

Wellness Policy Triennial Assessment

An assessment of your school wellness policy must be conducted at a minimum once every three years per United States Department of Agriculture (USDA) regulations. Local Educational Agencies (LEAs) may assess their policy more frequently. This assessment will determine compliance with the wellness policy, how the wellness policy compares to model wellness policies, and progress made in attaining the goals of the wellness policy.

General Information:

District Name: Oklahoma City Public Schools

Month and year of current assessment: June 2026

Date of last Local Wellness Policy revision: 9/13/2022

Website address for the wellness policy and/or information on how the public can access a copy:

<https://www.okcps.org/departments/physical-education-wellness/district-wellness-policy-overview-regulations>

Wellness Policy Leadership: LEAs must establish wellness policy leadership of one or more LEA and/or school official(s) who have the authority and responsibility to ensure each school complies with the policy. *Table rows may be added for additional goals.*

How many times per year does your school wellness committee meet? 4

Designated School Wellness Coordinator *(table rows may be added):*

Name	Title	Email Address
Kely Walk	Assistant Athletic Director for Recreational Sports and PE	kwalk@okcps.org
Amanda Morgan	Associate Director of Nutrition	amorgan@okcps.org

School Wellness Committee Members *(table rows may be added):*

Name	Title	Email Address
Shonia Hall	Executive Director of Student Nutrition Services	smhall@okcps.org
Shane Sanders	Executive Director of Athletics and Physical Education	sasanders@okcps.org
Andrea Legg	District Athletic Trainer	aklegg@okcps.org
Deborah Lee	Occupational Health Nurse Practitioner	dklee@okcps.org
Anika Starling	Director of Health Services	aastarling@okcps.org
Ricky Clark	Director of Mental Health	rlclark@okcps.org
Faisal Madni	Physical Education Teacher Skyline MS	fsmadni@okcps.org

Record Keeping: A copy of the most recent triennial assessment, along with supporting documentation, must be kept on file with your wellness policy documentation for three years plus the current year. The State agency will examine records during the Administrative Review, including:

- Copy of the current wellness policy
- Documentation on how the policy and assessments are made available to the public
- The most recent assessment and the implementation of the policy
- Documentation of efforts to review and update the policy, including who was involved in the process and how stakeholders were made aware of their ability to participate

Part I: Content Checklist

Below is a list of items that must be addressed in Local Wellness Policies, based on U.S. Department of Agriculture (USDA) and state guidance. Check the box for each item included in your Local Wellness Policy. For any box that is not checked, you must take steps to add the item(s) to the policy in the future.

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|---|--|
| ☒ Nutrition Education and Promotion | ☒ Nutrition Standards for School Meals |
| ☒ Wellness Leadership | ☒ Physical Activity |
| ☒ Nutrition Standards for Competitive Foods (Foods Sold) | ☒ Public Involvement |
| ☒ Standards for All Food/Beverages Provided but Not Sold | ☒ Other School-based Wellness Activities |
| ☒ Marketing of Food/Beverages that meet Smart Snack Standards | ☒ Reporting |
| ☒ Triennial Assessment | |

Part II: Comparison to Model School Wellness Policies: A comparison to a Model School Wellness policy is required. Keep a copy of the results on file for at least three full school years plus the current year. This will be reviewed during the next administrative review.

Indicate the model policy used for comparison:

- ☐ **Alliance for a Healthier Generation's Model Wellness Policy** – Local wellness policy created in collaboration with USDA, which exceeds the minimum requirements. Select the Model Wellness policy in Step 3. You are required to create an account to access.
<https://www.healthiergeneration.org/take-action/schools/wellness-topics/policy/local-school-wellness-policy/refresh-your-policy>
- ☐ **WellSAT 3.0** – Wellness assessment tool that asks a series of questions about your local wellness policy and generates a personalized scorecard based on the results. Users must create an account to access this tool.
<https://www.wellsat.org/triennial>
- ☒ **Oklahoma TSET Wellness Policy** (*The TSET wellness policy goes above USDA Wellness Policy standards*) – located in Other Documents, which exceed the minimum requirements.

Part III: Progress towards wellness goals and compliance with the wellness policy: The triennial assessment measures the extent to which the district complies with the Local School Wellness Policy; **describe how the wellness policy compares to the model wellness policy chosen in Part II; and describes the district's progress toward meeting its wellness policy goals.** The triennial assessment results must be made available to the public. The State agency will review this documentation during the Administrative Review. The areas to assess include:

- **Specific goals for:** Nutrition promotion and education, Physical activity, and Other school-based activities that promote student wellness.
- **Standards and nutrition guidelines for all foods and beverages** sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards, and the Smart

Snacks in School nutrition standards.

- **Standards for all foods and beverages provided, but not sold**, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- **Description of public involvement, public updates, policy leadership, and evaluation plan.**

Rating Scale: 2 = The district's current wellness policy meets **all** of the requirements;
 1 = The district's current wellness policy meets **some** of the requirements; and
 0 = The district's current wellness policy meets **none** of the requirements

Rating	Nutrition Promotion and Education Goal(s)	
2	Schools will offer nutrition education to all grades (K-12), providing students the knowledge and skills necessary for lifelong healthy eating behaviors.	
Describe Process and Next Steps, if applicable		
Expand current nutrition education opportunities available to students in all grades. Including but not limited to Blender Bike Lessons, FFVP and farm to school taste tests.		
Rating	Physical Activity Goal(s)	
2	1. Time Related: All elementary students (K-5) will participate in at least 60 minutes of PE per week. Secondary students (6-12) will participate in at least 225 minutes of PE per week. 2. Type of Activity: At least 50% of time during PE classes should be spent doing moderate to vigorous activity. 3. Class sizes: PE class sizes at all levels (K-12) should be equivalent to Core class sizes.	
Describe Process and Next Steps, if applicable		
Work with site administration to get class sizes in high schools and middle schools to appropriate sizes for PE activity.		
Rating	School-based activities to promote student wellness goal(s)	
2	Provide elementary school students (pre-k-5) at least 40 minutes of recess each day (in addition to the Physical Education requirements). Provide all students (K-12) short breaks (three to five minutes) throughout the day to let them stretch, move around, and break up their time spent sitting.	
Describe Process and Next Steps, if applicable		
Continue to keep up with updates in the legislation regarding time requirements for school-based activities.		
Rating	Nutrition guidelines for all foods and beverages for sale on the school campus (i.e. school meals and smart snacks). Reference: 7 CFR 210.10-11 and 7 CFR 220.8	
2	The District Child Nutrition Program will serve reimbursable meals that meet the USDA requirements and follow the Dietary Guidelines for Americans.	
Describe Process and Next Steps, if applicable		
Continue to remain current as federal regulations change.		
Rating	Guidelines for other foods and beverages available on the school campus, but not sold	
2	Other foods and beverages provided (not sold) on campus (e.g., for classroom parties, celebrations, and afterschool-programming) must meet the USDA’s Smart Snacks standards and be store bought.	

Describe Process and Next Steps, if applicable	
Continue to promote the Wellness policy outside of the Wellness Committee to ensure school-based staff are aware of the standards and available support.	
Rating	Marketing and advertising of foods and beverages that meet Smart Snacks standards
2	Only foods and beverages that meet the USDA's Smart Snacks standards may be marketed in schools.
Describe Process and Next Steps, if applicable	
Rating	Description of public involvement, public updates, policy leadership, and evaluation plan
2	The District will permit parents, students, representatives of the school food authority, physical education teachers, school health professionals, the school board, school administrators, and the general public to serve on the local school wellness policy committee and participate in the development, implementation, review, and update of the local school wellness policy.
Describe Process and Next Steps, if applicable	
We include a statement on the PE and Wellness page of our district that invites parents, students, teachers, administrators and anyone else that would like to be part of the committee to reach out to us for more information.	

1. What strengths does your current local wellness policy possess?

As a whole, our policy is very strong. After a thorough review in 2022, updates were made to our wellness policy to take the OKCPS District Wellness Policy to a level that it is considered to be a model policy in the state of Oklahoma.

2. Based on the review of the current local wellness policy, what improvements could be made to the district's local wellness policy?

At this time we do not feel there are any improvements that need to be made.

3. Indicate any progress made from the previous triennial assessment to this triennial assessment.

We are growing our committee by adding more diverse partners. During this assessment, we were able to get 100% participation from all district sites.