

July 6th – July 23rd Menu

Dansbury & Stroud Parks

Meals provided by: East Stroudsburg Area SD Food Services

Breakfast: 8:30am–9:30am

Lunch: 11:30-12:30



Monday	Tuesday	Wednesday	Thursday
7/6 BREAKFAST: WG Muffin & Goldfish w/ Juice & Milk LUNCH: Pizza Kit or PB & Jelly Uncrustable Baby Carrot Sticks Sliced Apples Milk	7/7 BREAKFAST: Pop Tart w/ Juice & Milk LUNCH: Smoked Turkey & Cheddar Wrap or Yogurt w/ Cheese Stick Fresh Veggies Peach Cup Milk	7/8 BREAKFAST: Bagel w/ Juice & Milk LUNCH: Ham & American Cheese Sandwich or PB & J Uncrustable Tossed Salad Cup w/ Italian Dressing Fresh Apple Milk	7/9 BREAKFAST: Cereal Bowl & Crackers w/ Juice & Milk LUNCH: Chicken Salad Wrap w/ lettuce or Yogurt w/ Cheese Stick Cherry Tomatoes Fresh Clementine Milk
7/13 BREAKFAST: Chocolate Chip Oatmeal Bar w/ Juice & Milk LUNCH: Pizza Kit or Yogurt w/ Cheese Stick Fresh Veggies Peach Cup Milk	7/14 BREAKFAST: Cinnamon Bun w/ Juice & Milk LUNCH: Grilled Chicken Wrap w/ Lettuce & Italian Dressing or PB & J Uncrustable Chic Pea Salad Fruit Cocktail Milk	7/15 BREAKFAST: Blueberry Muffin & Crackers w/ Juice & Milk LUNCH: Chicken Bacon Ranch Wrap or Pizza Kit Chipotle Chic Peas Sweet Cherries Milk	7/16 BREAKFAST: Bagel w/ Juice & Milk LUNCH: Italian Sub or PB & J Uncrustable Confetti Corn Salad Diced Pears Milk
7/20 BREAKFAST: Fruit Loop Waffle w/ Juice & Milk LUNCH: Turkey & Cheese Sandwich or PB & J Uncrustable Sweet Peas Mixed Berries Milk	7/21 BREAKFAST: Cereal Bar w/ Juice & Milk LUNCH: BBQ Chicken Cheddar Wrap or Pizza Kit Carrots Fresh Orange Milk	7/22 BREAKFAST: WG Pop Tart w/ Juice & Milk LUNCH: Ham and Cheese on a Roll or PB & J Uncrustable Celery Sticks Cinnamon Applesauce Milk	7/23 BREAKFAST: WG Chocolate Muffin & Crackers w/ Juice & Milk LUNCH: Fiesta Chicken Salad Wrap or Yogurt w/ Cheese Sticks Fresh Broccoli w/ Ranch Dip Peach Cup Milk

Menu Subject to Change

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6/24/2026