball 9-12		46	26	27	21	29	32
Softball 7-8		N/A	N/A	16	28	CE	CE
Girls Track		72	73	79	81	87	82
Girls Golf		25	24	15	13	14	11
Girls Lacrosse		37	47	42	35	32	33
Musical	45	21	33	41	25	21	28
OTHER							
Robotics	Comm Ed	Comm Ed	Comm Ed	Comm Ed	Comm Ed	CE	CE
Trap Shooting	N/A	N/A	N/A	N/A	CE	CE	CE

6/1/2026 update:

Activities will be transitioning to a new platform for registration, scheduling, and tickets.

Along with the district branding project, we will be upgrading many of our facilities to highlight the new logo. Also integrating it into our jerseys and equipment.