

Cannabis Resources from Blue Ridge Poison Center Dept of Education

RESOURCES for PARENTS & CAREGIVERS			
Organization	Program Title/Description	Notes	Link
CDC	Cannabis and Public Health	Comprehensive website with information largely targeted to adults. No lesson plans or school resources.	https://www.cdc.gov/cannabis/about/about-cbd.html
DEA	Marijuana Fact Sheet	One page fact sheet. No lessons or school resources.	https://www.dea.gov/factsheets/marijuana
Partnership to End Addiction	Marijuana Talk Kit	Largely focused on communication suggestions and parenting guidance. Includes “what to say” recommendations. *This is my favorite parent resource.	https://drugfree.org/wp-content/uploads/2017/02/Marijuana_Talk_Kit.pdf
Virginia Cannabis Control Authority	Discussing Youth Prevention for Parents	Information about forms of cannabis, how its consumed, health effects, and conversation guidance for parents and caregivers.	https://cca.virginia.gov/resources/youthprevention-parents
U.S. Dept of Health and Human Services	U.S. Surgeon General’s Advisory: Marijuana Use and the Developing Brain	Links to many NIH/NIDA resources. Language is very high-level.	https://www.hhs.gov/surgeongeneral/reports-and-publications/addiction-and-substance-misuse/advisory-on-marijuana-use-and-developing-brain/index.html
Substance Abuse and Mental Health Services Administration (SAMHSA)	Learn About Marijuana Risks	Information about health effects. Links to videos, a quiz, and handouts.	https://www.samhsa.gov/marijuana There is also a quiz: https://www.samhsa.gov/marijuana-quiz

RESOURCES FOR TEACHERS (STUDENT EDUCATION)			
Organization	Program Title/Description	Notes	Link
Virginia Dept of Health	See notes	There is a School Health Toolkit and an Adolescent Health Toolkit “coming soon” but not currently available. Meanwhile, a search for <i>cannabis resources</i> links to the Virginia Cannabis Control Authority’s website (see below)	

Health Smart Virginia	Substance Abuse Prevention (by grade level)	Sample lesson plans which are approved to meet the Health Education Standards of Learning (SOL). There are only resources for K-10. There are no SOLs for health education for grades 11 and 12 (not required)	https://healthsmartva.org/
National Institute on Drug Abuse (NIDA) for Teens (a.k.a. teens.drugabuse.gov)	Cannabis: The Facts You Need to Know	Adaptable for grades 6-12. Included interactive computer program. Language is very advanced IMHO.	https://nida.nih.gov/research-topics/parents-educators/lesson-plans/cannabis-the-facts-you-need-to-know
Virginia Cannabis Control Authority	Discussing Youth Prevention for Teens	Information about forms of cannabis, health effects, current laws, and refusal skills.	https://cca.virginia.gov/resources/youth-prevention-teens Also included: "Talking About Cannabis for Teens" https://static1.squarespace.com/static/64229cd06b6f9326d1e815c/t/66c89b6bdcc49402cbb7bd9a/1725899094670/Talking-About-Cannabis-for-Teens.pdf
Stanford Medicine	Smart Talk: Cannabis Prevention and Awareness Curriculum	Lessons divided into elementary, middle, and high school grades. Uses Canva slides that can be customized. Includes teacher/parent information.	https://med.stanford.edu/cannabispreventiontoolkit/smart-talk-curriculum.html
NOVA (PBS Learning Media)	The Cannabis Question	Series of documentary-style videos with accompanying teacher support materials. Well done. High-level language. Contains graphic images of young people using cannabis which might be triggering, IMO.	https://vpm.pbslearningmedia.org/collection/nova-the-cannabis-question/