Online Parenting & Online Safety

Since the 2011-2012 watershed that marked when Americans began to widely own cell phones, parenting online behavior is now part of responsible parenting. Controlling a teenager's social media may seem daunting, however, it's a reality each parents face daily. Below are some resources that VCHS feels is helpful to prepare parents.

Christian-Based Resources
The Fuller Youth Institute turns research into practical resources to help make Christian institutions the best place for young people to grow. Here are their findings: https://fulleryouthinstitute.org/technology

Social Media Basics
This article gives some good "rules of thumb" when parenting a teenager with social media.
https://www.commonsensemedia.org/articles/what-are-the-social-media-basics-for-high-school-kids

Screen Time
This contains great, open-ended questions to help you have a dialogue with your teen.
https://www.commonsensemedia.org/articles/4-conversations-to-have-with-older-kids-and-teens-about-their-screen-time-habits

Parental Controls
This article challenges using technology controls as the way to parent in the digital landscape, but rather leans on your relationship with your teen.
https://www.commonsensemedia.org/articles/parents-ultimate-guide-to-parental-controls

Google Tools
VCS uses Google tools linked to the student Warriorlife emails. You can learn about how to help your student using this site.
https://www.commonsensemedia.org/articles/parents-ultimate-guide-to-google-classroom

Instagram
This resource from Instagram helps you consider the pros and cons of your student using this app. If you don't want your student to have Instagram, we recommend that parents follow the ASB account @vchswarriors, so you can inform your student about student life updates.
https://about.instagram.com/community/parents

Online Safety Resources
Helping kids stay safe while online is every parent's concern. It can be difficult to stay up to date on new technology and on how best to protect your family. Cybertip.ca offers information about the ever-changing online interests of children, the potential risks they face, and proactive strategies to help keep your student safe while online.
https://cybertip.ca/en/online-harms/safety-resources/
https://cybertip.ca/en/child-sexual-abuse/grooming/