

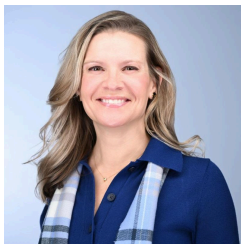


The City of
Medford
Massachusetts

02155

July 7, 2026

Message from the Mayor:



Hello Medford!

I hope everyone is staying safe and cool in the midst of this hot weather. As we close out the fiscal year, City Hall has been hard at work opening the Carr Park renovations, adding an EV charging station to Morrison Park, celebrating Pride Month and Juneteenth, working diligently to upgrade our roads and sidewalks, and more.

Here are a few highlights:

- We hosted the official grand opening for Carr Park in mid-June and have been thrilled to see so many residents already enjoying the new features. Find more information about what the updates entailed [here](#).
- The Riverside Plaza renovation project has been completed, adding new shade areas, water fountain and raised deck.
- All residents are encouraged to apply for our many boards and commissions. This is a great opportunity to get involved in your community - you can learn more and find an application at medfordma.org/boards-commissions.
- The DPW has been hard at work [completing projects](#) outlined in the 2026 Pavement and Sidewalk Evaluation Report. Most recently, crews have been out repaving the sidewalk on Winthrop Street.

For the most updated information on everything happening in Medford, visit the City events calendar [here](#), sign up for alerts [here](#), or follow us on [Facebook](#).

If you have questions, comments, or want to learn of ways you can get involved, please email me at mayor@medford-ma.gov.

Thanks for reading!

A handwritten signature in blue ink that reads "Bruce E. Kohl".

Beat the Heat!



Beat the Heat: Stay Safe in Medford

What Should I Do in Extreme Heat?

Do:

- Use air conditioners or electric fans
- Take cool showers
- Minimize time in direct sunlight
- Stay hydrated—drink water or beverages without caffeine, sugar, or alcohol
- Eat light, cool foods like salads or fruit
- Wear loose-fitting, light-colored clothes
- Know the signs of heat-related illnesses

Don't:

- Leave children, pets, or persons with mobility problems alone in cars for **any amount of time**
- Exercise outdoors during the hottest hours of the day (10 a.m. to 5 p.m.)
- Drink alcohol to cool down
- Use the stove or oven to cook
- Wear heavy, dark clothing

What Are Signs of Heat-Related Illness?

1. Heat Cramps

Look for:

- Lots of sweating
- Muscle cramps (often in the stomach, arms, or legs)

Actions to take:

- Provide water or juice
- Encourage individuals to rest and move to a cool place
- Pause physical activity until cramps go away

Seek medical attention if:

- Symptoms get worse
- Cramps last longer than 1 hour
- The person has medical conditions like asthma, diabetes, or heart problems

2. Heat Exhaustion

Look for the symptoms above, plus:

- Feeling tired, weak, or irritable
- Fast or weak pulse
- Cold, pale, and clammy skin
- Nausea or vomiting
- Headache or dizziness

Actions to take:

- Provide water or juice
- Move them to a cool place
- Encourage them to lie down
- Loosen their clothes
- Apply cool wet towels

Seek medical attention if:

- The person is getting worse
- Symptoms last longer than 1 hour
- The person is throwing up
- The person has medical conditions like asthma, diabetes, or heart problems

3. Heat Stroke

Look for the symptoms above, plus:

- High body temperature (above 103°F)
- Throbbing headache
- Seizures
- Confusion
- Unconsciousness

SEEK MEDICAL ATTENTION.

Actions to take:

Cool immediately:

1. Apply cool wet towels or soak with cool water
2. Remove outer clothing

CALL 9/11 – THIS IS A MEDICAL EMERGENCY

Keep them safe:

1. If there is vomiting, turn the person on their side to help them breathe
2. If they are having a seizure, remove nearby objects



Medford Health & Human
Services Department

Learn More at mass.gov/ExtremeHeat

Beat the heat and stay safe! The Medford Health & Human Services Department has compiled some hot weather safety tips and signs of heat-related illness. Please take all safety precautions to keep yourself, friends, and family safe during the summer.

If you're in need of a cool space, the following locations are designated cooling centers:

- Medford Police Department Community Room (100 Main St.) - open 24 hours
- Medford Senior Center (101 Riverside Ave.) – Monday-Friday, 9am-4pm
- Medford Public Library (111 High St.) – Monday-Thursday, 9am-9pm; Friday, 9am-6pm; Saturday, 9am-5pm
- Medford City Hall (85 George P. Hassett Dr.) – Monday, Tuesday, Thursday, 8:30am-4:30pm; Wednesday, 8:30am-7:30pm; Friday, 8:30am-12:30pm

For more information on extreme heat safety, visit www.medfordma.org/heat.



A huge thank you to the organizers, musicians, hosts and guests for making this year's Medford Porchfest such a huge success!

Such a great way to kickoff the summer season and listen to incredible live performances all throughout our community.

See you next year!

Medford Farmer's Market



The Medford Farmer's Market is officially open!

Stop by every Thursday from 3-7pm at Medford Condon Shell!

Firefighter Memorial

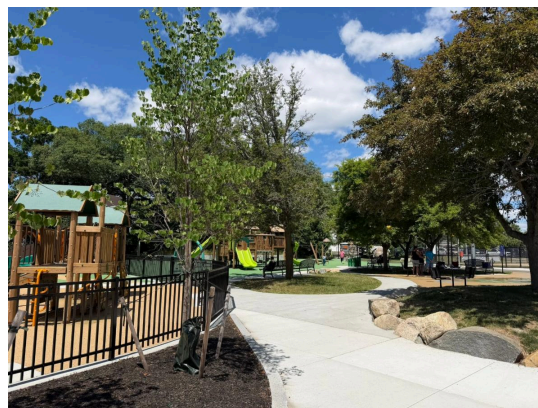


I joined with members of Medford Fire Local 1032 at Oak Grove Cemetery to honor and remember the six retired firefighters we have lost this past year.

With a combined 180 years of service to Medford, these brave men dedicated their lives to protecting and caring for the residents of our City. Their dedication and commitment to Medford will never be forgotten.

Rest in peace, Retired Firefighter Donald Kerrigan, Retired Deputy Chief Lawrence Bova, Retired Lieutenant William Coakley, Retired Firefighter Frederick Donehey, Retired Lieutenant Stephen Moore, and Retired Lieutenant Richard Capraro.

Park Ribbon Cuttings



After years of intense work, spanning multiple internal meetings, public community forums, on site visits and countless emails, the newly renovated Carr Park is officially open!

So much thought and effort went into making this project a reality and much of it would not have been possible without the funding secured by Congresswoman Katherine Clark. Thanks to her support, we were able to make significant climate resiliency upgrades and install a solar array on the covered basketball structure.

Thank you to everyone who contributed to this massive project, especially our Staff Planner for Parks and Open Space Amanda Centrella, Director of Planning, Development and Sustainability Alicia Hunt, Recreation Director Kevin Bailey, Park Foreman Ugo

Fiorenzio, CPA Committee, Parks Commission, our design firm CBA, contractor Quirk, accessibility advocate Chenine Peloquin and everyone else who lent their expertise and insights.

It's a truly remarkable public space that will be enjoyed for generations to come. Enjoy the summer and enjoy the park!



Proud to cut the ribbon on our new Level 2 EV Charging Station at Morrison Park!

Secured through a Massachusetts Clean Energy Center grant, this station joins three other new additions at Magoun Park, Barry Park, and 200 Boston Avenue to offer more equitable access to charging in highly trafficked and desirable locations.

Limited access to stations is a barrier to electric vehicle adoption and by increasing options for the community that don't rely on dedicated parking spaces, we're able to make the transition easier and more convenient.

Thank you to our Staff Planner for Climate Policy Brenda Pike for leading this effort, the team at Massachusetts CEC for awarding the grant, and the Energy and Environment Committee for supporting the project.

You can learn more about EV charging at <https://medfordenergy.org/gogreen/electric-vehicles/>



The Riverside Plaza renovation is complete! Next time you're in Medford Square, be sure to check out all the new features including shades, a low deck, and drinking fountain.

Thank you to our contractor JJ Phelan, designer IMEG Corp, our team in the Office of Planning, Development and Sustainability, and our DPW for coordinating the project. As well as to the CPA and our state partners for supplying funding.

Juneteenth



Thank you to all who organized and celebrated Juneteenth with us!

It was a wonderful evening with great music, food, and remarks from community leaders.



Recent News

Medford Seeks to Fill Vacancies on Various Boards and Commissions

The City of Medford is currently accepting applications from Medford residents to serve on one of its many City Boards & Commissions.

Residents who are interested in serving on any of the boards and commissions below should complete the [Board and Commission Interest Form](#) available at medfordma.org/boards-commissions. If you are in need of a physical form, please visit the Mayor's Office at Medford City Hall, 85 George P. Hassett Drive, Room 202, Medford, MA 02155.

Residents of all backgrounds and abilities are strongly encouraged to apply. Medford city services are available to all residents, regardless of economic situation, race, gender, ability, benefit eligibility, or religious affiliation.

In addition to the boards and commissions listed, residents are always encouraged to submit letters of interest for any board or commission listed on our website. Should vacancies become available on any City board or commission in the future, we will contact you for opportunities within your area of interest.

Learn more about current vacancies [here](#).

TreesMedford Looking for Volunteers to Water Trees

The local nonprofit TreesMedford is organizing residents to water the newest trees planted by the City of Medford. Volunteering to water new trees helps them survive and keeps Medford cool and green. Residents can sign up to water a recently planted tree using the map on the [TreesMedford website here](#).

The trees planted by the City each year are a significant investment in time, effort, and resources. You can help make sure that investment is not wasted, and that you get to enjoy the results for years to come.

Read more [here](#).

Medford Fire Secures \$105K Cummings Foundation Grant

The Medford Fire Department (MFD) has been selected as one of 150 organizations to receive funding through the Cummings Foundation's annual grant program, announced Mayor Breanna Lungo-Koehn. Chosen through a competitive review process that drew a record 959 applicants, MFD will receive \$105,000 over three years.

The Fire Department will receive \$35,000 per year over three years. The grant will be used to enhance the department's community engagement efforts and strengthen relationships with the Medford community.

Free Lunches for Medford Kids & Teens

SCHOOL'S OUT. FUN IS ON. FREE MEALS ARE IN.



WE'VE GOT YOUR SUMMER EATS.

PROJECTBREAD.ORG/SUMMEREATS

Did you know that the Mystic Valley YMCA offers free lunches to kids and teens under 18?

Kids and teens under 18 can receive a free hot lunch through the Summer Eats Program, available June 30 through August 21 (except July 3). Be sure to check the Summer Eats [website here](#) or [flyer here](#) for meal locations and serving times.

More June Happenings



Congratulations to the Medford High School Class of 2026!

Awesome Medford Family Network picnic, as always!

Thank you to Deloitte for all of the wonderful volunteers!



Celebrated the 90th anniversary of the West Medford Community Center by helping to create a vibrant community mosaic, led by artist Susan Altman.

The WMCC is such a vital part of our City's history and continues to bring people together.

Congratulations on 90 years of making Medford stronger, more connected, and more creative.

Celebrating America 250



The City of Medford celebrates

America 250!



Free Flags at City Hall!

To celebrate America 250 this month, the City is placing flags on the front lawn of City Hall for the community to take home and display!

Two flags per household, while supplies last!

★ Thank you for supporting our community and our country! ★

In celebration of America 250, we've placed flags on the City Hall front lawn for residents to take home!

Each household can stop by City Hall and take two flags to display throughout the month of July. Flags are available on a first come, first serve basis.

With questions, please contact the Veterans Services Department at 781-393-2505.

Reduce Your Waste This Summer!

Join over 8,800 of your neighbors in turning food waste into compost through our partnership with Garbage to Garden! Two MILLION pounds of waste have already been diverted from landfills since the start of this program last summer.

The City has partnered with Garbage to Garden to bring free composting services to Medford residents. You can find more info on the program and signing up at medfordcomposts.com.



In 2025, 11,976 pounds of textiles were collected by Helpsy through its home pickup program.

Helpsy partners with municipalities like Medford and other organizations to collect and recycle unwanted clothing/textiles in order to keep clothes out of landfills. Schedule your free and easy clothing pick up here: helpsy.co/medfordma.



Leaf Blower Ordinance

Reminder that Medford's leaf blower ordinance limits the use of gas-powered leaf blowers to reduce noise and improve air quality. Electric and battery-powered blowers are allowed during designated hours. Gas-powered leaf blowers are not permitted for regular landscape maintenance, while electric and battery-powered blowers are allowed during designated hours.

Residents and contractors are encouraged to review the rules and use approved equipment.

Learn more on the [City's website here](https://www.medfordma.org/alerts).

Stay in the Know!



Sign up for City alerts at medfordma.org/alerts to stay updated on all the latest news from the City.

You can receive notifications by phone, text or email, or all three.



Want to stay in the know about upcoming volunteer cleanups happening around the city? Join the [Keep Medford Beautiful Facebook group here](#) to learn about ways to beautify Medford and share your own efforts!

Learn more about our Keep Medford Beautiful chapter [here](#).



[Sign up here](#) to receive Go Green Medford's periodic newsletter with updates on programs, events, and other news from the Office of Planning, Development, and Sustainability!

CHARLOTTE & WILLIAM BLOOMBERG MEDFORD PUBLIC LIBRARY

Check out the **Medford Public Library's Newsletter!** The letter contains information on events, library hours, and more! The newsletter is available to view online and to sign up for here: medfordlibrary.org/newsletter/

City Council has launched a monthly newsletter! Sign up to receive the newsletter delivered directly to your inbox [here](#). You can see past versions of the newsletter at www.medfordma.org/citycouncil.

Upcoming Events + Meetings

All events and meetings are listed on the City's [online events calendar](#). Meetings and event details are added frequently, so please check the calendar for updates.

EVENTS/HOLIDAYS

- **July 3:** City Hall Closed - Independence Day

MEETINGS

July 8

- 6:00pm: Election Commission Meeting

July 9

- 6:00pm: Historic District Commission Meeting

July 13

- 7:00pm: Historical Commission Meeting

July 14

- 7:00pm: City Council Meeting

Job Opportunities

The City of Medford currently has several open job opportunities, and we encourage residents of all backgrounds to apply. Open positions, job descriptions, and materials are available at medfordma.org/jobs. The webpage is updated regularly, but current opportunities include:

Current Positions:

- PW14 MEO Mechanic/Welder
- Building Commissioner
- Art Instructor (part-time)
- PW10 MEO III Working Foreperson
- PW8 Maintenance Craftsperson
- Director of Economic Development
- Principal Clerk (Council on Aging)
- PW8 Maintenance Craftsperson/Laborer
- PW10 MEO III Maintenance Craftsperson & Laborer
- PW10 MEO III Maintenance Craftsperson & Laborer
- Communications Specialist

Other/Ongoing Positions:

- Traffic Supervisors

To apply, visit medfordma.org/for-residents/jobs, or contact the City's Office of Human Resources at 781-475-5640.

Medford city services are available to all residents, regardless of race, ethnicity, sexual orientation, religion, age, language ability, economic situation, or immigration status.



City of Medford | 85 George P Hassett Drive | Medford, MA 02155 US

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