BREAKFAST time

NORTH MONTGOMERY NUTRITION SERVICES

The beginning of the school year brings new opportunities for our students to learn, grow, and succeed. Why not give them a leg up by incorporating school breakfast into their morning routine? Having breakfast in the morning has been shown to increase test scores, improve behavior, and result in fewer trips to the school nurse.

The School Breakfast Program is available to all students every day. Since school breakfasts must meet the USDA's guidelines for nutrition, you can be confident that your child's meal will provide the fuel necessary for learning. By taking advantage of this program, your child will receive more than just a nutritious breakfast and an academic advantage; he or she will be healthier as well.

As we welcome a new school year, please consider making school breakfast part of your child's morning routine. A nutritious breakfast is served at:
7:30 a.m. every morning at Lester B. Sommer Elementary School
7:40 a.m. every morning at Pleasant Hill Elementary School
7:30 a.m. every morning at Sugar Creek Elementary School
7:30 a.m. every morning at North Montgomery Middle School
7:55 a.m. every morning at North Montgomery High School

If you have questions concerning NMCSC Food Services Program please contact your individual school cafeteria Kitchen Supervisor at the numbers listed below or go to www.nm.k12.in.us on the food services page to learn about the Offer Versus Serve meal components available at mealtime.

Lester B. Sommer Elementary School: Brandi Tapia, 362-3979 ext. 4232
Pleasant Hill Elementary School: Staci Heide, 339-4403 ext. 2232
Sugar Creek Elementary School: Lucy Terrell, 794-4855 ext. 3232
North Montgomery Middle School: Jennifer Himes, 364-1071 ext. 5242
North Montgomery High School: Hope Shrader, 362-5140 ext. 6287

Parents requesting a meal modification for their student may contact the Director of Food Services. Detailed information concerning meal modifications can be found on the food services page listed above, under the Nutrition & Wellness tab.
North Montgomery encourages wellness for our students, staff, and community. If you, your student, or someone you know in the community is interested in joining our wellness team, please contact one of our school cafeteria Kitchen Supervisors. Our wellness information can be found on the food services page mentioned above.
If you feel your child may be eligible for free or reduced priced meals, please apply online at our NMCSC family portal through Meal Magic at https://nmcsc.familyportal.cloud/ Each school year a new application must be filled out; applications are available online after early July. Applications can also be found on our corporation website: www.nm.k12.in.us, at individual schools, or at the NMCSC Administrative Office. It may be returned to the school offices or the NMCSC Administrative Office, 480 W 580 N, Crawfordsville, IN 47933. If you have questions please contact Lauren Jeges, Director of Food Services, at ljeges@nm.k12.in.us, or by phone 765-359-2112 ext. 1123.
We hope your child will join us for breakfast and lunch!

Lauren Jeges
Director of Food Services NMCSC

This institution is an equal opportunity provider.