

July 6th - July 23rd Dine-In@ HSS & JMH

Meals provided by: East Stroudsburg Area SD Food Services

Breakfast: 8:30am–9:30am

Lunch: 11:30-12:30



Monday	Tuesday	Wednesday	Thursday
7/6 BREAKFAST: WG Muffin & Goldfish w/ Juice & Milk LUNCH: Breaded Chicken Bites or Deli Sandwich Choice of Fruit or Fruit Juice & Vegetable Milk	7/7 BREAKFAST: Pop Tart w/ Juice & Milk LUNCH: Cheeseburger on a Bun or Deli Sandwich Choice of Fruit or Fruit Juice & Vegetable Milk	7/8 BREAKFAST: Bagel w/ Juice & Milk LUNCH: Hot Dog on a Bun or Deli Sandwich Choice of Fruit or Fruit Juice & Vegetable Milk	7/9 BREAKFAST: Cereal Bowl & Crackers w/ Juice & Milk LUNCH: Pepperoni Pizza or Deli Sandwich Choice of Fruit or Fruit Juice & Vegetable Milk
7/13 BREAKFAST: Chocolate Chip Oatmeal Bar w/ Juice & Milk LUNCH: Breaded Chicken Nuggets or Deli Alternate Choice of Fruit or Fruit Juice & Vegetable Milk	7/14 BREAKFAST: Cinnamon Bun w/ Juice & Milk LUNCH: Cheese Pizza or Deli Sandwich Choice of Fruit or Fruit Juice & Vegetable Milk	7/15 BREAKFAST: Blueberry Muffin w/ Crackers w/ Juice & Milk LUNCH: Cheeseburger on a Bun or Deli Sandwich French Fries Sweet Cherries Milk	7/16 BREAKFAST: Warm Bagel w/ Juice & Milk LUNCH: Pizza or Deli Sandwich Confetti Corn Salad Pear Cup Milk
7/20 BREAKFAST: Fruit Loop Waffle w/ Juice & Milk LUNCH: Chicken Patty on a Bun or Deli Alternate Peas Mixed Berries Milk	7/21 BREAKFAST: Pancakes w/ Juice & Milk LUNCH: BBQ Chicken Cheddar Wrap or Deli Alternate Diced Carrots Fresh Orange Milk	7/22 BREAKFAST: Mini Cinnis w/ Juice & Milk LUNCH: Walking Taco or Deli Alternate Green Beans Cinnamon Applesauce Milk	7/23 BREAKFAST: WG Chocolate Muffin w/ Crackers w/ Juice & Milk LUNCH: Cheese Pizza or Fiesta Chicken Salad Wrap Choice of Fruit or Fruit Juice & Vegetable Milk

Menu Subject to Change

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