Annual Preventative Wellness Visit Q&A

Please see below for information on the Good Health Premium

What type of documentation is expected with the Wellness visit requirement for this upcoming 2026-2027 benefit year?

No documentation is required. All medical information is stored securely in Anthem through your claims. When you visit the doctor, we recommend letting them know your employer offers a wellness program and you need to have an annual wellness visit. That way they bill the visit accordingly and we will receive the claim.

What do I do if the doctor I see does not take WCSD health insurance?

You will need to complete a WCSD sponsored wellness screening to complete the requirement. This happens in the fall.

When do I need to see the doctor?

You must have an annual wellness visit completed between January 1, 2026, and December 1, 2026, to be eligible for the discount. This is an annual visit that must be completed each calendar year.

Can I see my GP or OBYGN for the wellness visit?

Yes, the doctor that completes your annual wellness visit and annual labs are eligible. However, we highly encourage that you have a primary care provider on file. They will need to bill as an annual wellness visit.

How can I schedule an appointment?

You can use the Sydney Health App to find a provider in network. You can also schedule a virtual appointment in the Sydney health app.

What is the cost of the appointment?

If you schedule an "Annual Preventive Appointment" with an in-network provider, the cost will be free. It is important to note that this visit is not meant for diagnosing or treating new or existing conditions. If additional concerns are addressed during your appointment, they may be billed separately and may not be fully covered under preventative care. Contact the number on the back of your insurance card for coverage details.

What if I completed my annual visit prior to being on WCSD insurance?

You will need to complete a WCSD sponsored wellness screening to satisfy the requirement.

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What are my options if I cannot get an appointment with a provider?

You can complete WCSD wellness screening. However, we still recommend getting established with a primary care provider (PCP) that way moving forward you will have the ability to complete your annual wellness visit easier. Anthem also has virtual care options and you can schedule this and it is covered 100% by your health insurance.

In the past, school nurses were able to do my screening, is that an option?

Currently, no we are asking that you schedule with a provider.

What labs should I ask my provider for?

An annual preventative lipid panel is covered by WCSD benefits.

If I am hired after August 1, do I need to complete the annual wellness visit?

If you are hired on August 1 or later, you are not required to complete the annual wellness visit or the health assessment. You will automatically have the good health premium waived. However, we encourage you to try to complete the visit and/or a wellness screening that way you are established and get into the practice of understanding what is required

Why am I being asked to complete an annual wellness visit?

This is part of our health plan preventative care initiative. These visits help identify potential health issues early, promote overall well-being and can lead to lower healthcare costs for both employees and WCSD. We want to be able to offer a reduced premium for employees and support a proactive approach to healthcare.

Does my spouse and/or my dependents need to complete the annual wellness visit?

We encourage that everyone completes the annual wellness visit, however, only you and your spouse are eligible.

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