Southwest Licking
LOCAL SCHOOLS

2026-2027 ATHLETIC HANDBOOK

Southwest Licking Local School District

Administrative Offices
927-A South Street
Pataskala OH 43062
740-927-3941
http://www.swl.k12.oh.us

Board of Education

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Kandee Engle, Vice President
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Ashley LeJeune, Director of Specialized Services & Assessment
Richard Jones, Treasurer

Athletics

WMHS Athletic Director: Jacob M. Perkins
1954 Warrior Way, Pataskala OH 43062
740-927-3417

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Introduction

Athletic Mission Statement

The athletic program should provide a variety of experiences to aid in the development of favorable habits and attitudes in students that will prepare them for adult life in a democratic society.

The interscholastic athletic program shall be conducted in accordance with existing OHSAA and Board of Education policies, rules, and regulations. At all times the athletic program must be conducted in such a way so as to justify it as an educational activity.

Athletic Objectives

The student shall learn teamwork, self-discipline, respect for authority, and the spirit of hard work and sacrifice. Students must place the team and its objectives higher than personal desires.

General Information and Expectations of Conduct

Responsibilities of a Southwest Licking Student-Athlete

Participation in athletics is a privilege, not a right. Being a member of a Watkins Memorial athletic team carries a certain set of responsibilities.

- Reputation: Student-athletes represent their school as well as themselves when wearing Black and Gold and should compete to the best of their ability.
- Character: Student-athletes should broaden themselves and develop strength of character.
- Leadership: Student-athletes should set good examples for younger athletes; as our school will be judged by our conduct and attitudes, on and off the field.
- Home/Community: Student-athletes represent their communities.

Student Hazing

NO student shall perform any act or coerce another person, to perform any act of initiation into any organization that creates a substantial risk of causing mental or physical harm to any person. Hazing may result in a denial of participation.

Sportsmanship

The OHSAA, LCL, and WMHS athletic department believe in basic sportsmanship principles.

Students should:

- Believe participation is more important than winning
- Participate to their best ability with honor
- Display respect for athletic opponents, their schools and officials
- Respect the rules and strive to maintain self-control
- Accept the responsibility and privilege of representing the school and community

Responsibilities of Coaches, Participants, and Parents (Spectators)

- Demonstrate the fundamentals of sportsmanship
- Exercise self-control
- Never argue or make gestures
- Accept both victory and defeat with pride and compassion
- Practice positive cheers and encourage our own team without demeaning the opponent
- Never attempt to distract opposing players or interfere with the performance

Examples of Inappropriate Behavior (not limited to)

- Use of profanity
- Berating officials, players, coaches, or spectators including signs, chants or cheers
- Inciting other spectators or players to inappropriate behavior
- Theft / Damage / Destruction of school property
- Interruption of the contest or other disruptive behavior
- Involvement in criminal related activities

Possible Consequences

- Conference/hearing with a school official
- Possible suspension/termination as participant, coach or spectator
- Removal from contest/premises
- Denied attendance at contests
- School Suspensions/Expulsions for students violating school rules
- Restitution

Ejection of Coaches or Participants from Athletic Contests

Per the OHSAA rules, the ejected coach or participant shall NOT participate for the remainder of that day nor the next two contests (one in football). Suspensions may carry over into the next sport. Further violations can result in permanent suspension or termination.

Note: Consequences for spectators, parents, or coaches who violate the above may also be enforced at the SWL youth and recreation league level, and vice-versa.
Communication, when such action is taken, will be expected between those leagues involved and the AD.

Athletic / Activities Code of Conduct

General Statement

Students are expected to display proper behavior at all times. There are consequences for students who display inappropriate behavior. The policies governing the Athletic/Activities Code of Conduct are in effect during the **entire calendar year (including summers)** for students in grades 7 through 12. This begins with the first day of the first sport in which a student-athlete participates in at Watkins Memorial High School or Watkins Middle School and continues throughout the student athlete's career whether sports participation is continuous or not.

Any conduct which may be a violation of state, local or federal criminal, or juvenile law may cause the participant to be declared ineligible by the administration.

Any athlete **hosting or attending** (as confirmed by a law enforcement agency or school district employee) a party where alcohol or other drugs are consumed shall also be prohibited.

Code of Conduct

- **Performance Enhancing Drugs** - Athletes found using illegal performance-enhancing drugs (including but not limited to steroids and illegal stimulants) shall be immediately deemed ineligible for interscholastic competition until medical evidence can be presented that the student's system is free of PED per OHSAA rules/regulations
- **Conduct Unbecoming of a Student-Athlete** - Watkins Memorial student-athletes are representatives of either Watkins Memorial High School or Watkins Middle School. Their conduct reflects on their team and their school. Engaging or participating in illegal or criminal activities, engaging or participating in bullying, racial, sexual, or ethnic "hate" activities (including electronic activities); or acting in other ways that bring disrepute to the team or the school may result in disciplinary action which may include suspension or removal of the privilege of athletic participation. All suspensions are at discretion of the athletic director and school administration.
- **Use of Alcohol or Illegal Drugs** - Student-Athletes shall not use or possess alcohol or illegal drugs in any form (including vape pens or the like)
    - 1st offense: possible denial of participation - up to 20 percent of contests/season
    - 2nd offense: suspension / denial of participation - up to 50 percent of contests/season
    - 3rd offense: suspension / denial of participation - up to full season or calendar year
- **Use of Tobacco or Tobacco Products** - Student-Athletes shall not use or possess tobacco or tobacco products in any form (including vape pens or the like)
    - 1st offense: warning or possible denial of participation
    - 2nd offense: suspension / denial of participation - up to 20 percent of contests/season
    - 3rd offense: suspension / denial of participation - up to full season or calendar year

  Note: All suspensions are at discretion of the athletic director and school administration.

Code of Conduct Notations

- **OHSAA Unsporting Behavior Misconduct -** Athletes who receive any penalty imposed by an OHSAA contest official may receive an additional penalty imposed by the coach or administration. More serious conduct violations will be reviewed by the administration and may cause the participant to be declared ineligible to participate.
- **Violation of Student Code of Conduct -** Student-Athletes referred to the school administrative office for a school rule violation may be subject to both school and athletic sanctions depending on the severity of the infraction.
- **Completion of Game Suspension Penalties -** If a student-athlete does not complete the contest suspension penalties prior to the completion of that season, then those penalties will be carried over to the next sport season the student-athlete participates in.
- **Specific Team Regulations** - Coaches will have specific regulations for their team (in consultation with the Athletic Director) which may have additional disciplinary consequences in addition to the Athletic Department's policy.
- **Period of Athlete Conduct Regulation -** The above regulations are enforced throughout the calendar year, beginning with the first day of the first sport in which a student-athlete participates at Watkins Memorial High School or Watkins Middle School, and continuing throughout the student athlete's career whether sports participation is continuous or not.
- **Self-Referral by Student-Athletes -** Student-Athletes may take advantage of a "one-time" self-referral procedure. Voluntary self-referrals do not carry any loss of the current season. Self-referrals are subject to the following guidelines:
    - Allowed one (1) time in a student's middle school and high school career.
    - Must follow through and complete a school accepted referral and treatment program
    - Voluntary referral must be made by the athlete or with the athlete’s parent/guardian
    - Cannot be used by student-athletes as a method to avoid consequences once a Code of Conduct rule is violated and a student has been identified as having violated one of the Code of Conduct Rules
    - Must appear in-person to a coach, athletic director, teacher, administrator, or guidance counselor prior to any type of official report (which includes a police report) or an investigation by school officials into the matter
    - *Any further offense after a self-referral is made will constitute a "second" offense.*

Disciplinary Appeals

An athlete who has lost their athletic privileges due to violating the SWLS Athletic Code of Conduct may appeal the decision. The Appeals process begins with the student submitting, in writing, any extenuating circumstances or evidence that he/she believes could affect the consequences of violating the Athletic Code of Conduct. The appeal should be directed to the Athletic Director or the Principal. This appeal must be made no more than 48 hours after being informed by the Athletic Director of the consequences of his/her actions.

Making a Team / Participation & Eligibility

General Statement

The most frequent issues players and parents express about coaches are playing time and cuts. Here are some guidelines in order to understand how and why these are determined.

Please keep in mind that:

- The coach determines criteria and procedures for making the team
- All students are given the same opportunity
- Coaches are solely responsible for determining playing time and cuts
- A coach can determine these issues utilizing a combination of objective and subjective procedures

Requirements for Participation

All athletes must have a physical examination, signed by a physician prior to participating in any sport. Physical forms must be submitted to the athletic office and are current for one calendar year. Athletes must have health/accident insurance from a parental policy or they may purchase school insurance. Information regarding school insurance purchases may be found on the SWL website. (OHSAA has a lifetime catastrophic insurance which covers athletes involved in sponsored events)

Eligibility to participate begins when all the following items have been completed on Final Forms by both the athlete and parent. The following forms must be signed off on in Final Forms:

- Contact Information Fonn Emergency Medical Form
- Athletic Handbook Acknowledgement Form which includes Code of Conduct
- Acknowledgment of Risk
- OHSAA Pre-Season Meeting Acknowledgement Form
- Sudden Cardiac Arrest Acknowledgement
- OHSAA Eligibility Authorization form
- Physical examination form completed and on file in the athletic office
- Acknowledgment form of insurance responsibilities
- Concussion Acknowledgement Forms
- OHSAA Authorization Form
- All academic eligibility requirements have been satisfied
- Pay to Participate fees are paid in full

Ohio High School Athletic Association - Academic Eligibility Standards

A student must receive passing grades in 5 credits during the preceding grading period, 4 for middle school. When dropping and/or adding a class, it is the responsibility of the student and parent to review all requirements for extracurricular eligibility, class rank, and fulfilling the requirement for graduation. The parents and students are encouraged to check with a counselor, coach, or athletic director prior to submitting a Drop/Add Request.

Additional Southwest Licking Academic Eligibility Standards

In addition to passing 5 credit hours (per OHSAA rules), a student must receive a minimum 9 week GPA of 1.5 during the preceding grading period.

Academic Appeals

An athlete who is declared ineligible to participate due to not meeting the SWLS scholastic eligibility requirements may appeal the decision. The appeals process begins with the student submitting, in writing, the reasons that may have contributed to the level of achievement attained. This appeal must be made no more than 5 days after grade cards are issued. The Athletic Director and or Principal will meet with the student and or his/her parents. During the time the appeal is pending, the student shall remain academically ineligible to participate in any contests.

Physical Education Exemption

Students may be exempt from the High School P.E. requirement by participating in two seasons of a board-recognized sport.

- You must finish the season as determined by the athletic department.
- Any injured players that finish the season may receive the waiver if in good standing and receive awards at the end of the season as determined by the athletic department.
- Waivers for participation in sports from a previous high school will be determined on a case-by-case basis as approved by the principal or Athletic Director.

Home School Students

District home-schooled students grades 7-12 may participate in athletics provided they meet all residential, academic and non-academic eligibility standards and financial requirements. Students must provide evidence of meeting the eligibility standards per OHSAA By-Law 4-3-1 prior to participation. Students and parents must contact the Athletic Director prior to beginning participation.

Age Limitation Per OHSAA Rules / Regulations

Once a student attains the age of 20, the student shall be ineligible to participate in high school athletics. Students age 15 prior to August 1 shall be ineligible to participate in middle school athletics. They can, however, participate at the high school if age 15 prior to August 1 regardless of grade. School records shall be final in determining age.

Transfers

Transfer students must meet OHSAA By-Law 4-7. The Athletic Director (not coaches) can and should answer any transfer related questions from students not enrolled in SWL schools.

Attendance

A student-athlete should attend school at least *1/2* day (before/after 10:44 a.m.) to be eligible to participate in a contest or practice that day. If an approved excuse is presented in advance, the student-athlete may participate in practices or contests. If an absence from school is not approved in advance, the student-athlete could potentially be held out of participation on that date.

A student-athlete on an Out of School Suspension or an In-School Suspension cannot attend practices or events during the suspension.

Individual Sports Rules

Coaches may establish additional rules and regulations for their respective sports. Penalties will be decided by the coaches.

Athletic Department Policies

Admissions

Admission tickets are sold to attend certain athletic events. Prices are set in conjunction with and for consistency with the Licking County League (LCL). Passes and discounts may be made available by the athletic department.

- Digital Ticketing links:
  - SWL - *https://swl.hometownticketing.com/embed/all*
  - LCL events - *https://lclathletics.hometownticketing.com/embed/all*

Athletic Passes

Family Passes, Individual Adult passes, and Student Passes will be available for sale on the HS Athletic Department / SWL Digital Ticketing website (link above).

SWL Senior Citizen Discount/Passes

All SWL Senior Citizens holding residence within SWL school district boundaries and 65 years of age or older can receive a pass to be admitted to all home SWL athletic events free of charge. This pass may be picked up at the athletic office and seniors must provide proof of age and residence. Any senior citizen without a pass will be charged the student admission rate.

Equipment and Uniforms

All athletes are responsible for the proper care and security of equipment and uniforms issued to them. All equipment and uniforms not returned in good condition at the end of the season will be subject to financial penalties and replacement costs. End of season awards will not be distributed to student-athletes if these items are not returned in good condition.

- All equipment issued to players will be worn only at practice or scheduled events involving that specific sport. The coach must approve exceptions.
- Before any item is attached, added to, removed from, or worn with a uniform, the athlete must secure permission from the coach.
- SWL and Watkins Memorial are not responsible for lost or stolen items.
- All athletic equipment is the property of the Board of Education and the athletic department. School equipment may not be taken from the school building for personal use or other organizations. The athletic director must approve exceptions.
- In certain sports, the athlete may be required to purchase a portion of the game uniform. All items purchased by a student or family will become the student's property. All uniforms purchased by the school district should be returned at the end of each season.

Missing Practices

An athlete should consult the coach before missing practice. Missing practice or a game without good reason will be dealt with by the individual's coach in accordance with their sports rules.

Vacation Policy

Athlete vacations during a season are strongly discouraged. When an absence due to a vacation is unavoidable, an athlete must:

- Be accompanied by his parents or guardians while on vacation.
- Contact the head coach **prior** to the vacation.
- Accept the consequences of missing practices or events.

Transportation

- Team members may be required to travel to and from an event on a school bus. Athletes are responsible to see that the bus is clean after returning from an event.
- An exception to this rule does exist if a completed signed travel release form is turned in prior to the event with permission of the head coach and/or AD. The form must be signed by the parents, the head coach, and the AD.
- Athletes on any trip are under school jurisdiction from the time they enter school property until they leave school property after returning from the trip or until released to their parents. Athletes on a team staying overnight are considered under school jurisdiction until returning to school and are liable for any rule violation during that time.

Collegiate Signings

Individual signing ceremonies will be conducted for NCAA **Division** I & II **signees only** on or around the established NCAA 'Signing Days'**.** Athletes must be receiving an athletic scholarship in order to participate in these college signings. Division I and Division II signings may be held during or after the school day, on or around the four established annual NCAA signing dates. In order to conduct a college signing on these dates, a National Letter of Intent (NLI) must be provided to the Athletic Director along with a letter showing that the athlete is receiving a monetary athletic scholarship. The student is allowed to invite the team members of the sport in which they are signing, plus a limited number of other students during the school day.
Parents or athletes will need to contact their head coach and/or AD to schedule a signing ceremony.
Any graduating athletes committing to play at a Division III, NAIA and JUCO college and not signing a binding NCAA LOI can be recognized by sport during an annual ceremony following the Senior awards assembly in May. Students 'walking-on' and committing to play a sport in college and those receiving athletic scholarships who may have committed late after the spring NCAA signing period may also participate in the annual May ceremony.

Conflicts in Extra-Curricular Activities

An individual student who attempts to participate in too many extracurricular activities will be in a position of conflicting obligations. The athletic department recognizes that each student should have the opportunity for a broad range of experiences in the area of extra-curricular activities.

- Students are responsible to avoid continuous conflict, including belonging to too many activities. Students should notify coaches/sponsors involved immediately when conflicts arise. Coaches/sponsors

will meet to work out solutions. If there is not a solution then the administration will make the decision based on the following:

- The relative importance of each event
- The relative contribution the student can make
- How long each event has been scheduled
- Talk with parents/guardian

Awards (subject to change annually)

Middle School

- Each MS participant is awarded a certificate
- Other awards may be presented for MS

High School

○ Each Participant	Participation Certificate (if not receiving award below)		
○ Freshman	~~Numerals~~ Certificate		
○ Junior Varsity	Certificate		
○ First Letter	Chenille 'W'	Sports Pin	Numerals
○ Second Letter	Medallion	Bar Pin	
○ Third Letter	Small Plaque	Bar Pin	
○ Fourth Letter	Large Plaque	Bar Pin	
○ Captain of a Varsity Team	Captain Pin		
○ Statistician	Stat pin		
○ Manager	Manager Pin		

Note: awards will not be distributed to any student-athlete who has not returned all equipment or uniform as directed by the coach.

Athletic Letters

- Each varsity head coach determines letterwinners in conjunction with the Athletic Department
  - The coach may provide criteria to participants and parents prior to the first contest.
  - Coaches can award injured athletes a letter if the athlete received injuries after the start of the season and the coach feels the athlete would have lettered.
  - An athlete must finish the season in good standing in order to receive an athletic letter or award.

Championship Awards - All team members that have earned a varsity letter and were part of a team that wins a league, district, or regional championship will receive a 4" chenille emblem of that sport indicating the championship.

State Awards - Any athlete qualifying for the OHSAA state championship as an individual or team, will receive a 4" chenille emblem of the state indicating tournament qualification or state placement.

SALT (Scholar-Athlete Leadership Team)

Requirements

- 3.0 Cumulative GPA
- Must display leadership qualities and/or leadership potential with high character
- Desire to be a Role Model
- Nominated by Head Coach, Athletic Director or Principal
- Attend meetings led by the Athletic Director
- Perform community service activities (decided upon by the team members)

Composition

All Varsity sports should be represented by Juniors and Seniors

Purpose

- The team will meet with the Athletic Director to focus on leadership training, discussion of athletic issues, and act as a sounding board and liaison between student-athletes and athletic department
- Communication and support between different sports raise the visibility of athletic programs
- Provide leadership training to student-athletes
- Provide community service opportunities

Athletic Communication Guide

Goal

This communication guide has been developed to help coaches, parents, administrators and athletes communicate more effectively. A goal of the Athletic Department is to provide our student-athletes with the best possible sports environment. We believe that this goal may not be realized without appropriate lines of communication among all parties involved.

Parent / Coach Relationship

Both parenting and coaching can be extremely challenging. By establishing an understanding of each position, we are better able to accept the actions of the other and provide greater benefits to children. As parents, when your children become involved in our program, you have the right to understand what expectations are placed on your child. This begins with clear communication from the coach of your child's program.

Communication

Coach to Parent:

- Expectations the coach has for your child and the team
- Location and times of all practices and contests
- Team requirements: fees, special equipment, eligibility, attendance, off-season conditioning, and requirements to earn a letter
- Athletic policies and additional rules that may affect your child's participation, including guidelines for cutting participants from the program

Parent to Coach:

- Notify the coach of the special needs of your child
- Notification of any schedule conflicts well in advance
- The treatment of your child both mentally and physically
- Ways to help your child improve
- Concerns about your child's behavior

As a student becomes involved in the athletic program of the school, it is the hope of the coaches and administration that he/she will experience some of the most rewarding moments of his/her life. It is important to understand that things may not always go as a parent or a child wishes. At these times, discussion with the coach may be desirable, and is encouraged, to clear up any issues and avoid misunderstandings.

Issues Not Appropriate to Discuss with Coaches

Our coaches make decisions based on what they believe to be best for ALL student-athletes involved under the circumstances. There are topics that are inappropriate to discuss with the head coach. These include:

- Playing time/position assignments
- Team strategy/play-calling
- Matters concerning other student-athletes

Procedure for Proper Communication

There are situations that may require a conference between the coach and a parent. It is important that both parties have a clear understanding of the other person's position. To help promote a resolution to the issue, each party should be willing to listen. If you have a concern to discuss with a coach, make sure to contact the coach appropriately by their desired means of communication.

IMPORTANT: Please DO NOT attempt to confront a coach before or after a contest or practice session. These can be emotional times for both the parent and the coach. Meetings of this nature do not promote resolution, and in fact, often escalate the issue.

Chain of Command

Please follow the order of this line of communication if you elect to pursue any athletic concern:

- Head Coach - include assistant if applicable

After speaking with the head coach, if you are not satisfied or need additional information contact:

- Athletic Director - anonymous emails, voicemails, and calls will be disregarded.

If you still desire further communication, the Athletic Director will determine the next appropriate step and arrange for another meeting with:

- Building Administration
- District Administration

Each meeting should include the athlete as well as all participants from the previous meeting. Respect and honest communication are essential.

Important Phone Numbers

Watkins Memorial High School - 740-927-3846
Watkins Middle School - 740-927-5767
Watkins Memorial Athletic Office - 740-927- 3417

Watkins Memorial Athletic Association

The athletic association (Athletic Boosters) consists of parents and community members who fundraise for and promote Watkins Memorial athletic programs. Meetings are held on the second Monday of each month at WMHS starting at 7:00pm. Any and all interested stakeholders are encouraged to attend!

Warrior Sports Medicine - Athletic Injury Policies and Procedures

Our SWL school district and athletic department continue to contract with Nationwide Children's Hospital (NCH) to provide athletic training and sports performance services:
www.nationwidechildrens.org/sportsmedicine
The health and safety of our student-athletes is our top priority!

Reporting an Injury

1. Athletes must report all injuries to the Athletic Trainer at the time of the injury, or as soon as possible. The Athletic Trainer will activate the medical referral system.
2. In the absence of the Athletic Trainer, the coach will initiate first-aid care. The coach must notify the Athletic Trainer of all injuries within 24 hours of the injury.
3. Injured athletes are expected to continue to attend practice and games during the treatment and recovery of the injury unless instructed not to by the Athletic Trainer or treating Physician. All athletes missing practices/games due to injury or illness must notify the coach prior to that practice/game.
4. Parents are encouraged to contact the Athletic Trainer at any time with any questions or concerns related to the athlete's injury.

Medical Referral for Injuries

1. Upon injury, the Athletic Trainer will perform an evaluation to determine if a referral to a physician is necessary for further evaluation and treatment.
2. If the Athletic Trainer feels the injury needs to be referred to a physician the parent will be contacted by phone. If seen by a physician, a note needs to be turned in to the Athletic Trainer. In the event of self referral to a physician, the athlete must provide a note from the physician stating the injury, treatment recommendations, and participation status.
3. Athletes who experience signs or symptoms of a concussion may not return to practice and/or competition the same day of the injury. All head injuries must be evaluated and cleared by the Team Physician and/or Athletic Trainer prior to the athlete returning to participation.
4. The Athletic Trainer will be able to assist in the referral to a physician, but the final discretion of the healthcare provider and medical referral is left to the parents.

Modalities Policy

1. Modalities such as Ultrasound and Electric Stimulation will only be administered when there is a current prescription from a physician on file for the specific injury.
2. Modalities will only be administered by the Athletic Trainer.
3. The Athletic Trainer has final discretion in the use of modalities.

Team Physician

The role of the team physician is to provide medical care for athletes to safely participate in their sports. This includes managing and treating injuries, providing proper preparation for a safe return to participation, and educating and counseling athletes, coaches and parents.

Return to Activity Following an Injury

1. All athletes who have been removed from activity and have seen a physician **MUST** provide a note from the consulting physician for clearance before returning to activity.
2. A physician's note stating "full-go" is recognized as a gradual progression back to activity. This progression is so that the injury may be monitored for complications and to ensure a safe return to full activity.
3. Athletes are expected to continue a rehabilitation and/or strength training maintenance program on the injured area following return to play to avoid re-injury. These programs will be coordinated through the Athletic Trainer.
4. The athlete may be removed from participation if it is considered to be in the best interest of the athlete's health. The athlete, athlete's parent, coach, Athletic Trainer, or physician may initiate this removal.
5. Any time an athlete is removed from an activity they have to see the Athletic Trainer before returning to any practice, game, or conditioning.

Taping / Bracing Policy

- Taping will be made available to athletes who have either a documented injury as evaluated by the Athletic Trainer or as prescribed by a physician. The Athletic Trainer will only apply tape when it is deemed appropriate.
- "Spatting" of the shoes will NOT be done.
- The Athletic Trainer can advise and direct parents, coaches, and athletes in the purchase and use of bracing, splinting, and supportive devices that will be beneficial in the care and prevention of injuries.

Athletic Training Room Rules

- All athletes will be seen on a first come first serve basis. In season practice athletes have priority. Appropriate clothing, including shoes, must be worn in the training room. Please change into your workout clothes before coming in.
- The Athletic Training Room is not your locker room. Do not leave your personal belongings unattended or in the training room.
- Clean up after yourself.
- The Athletic Training Room is not an excuse for you not to attend practice. If you are injured, please inform the Athletic Trainer before practice not during.
- Show courtesy and politeness to everyone while in the Athletic Training Room. Yelling and profanity will not be tolerated.
- Please ask before taking or using an item. The Athletic Training Room is also an office.
- The Athletic Trainer reserves the right to ask you to leave the Athletic Training Room if you are not following the rules.

Administration of Medications

The regulation and administration of over-the-counter and prescription medications will be handled by the school nurse. The Athletic Trainer should be notified of all prescription medications on the Emergency Medical Forms. If the athlete begins taking prescription medication during the season/school year, this information needs to be given to the Athletic Trainer in writing. The Athletic Trainer cannot and will not distribute Tylenol, Advil, Aleve, and/or any other type of pain medications to the student-athletes as per the state law.