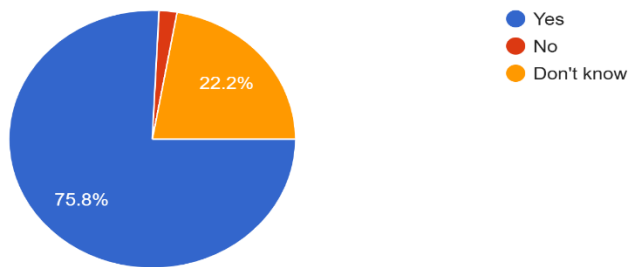


25-26 CAMPUS/DISTRICT WELLNESS ASSESSMENT RESULTS

WELLNESS GOAL 1: The District's food service staff, teachers, and other District personnel shall consistently promote healthy nutrition messages in cafeterias, classrooms, and other appropriate settings.

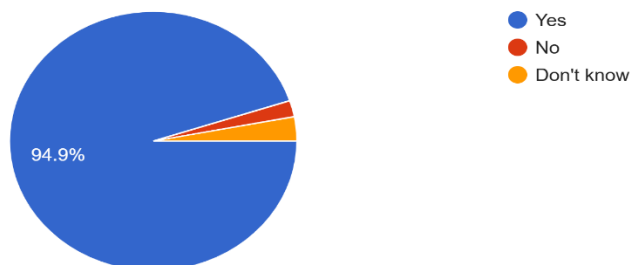
1.1 Food Services: Our campus provides healthy eating promotion activities such as marketing materials, food service line placement and incentives, contests and tasting experiences for students.

99 responses



1.2 Employee Wellness: Our campus/district provides staff with healthy nutrition messages and resources throughout the year to promote healthy newsletters, employee restrooms, and In the Know (ITK).

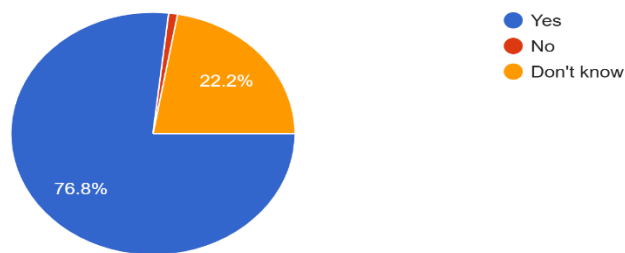
99 responses



WELLNESS GOAL 2: The district shall share educational nutrition information with families, staff, and the public to promote healthy nutrition choices and positively influence the health of students and staff.

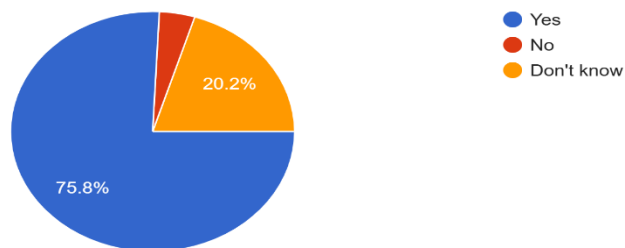
2.1 Food Services/Health/PE/Employee Wellness: Our campus/district provides nutrition information on selected foods or topics to promote healthy eating habits.

99 responses



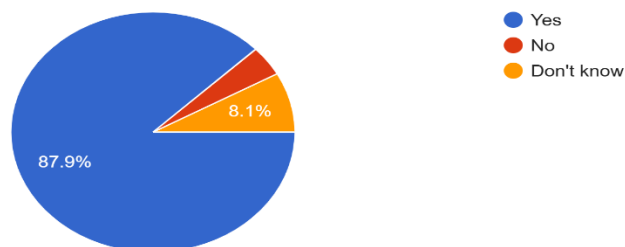
2.3 Physical Education/Food Services: Our district offers nutrition education to the public at community events throughout the year. Examples include the 21-Day Student/Family Snacking Challenge.

99 responses



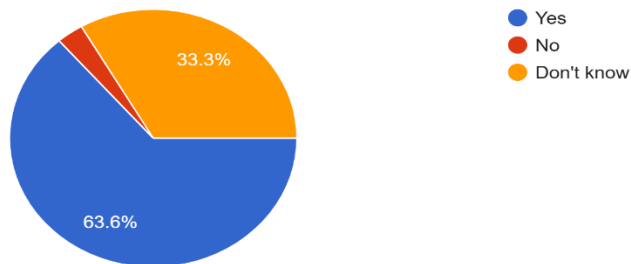
2.2 Employee Wellness: Our campus/district offers nutrition education to employees. Examples include nutrition classes, nutrition counseling through activities such as the 21-Day Snack Adult Challenge.

99 responses



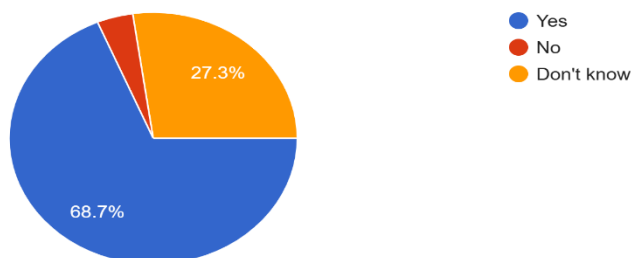
WELLNESS GOAL 3: The District shall ensure that food and beverage advertisements accessible to students during the school day depict only products that meet the federal guidelines for meals and competitive foods.

3.1 Food Services: Our campus, in conjunction with Food & Nutrition Services, ensures that only advertisement/marketing materials (including for s...nack Guidelines are posted throughout the school.
99 responses



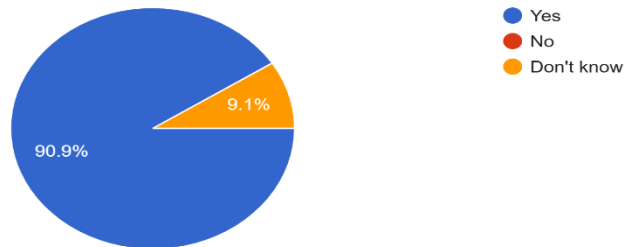
WELLNESS GOAL 4: The District shall make nutrition education a District-wide priority through curriculum and District initiatives, as appropriate.

4.1 Health/Physical Education: Nutrition education is taught in physical education for elementary and middle school students, and in health education classes for high school students.
99 responses

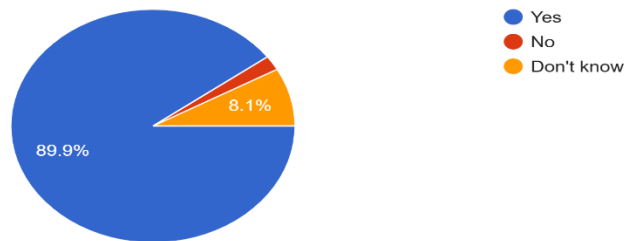


WELLNESS GOAL 5: The District shall provide an environment that fosters safe, enjoyable, and developmentally appropriate fitness activities for all students.

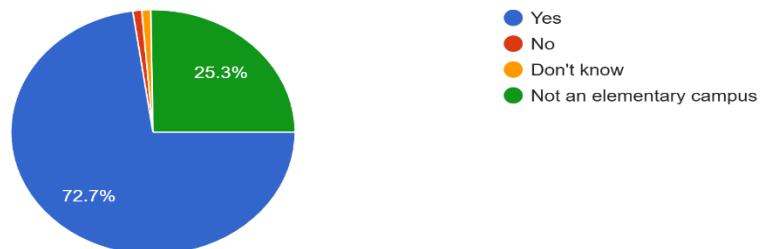
5.1 Physical Education: Campus master schedules comply with all TEA regulations concerning physical education. (Requirements: elementary = 1...ol = 1 year of physical education for all students).
99 responses



5.2 Physical Education: Our campus provides fitness opportunities for students, and exposes them to a wide variety of recreational/leisure activities in addition to skill-based physical education curriculum.
99 responses

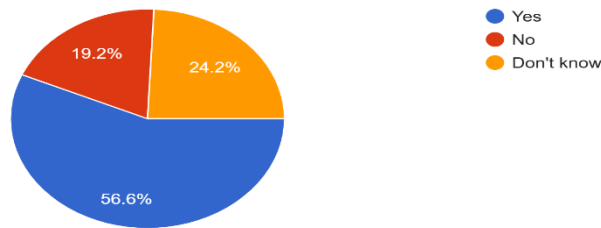


5.3 Physical Activity: (Elementary only) Our campus ensures that all students receive at least 15 minutes of OUTDOOR recess daily (weather permitting).
99 responses



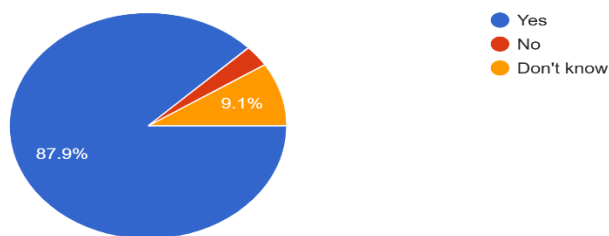
WELLNESS GOAL 6: The District shall encourage parents to support their children’s participation in physical activity, to be active role models, and to include physical activity in family events.

6.1 Physical Activity: Our campus promotes family engagement in physical activity, and offers physical activity opportunities at campus/district events.
99 responses

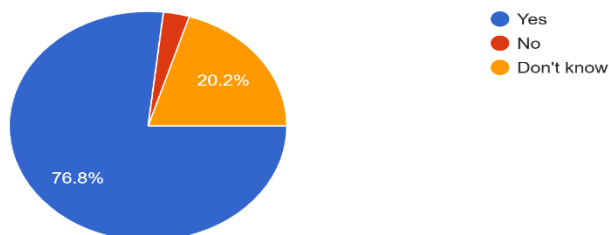


WELLNESS GOAL 7: The District shall promote employee wellness activities and involvement at suitable District and campus activities through the Employee Wellness Program.

7.1 Employee Wellness: The District’s Employee Wellness Program has developed and offered initiatives that benefit our employees and meet their health and wellness needs.
99 responses



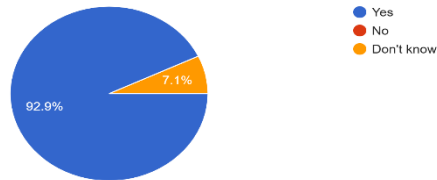
7.2 Employee Wellness: Our District’s Employee Wellness Program has worked in conjunction with the Campus Wellness Champions to promote wellness initiatives.
99 responses



WELLNESS GOAL 8: The District shall promote the mental health of students with age-appropriate programs in accordance with the guidelines provided in FFEB (legal).

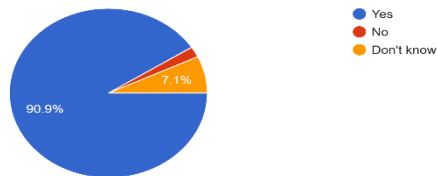
8.1 Counseling: Our campus provides the required programs/lessons in bullying.

99 responses



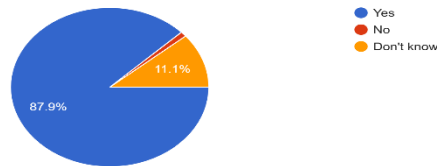
8.2 Counseling: Our campus provides the required programs/lessons in violence prevention and personal safety.

99 responses



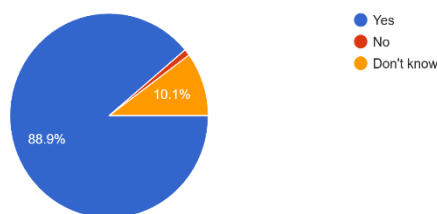
8.3 Counseling: Our campus provides the required programs/lessons in suicide prevention, mental health and safety.

99 responses



8.4 Counseling: Our campus provides the required programs/lessons in drug education.

99 responses



8.5 Counseling: (Secondary only) Our campus provides the required programs/lessons in human trafficking.

99 responses

