

Healthy School Teams (HST)

The Wellness Promotion Policy (2.035) requires each school to establish a Healthy School Team (HST) to ensure schools are creating healthier environments, fostering a cohesive wellness culture, and complying with the United States Department of Agriculture's (USDA) Smart Snacks in School Standards.

To support the goals and objectives of the District's Wellness Promotion Policy (2.035) and the School Food Service Management Policy (6.185 Section 5), each school must do the following:

- The principal must designate a Healthy School Team (HST) Lead to oversee the HST on campus.
    - *Best practice:* it is recommended that an Assistant Principal be assigned as the HST Lead.
- Refer to the HST Possible Members List for guidance on potential HST members.
    - **School-Based Campuses**: Enter the HST Lead and team members into the Points of Contact app on the District Portal.
    - **Charter Schools**: Complete the FY27 Charters' Healthy School Team Members form.
- **Ensure that the HST members meet as needed** to discuss items such as food fundraisers, school culture, and special events. For those schools involved in the Alliance for a Healthier Generation's Resilience In School Environment (RISE) program, it is recommended that the HST contribute to the assignments.
- **Complete the required** FY27 Food Fundraising Tracking Form **prior to each food fundraiser** held on campus when food is sold to students during the school day (one entry form per fundraiser). *The USDA defines "school day" as the period from midnight to 30 minutes after the end of the official school day (last bell).*

    - The Fundraising Application/Recap (PBSD 0153) form must be completed by the activity sponsor, approved by the principal, and submitted to the treasurer for account assignment before any activity starts. *Charter schools do not need to complete form PBSD 0153.*
    - The sponsor must provide an approved copy of PBSD 0153 to the HST Lead **only** when food is sold to students on campus during the school day.
- Every three years, complete the required Wellness Promotion Policy School-Level Assessment. Schools are encouraged to involve Healthy School Team (HST) members in the assessment process.

When assembling your school's Healthy School Team (HST), include representatives from the ten (10) Whole School, Whole Community, Whole Child (WSCC) components to help foster a cohesive and supportive culture of wellness. Below are the WSCC components, along with examples of potential Healthy School Team (HST) members for each.

1. **Physical Education & Physical Activity** = Physical Education (PE) Teacher
2. **Nutrition Environment & Services** = School Food Service (SFS) Manager, SFS staff member
3. **Behavioral/Mental Health, Psychological & Counseling Services** = School Behavioral Health Professional (SBHP), School Psychologist, School Counselor
4. **Positive & Supportive Climate** = Skills for Learning & Life (SLL) Lead, Safe School Ambassador, Positive Behavior Interventions and Supports Team (PBIS)/Internal Coach (IC), Single School Culture Coordinator, School Based Team (SBT) Leader, ESE Representative, Club/Activity Sponsors
5. **Health Education** = Health and/or Academic Teachers, School Counselor, Media Specialist
6. **Health Services** = School Nurse/Health Room Staff, 504 Designee/ESE Coordinator
7. **Employee Wellness** = Wellness Champion (Staff)
8. **Physical Environment** = Green Champion, School Police, School Garden Liaison, School Custodian, School Administration
9. **Family Engagement** = Parents, ESOL Representative, Equity Representative, PTA/PTSA Representation, PTO/PTSO Representative, Title 1 Contact, School Administration and Faculty
10. **Community Involvement** = Nonprofit Organizations, Community Stakeholders, Students' Clubs and Organizations