

What to pack for boarding school

These items will bring additional comfort and convenience for school life in Italy.

- **A smartphone** – Local SIM cards are easily purchased in town and are usually a student's first purchase. All plans are very affordable and include generous data limits. Many include international calling.
- **Travel insurance** is a must.
- **Prescription medication** is also a must. Bring enough for at least one semester. Over-the-counter medications are generally available in Italy, but under different names or formulations.
- **A banking/debit card** on the PLUS, CIRRUS or BANCOMAT systems is also necessary. International bank accounts are accessible from bank machines with one caveat – they must be chequing accounts. PINs must be four digits.
- **Having a credit card is also strongly advised.** CCI will not advance money to students unless it is an extreme emergency. Parents are advised to either wire funds through Western Union or supply cash for their son/daughter that can be kept in the school's safe in case of need.
- **Google Translate** – Download the Italian dictionary for use offline.
- **WhatsApp** – It is highly recommended that students download WhatsApp to their phone. It is our main mode of quick, mass-communications, and is particularly useful for communicating over WiFi at the airport before students have connected their international plans.
- **Uniform-Appropriate Socks and Shoes**
  Students should have at least three pairs of shoes: one for the **warm weather uniform,** one for the **cool weather uniform,** and a pair of **indoor-only shoes** for the gym.
  - **Cool Weather Uniform (Fall/Winter):**
    - **Girls:** Navy tights (non-patterned), knee socks (no thigh-highs), or dark trouser socks paired with **black leather dress shoes with low heels**.
    - **Boys:** Dark socks with **black leather dress shoes**.
  - **Warm Weather Uniform (Spring/Summer):**
    - **All Students: White running shoes** (clean and in good condition) with **white socks** are required for both daily wear and athletics.

- **Seasonal outerwear** – The mandatory school uniform includes a water-resistant lined parka for cool weather, but additional cool weather items like scarves, gloves and cap are needed. Early fall is typically very warm in Lanciano, while winters can be cold and damp. Temperatures typically vary from 3 °C to 28 °C and are rarely below -1 °C or above 32 °C during the school year.
- **Wired 3.5mm earbuds or headphones** – If you use wireless headphones, like AirPods, a wired pair can be useful on walking tours and on the plane.
- **Several power adaptors**: In Italy the plugs and sockets are Type-C, Type-F and Type-L and the standard voltage is 220 V. It can be dangerous to plug in a standard North American 110V device into a 220V socket, even with a voltage adaptor, so leave small personal care items (like hair dryers and flatirons) at home. It's best to purchase them in Italy. You can plug in non-high-power appliances like North American laptops and phone chargers with no issue if you purchase the correct plug adapter.
- **Pillows, comforters, sheets and towels are provided**. However, some students like to bring their own for a touch of comfort from home. We launder linens on a regular basis, but our students are required to launder their own clothing using machines in the residence. Students can purchase their own detergent in Italy.
- **Bathing suit & beach towel** – Towels from the residence cannot be taken to the beach. Bring a smaller, quick-dry one for our many trips to the sea in the warmer months.
- **Gym towel, gym shoes and water bottle** – A small quick-dry gym towel and indoors-only sneakers are required when using the CCI gym.
- **Slippers/slides** – For your comfort while hanging out in residence.
- **Toiletries** – It's a good idea to pack a small amount of your favourite products in your carry-on for the first couple of days. After that, all varieties of personal care products can be purchased in the many shops and pharmacies in town.
- **Period products** – Students may want to bring a supply of their preferred menstrual products. While they are also available at local pharmacies, you may not find the brand you're familiar with.
- **Small overnight bag** – A small carry-on size suitcase or backpack will make off-campus getaways more convenient.
- **School supplies** – Required textbooks and readings will be provided. Stationary supplies like binders, pens, pencils and note paper can be purchased in town. Taking art? Some additional materials will be required; a list will be provided.
- **Laptop or tablet with keyboard** – For taking notes and doing homework. There is high speed internet throughout the school and residences.
- **Scientific calculator** – Bring one, or buy one in town, if you're taking math or science. Graphing calculators are not necessary as graphing technologies will be explored with online programs.
- **DSLR Camera** – If you're taking photography, you may wish to bring your own digital camera to get the most of manual setting instruction.



Additional packing tips

- **Pack essentials in your carry-on.** Having your valuables, medication, a toothbrush, chargers and a change of clothes will come in handy if your checked bag is delayed or lost.

- **Tag your luggage with the school address:**
  Via Cavour, 13
  66034 Lanciano (CH), ITALIA

- **Don't panic if you arrive at the airport but your luggage doesn't.** Report it at the lost luggage office in the baggage claim area. In most cases, the airline will deliver it to you in Lanciano in a few days.

- **Sending something to Italy?** Use the school address above. Avoid customs hassles and additional costs by addressing the package to the student, not the school, and indicate that the package contains a "gift" or "personal items, used."

  Please note that the school office will not cover customs fees on a student's behalf.

  IMPORTANT Do not courier items such as cash, electronics, medications, vitamins, cosmetics, or other restricted goods, as these are often seized by Italian customs and may be difficult or impossible to release.

  ● **Ordering from Amazon?** Make sure you change your account country settings so you're purchasing on Amazon.it account.