

ISD #879

**Triennial Report on
Student Wellness
per Policy #533**

July 1, 2025



Local Wellness Policy Checklist

Use this checklist to ensure that your Local Education Agency's local school wellness policy is meeting the [regulations](#) set forth by the U.S. Department of Agriculture (USDA) under the Healthy, Hunger-Free Kids Act of 2010. For additional information on the requirements for local wellness policies, visit the [Minnesota Department of Education's webpage](#).

Policy Document

☒	The district has a wellness policy.
☒	A copy of the written local school wellness policy is kept on file.
☒	The wellness policy is posted on the school website.
☒	The district updates or modifies the wellness policy as appropriate, identified by the triennial assessment.

Wellness Committee

☒	An identified leader, who has the authority and responsibility to ensure each school complies with the policy, has been selected to oversee the wellness policy work in the district.
☒	The wellness committee has a meeting schedule to regularly meet with members.
☒	Participation in the wellness committee is permitted for the general public and the school community (including parents, students, representatives of the school food authority, teachers of physical education, school health professionals, the school board, and school administrators) to participate in the wellness policy process.

Policy Content

☒	The policy contains specific goals for nutrition promotion and education.
☒	The policy contains specific goals for physical activity.
☒	The policy contains specific goals for other school-based activities that promote student wellness.
☒	The policy contains nutrition guidelines for all foods and beverages for sale on the school campus during the school day that are consistent with Federal regulations for Smart Snacks in School nutrition standards.
☒	The policy contains locally developed guidelines for other foods and beverages available on the school campus during the school day, not sold (e.g. in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
☒	The policy allows marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.

Public Updates

☒	The district updates the public on the wellness policy, including any updates to and about the wellness policy, on an annual basis, at a minimum.
☒	Documentation is kept on file of efforts to provide annual updates to the local wellness policy including who was involved in the process and how stakeholders were permitted to participate.
☒	Documentation is kept on file demonstrating how the policy and updates are made available to the public.
☒	The district updates the public on the Triennial Assessment, including progress toward meeting the goals of the policy.

Triennial Assessment

☒	The district conducts an assessment of the wellness policy every three years, at a minimum.
☒	This assessment contains the following components: • Compliance with the wellness policy. • How the wellness policy compares to model wellness policies. • Progress made in attaining the goals of the wellness policy.
☒	The most recent triennial assessment is kept on file.

School Wellness Policy: Triennial Assessment Summary

Section 1: General Information

School(s) included in the assessment:	
Delano High School, Delano Intermediate School and Delano Elementary School of Delano, MN ISD #0879	
Month and year of current assessment:	Date of last school wellness policy revision:
January 2025	10/26/2020
Website address for the wellness policy and/or information on how the public can access a copy:	
https://www.delano.k12.mn.us/our-district/health-services/student-wellness	

Section 2: Wellness Committee Information

How many times per year does your school wellness committee meet?	3 times
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Designated School Wellness Leader

Name	Job Title	Email Address
Steven Schauburger	DHS Assistant Principal	steve.schauburger@delanoschools.org

School Wellness Committee Members

Name	Job Title	Email Address
Steven Schauburger	DHS Assistant Principal	steve.schauburger@delanoschool.org
Melissa Wiese	DPS Food Services Director	melissa.wiese@delanoschools.org
Marla Dubay	Parent	dubaymarla@gmail.com
Natasha Meyer	Community Member/NED Specialist	natasha.s.meyer@gmail.com
Sarah Grosshuesch	Parent/Community Member	slgrosshuesh@gmail.com
Erika Granja	Parent/Community Member	erikavane.g.t@gmail.com
Kelly Froehle	Parent/Community Member	kellyfroehle@gmail.com
Alexandra Turnbull	Parent/Community Member	alexandraturbull90@gmail.com

Section 3. Comparison to Model School Wellness Policies

Complete the **WellSAT3.0 assessment tool** and keep a copy of the results on file for at least three full school years plus the current year, as it will be reviewed during the next administrative review of your school nutrition program.

Indicate model policy language used for comparison:

- ☐ Alliance for a Healthier Generation: Model Policy
- ☒ WellSAT 3.0 example policy language
- ☐ Other (please specify):

Describe how your wellness policy compares to model wellness policies.

In general our SWP continues to be very comprehensive. Our evaluation process has become even stronger-especially in the area of student mental health support. Our policy was still evaluated as needing more specific language for physical education activity as well as wellness promotion and marketing. Our policy is above average in meetings standards for USDA Meals, Nutrition Education and Nutrition Standards.

Section 4. Compliance with the Wellness Policy and Progress Toward Goals

At a minimum, school wellness policies are required to include:

- Specific goals for:
 - Nutrition promotion and education
 - Physical activity
 - Other school based activities that promote student wellness
- Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of public involvement, public updates, policy leadership, and evaluation plan.

Using the tables below, indicate the language that is currently written in the school wellness policy in relation to each topic area. Next, assess and discuss whether the district is meeting the goal, partially meeting the goal, or not meeting the goal. Finally, indicate the progress made for each goal and next steps that have been identified.

Nutrition Promotion and Education Goal(s)	Describe progress and next steps
See Policy 533 attached. See section III, A, 1-2 2023-24 Bulding Action Plan and Goals (DHS,DIS and DES) that are attached and were satisfactorily met at each building. 2024-25 Building Action Plans and Goals (DHS,DIS and DES) that are attached and are currently making satisfactory progress towards meeting their goals.	Students are offered a variety of K-12 school curricular instruction (in all subjects and buildings) and opportunities that encourage and support healthy eating by students and engage in nutrition promotion-especially in the updated FACS and Health 7 curriculum which are currently being reviewed by the District Student Wellness Committee. Our district and school nurse are also supporting our goal with programs such as "Escpae the Vape." Next Step: Our district curricular teams are planning, evaluating and reviewing the curriculum.
☒ Meeting Goal ☐ Partially Meeting Goal ☐ Not Meeting Goal	

Physical Activity Goal(s)	Describe progress and next steps
See Policy 533 attached. See section III, B, 1-3 2023-24 Bulding Action Plan and Goals (DHS,DIS and DES) that are attached and were satisfactorily met at each building. 2024-25 Building Action Plans and Goals (DHS,DIS and DES) that are attached and are currently making satisfactory progress towards meeting their goals.	K-12 Students are provided many opportunities (in all subjects and buildings) for physical activity and to fully embrace regular physical activity as a personal behavior. Health and physical education departments have continued to reinforce the knowledge and self-management skills needed (with adult andcommunity partnerships) to maintain a healthy lifestyle and reduce sedentary activities. Next Step: Our district curricular teams are planning, evaluating and reviewing the curriculum.
☒ Meeting Goal ☐ Partially Meeting Goal ☐ Not Meeting Goal	

School-based activities to promote student wellness goal(s)	Describe progress and next steps
See Policy 533 attached. See section II, A, B 2023-24 Bulding Action Plan and Goals (DHS,DIS and DES) that are attached and were satisfactorily met at each building. 2024-25 Building Action Plans and Goals (DHS,DIS and DES) that are attached and are currently making satisfactory progress towards meeting their goals.	Each building has reviewed and implemented an improved Multi-Tiered Student Support framework to address student's academic, behavioral and socioemotional needs. We have incorporated a crisis prevention model and work with internal and external resources to support families and students. Next Step: Our district and building teams are planning, evaluating and reviewing the our support/models/delivery sytems to continuously improve.
☒ Meeting Goal ☐ Partially Meeting Goal ☐ Not Meeting Goal	

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e., school meals and smart snacks)	Describe progress and next steps
See Policy 533 attached. See section IV, A, 1-10 and B, 1-2 2023-24 Bulding Action Plan and Goals (DHS,DIS and DES) that are attached and were satisfactorily met at each building. 2024-25 Building Action Plans and Goals (DHS,DIS and DES) that are attached and are currently making satisfactory progress towards meeting their goals.	Our K-12 school district continues to provide healthy and safe school meal programs that comply with all applicable federal, state, and local laws, rules, and regulations. Food service staff continue to get updated training. Next Step: Our Food Service are planning, evaluating and reviewing options to encourage students to try new foodss and to implement a wider variety serving options.
☒ Meeting Goal ☐ Partially Meeting Goal ☐ Not Meeting Goal	

Guidelines for other foods and beverages available on the school campus, but not sold	Describe progress and next steps
See Policy 533 attached. See section IV, C, 1-3 and D, 1-3 2023-24 Bulding Action Plan and Goals (DHS,DIS and DES) that are attached and were satisfactorily met at each building. 2024-25 Building Action Plans and Goals (DHS,DIS and DES) that are attached and are currently making satisfactory progress towards meeting their goals.	Competitive food and beverages regulations, as well as other food and snacks, are continuously monitored for compliance to the Smart Snack guidelines. Guidance and information on where to find healthy , alternative options for food and beverages is provided to staff. Next Step: Our district will continue to vigilently monitor for compliance on other food and beverage (Smart Snack) guidelines.
☒ Meeting Goal ☐ Partially Meeting Goal ☐ Not Meeting Goal	

Marketing and advertising of only foods and beverages that meet Smart Snacks	Describe progress and next steps
See Policy 533 attached. See section IV, E, 1-3 2023-24 Bulding Action Plan and Goals (DHS,DIS and DES) that are attached and were satisfactorily met at each building. 2024-25 Building Action Plans and Goals (DHS,DIS and DES) that are attached and are currently making satisfactory progress towards meeting their goals.	We maintain our vigilant monitoring of our goal that food and beverages marketing (to the promotion of those foods and beverages) that meet the Smart Snacks nutrition standards. Next Step: Our district will continue to vigilently monitor for compliance on other food and beverage (Smart Snack) guideline
☒ Meeting Goal ☐ Partially Meeting Goal ☐ Not Meeting Goal	

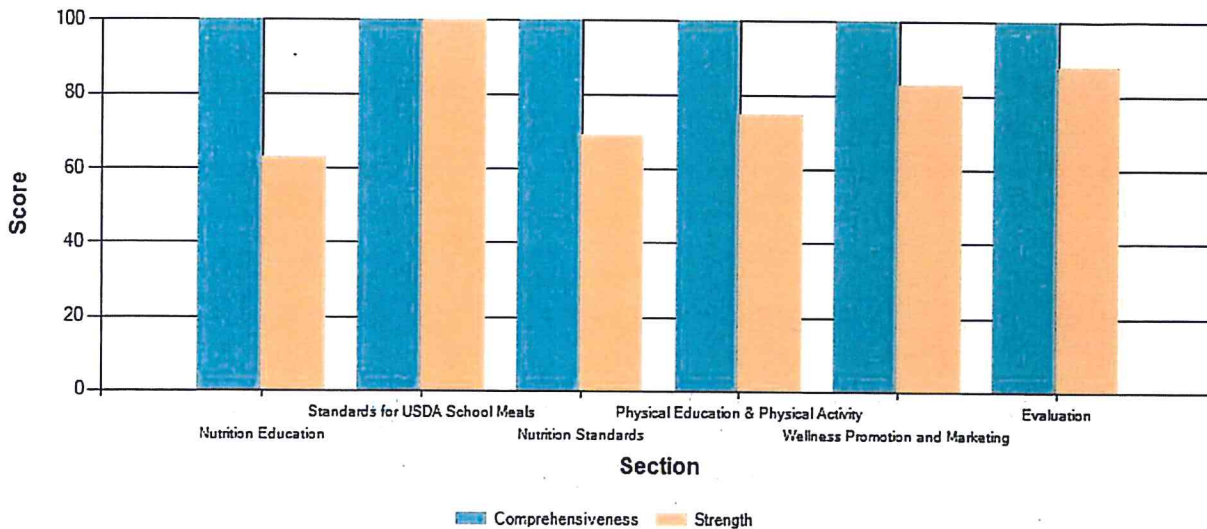
Your District's Scorecard

Congratulations! You have completed the WellSAT. Check out your scorecard below. It contains details of how you scored on each item and section of the assessment. It also provides resources that will help you improve your district's school wellness policy.

Items with a rating of "0" (item not addressed in the policy) or "1" (general or weak statement addressing the item) can be improved by referring to the resource links next to the items. Multiple resources addressing school wellness policy topics are available online. To avoid duplicative information, we have included a small selection, rather than a comprehensive listing.

Version: 3.0

Policy Name: Delano ISD #0879 Jan 20 2025 Assessment



Section 1. Nutrition Education

Rating

NE1	Includes goals for nutrition education that are designed to promote student wellness.	2
NE2	Nutrition education teaches skills that are behavior focused, interactive, and/or participatory.	2
NE3	All elementary school students receive sequential and comprehensive nutrition education.	1
NE4	All middle school students receive sequential and comprehensive nutrition education.	1
NE5	All high school students receive sequential and comprehensive nutrition education.	1
NE6	Nutrition education is integrated into other subjects beyond health education	2
NE7	Links nutrition education with the school food environment.	2
NE8	Nutrition education addresses agriculture and the food system.	2
Subtotal for Section 1	Comprehensiveness Score: Count the number of items rated as "1" or "2" and divide this number by 8 (the number of items in this section). Multiply by 100. Do not count an item if the rating is "0."	100
	Strength Score: Count the number of items rated as "2" and divide this number by 8 (the number of items in this section). Multiply by 100.	63

[Click here for Nutrition Education Resources](#)

Section 2. Standards for USDA Child Nutrition Programs and School Meals

Rating

SM1	 Assures compliance with USDA nutrition standards for reimbursable school meals.	2
SM2	Addresses access to the USDA School Breakfast Program.	2
SM3	 District takes steps to protect the privacy of students who qualify for free or reduced priced meals.	2
SM4	Addresses how to handle feeding children with unpaid meal balances without stigmatizing them.	2
SM5	Specifies how families are provided information about determining eligibility for free/reduced priced meals.	2
SM6	Specifies strategies to increase participation in school meal programs.	2
SM7	Addresses the amount of "seat time" students have to eat school meals.	2
SM8	 Free drinking water is available during meals.	2
SM9	 Ensures annual training for food and nutrition services staff in accordance with USDA Professional Standards.	2
SM10	 Addresses purchasing local foods for the school meals program.	2
Subtotal for Section 2	Comprehensiveness Score: Count the number of items rated as "1" or "2" and divide this number by 10 (the number of items in this section). Multiply by 100. Do not count an item if the rating is "0."	100
	Strength Score: Count the number of items rated as "2" and divide this number by 10 (the number of items in this section). Multiply by 100.	100

[Click here for School Food Resources](#)

Section 3. Nutrition Standards for Competitive and Other Foods and Beverages

Rating

NS1	 Addresses compliance with USDA nutrition standards (commonly referred to as Smart Snacks) for all food and beverages sold to students during the school day.	2
NS2	USDA Smart Snack standards are easily accessed in the policy.	1
NS3	 Regulates food and beverages sold in a la carte.	2
NS4	 Regulates food and beverages sold in vending machines.	2
NS5	 Regulates food and beverages sold in school stores.	2
NS6	 Addresses fundraising with food to be consumed during the school day.	2

NS7	Exemptions for infrequent school-sponsored fundraisers with food to be consumed during the school day.	2
NS8	Addresses foods and beverages containing caffeine at the high school level.	2
NS9	 Regulates food and beverages served at class parties and other school celebrations in elementary schools.	1
NS10	Addresses nutrition standards for all foods and beverages served to students after the school day, including, before/after care on school grounds, clubs, and after school programming.	1
NS11	Addresses nutrition standards for all foods and beverages sold to students after the school day, including before/after care on school grounds, clubs, and after school programming.	2
NS12	Addresses food not being used as a reward.	1
NS13	Addresses availability of free drinking water throughout the school day.	2
Subtotal for Section 3	Comprehensiveness Score: Count the number of items rated as "1" or "2" and divide this number by 13 (the number of items in this section). Multiply by 100. Do not count an item if the rating is "0."	100
	Strength Score: Count the number of items rated as "2" and divide this number by 13 (the number of items in this section). Multiply by 100.	69

[Click here for Nutrition Standards Resources](#)

Section 4. Physical Education and Physical Activity

Rating

PEPA1	 There is a written physical education curriculum for grades K-12.	2
PEPA2	The written physical education curriculum for each grade is aligned with national and/or state physical education standards.	2
PEPA3	Physical education promotes a physically active lifestyle.	2
PEPA4	Addresses time per week of physical education instruction for all elementary school students.	1
PEPA5	Addresses time per week of physical education instruction for all middle school students.	1
PEPA6	Addresses time per week of physical education instruction for all high school students.	1
PEPA7	Addresses qualifications for physical education teachers for grades K-12.	2
PEPA8	Addresses providing physical education training for physical education teachers.	2
PEPA9	Addresses physical education exemption requirements for all students.	2
PEPA10	Addresses physical education substitution for all students.	2
PEPA11	 Addresses family and community engagement in physical activity opportunities at all schools.	2
PEPA12	 Addresses before and after school physical activity for all students including clubs, intramural, interscholastic opportunities.	1

PEPA13	Addresses recess for all elementary school students.	2
PEPA14	 Addresses physical activity breaks during school.	2
PEPA15	Joint or shared-use agreements for physical activity participation at all schools.	2
PEPA16	District addresses active transport (Safe Routes to School) for all K-12 students who live within walkable/bikeable distance.	2
Subtotal for Section 4	Comprehensiveness Score: Count the number of items rated as "1" or "2" and divide this number by 16 (the number of items in this section). Multiply by 100. Do not count an item if the rating is "0."	100
	Strength Score: Count the number of items rated as "2" and divide this number by 16 (the number of items in this section). Multiply by 100.	75

[Click here for Resources on Physical Activity in Schools](#)

Section 5. Wellness Promotion and Marketing

Rating

WPM1	Encourages staff to model healthy eating and physical activity behaviors.	2
WPM2	 Addresses strategies to support employee wellness.	1
WPM3	Addresses using physical activity as a reward.	1
WPM4	Addresses physical activity not being used as a punishment.	2
WPM5	Addresses physical activity not being withheld as a punishment.	2
WPM6	Specifies marketing to promote healthy food and beverage choices.	2
WPM7	 Restricts marketing on the school campus during the school day to only those foods and beverages that meet Smart Snacks standards.	2
WPM8	Specifically addresses marketing on school property and equipment (e.g., signs, scoreboards, sports equipment).	2
WPM9	Specifically addresses marketing on educational materials (e.g., curricula, textbooks, or other printed or electronic educational materials).	2
WPM10	Specifically addresses marketing where food is purchased (e.g., exteriors of vending machines, food and beverage cups and containers, food display racks, coolers, trash and recycling containers).	2
WPM11	Specifically addresses marketing in school publications and media (e.g., advertisements in school publications, school radio stations, in-school television, computer screen savers, school-sponsored Internet sites, and announcements on the public announcement (PA) system).	2
WPM12	Specifically addresses marketing through fundraisers and corporate-incentive programs (e.g., fundraising programs that encourage students and their families to sell, purchase, or consume products and corporate incentive programs that provide funds to schools in exchange for proof of purchases of company products, such as Box Tops for Education).	2
Subtotal for Section 5	Comprehensiveness Score: Count the number of items rated as "1" or "2" and divide this number by 12 (the number of items in this section). Multiply by 100. Do not count an item if the rating is "0."	100
	Strength Score: Count the number of items rated as "2" and divide this number by 12 (the number of items in this section). Multiply by 100.	83

section). Multiply by 100.

[Click here for Wellness Promotion and Marketing Resources](#)

Section 6. Implementation, Evaluation & Communication

Rating

IEC1	Addresses the establishment of an ongoing district wellness committee.	2
IEC2	 Addresses how all relevant stakeholders (parents, students, representatives of the school food authority, teachers of physical education, school health professionals, the school board, school administrator, and the general public) will participate in the development, implementation, and periodic review and update of the local wellness policy.	2
IEC3	 Identifies the officials responsible for the implementation and compliance of the local wellness policy.	2
IEC4	 Addresses making the wellness policy available to the public.	2
IEC5	 Addresses the assessment of district implementation of the local wellness policy at least once every three years.	2
IEC6	 Triennial assessment results will be made available to the public and will include:	2
IEC7	 Addresses a plan for updating policy based on results of the triennial assessment.	1
IEC8	Addresses the establishment of an ongoing school building level wellness committee.	2
Subtotal for Section 6	Comprehensiveness Score: Count the number of items rated as "1" or "2" and divide this number by 8 (the number of items in this section). Multiply by 100. Do not count an item if the rating is "0."	100
	Strength Score: Count the number of items rated as "2" and divide this number by 8 (the number of items in this section). Multiply by 100.	88

[Click here for Resources for Wellness Policy Development, Implementation and Evaluation](#)

Overall District Policy Score

Total Comprehensiveness Add the comprehensiveness scores for each of the six sections above and divide this number by 6.	District Score 100
Total Strength Add the strength scores for each of the six sections above and divide this number by 6.	District Score 80



Federal Requirement



Farm to School



CSPAP

Thank you for completing the WellSAT!

Print-friendly version

Export data from the current wellness policy assessment (version 3.0 and WellSAT-I)

Export data from all my prior wellness policy assessments (version 3.0 and WellSAT-I)

Export data from all my prior wellness policy assessments (version 2.0)

Email scores to my registered email address

Email scores to:

Send

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Action Plan Template

School Wellness Policies

Background

The Healthy Hunger Free Kids Act of 2010 requires Local Educational Agencies to update or modify their wellness policy, as appropriate. When your wellness committee meets on a regular basis throughout the school year, consider using an action plan to ensure progress is being made on your wellness policy and procedures.

Developing an action plan will help your school or district prioritize a few action steps each year. You may use the chart on the following page as a template to organize your plans. Add additional rows if necessary. Be sure to consider all areas such as nutrition guidelines for school meals and snacks, physical fitness activities, and related school activities. After writing the action plan, evaluate what additional resources, if any, will be needed for each action step.

Tip: When developing your wellness plan, ensure your activities are well grounded in your goals by developing SMART objectives:

- **Specific:** Identify the exact area to improve.
- **Measurable:** Quantify the progress.
- **Attainable:** Determine what is achievable.
- **Realistic:** Consider your resources and determine what can reasonably be accomplished.
- **Time bound:** Identify deadlines for goals and related tactics.

The Centers for Disease Control and Prevention (CDC) has [tips for developing SMART objectives](#).

School Wellness Policy Action Plan

School Name: Delano Elementary Date: 10/14/24

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete ?
1. Food and beverages will not be used as a reward for students.	a. Provide teachers with list of non-food reward examples. b. Discuss changes at back-to-school staff training. c. Follow-up mid-year to discuss challenges and determine additional communication needed.	Before the beginning of next school year.	- Verbal check-ins with staff to ensure compliance. - Teacher survey at end of school year.	Principal	Teachers, staff, students	Met goal Partially
2. DES will use common SEL visuals and language to help students with identifying feelings and increase self-awareness.	2a. Staff will have monthly conversations in grade level meetings to assess staff training and material needs. 2b. Staff will utilize visuals (Zones of Regulation chart) and calming corner strategies to teach students common language and strategy use in all classrooms.	Before the end of the current school year.	-Verbal check-ins with staff -Monitoring student self-awareness	PBIS/ Health & Wellness group	Staff, students	Met Goal Partially

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete ?
	2c. Student self-awareness will be analyzed throughout the year by staff to determine additional support needs.					
3. DES staff will provide a daily movement break for their students.	3a. Staff will collaborate to share ideas and/or resources for both indoor and outdoor class movement options 3b. Staff will model as needed and support whole class engagement in movement activities.	January 2025	-Verbal follow up with staff	Grade level leads	Teachers, students	Met Goal

As we approach the end of the year, here is the status of DES goals:

-Goal 1: *Utilize Zones of Regulation to help students identify feelings and increase self-awareness.* It is reported that staff have the Zones of Regulation charts in their classrooms and there has been an increase in staff using the visual and language. However, this is not building wide yet. **This goal is still in progress.**

-Goal 2: *Incorporate movement breaks into daily routines with students.* It is reported staff across grade levels have started implementing this. It is reported that all staff have access to materials to implement indoor movement breaks and staff are utilizing these materials. **This goal has been met.**

-Goal 3: *Food and beverages will not be used as a reward for students.* It is reported that the majority of staff are implementing this. **This goal is ongoing.**

To continue promoting health and wellness, classrooms had the opportunity to engage in a Mental Health Bingo game. Some activities the classrooms could complete include: writing kindness notes to a peer in class, taking a 10 minute walk outside, play a game with someone you haven't with before, spend 5 minutes relaxing in silence, take time to drink water, take 10 deep breaths, dance to music that makes you happy, practice a simple stretching exercise, help someone with a task and several more. Here are some photos of classrooms participating in activities:

DES has partnered with United Way and Friends For A Cause to provide each student with a Summer Sunshine Bag! These bags will contain various activities for students to utilize that promote time outdoors supporting mental health and wellness. The Summer Sunshine Bags will be sent home with students the week of May 19-23.

On Friday May 23rd, Delano Elementary School is having a Field Day where students are able to participate in various outdoor games/activities. This is a fun day to help celebrate as we come to the end of the school year.

School Wellness Policy

Action Plan

School Name: Delano Public Schools - Delano Intermediate School

Date: October 21, 2024

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete ?
1. Food and beverages will not be used as a reward for students.	Provide teachers with a list of non-food reward examples. Discuss changes at back-to-school staff training. Follow-up mid-year to discuss challenges and determine additional communication needed.	This year and before the beginning of next school year.	Verbal check-ins with staff to ensure compliance. Teacher survey at the end of the school year.	Principal	Teachers, staff, students	Complete
2. Increase the number of minutes students participate in PE each week/month.	Meet with stakeholders to identify priorities and perimeters. Develop a master schedule where students have PE more often and/or have more minutes of PE.	Fall 2024 Winter 2025	A master schedule is in place for the 25-26 school year where students have PE more often and/or have more minutes of PE.	Principal	Specialist teacher SBLT	Complete
3. Students experience a greater sense of belonging and less anxiety when transitioning between building	Develop a program for the student transitioning from DES and DIS. Collaborate with DHS staff to develop a transition program	By the end of the school year.	Programs are in place before the 25-26 school year.	Assistant Principal	Lead teacher/s at DIS and DHS.	Complete

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete ?
	<i>for students transitioning from DIS to DHS.</i>					
4. Students can identify the components of total fitness (flexibility, cardiovascular endurance, muscular endurance, power, speed and agility)	Teach the 5 components of total fitness (flexibility, cardiovascular endurance, muscular endurance, power, speed and agility) Assess initial skill level Provide opportunities for students to improve their fitness level in each area. Provide students ideas for ways to improve their fitness level in each area. Reassess Reward accomplishments in each area.	By the end of the school year.	EOY assessment and participation data	PE dept.	PE teachers and students	Complete

Delano Intermediate School
24-25

End of Year Wellness Goal Summary

Wellness Goal 1

Goal: Food and beverages will not be used as a reward for students.

End-of-Year Summary:

Delano Intermediate School successfully met this goal. At the start of the school year, staff were informed that using food and beverages as rewards is not permitted, and this practice has become rare across classrooms. Candy bar sales during the school day have been eliminated, aligning with our wellness objectives. While occasional classroom events may still include snacks, these are limited and managed with intention. We will continue reinforcing this practice to maintain our progress.

Wellness Goal 2

Goal: Increase the number of minutes students participate in PE each week/month.

End-of-Year Summary:

This goal was successfully achieved. Delano Intermediate School advocated for additional Physical Education staffing, and the request was granted. As a result, the 2025–26 master schedule includes expanded PE minutes for students, significantly increasing their access to physical activity. While instructional minutes remained consistent this year, we are proud of the groundwork laid to support greater physical education opportunities in the coming year.

Wellness Goal 3

Goal: Students experience a greater sense of belonging and less anxiety when transitioning between buildings.

End-of-Year Summary:

This goal was successfully achieved. Delano Intermediate School hosted targeted transition events and implemented support strategies to ease student movement between buildings. Planning teams met regularly to prepare students, especially those moving to the high school. Feedback from staff and families indicates a smoother, more positive transition experience for students.

Wellness Goal 4

Goal: Students can identify the components of total fitness (flexibility, cardiovascular endurance, muscular endurance, power, speed, and agility).

End-of-Year Summary:

This goal was met. The Physical Education department successfully integrated total fitness concepts into the curriculum, and students consistently demonstrated understanding of each fitness component. Instruction throughout the year provided a strong foundation in physical fitness education, ensuring that students leave with essential knowledge and skills.

DHS School Wellness Policy

24-25 Action Plan

School Name: Delano Public Schools (c.) High School _

Date: Updated: May 27, 2025 _

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete ?
General: <i>Food and beverages will not be used as a reward for students.</i>	a. <i>Provide teachers with list of non-food reward examples.</i> b. <i>Discuss changes at back-to-school staff training.</i> c. <i>Follow-up mid-year to discuss challenges and determine additional communication needed.</i>	<i>Sent Sept. 12, 2024</i> <i>This year and before the beginning of next school year.</i>	<i>Verbal check-ins with staff to ensure compliance.</i> <i>Teacher survey at end of school year.</i>	<i>Principal</i>	<i>Teachers, staff, students</i>	MET GOAL
1. Students will be recognized monthly for making good choices in nutrition, physical activity and mental health (kindness)	1a. Establish clear criteria for staff to nominate students 1b. Share the Google Nomination Form with all school staff 1c. Collected donated prizes from	Monthly -Sept 2024 through May 2025 PA announcement to recognize nominees each month on the 1 st week School/Principal Recognition on the 1 st of the month	Data will be analyzed in which student grades, genders and area of nomination is recognized.	Steven Schauburger, Asst. Principal	Students, families, teachers, staff, office staff and administration	MET GOAL

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete ?
2. The DHS Transition and Mentorship Committee will create a yearly short term induction program and long term mentorship program for incoming 7th graders by May 15, 2025 for the 2025-26 school year	area businesses 2a. Create committee 2b.Assign co-advisors 2c. Determine induction program details 2d. Determine Mentorship program and training 2e. Finalize mentor/mentee pairs	2a. by October 1, 2024 2b. by Nov. 1, 2024 2c. by February 1, 2025 2d. by March 1, 2025 2e. by May 1, 2025	Incoming 7th grade Students will have a better understanding of the high school layout and better adapt to the high school (induction) Incoming at-risk 7th grade students will have support for their socio-emotional needs and academic needs/support	The DHS Student Wellness Committee:	DHS Students and Staff and DHS School Community	MET INITIAL GOALS of establishing the Tiger Tracks program mission, goals and hiring three advisors. We will boost up the program for a trial run in January 2026 with a small focus group of mentor/mentee pairs

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete ?
3. Administration and staff will monitor and current trends/data and surveys to make adjustments in programs that address students' and staff mental health needs.	3a. Analyzing data on current programs such as Suicide Prevention Week and Unity Day 3b. Add/modify programs as needed 3c. Direct resources to where they are needed	a. All year b. i.e. Added vaping education curriculum c. i.e. Using co-located social worker		Administration, School Social Workers, School Counselors and Intervention Teams	Staff, students, families, outside county resources	MET GOAL
4. Administration and staff will monitor and current trends/data and surveys to make adjustments in activity programs	4a. Collect data on current student surveys in advisory /participation trends 4b. Meet with students and coaches.	November 4, 2024 through June 1, 2025	Ongoing, proactive actions to use best practice in motivating students to participate in activities.	megan Chatterton, AD Steven Schauburger, Asst. Principal, Administration	Students, families, coaches, staff	MET GOAL

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete ?
	4c. Conduct student surveys on activity participation		Review the data			

Delano High School's 2024-25 Goals and Wellness EOY Summary Report-

Forever Goal: *Food and beverages will not be used as a reward for students.*

Progress Grade: B+: *Our progress leveled off and still needs improvement over last year. Staff has been provided resources, documents and lists of smart snacks or healthy alternative rewards/activities. We need to keep monitoring foods/beverages in commons for in classroom special events like holidays and end of year celebrations. MET GOAL*

Goal 1: *Students will be recognized monthly for making good choices in nutrition, physical activity and mental health (kindness)*

Progress Grade: A- *Students are recognized each month by the school and principal reading their nomination. They get their picture taken for the website and newspaper. We honor them every month! The number of nominees is steady. MET GOAL*

Goal 2: *The DHS Transitions and Mentorship Committee will create a yearly short term induction program and long term mentorship program for the incoming 7th graders for the upcoming school year.*

Progress Grade: B+ *Our committee met eight times this year to define the parameters and resources needed to provide more definition and resources for the induction and mentorship program. The DHS site planning committee gave us the direction to plan carefully and create the program carefully and correctly. We developed a Google Drive with resources, hired three advisors for next year to build and establish the program. Our goal is to start mentor/mentee partnerships in January 2026. We will develop mentor training and advertise the details of our upcoming program to parents, students and staff as it progresses.*

Goal 3: *Administration and staff will monitor current trends/data and surveys to make adjustments in programs that address students' mental health needs.*

Progress Grade: A- *Many protocols and practices (i.e. MTSS, Crisis Prevention Team-) (now weekly meetings) are in place to support students' daily mental health needs at DHS. MET GOAL*

Goal 4: *Administration and staff will monitor and current trends/data and surveys to make adjustments in activity programs.*

Progress Grade: A- *Participation in activities is steady in most activities. Administration is looking to improve services in all age/gender groups. MET GOAL*

24-25 Programs and Activities Implemented (so far) to Support the Overall Health and Wellness of Our Students;

Fall and Spring Walk and Roll/Bike to School

Unity Day 10. 16 .24

Kindness in Chalk Day

Bully Awareness Day/Week , Nov. 11-15

Suicide Prevention Day/ Week including 988 Awareness, September 10, 2024
American Lung Association put up booths at Winter conferences for parents and students
Annual Mental Health Awareness Day: March 13, 2025
Speaker Ellie Timmy the Dreamer (evening students/community /parent speaker) March 13, 2025
DES Tiger FUN Fair March 22, 2025
DHS Student to Staff Climate Survey (February)
Third DHS Counselor (first time in a long time via a grant)
7-12 COMPASS program
Mental Health Awareness Month (May)
Weekly DHS Crisis Prevention Team Meetings
Co-Located County Social Worker/Therapist Redesign
Escape the Vape Video Contest
Rivers of Hope Collaboration/Resources with Wright County
Tiger Tracks Transition Mentorship Program for 2025-26
Radon Poster Contest 2024
Adopt-a-Family - Friends-4-a-Cause Holiday Helpers

DHS Mental Health Screeners used:

"My SAEBERS" social skills screener is used by HS counselors.
Strengths and Difficulties Questionnaire (SDQ), PHQ-9 for youth, Self-Evaluation of Stress and Self-Esteem, and ACOPE (Adolescent Coping Orientation for Problem Experiences), and the ACE's Questionnaire (Adverse Childhood Experiences) are used by the HS social worker.

DIS Mental Health Screeners used:

DIS will also use the My Saebrs this school year as a screener for all students. My Saebrs allows students to self-assess their social, emotional, and academic behavior; however, it is not considered a "mental health screener."

DES Mental Health Screeners used:

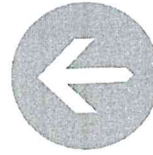
DES used the My Saebrs this school year as a screener for all students.

Coming soon to DHS—Work Construction in progress!

DRAFT POSTER

Delano High School

STUDENT VOLUNTEERS NEEDED



Tiger Tracks - Peer Mentorship Program

Delano High School is seeking future 11th and 12th grade students who are interested in mentoring incoming 7th grade students. This is a great opportunity to be a leader within the school while also helping others.

Commitment: *Students will meet weekly with their mentee, have breakfast with the larger group once a month, and participate in two out-of-school recreational or social activities during the year. Weekly contacts are scheduled so they do not interfere with academic progress. Each mentor will be selected based on their interest and ability to be a positive role model. All of the contacts will take place on school property or supervised trips during the school day.*

Interested students should reach out to Tash Meyer or Steve Schauburger

In support, the district does have a few K-12 common student wellness initiatives such as Kindness in Chalk	A need to consolidate (across) common building themes for student wellness activities However, each building has its unique needs.
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District Wellness Committee is currently reviewing the 2024-25 Student Wellness Goals for each building's wellness committee to carry out.

Update: 1/17/25 All three buildings are making adequate and substantial progress in their 24-25 goals. These results will be listed in part 2 of the overall triennial report.

Update: 6/16/25 All three buildings met or made substantial progress in their 24-25 goals. These results will be listed in the overall triennial report.



Sponsor-State Agreement for Minnesota Child Nutrition Programs

Instructions: Read this agreement thoroughly before signing. Throughout this document, the organization responsible for administering the child nutrition program(s) will be referred to as the Sponsor. By submitting this agreement to the Minnesota Department of Education (MDE), the Sponsor's authorized representative has electronically signed this agreement. Once the Agreement has been electronically signed by MDE's authorized representative, it is legally binding on both the Sponsor and MDE.

Sponsor Name Delano ISD #879
Sponsor ID Number 1000004059 Federal Tax ID Number (no hyphen) 416004784
Address 700 Elm Ave E City Delano State MN Zip Code 55328

Enter the name and title of Sponsor's authorized representative, who certifies they are authorized by the Sponsor to sign this agreement.

Sponsor Representative Name: Mary Reeder
Sponsor Representative Title: Business Manager

1. Purpose

This is an agreement between MDE and the Sponsor that sets out the requirements for the Sponsor to administer one or more of the Child Nutrition Programs (CNP) of the U.S. Department of Agriculture (USDA) and the Minnesota Kindergarten Milk Program (MKMP), as programs are approved or discontinued each year by MDE. The agreement continues to be effective as long as the Sponsor continues to be approved to participate in any Program or until terminated as described below.

During any period that the Sponsor contracts with a vendor to provide food service management or meals as allowed by program regulations, the Sponsor must ensure that program requirements are met. These requirements include, but are not limited to, the Sponsor retaining control of the quality, extent and general nature of its food service in addition to ensuring the meal pattern and nutrition requirements, Program, Procurement, and Financial accountability requirements, and all record retention requirements of this agreement are met.

2. Participation in Child Nutrition Programs

Upon execution of this agreement, MDE authorizes the Sponsor to participate in the following CNP(s):

☒ National School Lunch Program (NSLP) / Food Distribution Program (FDP)

For NSLP, please check all box(es) that apply:

☐ Afterschool Care Snack

☐ Seamless Summer Option

☒ School Breakfast Program (SBP)

☐ Child and Adult Care Food Program (CACFP) including At-Risk Afterschool Meals

For CACFP, please check one box:

☐ Independent Center, as defined in 7 CFR 226.2

☐ Sponsoring Organization, as defined in 7 CFR 226.2 (*a Sponsor responsible for the Program in: at least one day care home; at least one center which is legally distinct from the Sponsor; or multiple sites*)

☐ Summer Food Service Program (SFSP)

☐ Special Milk Program (SMP)

☒ Minnesota Kindergarten Milk Program (MKMP)

Updates to the Child Nutrition Programs covered by this agreement ("covered programs"), including required annual program application updates, may be made at any time, pending approval by MDE.

3. Statutory Authority

Federal: Richard B. Russell National School Lunch Act (42 US Code 1751 et seq) and the Child Nutrition Act of 1966 (US Code 1771 et seq).

State: Minnesota Kindergarten Milk Program (Minnesota Statutes section 124D.118).

4. Federal Regulations

The Sponsor must meet the requirements in the Code of Federal Regulations (CFR) for covered programs during the periods that the Sponsor is approved to administer each program.

- a. These federal financial regulations apply while the Sponsor is approved to administer any federal Child Nutrition Program:

- i. 2 CFR parts 200 and 400 – Uniform Administrative Requirements, Cost Principles, and Audit Requirements for Federal Awards
 - ii. 2 CFR 415 – General Program Administrative Regulations
- b. These federal regulations apply during periods that the Sponsor is approved to administer School Nutrition Programs including USDA Foods:
 - i. 7 CFR 210 – National School Lunch Program (includes an Afterschool Snack program and Seamless Summer Option program)
 - ii. 7 CFR 220 – School Breakfast Program
 - iii. 7 CFR 245 – Determining Eligibility for Free and Reduced Price Meals and Free Milk in Schools
 - iv. 7 CFR 250 – Donation of Foods for Use in the United States, Its Territories and Possessions and Areas under Its Control
- c. These federal regulations apply during periods when the Sponsor is approved to administer the Child and Adult Care Food Program:
 - i. 7 CFR 226 – Child and Adult Care Food Program (includes At-Risk Afterschool Meal program)
 - ii. 7 CFR 240 – Cash In Lieu of Donated Foods
- d. These federal regulations apply during periods when the Sponsor is approved to administer the Summer Food Service Program:
 - i. 7 CFR 225 – Summer Food Service Program
 - ii. 7 CFR 250 – Donation of Foods for Use in the United States, Its Territories and Possessions and Areas under Its Control
- e. Federal regulations that apply during periods when the Sponsor is approved to administer the Special Milk Program:
 - i. CFR 215 – Special Milk Program
 - ii. CFR 245 – Determining Eligibility for Free and Reduced Price Meals and Free Milk in Schools

5. Duration and Termination

This agreement is effective as of the date the agreement has been executed by both parties and remains in effect for covered programs and associated time periods until the agreement is terminated. This agreement may be terminated in accordance with the program statutes, program regulations, and guidance. The agreement also terminates if the Sponsor notifies MDE that it will not participate in any Child Nutrition Program, unless regulations for a covered program require the agreement to remain in effect. This agreement terminates if the Sponsor does not participate in any Child Nutrition Program for two consecutive program years.

6. Amendments

MDE can make amendments to this agreement, which are not subject to approval by the Sponsor. If MDE amends the agreement, the Sponsor must meet the requirements of the amendment or terminate the agreement. The Sponsor may propose amendments to this agreement, which must be approved by MDE. The Sponsor may add or delete covered programs each program year, or within a program year, subject to MDE approval.

7. Program Requirements

The Sponsor agrees to meet all requirements for each covered program, including, but not limited to, regulations, statutes, handbooks, instructions, and guidance issued by USDA and the State of Minnesota. Program requirements listed in this agreement do not include all program requirements. MDE may establish additional requirements for participation in the programs which are not inconsistent with the provisions of 7 CFR 210, 215, 220, 225, 226, and 250.

a. School Nutrition Programs

i. National School Lunch Program, School Breakfast Program and Food Distribution Program

This section applies for each program year that the Sponsor is approved by MDE to participate as a School Food Authority (SFA) in the National School Lunch Program, including the Afterschool Snack and Seamless Summer Option, the Food Distribution Program, and, if applicable, the School Breakfast Program. The Sponsor must meet requirements in 2 CFR parts 400 and 415 in addition to 7 CFR parts 210, 220, 245, and 250, as applicable, including but not limited:

- A. Maintain a nonprofit school food service and observe the requirements for, and limitations on, the use of nonprofit school food service revenues set forth in 7 CFR 210.14 and 220.13 and use all revenues received by such food service only for the operation or improvement of that food service except that facilities, equipment, and personnel support with funds provided by a program may be used to support a nonprofit nutrition program for the elderly, including a program funded under the Older Americans Act of 1965 (42 U.S.C. 3001 *et seq.*);
- B. Limit its net cash resources to an amount that does not exceed three months average expenditures for its nonprofit school food service or such other amount as may be approved by MDE in accordance with 7 CFR 210.19(a);
- C. Maintain a financial management system as prescribed by 7 CFR 210.14(c) and MDE;
- D. Comply with regulations regarding financial management (2 CFR part 200, subpart D and USDA implementing regulations 2 CFR parts 400 and 415);
- E. Serve lunches and, if applicable, breakfasts, which meet the minimum requirements prescribed in 7 CFR 210.10 and 7 CFR 220.8, during meal periods designated by the school and limit any competitive food services as required in 7 CFR 210.11 and 220.12.
- F. Price the school meal as a unit;
- G. Serve school meals free to all children who are determined by the Sponsor to be eligible for free or reduced-price school meals under 7 CFR part 245 using state aid provided in Minnesota Statutes 124D.111 and 124D.1158 to serve school meals at no charge to children eligible for reduced-price school meals;
- H. Claim reimbursement at the assigned rates only for reimbursable free, reduced-price, and paid lunches served to eligible children in accordance with 7 CFR 210 and, if applicable, 7 CFR 220. Agree that the school food authority official signing the claim shall be responsible for reviewing and analyzing meal counts to ensure accuracy. Acknowledge that failure to submit accurate claims will result in the recovery of an overclaim and may result in the withholding of payments, suspension, or termination of the program. Acknowledge that if failure to submit accurate claims reflects embezzlement, willful misapplication of funds, theft, or fraudulent activity, the penalties specified in 7 CFR 210.26 shall apply.
- I. Count the number of free, reduced-price, and paid reimbursable meals served to eligible children at the point of service or through another counting system approved by MDE;
- J. Submit Claims for Reimbursement in accordance with 7 CFR 210.8 and 220.11 and MDE procedures;

- K. Comply with USDA regulations respecting nondiscrimination (7 CFR 15, 15a, 15b);
- L. Make no discrimination against any child because of their eligibility for free or reduced-price meals in accordance with the Sponsor's approved Free and Reduced Price Policy Statement;
- M. Make no discrimination against any child because of their inability to pay the full price of the breakfasts;
- N. Maintain, in the storage, preparation and service of food, proper sanitation and health standards in conformance with applicable state and local laws and regulations, and comply with the food safety requirements of 7 CFR 210.13 and 220.7(a)(2)-(3);
- O. Accept and use, in as large quantities as may be efficiently utilized in its nonprofit school food service, such foods as may be offered by USDA as donated foods in accordance with 7 CFR 250;
- P. Maintain necessary facilities for storing, preparing and serving food;
- Q. Upon request, make all accounts and records pertaining to the school food service available to MDE, to USDA, and the Office of Administration (OA) for audit or review, at a reasonable time and place. Such records shall be retained for a period of three years after the date of the final Claim for Reimbursement for the fiscal year to which they pertain, except that if audit findings have not been resolved, the records shall be retained beyond the three-year period as long as required for resolution of the issues raised by the audit;
- R. Maintain files of currently approved and denied Applications for Educational Benefits that document eligibility for free and reduced price school meals.
- S. Maintain direct certification documentation obtained from MDE or local agency, or other appropriate individual, as specified by USDA Food and Nutrition Service (FNS), indicating that:
 - 1) The child in the household is receiving benefits from SNAP or MFIP, as defined in 7 CFR 245.2; if one child is receiving such benefits, all children in the household are considered to be directly certified;
 - 2) The child is a homeless child, as defined in 7 CFR 245.2;
 - 3) The child is a runaway child, as defined in 7 CFR 245.2;
 - 4) The child is a migrant child, as defined in 7 CFR 245.2;
 - 5) The child is a Head start child, as defined in 7 CFR 245.2; or
 - 6) The child is a foster child, as defined in 7 CFR 245.2.
- T. Retain eligibility documentation submitted by families for a period of three years after the end of the fiscal year to which they pertain or as otherwise specified.
- U. No later than December 31 of each year, provide MDE with a list of all schools under its jurisdiction in which 50 percent or more of enrolled children have been determined eligible for free or reduced price meals as of the last operating day the preceding October. The State agency may designate a month other than October for the collection of this information, in which case the list must be provided to the State agency within 60 calendar days following the end of the month designated by the State agency. In addition, each school food authority shall provide, when available for the schools under its jurisdiction, and upon the request of a sponsoring organization of day care homes of the Child and Adult Care Food Program, information on the boundaries of the attendance areas for the schools identified as having 50 percent or more of enrolled children certified eligible for free or reduced price meals.
- V. Revenues received by the nonprofit school food service shall not be used to purchase land or buildings or to construct buildings.
- W. In accordance with Minnesota Statutes section 124D.111 (Lunch Aid; Food Service Accounting) and section 124D.114 (Lactose Reduced Milk), the Sponsor will meet state requirements for food and food service accounting and MDE will provide state school lunch and breakfast aid to the Sponsor.

- X. If the Sponsor is a school district, MDE will annually notify the Sponsor if any of its public school sites that provide school lunch are required to also offer a school breakfast program in accordance with Minnesota Statutes section 124D.117, based on the public school having had least 33 percent of school lunches served free or at reduced price in the second preceding year. The Sponsor may request an exemption for the school year if fewer than 25 students are expected to participate in a school breakfast program.

- ii. Afterschool Care Snacks

If applicable, the Sponsor will meet requirements for schools under its jurisdiction that participate in the Afterschool Snack component of the National School Lunch Program, including but not limited to:

- A. Serve meal supplements which meet the minimum requirements prescribed in 7 CFR 210.10;
- B. Price the meal supplement as a unit;
- C. Serve meal supplements free or at a reduced price to all children who are determined by the school food authority to be eligible for free or reduced price school meals under 7 CFR part 245;
- D. If charging for meals, the charge for a reduced price meal supplement shall not exceed 15 cents;
- E. Claim reimbursement at the assigned rates only for meal supplements served in accordance with the agreement;
- F. Claim reimbursement for no more than one meal supplement per child per day;
- G. Review each afterschool care program two times a year; the first review shall be made during the first four weeks that the school is in operation each school year, except that an afterschool care program operating year round shall be reviewed during the first four weeks of its initial year of operation, once more during its first year of operation, and twice each school year thereafter; and
- H. Comply with all requirements of this 7 CFR part 210, except that, claims for reimbursement need not be based on "point of service" meal supplement counts (as required by 7 CFR 210.9(b)(9)).

- b. Child and Adult Care Food Program (includes At-Risk Afterschool Meal program)

The Sponsor will meet program requirements for sites under its jurisdiction that participate in the Child and Adult Care Food Program (CACFP), including the At-Risk Afterschool Meal program. Requirements include but not limited to:

- i. This agreement does not eliminate the need for the Sponsor to comply with the CACFP reapplication and related provisions; nor does it limit MDE's ability to terminate the agreement.
- ii. The Sponsor accepts final financial and administrative responsibility for management of a proper, efficient, and effective food service, and will comply with all requirements under 7 CFR 226. The Sponsor must comply with all requirements of title VI of the Civil Rights Act of 1964, title IX of the Education Amendments of 1972, section 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975 and the Department's regulations concerning nondiscrimination (7 CFR parts 15, 15a and 15b), including requirements for racial and ethnic participation data collection, public notification of the nondiscrimination policy, and reviews to assure compliance with such policy, to the end that no person may, on the grounds of race, color, national origin, sex, age, disability, or reprisal or retaliation for any prior civil rights activity, be excluded from participation in, be denied the benefits of, or be otherwise subjected to discrimination under, the Program.
- iii. MDE, USDA, and other state or federal officials have the right to make announced or unannounced reviews of operations including, sponsor, site, and vended meals preparation sites during the

Sponsor's normal hours of child or adult care operations, and anyone making such reviews must show photo identification that demonstrates that they are employees of one of these entities. All program records must be available at Sponsoring Organization's office or site locations during these visits.

- iv. Sponsor will comply with the applicable CACFP provisions for an At-Risk Afterschool Care Center.

c. Summer Food Service Program

Sponsor will meet program requirements for sites under its jurisdiction that participate in the Summer Food Service Program, including but not limited to:

- i. Operate a nonprofit food service during the period specified, as follows and on the application: (i) From May through September for children on school vacation; (ii) At any time of the year, if the Sponsor administers the Program under a continuous school calendar system; or (iii) During the period from October through April, if the Sponsor serves an area affected by an unanticipated school closure due to a natural disaster, major building repairs, court orders relating to school safety or other issues, labor-management disputes, or, when approved by MDE, a similar cause.
- ii. For school food authorities, offer meals which meet the requirements and provisions set forth in 7 CFR 225.16 during times designated as meal service periods by the Sponsor, and offer the same meals to all children;
- iii. For all other Sponsors, serve meals which meet the requirements and provisions set forth in 7 CFR 225.16 during times designated as meal service periods by the Sponsor, and serve the same meals to all children;
- iv. Serve meals without cost to all children, except that camps may charge for meals served to children who are not served meals under the Program;
- v. Issue a free meal policy statement in accordance with 7 CFR 225.6(c);
- vi. Meet the training requirement for its administrative and site personnel, as required under 7 CFR 225.15(d)(1);
- vii. Claim reimbursement only for the type or types of meals specified in the application and served without charge to children at approved sites during the approved meal service period, except that camps shall claim reimbursement only for the type or types of meals specified in the application and served without charge to children who meet the Program's income standards. The site application shall specify the approved levels of meal service for the Sponsor's sites if such levels are required under 7 CFR 225.6(d)(2). No permanent changes may be made in the serving time of any meal unless the changes are approved by MDE;
- viii. Submit claims for reimbursement in accordance with procedures established by MDE, and those stated in 7 CFR 225.9;
- ix. In the storage, preparation and service of food, maintain proper sanitation and health standards in conformance with all applicable state and local laws and regulations;
- x. Accept and use, in quantities that may be efficiently utilized in the Program, such foods as may be offered as a donation by USDA;
- xi. Have access to facilities necessary for storing, preparing, and serving food;
- xii. Maintain a financial management system as prescribed by MDE;
- xiii. Maintain on file documentation of site visits and reviews in accordance with 7 CFR 225.15(d) (2) and (3);
- xiv. Upon request, make all accounts and records pertaining to the Program available to state, federal, or other authorized officials for audit or administrative review, at a reasonable time and place. The records shall be retained for a period of three years after the end of the fiscal year to which they

pertain, unless audit or investigative findings have not been resolved, in which case the records shall be retained until all issues raised by the audit or investigation have been resolved;

- xv. Maintain children on site while meals are consumed; and
- xvi. Retain final financial and administrative responsibility for its program.

d. Special Milk Program

The Sponsor will meet program requirements for schools and child care institutions under its jurisdiction that participate in the Special Milk Program, including but not limited to:

- i. Operate a nonprofit milk service. However, school food authorities may use facilities, equipment, and personnel supported with funds provided to a school food authority under 7 CFR 215 to support a nonprofit nutrition program for the elderly, including a program funded under the Older Americans Act of 1965 (42 U.S.C. 3001 *et seq.*).
- ii. If electing to provide free milk:
 - A. Serve milk free to all eligible children, at times that milk is made available to non-needy children under the Program; and
 - B. Make no discrimination against any needy child because of their inability to pay for the milk.
- iii. Comply with the requirements of the USDA regulations respecting nondiscrimination (7 CFR 15);
- iv. Claim reimbursement only for milk as defined in 7 CFR 215 and in accordance with the provisions of 7 CFR 215.8 and 215.10;
- v. Submit Claims for Reimbursement in accordance with 7 CFR 215.10 and procedures established by MDE;
- vi. Maintain a financial management system as prescribed by MDE.
- vii. Upon request, make all records pertaining to its milk program available to MDE and USDA or OA for audit and administrative review, at any reasonable time and place. Such records shall be retained for a period of three years after the end of the fiscal year to which they pertain, except that, if audit findings have not been resolved, the records shall be retained beyond the three-year period as long as required for the resolution of the issues raised by the audit;
- viii. Retain any individual applications for free milk submitted by families for a period of three years after the end of the fiscal year to which they pertain, except that, if audit findings have not been resolved, the records shall be retained beyond the three-year period as long as required for the resolution of the issues raised by the audit.

e. Minnesota Kindergarten Milk Program

The Sponsor will meet program requirements in accordance with Minnesota Statutes section 124D.118 for schools under its jurisdiction that serve milk to kindergarten students and claim reimbursement from MDE through the Minnesota Kindergarten Milk Program.

8. Civil Rights Assurances

The Sponsor hereby agrees that it will comply with:

- a. Title VI of the Civil Rights Act of 1964 (42 U.S.C. 2000d *et seq.*);
- b. Title IX of the Education Amendments of 1972 (20 U.S.C. 1681 *et seq.*);
- c. Section 504 of the Rehabilitation Act of 1973 (29 U.S.C. 794);
- d. Age Discrimination Act of 1975 (42 U.S.C. 6101 *et seq.*);

- e. Title II and Title III of the Americans with Disabilities Act (ADA) of 1990 as amended by the ADA Amendment Act of 2008 (42 U.S.C. 12131-12189);
- f. Executive Order 13166, "Improving Access to Services for Persons with Limited English Proficiency." (August 11, 2000);
- g. All provisions required by the implementing regulations of the Department of Agriculture (USDA) (7 CFR Part 15 et seq.);
- h. Department of Justice Enforcement Guidelines (28 CFR Parts 35, 42 and 50.3);
- i. Food and Nutrition Service (FNS) directives and guidelines to the effect that, no person shall, on the grounds of race, color, national origin, sex, age, or disability, be excluded from participation in, be denied the benefits of, or otherwise be subject to discrimination under any program or activity for which the Program applicant receives Federal financial assistance from USDA; and hereby gives assurance that it will immediately take measures necessary to effectuate this Agreement.
- j. The USDA non-discrimination statement that in accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, religion, sex, gender identity (including gender expression), sexual orientation, disability, age, marital status, family/parental status, income derived from a public assistance program, political beliefs, or reprisal or retaliation for prior civil rights activity, in any program or activity conducted or funded by USDA (not all bases apply to all programs).

This assurance is given in consideration of and for the purpose of obtaining any and all Federal financial assistance, grants, and loans of Federal funds, reimbursable expenditures, grant, or donation of Federal property and interest in property, the detail of Federal personnel, the sale and lease of, and the permission to use Federal property or interest in such property or the furnishing of services without consideration or at a nominal consideration, or at a consideration that is reduced for the purpose of assisting the recipient, or in recognition of the public interest to be served by such sale, lease, or furnishing of services to the recipient, or any improvements made with Federal financial assistance extended to the Program applicant by USDA. This includes any Federal agreement, arrangement, or other contract that has as one of its purposes the provision of cash assistance for the purchase of food, and cash assistance for purchase or rental of food service equipment or any other financial assistance extended in reliance on the representations and agreements made in this assurance.

By accepting this assurance, the Program applicant agrees to compile data, maintain records, and submit records and reports as required, to permit effective enforcement of nondiscrimination laws and permit authorized USDA personnel during hours of program operation to review and copy such records, books, and accounts, access such facilities and interview such personnel as needed to ascertain compliance with the nondiscrimination laws. If there are any violations of this assurance, the Department of Agriculture, FNS, shall have the right to seek judicial enforcement of this assurance. This assurance is binding on the Program applicant, its successors, transferees, and assignees as long as it receives assistance or retains possession of any assistance from USDA. The person or persons whose signatures appear below are authorized to sign this assurance on the behalf of the Program applicant.

9. Requirements for the Minnesota Department of Education (MDE)

Subject to availability of funds from the U.S. Department of Agriculture, MDE agrees to provide federal funds for food service payments, and either USDA donated foods (commodities) or cash-in-lieu-of-commodities payments, and if applicable administrative payments. MDE will provide funds to Sponsoring Organization in

accordance with federal and state statutes and Program regulations cited in this agreement and instructions and guidance issued by MDE.

MDE will disallow any portion of a claim for reimbursement and recover any payment to Sponsoring Organization that is not properly payable.

MDE will provide technical assistance to facilitate effective Program operations, monitor progress toward achieving Program goals, and ensure compliance with civil rights requirements.

MDE reserves the right to impose program size limitations for a Sponsor based on program size, staffing patterns, program experience and organization.

10. Signatures

The representative of the Sponsor who signs this agreement attests that they are duly authorized and empowered to execute this agreement on behalf of the Sponsor and to legally bind the Sponsor to the terms and conditions of this agreement.

The representative certifies that the information submitted on this form is true and correct and that the sponsor is aware that deliberate misrepresentation or withholding of information may result in prosecution under applicable state and federal statutes.

This agreement is legally binding as long as the Sponsor and its successors, transferees and assignees receive assistance or retain possession of any federal or state assistance for covered programs.

This agreement has been electronically signed and submitted by the Sponsor and MDE, as shown below, in accordance with federal and state requirements for electronic transactions.

Sponsor

Sponsor Name Delano ISD #879

Sponsor Representative Name Mary Reeder

Sponsor Representative Title Business Manager

Sponsor Representative Signature and Date: Mary Reeder Mary Reeder
2023.12.06 07:11:57 -06'00'

a. Minnesota Department of Education

MDE Representative Name (print) Emily Honer

MDE Representative Title Director of Nutrition Program Services

MDE Representative Signature and Date Emily Honer Digitally signed by Emily
Honer
Date: 2023.12.11 11:14:20
-06'00'



School Meal Programs Sodium Requirements

School meals offered to each age/grade group must meet, on average over the school week, the sodium limits specified in the following tables within the established deadlines:

School Breakfast Program: Sodium Limits

Age/Grade Group	Sodium Limit: In place through June 30, 2027	Sodium Limit: Must be implemented by July 1, 2027
Grades K-5	≤540 mg	≤485 mg
Grades 6-8	≤600 mg	≤535 mg
Grades 9-12	≤640 mg	≤570 mg

National School Lunch Program: Sodium Limits

Age/Grade Group	Sodium Limit: In place through June 30, 2027	Sodium Limit: Must be implemented by July 1, 2027
Grades K-5	≤1,110 mg	≤935 mg
Grades 6-8	≤1,225 mg	≤1,035 mg
Grades 9-12	≤1,280 mg	≤1,080 mg

2024-25 End of year report from Food Services:

Below is a building breakdown for food service

(DHS) Secondary- The Building is ending the year on a positive note. Feedback from students included that they enjoyed several of the new meals this year. They liked that they were offered more raw vegetables and 2 different fruit options this year. Looking ahead to next year, Ala Cart will offer a greater variety of smart snacks and beverages and will get a refresh in the visual department.

(DIS) Intermediate- The addition of the second choice at lunch went well this year. Students enjoyed trying Kiwi and Jicama.

(DES) Elementary- The addition of the cold bar was a huge hit. The students easily transitioned into making fresh vegetable and fruit choices for themselves. They were respectful in the amounts they chose, there was very little increase in waste.

Looking into the 25-26 School Year, MDE and the USDA have implemented 6 grams of sugar or less for breakfast. Planning is also underway for the upcoming lower sodium standards in the NSLP.

Thank you,

Melissa Wiese
Director of Food Service
Delano Public Schools- ISD 879
700 Elm Avenue East, Delano, MN 55328
(O) 763-972-3365 ext. 1907
(C) 612-222-6294

Delano Activity Registration Numbers

ACTIVITY	2019-2020	2020-2021	2021-2022	2022-2023	2023-2024	2024-2025
FALL						
Football 9-12	83	65	62	73	79	70
Football 7-8	48	47	61	59	65	CE
Boys Cross Country	39	46	39	36	36	38
Boys Soccer	51	36	49	38	51	50
Volleyball 9-12	43	40	35	50	55	40
Volleyball 7-8	29	40	44	28	35	CE
Girls Soccer	61	47	54	41	33	36
Girls Cross Country	13	17	16	17	21	18
Girls Swim & Dive	51	45	36	47	46	45
Girls Tennis 7-12	44	54	50	35	41	29
Cheer	12	8	8	18	10	11
Play		11	20	11	8	13
WINTER						
Boys Basketball 9-12	48	41	41	46	35	36
Boys Basketbal 7-8	34	32	34	N/A	N/A	N/A
Boys Hockey	38	37	37	36	35	32
Wrestling	35	30	37	40	44	49
Boys Swim & Dive	14	15	17	16		23
Alpine/Nordic Skiing	1	1	3	4	4	1
Girls Basketball 9-12	29	32	30	29	28	29
Girls Basketball 7-8	22	26	17	N/A	N/A	N/A
Girls Hockey	34	30	21	23	20	27
Gymnastics	28	20	17	16	13	15
Dance	25	25	42	43	39	34
One Act	17	11	17	9	13	21
Sicence Olympiad	46	0	37	30	31	46
Math League	39	12	0	0	0	0
Speech					5	5
SPRING						
Baseball 9-12		62	62	64	62	45
Baseball 7-8		36	44	35	CE	CE
Boys Track		58	64	73	77	88
Boys Golf		53	48	42	18	20
Boys Tennis 7-12		22	24	20	20	23
Boys Lacrosse		25	30	25	30	29
Softball 9-12		46	26	27	21	29
Softball 7-8		N/A	N/A	16	28	CE
Girls Track		72	73	79	81	87
Girls Golf		25	24	15	13	14
Girls Lacrosse		37	47	42	35	32

Musical	45	21	33	41	25	21
OTHER						
Robotics	Comm Ed	Comm Ed	Comm Ed	Comm Ed	Comm Ed	CE
Trap Shooting	N/A	N/A	N/A	N/A	CE	CE

Updates from Health Office

- Set up a calming cot with music, sensory toys, and coloring books.
- Hung of flyers for “My life, My Quit” and “Hey Norm”
- District wide assessments for AEDs, received grant for new AEDs, and AED locations were updated on school maps
- Collaborating with MEADA about setting up a booth and resources at open house
- Tourniquets were handed out in case of emergency
- Masks placed inside Narcan box