



WEEKLY NUTRITIONAL ANALYSIS

Profit Center: Scranton School District
Location: Scranton SD South Interm
Service Area: Plaza
Menu Name: Plaza 26-27

Period:		Breakfast		Week: 1		Avg.Method: Weighted (USDA Default)												Age Group: Brkfst Grades K-5																	
		SFA				Added Sugar				Fat				Carbs		Pro																			
CAL		(g)	% of CAL	Na (mg)	(g)	% of CAL	Total Sugars	(g)	% of CAL	Trans Fat (g)	(g)	(g)	Chol (mg)	Fiber (g)	K (mg)	Vit A RAE (mcg)	Vit D (mcg)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B12 (mcg)	Riboflavin (mg)	Ca (mg)	P (mg)	Fe (mg)										
Weekly Std.	350.00-500.00		<10.00	<=540.00		<10.00																													
Day: Monday	391.62	2.31	5.31	330.96	19.69*	20.11*	44.87	7.16	15.58	0	75.96	9.87	4.5	6.15	547.95	81.5*	66*	.24*	2.91*	6.08*	0*	.03*	250.84	91.37*	2.44										
Day: Tuesday	418.41	4.08	8.78	626.49	11.41*	10.9*	36.24	11	9.08	.19	64.08	15.5	119.71	4.61	447.3	119.42*	90.74*	.11*	.23*	.38*	.05*	.17*	385.17	101.58*	2.57										
Day: Wednesday	402.7	.73	1.64	311.04	38.99*	38.73*	57.92	3.73	.53	0	81	11.03	9.04	3.57	546.16	77.43*	147.65*	.01*	.15*	.3*	0*	0*	377.61	.73*	1.41										
Day: Thursday	373.46	1.24	2.98	415.19	16.06*	17.2*	40.38	5.52	12.88	0	72.73	11.04	4.5	4.78	501.97	76.74*	66*	.01*	.15*	.3*	0*	0*	231.59	.73*	2.61										
Day: Friday	350.18	5.16	13.27	442.47	15.4*	17.6*	33.97	10.33	9.86	.34	51.21	13.84	22.64	2.6	396.25	76.74*	66*	.01*	.15*	39.1*	0*	.05*	430.01	164.59*	1.46										
Weekly Avg.	387.28	2.70	6.39	425.23	20.31*	20.91*	42.68	7.55	9.59	0.11	69.00	12.26	32.08	4.34	487.93	86.36*	2.18	0.08*	0.72*	9.23*	0.01*	0.05*	335.04	71.80*	2.10										
Weekly Std.	350.00-500.00		<10.00	<=540.00		<10.00																													
Var.				(114.77)		10.91																													
Standard Not Met						x																													

Added Sugars limit does not go into effect until July 1, 2027
* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer’s labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



WEEKLY NUTRITIONAL ANALYSIS

Profit Center: Scranton School District
Location: Scranton SD South Interm
Service Area: Plaza
Menu Name: Plaza 26-27

Period:		Lunch		Week: 1				Avg.Method: Weighted (USDA Default)										Age Group: Lunch Grades K-5											
		SFA				Added Sugar				Fat				Carbs	Pro			Fiber	K	Vit A RAE (mcg)	Vit D (mcg)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B12 (mcg)	Riboflavin (mg)	Ca (mg)	P (mg)	Fe (mg)
CAL		(g)	% of CAL	Na (mg)	(g)	% of CAL	Total Sugars	(g)	% of CAL	Trans Fat (g)	(g)	(g)	Chol (mg)	(g)	(g)	Chol (mg)	Fiber (g)	K (mg)	Vit A RAE (mcg)	Vit D (mcg)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B12 (mcg)	Riboflavin (mg)	Ca (mg)	P (mg)	Fe (mg)	
Weekly Std.	550.00-650.00		<10.00	<=1110.00		<10.00																							
Day: Monday	641.36	7.53	10.57	1208.98	17.45*	10.88*	41.29	21.51	21.72	3.1	86.67	27.67	43.24	7.56	1119.07	101.08*	84.56	.98*	6.93*	8.27*	.09*	.1*	555.98	98.54*	4.26				
Day: Tuesday	676.64	4.6	6.12	1148.87	24.92*	14.73*	44.04	21.7	27.16	1.84	95.92	27.55	53.4	6.5	914.59	140.93*	79.52*	.95*	33.94*	24.5*	.12*	.21*	372.49	148.15*	4.01				
Day: Wednesday	495.47	3.41	6.19	840.02	12.53*	10.12*	33.21*	14.72	15.51	1.74	69.88	22.58	90	5.12	837.26	280.06*	91.17	.65*	5.93*	23.5*	0*	.03*	331.16	18.63*	2.67				
Day: Thursday	542.31	7.73	12.83	1066.15	11.64*	8.59*	36.28	18.33	16.84	2.41	74.83	24.36	57.49	5.26	825.32	123.24*	90.99	.7*	27.01*	17.43*	0*	.1*	531.88	61.81*	3.06				
Day: Friday	571.01	5.4	8.51	885.21	20.55*	14.39*	45.28	18.67	27.66	2.06	77.88	26.25	38.67	6.36	893.1	194.22*	80.7	.99*	8.18*	10.82*	.13*	.09*	529.76	72.94*	3.81				
Weekly Avg.	585.36	5.73	8.84	1029.84	17.42*	11.74*	40.02*	18.99	21.78	2.23	81.04	25.68	56.56	6.16	917.87	167.91*	2.02	0.86*	16.40*	16.90*	0.07*	0.11*	464.25	80.02*	3.56				
Weekly Std.	550.00-650.00		<10.00	<=1110.00		<10.00																							
Var.				(80.16)		1.74																							
Standard Not Met					x																								

Added Sugars limit does not go into effect until July 1, 2027
* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



WEEKLY NUTRITIONAL ANALYSIS

Profit Center: Scranton School District
Location: Scranton SD South Interm
Service Area: Plaza
Menu Name: Plaza 26-27

	Period:	Breakfast		Week: 2		Avg.Method: Weighted (USDA Default)										Age Group: Brkfst Grades K-5									
	CAL	SFA		Na	Added Sugar		Total	Fat		Trans	Carbs	Pro	Chol	Fiber	K	Vit A	Vit D	Vit E	Vit K	Vit C	Vit B12	Ribofl	Ca	P	Fe
	(g)	% of CAL	(mg)	(g)	% of CAL	Sugars	(g)	% of CAL	Fat (g)	(g)	(g)	(mg)	(g)	(mg)	(mcg)	(mcg)	(mg)	(mg)	(mcg)	(mg)	(mcg)	(mg)	(mg)	(mg)	(mg)
Weekly Std.	350.00-500.00		<10.00	<=540.00		<10.00																			
Day: Monday	407.7	6.25	13.81	334.04	19.05*	18.69*	45.03	6.61	11.18	0	80.38	12.37	14.48	5.45	576.46	80.5*	66*	.24*	2.91*	6.08*	0*	.03*	264.23	14.53*	2.39
Day: Tuesday	375.4	1.48	3.56	336.47	17.1*	18.23*	37.07	7.1	14.1	0	68.36	9.39	4.5	5.01	511.5	76.74*	367.07*	.01*	.15*	.3*	0*	0*	293.65	.73*	2.06
Day: Wednesday	435.31	.87	1.79	335.66	43.86*	40.31*	63.21	4.35	8.21	.04	89.95	11.31	9.04	5.55	634.41	77.43*	235.53*	.01*	.15*	.3*	0*	0*	517.48	.73*	2.62
Day: Thursday	363.48	1.24	3.06	355.27	17.06*	18.77*	40.38	6.52	.37	0	69.73	10.04	4.5	5.77	521.95	256.53*	66*	.01*	.15*	.3*	.29*	0*	271.55	188.01*	4.51
Day: Friday	336.57	3.91	10.47	510.97	13.07*	15.53*	31.55	7.86	.18	.28	51.78	15.29	22.64	3.44	485.72	76.74*	170*	.01*	.15*	39.1*	0*	0*	504.06	156.08*	3.09
Weekly Avg.	383.69	2.75	6.54	374.48	22.03*	22.31*	43.45	6.49	6.81	0.07	72.04	11.68	11.03	5.05	546.01	113.59*	4.52	0.06*	0.70*	9.22*	0.06*	0.01*	370.19	72.01*	2.93
Weekly Std.	350.00-500.00		<10.00	<=540.00		<10.00																			
Var.				(165.52)		12.31																			
Standard Not Met						x																			

Added Sugars limit does not go into effect until July 1, 2027

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



WEEKLY NUTRITIONAL ANALYSIS

Profit Center: Scranton School District
Location: Scranton SD South Interm
Service Area: Plaza
Menu Name: Plaza 26-27

Period:		Lunch		Week: 2		Avg.Method: Weighted (USDA Default)										Age Group: Lunch Grades K-5									
Weekly Std.	CAL	SFA		Na (mg)	Added Sugar		Total Sugars	Fat		Trans Fat (g)	Carbs (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A RAE (mcg)	Vit D (mcg)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B12 (mcg)	Riboflavin (mg)	Ca (mg)	P (mg)	Fe (mg)
	(g)	% of CAL		(g)	% of CAL		(g)	% of CAL		(g)	(g)		(mg)	(g)	(mg)	(mcg)	(mcg)	(mg)	(mcg)	(mg)	(mcg)	(mg)	(mg)	(mg)	(mg)
	550.00-650.00		<10.00	<=1110.00		<10.00																			
Day: Monday	568.11	6.09	9.65	797.62	14.11*	9.94*	34.89	17.29	23.89	2.35	78.06	27.44	35.21	5.39	905.22	147.2*	148.41*	1.19*	8.22*	6.08*	.58*	.25*	587.27	266.26*	3.55
Day: Tuesday	510.65	6	10.58	868.25	10.07*	7.89*	29.34	17.05	12.13	2.13*	68.77	23.67	35.81	7.39	1059.19	144.86*	85.96	.95*	32.68*	35.57*	.36*	.1*	474.75	249.01*	3.29
Day: Wednesday	593.3	6.57	9.96	1093.61	11.92*	8.04*	29.49	22.01	25.23	2.29	73.51	26.2	41.87	5.66	851.23	116.68*	88.09	1.04*	15.85*	31.8*	.05*	.09*	420.9	159.16*	3.57
Day: Thursday	574.28	5.33	8.35	962.57	11.8*	8.22*	31.66	19.3	25.36	2.19	78.37	25.85	42.25	6.52	996.68	141.32*	77.74	1.03*	37.04*	11.38*	.08*	.22*	394.77	287.52*	3.69
Day: Friday	552.82	4.08	6.64	822.25	22.13*	16.01*	45.35	14.73	21.87	1.66*	83.59	25.1	27.9	6.53	976.5	176.41*	88.27	.6*	4.38*	8.15*	0*	.07*	504.77	55.64*	3.61
Weekly Avg.	559.83	5.61	9.04	908.86	14.01*	10.02*	34.14	18.07	21.70	2.13*	76.46	25.65	36.61	6.30	957.76	145.29*	2.39	0.96*	19.64*	18.59*	0.21*	0.15*	476.49	203.52*	3.54
Weekly Std.	550.00-650.00		<10.00	<=1110.00		<10.00																			
Var.				(201.14)		0.02																			
Standard Not Met						x																			

Added Sugars limit does not go into effect until July 1, 2027
* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



WEEKLY NUTRITIONAL ANALYSIS

Profit Center: Scranton School District
Location: Scranton SD South Interm
Service Area: Plaza
Menu Name: Plaza 26-27

Period:			Breakfast			Week: 3			Avg.Method: Weighted (USDA Default)										Age Group: Brkfst Grades K-5									
Weekly Std.	CAL	SFA		Na (mg)	Added Sugar		Total Sugars	Fat		Trans Fat (g)	Carbs (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A RAE (mcg)	Vit D (mcg)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B12 (mcg)	Riboflavin (mg)	Ca (mg)	P (mg)	Fe (mg)			
	(g)	% of CAL		(g)	% of CAL		(g)	% of CAL																				
	350.00-500.00		<10.00	<=540.00		<10.00																						
Day: Monday	417.77	1.76	3.8	424.01	16.06*	15.37*	43.04	8.61	14.51	0	76.4	12.37	4.5	6.45	586.5	80.5*	66*	.24*	2.91*	6.08*	0*	.03*	274.23	14.53*	2.79			
Day: Tuesday	408.11	4.23	9.33	424.28	21.08*	20.66*	41.2	9.41	.06	0	69.42	12.05	34.52	4.5	396.47	76.74*	66*	.01*	.15*	.3*	0*	0*	278.78	.73*	2.08			
Day: Wednesday	405.99	1.5	3.32	315.43	40.25*	39.65*	59.15	4.58	8.89	.06	80.79	11.16	9.04	3.6	549.27	77.43*	147.65*	.01*	.15*	.3*	0*	0*	380.62	.73*	1.4			
Day: Thursday	353.89	.97	2.47	178.56	13.68*	15.46*	37.74	6.4	.38	0	67.81	9.72	5.23	4.72	567.59	76.74*	66*	.01*	.15*	.3*	0*	0*	289.6	.73*	2.39			
Day: Friday	378.61	4.57	10.87	478.51	18.98*	20.05*	37.98	10.05	9.04	.33	60.19	14	22.64	4.56	468.65	76.74*	153.88*	.01*	.15*	39.1*	0*	0*	566.87	156.08*	2.67			
Weekly Avg.	392.88	2.61	5.96	364.16	22.01*	22.24*	43.82	7.81	6.57	0.08	70.92	11.86	15.19	4.76	513.70	77.63*	2.50	0.06*	0.70*	9.22*	0.00*	0.01*	358.02	34.56*	2.27			
Weekly Std.	350.00-500.00		<10.00	<=540.00		<10.00																						
Var.				(175.84)		12.24																						
Standard Not Met					x																							

Added Sugars limit does not go into effect until July 1, 2027
* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer’s labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



WEEKLY NUTRITIONAL ANALYSIS

Profit Center: Scranton School District
Location: Scranton SD South Interm
Service Area: Plaza
Menu Name: Plaza 26-27

Period:		Lunch		Week: 3		Avg.Method: Weighted (USDA Default)										Age Group: Lunch Grades K-5									
Weekly Std.	CAL	SFA		Na (mg)	Added Sugar		Total Sugars	Fat		Trans Fat (g)	Carbs (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A RAE (mcg)	Vit D (mcg)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B12 (mcg)	Riboflavin (mg)	Ca (mg)	P (mg)	Fe (mg)
	(g)	% of CAL	(g)	% of CAL	(g)	% of CAL	(g)	% of CAL	(g)	(g)	(g)	(g)	(mg)	(g)	(mg)	(mcg)	(mcg)	(mg)	(mcg)	(mg)	(mcg)	(mg)	(mg)	(mg)	(mg)
	550.00-650.00		<10.00	<=1110.00		<10.00																			
Day: Monday	570.13	6.18	9.75	948.69	16.46*	11.55*	36.03	19.9	24.25	2.48*	72.74	26.94	46.68	5.79	921.47	132.64*	78.52	1.15*	11.72*	5.76*	.66*	.14*	434.06	192.1*	4.16
Day: Tuesday	533.81	5.72	9.65	977.83	21.73*	16.28*	40.96	15.55	21.17	2.11	76.7	25.87	46.44	6.47	873.82	132.35*	75.55*	.94*	43.95*	38.66*	.11*	.19*	486.94	179.25*	3.62
Day: Wednesday	629.1	5	7.15	1015.21	26.02*	16.54*	44.74	19.21	18.17	2.08	91.74	24.71	106.21	5.91	723.01	146.67*	749.9	.82*	6.73*	27.33*	.23*	.27*	418.47	207.85*	3.66
Day: Thursday	603.53	6.98	10.4	1000.7	11.73*	7.77*	30.65	23.13	22.36	2.88	76.67	24.68	31.89	6.2	1047.12	124.03*	86.68	1.15*	39.56*	12.16*	.14*	.17*	392.72	177.67*	3.78
Day: Friday	548.93	6.58	10.79	886.07	19.01*	13.85*	41.38	18.72	28.8	2.4	74.62	24.17	40.15	5.3	846.7	183.57*	76.77	.56*	1.36*	8.07*	.03*	.06*	519.62	89.71*	2.73
Weekly Avg.	577.10	6.09	9.55	965.70	18.99*	13.20*	38.75	19.30	22.95	2.39*	78.50	25.27	54.27	5.93	882.42	143.85*	5.28	0.92*	20.66*	18.39*	0.24*	0.17*	450.36	169.31*	3.59
Weekly Std.	550.00-650.00		<10.00	<=1110.00		<10.00																			
Var.				(144.30)		3.20																			
Standard Not Met					X																				

Added Sugars limit does not go into effect until July 1, 2027
* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



WEEKLY NUTRITIONAL ANALYSIS

Profit Center: Scranton School District
Location: Scranton SD South Interm
Service Area: Plaza
Menu Name: Plaza 26-27

Weekly Std.	Period:	Breakfast		Week: 4		Avg.Method: Weighted (USDA Default)										Age Group: Brkfst Grades K-5									
		SFA			Added Sugar			Fat			Carbs	Pro													
	CAL	(g)	% of CAL	Na (mg)	(g)	% of CAL	Total Sugars	(g)	% of CAL	Trans Fat (g)	(g)	(g)		Chol (mg)	Fiber (g)	K (mg)	Vit A RAE (mcg)	Vit D (mcg)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B12 (mcg)	Riboflavin (mg)	Ca (mg)	P (mg)
	350.00-500.00		<10.00	<=540.00		<10.00																			
Day: Monday	458.86	3.18	6.23	371.93	26.04*	22.7*	52.07	9.15	17.93	.09	84.84	10.95	21.79	6.73	594.26	80.92*	69.66*	.24*	2.91*	6.27*	0*	.05*	259.38	93.6*	2.73
Day: Tuesday	366.33	1.06	2.61	344.15	17.07*	18.64*	37.03	7.07	14.4	0	69.07	10.22	4.5	5	510.79	76.74*	66*	.01*	.15*	.3*	0*	0*	301.76	.73*	2.14
Day: Wednesday	441.4	.65	1.33	320.21	39.96*	36.21*	59.19	3.84	7.05	0	89.15	12.42	9.04	5.25	609.78	81.46*	147.65*	.01*	.15*	2.32*	0*	4.03*	639.56	.73*	2.65
Day: Thursday	414.42	3.95	8.59	624.04	11.89*	11.48*	36.31	9.81	11.63	.18	66.21	18.37	112.37	5.53	583.5	118.81*	89.44*	.03*	.15*	.3*	0*	0*	351.07	5.39*	2.88
Day: Friday	333.05	4.2	11.34	564.77	12.82*	15.4*	31.56	7.75	.18	.28	52.46	14.95	22.64	3.74	432.06	139.62*	191.87*	.01*	.15*	45.39*	0*	0*	514.89	156.08*	3.53
Weekly Avg.	402.81	2.61	6.02	445.02	21.56*	20.89*	43.23	7.52	10.24	0.11	72.35	13.38	34.07	5.25	546.08	99.51*	2.82	0.06*	0.70*	10.92*	0.00*	0.82*	413.33	51.31*	2.79
Weekly Std.	350.00-500.00		<10.00	<=540.00		<10.00																			
Var.				(94.98)		10.89																			
Standard Not Met					x																				

Added Sugars limit does not go into effect until July 1, 2027
* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer’s labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



WEEKLY NUTRITIONAL ANALYSIS

Profit Center: Scranton School District
Location: Scranton SD South Interm
Service Area: Plaza
Menu Name: Plaza 26-27

Period:		Lunch		Week: 4				Avg.Method: Weighted (USDA Default)										Age Group: Lunch Grades K-5									
Weekly Std.	CAL	SFA		Na (mg)	Added Sugar		Total Sugars	Fat		Trans Fat (g)	Carbs (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A RAE (mcg)	Vit D (mcg)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B12 (mcg)	Riboflavin (mg)	Ca (mg)	P (mg)	Fe (mg)		
	(g)	% of CAL	% of CAL	(g)	% of CAL	(g)	(g)	% of CAL	(g)	(g)	(g)	(mg)	(g)	(mg)	(mcg)	(mcg)	(mg)	(mcg)	(mg)	(mg)	(mg)	(mg)	(mg)	(mg)	(mg)		
Weekly Std.	550.00-650.00		<10.00	<=1110.00		<10.00																					
Day: Monday	577.59	6.58	10.25	1010.38	16.27*	11.26*	36.93	20.33	21.32	2.24	75.13	25.54	40.16	5.21	736.89	181.9*	90.31	1.25*	27.65*	13.17*	.06*	.14*	449.63	163.07*	3.22		
Day: Tuesday	595.2	4.18	6.32	1173.74	17.44*	11.72*	36.32	18.27	20.87	1.56*	82.9	29.15	38.74	7.6	832.38	137.22*	78.77*	1.16*	38.14*	37.22*	.07*	.2*	489.26	214.91*	4.66		
Day: Wednesday	507.44	3.3	5.86	890.91	11.86*	9.35*	31.87	12.27	16.73	1.52	73.43	27.22	48.31	6.02	755.82	107.38*	78.28	.84*	15.16*	24.59*	.08*	.13*	411.28	116.35*	4.16		
Day: Thursday	635.97	4.59	6.49	856.15	21.32*	13.41*	41.95	21	21.18	1.67	89.77	24.37	57.24	5.68	1143.2	110.4*	85.92	.66*	1.58*	9.59*	.06*	.14*	424.52	132.49*	5.12		
Day: Friday	514.93	4.44	7.76	815.27	18.05*	14.02*	41.94	15.07	22.37	1.91	74.07	23.73	26.07	5.86	924.85	248.97*	78.62	.69*	6.43*	6.8*	.23*	.07*	514.97	61.22*	3.47		
Weekly Avg.	566.23	4.62	7.34	949.29	16.99*	11.95*	37.80	17.39	20.49	1.78*	79.06	26.00	42.10	6.07	878.63	157.17*	1.97	0.92*	17.79*	18.27*	0.10*	0.14*	457.93	137.61*	4.13		
Weekly Std.	550.00-650.00		<10.00	<=1110.00		<10.00																					
Var.				(160.71)		1.95																					
Standard Not Met						x																					

Added Sugars limit does not go into effect until July 1, 2027

* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



WEEKLY NUTRITIONAL ANALYSIS

Profit Center: Scranton School District
Location: Scranton SD South Interm
Service Area: Plaza
Menu Name: Plaza 26-27

Period:		Breakfast		Week: 5		Avg.Method: Weighted (USDA Default)										Age Group: Brkfst Grades K-5									
Weekly Std.	CAL	SFA		Na	Added Sugar		Total	Fat		Trans	Carbs	Pro	Chol	Fiber	K	Vit A	Vit D	Vit E	Vit K	Vit C	Vit B12	Ribofl	Ca	P	Fe
		(g)	% of CAL	(mg)	(g)	% of CAL	Sugars	(g)	% of CAL	Fat (g)	(g)	(g)	(mg)	(g)	(mg)	RAE (mcg)	(mcg)	(mg)	(mcg)	(mg)	(mcg)	avin (mg)	(mg)	(mg)	(mg)
	350.00-500.00		<10.00	<=540.00		<10.00																			
Day: Monday	445.35	1.62	3.28	394.22	30.74*	27.61*	56.39	8.75	.49	.05	83.89	11.37	4.5	5.66	609.46	80.66*	66*	.98*	16.43*	6.12*	0*	.15*	280.45	1343.26*	2.1
Day: Tuesday	387.68	1.73	4.01	423.78	20.05*	20.69*	40.18	7.4	16.32	0	73.35	11.04	4.5	5.49	432.26	76.74*	66*	.01*	.15*	.3*	0*	0*	256.71	.73*	2.34
Day: Wednesday	400.15	1.23	2.77	351.32	38.78*	38.77*	57.6	4.54	8.79	0	78.01	10.58	9.04	3.41	547.99	77.43*	147.65*	.01*	.15*	.3*	0*	0*	472.8	.73*	2.6
Day: Thursday	353.16	.97	2.48	307.05	16.61*	18.82*	40.67	6.4	.38	0	67.81	8.99	5.23	3.98	569.06	76.74*	66*	.01*	.15*	.3*	0*	0*	290.33	.73*	2.39
Day: Friday	394.26	4.78	10.9	517.77	21.15*	21.46*	39.92	8.95	6.06	.33	66	14.3	22.64	4.12	412.25	182.14*	66*	.01*	.15*	39.1*	0*	.15*	563.19	247.59*	2.56
Weekly Avg.	396.12	2.07	4.69	398.83	25.47*	25.47*	46.95	7.21	6.41	0.08	73.81	11.25	9.18	4.54	514.20	98.74*	2.06	0.21*	3.40*	9.23*	0.00*	0.06*	372.70	318.61*	2.40
Weekly Std.	350.00-500.00		<10.00	<=540.00		<10.00																			
Var.				(141.17)		15.47																			
Standard Not Met						x																			

Added Sugars limit does not go into effect until July 1, 2027
* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer’s labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.



WEEKLY NUTRITIONAL ANALYSIS

Profit Center: Scranton School District
Location: Scranton SD South Interm
Service Area: Plaza
Menu Name: Plaza 26-27

Period:		Lunch		Week: 5					Avg.Method: Weighted (USDA Default)										Age Group: Lunch Grades K-5							
Weekly Std.	CAL	SFA		Na (mg)	Added Sugar		Total Sugars	Fat		Trans Fat (g)	Carbs (g)	Pro (g)	Chol (mg)	Fiber (g)	K (mg)	Vit A RAE (mcg)	Vit D (mcg)	Vit E (mg)	Vit K (mcg)	Vit C (mg)	Vit B12 (mcg)	Riboflavin (mg)	Ca (mg)	P (mg)	Fe (mg)	
	(g)	% of CAL		(g)	% of CAL		(g)	% of CAL																		
	550.00-650.00		<10.00	<=1110.00		<10.00																				
Day: Monday	561.07	4.22	6.76	900.85	12.15*	8.66*	33.34	18.07	22.79	2.3*	75.25	25.37	46.78	4.83	801.48	108.55*	87.31	.83*	8.16*	8.4*	.13*	.1*	333.94	148.37*	3.59	
Day: Tuesday	490.39	4.38	8.05	923.55	12.06*	9.84*	31.89	19.2	33.2	2.38*	62.15	24.71	54.35	5.62	869.25	151.04*	77.11	1.56*	52.55*	48.94*	.18*	.2*	347.74	212.59*	3.52	
Day: Wednesday	557.34	8.51	13.74	1059.53	11.25*	8.07*	29.8	22.17	20.37	3.57*	64.07	26.91	48.93	6.41	1075.4	105.91*	78.71	.94*	3.5*	31.47*	.79*	.1*	531.37	373.15*	3.42	
Day: Thursday	627.02	6.95	9.98	1012.07	12.69*	8.09*	34.24	22.13	26.88	2.94*	82.9	28.43	38.64	6.07	1118.62	148.22*	111.83*	1.01*	32.78*	10.31*	.81*	.25*	530.34	237.49*	4.03	
Day: Friday	568.99	4.77	7.55	936.74	26.7*	18.77*	51.88	15.59	22.8	2.21*	85.81	25.08	27.17	6.64	927.33	196.33*	75.48*	.57*	9.71*	13.17*	.12*	.12*	489.68	108.92*	3.75	
Weekly Avg.	560.96	5.77	9.22	966.55	14.97*	10.69*	36.23	19.43	25.21	2.68*	74.04	26.10	43.17	5.91	958.42	142.01*	2.12	0.98*	21.34*	22.46*	0.41*	0.15*	446.61	216.10*	3.66	
Weekly Std.	550.00-650.00		<10.00	<=1110.00		<10.00																				
Var.				(143.45)		0.69																				
Standard Not Met					x																					

Added Sugars limit does not go into effect until July 1, 2027
* Some values for this nutrient are unavailable; the number listed is incomplete.

The information contained in this report is for informational purposes only and is derived from manufacturer's labels, packaging and inserts and from information made publicly available by the United States Department of Agriculture. ARAMARK is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this report. Ingredients and menu items are subject to change without notice. Information contained in this report is not intended for menu planning for a person with food allergy or medical conditions nor is it intended as a substitute for advice from a physician or other healthcare professional. You should not use the nutritional information in this report for the diagnosis or treatment of any health problem, condition or ailment or for the prescription or taking of any medication, drug or nutritional, herbal or homeopathic substance.