



KENMORE-TOWN OF TONAWANDA UNION FREE SCHOOL DISTRICT
DEPARTMENT OF PHYSICAL EDUCATION, RECREATION AND ATHLETICS
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Lindsay Bergman
Director of Health, PE and Athletics



Athletic Placement Process (APP)

For 7th or 8th grade students

Stages 2 & 3 Information

Stage 1: FinalForms Registration – Completed

Stage 2: Physical Maturity Form & Coach/PE Teacher Recommendation

- Parent/Guardian completes top portion of “FORM C” – “Physical Maturity Form”
 - *The Stage 2, “Physical Maturity Form”, is available to download from the FinalForms form set “APP Additional Forms” and on the district’s Athletics website under “Athletic Placement Process”*
 - Private Medical Provider completes the bottom portion of the form
 - Parent/Guardian returns the completed form to the school’s Health Office
- Ken-Ton Coach or PE Teacher completes “FORM D” – Coach/PE Teacher Recommendation
 - *This form is to be completed by a Ken-Ton UFSD coach for the level and sport in which the student plans to try out.*

Stage 3: FinalForms Clearance

- Upon completion of stages 1 and 2, the school’s health office will review the information in FinalForms.
- Once the student is deemed medically eligible to participate at a JV or Varsity level, the school’s health office will update the student’s clearance to “Medically Cleared” for that season

Stages 1, 2, and 3 above must be completed prior to the physical fitness test.

Stage 4: Physical fitness test

- APP testing dates, times, and locations can be found on the Athletics portion of the district’s website.

For any questions related to the APP process, please contact the Athletics Office or visit the Athletics portion of the district website for testing dates.

**FORM C
PHYSICAL MATURITY FORM**

To be completed by parent/guardian

Student's Name _____ Grade _____

Home Address _____

Date of Birth ____/____/____ Age _____ Gender Male Female

High School Kenmore East Kenmore West

Desired Sport _____

Desired Level Modified Freshman Junior Varsity Varsity

Recommended Tanner Rating for this Sport & Level _____ (see Appendix)

To be completed by District Medical Director or Private Medical Provider (for review by the district)

Tanner score AND height/weight assessment completed by:

District Medical Director Private Medical Provider

Exam Date _____

Provider Name _____

CIRCLE the current developmental stage of the student, using the Tanner Scale:

1 2 3 4 5

Alternative to Tanner Examination for Females Only

Onset of Menarche = Tanner Stage 5

Height _____ (____)% Weight _____ (____)%

Check appropriate boxes below and return form to the Ken-Ton Athletics Office (See Appendix)

Student is **CLEARED** **NOT CLEARED** for the sport of _____

At the following level: Modified Freshman Junior Varsity Varsity

Signed/Completed by _____ Date _____

District Medical Director or Private Medical Provider

FORM D
COACH RECOMMENDATION

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INSTRUCTIONS FOR THE COACH

This form is to be completed by a Ken-Ton UFSD coach for the level and sport in which the student plans to try out.

Coach _____ Sport _____ Level _____

Student's Name _____ Gender Male Female Age _____

The above-named student has requested an evaluation through the Athletic Placement Process. Having coached this student-athlete in the past, your complete assessment of his/her skill level is an important factor in this process.

NOTE:

*The number of students who are allowed to compete outside of their grade levels should be few and far between. The program is intended only for the athlete who has the physical maturity, physical fitness, and sport skills to be placed with other athletes outside of his/her grade level. Abuses in the program by decision makers who seek to satisfy the needs of the team, rather than considering the well-being of the student cannot be condoned. There are many potential physical and social/emotional pitfalls that must be avoided, and once a student is elevated, the decision is irreversible. Please keep in mind that, until you are notified by the director of physical education's office that the student has successfully completed the entire Interscholastic Athletic Placement Process, that student **may not attend** any practices.*

If you are familiar with the candidate, please write an evaluation of his/her skill level on the back of this sheet. Supporting information would be helpful in determining proper placement, so be specific. If you are not familiar with the candidate, you may wish to contact his/her former coaches for further assessment and/or schedule time to observe the student in a physical education class.

Which level team is the student trying out for?

Modified Freshman Junior Varsity Varsity

Which level of play would you recommend for this student?

Modified Freshman Junior Varsity Varsity

Compare this student's skills relative to other members of the team that the student is trying out for:

Below Average Average Above Average Superior

What percentage of playing time would you estimate he/she would receive at that level? _____ %

APPENDIX

Physical Maturity Chart

Recommended Tanner Scores for the Athletic Placement Process

Approved Sports	MALES			FEMALES		
	Freshman	JV	Varsity	Freshman	JV	Varsity
Archery *	2	2	2	2	2	2
Badminton *	2	2	2	2	2	2
Baseball +	2	3	3	3	4	4
Basketball !	2	3	4	3	4	5
Bowling *	2	2	2	2	2	2
Competitive Cheerleading!	2	3	4	3	4	5
Cross-Country *	2	3	3	3	4	4
Fencing +	2	2	2	2	2	2
Field Hockey!	2	3	4	3	4	5
Football !	2	3	4	3	4	5
Golf *	2	2	2	2	2	2
Gymnastics !	2	3	3	3	4	4
Ice Hockey !	2	3	4	3	4	5
Lacrosse !	2	3	4	3	4	5
Rifle *	2	2	2	2	2	2
Skiing (Downhill) !	2	3	4	3	4	5
Soccer !	2	3	4	3	4	5
Softball +	2	3	3	3	4	4
Swim*/Diving!	2	3	3	3	4	4
Tennis *	2	3	3	3	4	4
Track & Field*	2	3	3	3	4	4
Volleyball +	2	3	3	3	4	4
Wrestling !	2	3	4	3	4	5

Classification of Sports According to Contact (AAP)

*= Non Contact
 += Limited Contact
 != Contact