



Summer Bridge Lunch Menu

July 2026

Serving Times | Monday–Friday

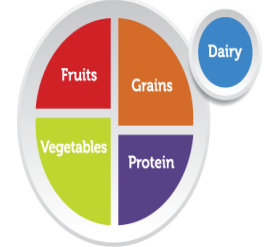
Freshman Center

11:15am-12:30pm

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6 Chicken Quesadilla w/ Rice & Beans or Deli Sub Whole Grain Bun Condiments Side Vegetables Fruit Selections 1% White or Fat-Free Chocolate Milk	7 Hotdog w/ Fries or Cheese Pizza Whole Grain Bun Condiments Side Vegetables Fruit Selections 1% White or Fat-Free Chocolate Milk	8 Walking Taco or Buffalo Chicken Wrap Whole Grain Wrap Condiments Side Vegetables Fruit Selections 1% White or Fat-Free Chocolate Milk	9 Bacon Cheeseburger & Fries or Sausage Pizza Whole Grain Bun Condiments Side Vegetables Fruit Selections 1% White or Fat-Free Chocolate Milk	10 Chicken Tinga Tacos w/ Rice & Beans or Deli Sub Whole Grain Bun Condiments Side Vegetables Fruit Selections 1% White or Fat-Free Chocolate Milk
13 Spicy Chicken Sandwich w/ Mac & Cheese or Sausage Pizza Whole Grain Bun Condiments Side Vegetables Fruit Selections 1% White or Fat-Free	14 Beef Tacos w/ Rice & Beans or Deli Sub Whole Grain Bun Condiments Side Vegetables Fruit Selections 1% White or Fat-Free Chocolate Milk	15 BBQ Pulled Pork Sandwich & Fries or Chicken Ceaser Wrap Whole Grain Bun Condiments Side Vegetables Fruit Selections 1% White or Fat-Free	16 Chicken Burrito or Deli Sub Whole Grain Bun Condiments Side Vegetables Fruit Selections 1% White or Fat-Free Chocolate Milk	17 Boneless Chicken Wings w/ Celery & Carrots or Cheese Pizza Condiments Side Vegetables Fruit Selections 1% White or Fat-Free Chocolate Milk
20 Pepperoni Pizza or Deli Sub Whole Grain Bun Condiments Side Vegetables Fruit Selections 1% White or Fat-Free Chocolate Milk	21 Chicken Quesadilla w/ Rice & Beans or Ranch Chicken Wrap Whole Grain Bun Condiments Side Vegetables Fruit Selections 1% White or Fat-Free Chocolate Milk	22 Walking Taco or Grilled Chicken Sandwich w/ LTO Whole Grain Bun Condiments Side Vegetables Fruit Selections 1% White or Fat-Free Chocolate Milk	23 Spicy Chicken Sandwich w/ Mac & Cheese or Cheese Pizza Whole Grain Bun Condiments Side Vegetables Fruit Selections 1% White or Fat-Free	24 Italian Beef Sandwich w/ Mozz. & Hot Peppers & Fries or Deli Sub Whole Grain Bun Condiments Side Vegetables Fruit Selections 1% White or Fat-Free

*Alternate choices:
Ask about our
Daily Chef's specials*

We offer all five meal components!



***Offer Verses Served**
We offer grains, proteins, fruits, vegetables, and choice of milk
Choose at least 3 of the 5 for a student meal and include a fruit
Or vegetable selection with your meal.*

Mondays

Baby Carrots w/ Ranch
Coleslaw
Orange
Slushie Cup

Tuesdays

Cucumber w/ Lime
Elote Salad
Apple
Fruit Cup

Wednesdays

Celery Sticks w/ Ranch
Pasta Salad
Melons
100% Fruit Juice

Thursdays

Cucumber w/ Lime
Elote Salad
Apple
Mango w/ Tajin

Fridays

Baby Carrots w/ Ranch
Coleslaw
Melons
Slushie Cup

*In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on basis of race, color, national origin, sex, age or disability.