



# SEPTEMBER 2026

## IGNITE FAMILY ACADEMY

| MEAL PRICE | REDUCED | PAID   |
|------------|---------|--------|
| BREAKFAST  | \$0.00  | \$3.00 |
| LUNCH      | \$0.00  | \$4.50 |
| ADULT      | \$5.75  | \$5.75 |
| MILK       | \$0.75  | \$0.75 |

Monday

Tuesday

Wednesday

Thursday

Friday

1

**Professional Development Day**  
**No School**

2

**Teachers First Day**  
**No School**

3

**Family Connection Days**  
**MAP Testing Part 1**  
**No Meal Service**

4

**Weird But True!**  
*Fire trucks were originally painted RED because that was the cheapest color.*

7



**Family Connection Days**  
**No Meal Service**

8

Choice of:

**Peach & Blueberry Parfait Box**  
**Protein Box**  
Egg & Cheese  
**Sunbutter & Jelly Sandwich**  
Milk

9

Choice of:

**Peach & Blueberry Parfait Box**  
**Protein Box**  
Egg & Cheese  
**Sunbutter & Jelly Sandwich**  
Milk

10

11

**Weird But True!**  
*Some police officers in Cairo, Egypt, patrol the pyramids and other tourist spots on camelback.*

14

Choice of:  
**Turkey Sandwich Box**  
**Protein Box**  
Yogurt & Cheese  
**Sunbutter & Jelly Sandwich**  
Milk

15

Choice of:  
**Turkey Sandwich Box**  
**Protein Box**  
Yogurt & Cheese  
**Sunbutter & Jelly Sandwich**  
Milk

16

Choice of:  
**Peach & Blueberry Parfait Box**  
**Protein Box**  
Egg & Cheese  
**Sunbutter & Jelly Sandwich**  
Milk

17

Choice of:  
**Peach & Blueberry Parfait Box**  
**Protein Box**  
Egg & Cheese  
**Sunbutter & Jelly Sandwich**  
Milk

18

**Weird But True!**  
*A firefighter's gear-including the helmet, pants, jacket, boots, belt, gloves, and breathing apparatus-weighs about 60 pounds-about the same as three car tires.*

21

Choice of:  
**Chicken Salad Box**  
**Protein Box**  
Yogurt & Cheese  
**Sunbutter & Jelly Sandwich**  
Milk

22

Choice of:  
**Chicken Salad Box**  
**Protein Box**  
Yogurt & Cheese  
**Sunbutter & Jelly Sandwich**  
Milk

23

Choice of:  
**Peach & Blueberry Parfait Box**  
**Protein Box**  
Egg & Cheese  
**Sunbutter & Jelly Sandwich**  
Milk

24

Choice of:  
**Peach & Blueberry Parfait Box**  
**Protein Box**  
Egg & Cheese  
**Sunbutter & Jelly Sandwich**  
Milk

25

**Weird But True!**  
*Police officers use lasers to clock the speed of cars by measuring the time it takes the light to hit a reflective surface on the car and bounce back*

28

Choice of:  
**Turkey Sandwich Box**  
**Protein Box**  
Yogurt & Cheese  
**Sunbutter & Jelly Sandwich**  
Milk

29

Choice of:  
**Turkey Sandwich Box**  
**Protein Box**  
Yogurt & Cheese  
**Sunbutter & Jelly Sandwich**  
Milk

30

Choice of:  
**Peach & Blueberry Parfait Box**  
**Protein Box**  
Egg & Cheese  
**Sunbutter & Jelly Sandwich**  
Milk



**\*\*Beside Menu item denotes pork.** Menus are subject to change based on product availability. For additional menu, nutrition and allergen information please visit our website. This institution is an equal opportunity provider.

\*Weird But True facts from [National Geographic Kids](https://kids.nationalgeographic.com).