

Compiled Wellness Assessment Results
May 2026- Final Assessment

	Question	Completion Rate/ Done		Notes
1	Principal or designee to create a School Wellness Team to address food insecurities and other wellness issues in your school.	6/6	All	
2	Principal or designee to provide the details of any field trips taken to local farms.	2/2	RMMS HPS	HUES: stated it is not a part of 4-6 curriculum CSDA: not run at CSDA
3	Principal or designee to arrange for classroom tours of the cafeteria and meet with the school nutrition staff.	4/4	RMMS HPS CSDA HUES	Elementary only
4	Principal or designee to provide and include a fun fact related to nutrition education in at least 8 newsletters that go out to parents.	3/6	RMMS HPS CSDA	HBMS: partially completed HUES: ongoing
5	Principal or designee to list three different ways that your staff learned or will learn about the USDA wellness policy from August-April.	6/6	All	
6	Principal and Director of School Nutrition to provide a suggestion box or student forum to gather data on how school lunches can be improved. Implement at least one suggestion no later than April 30th.	0/6		Incomplete per Amy Cassidy
7	Director of School Nutrition to provide at least one new low-sugar breakfast option for a limited time period and document whether it was a success or not.	6/6	All	
8	Director of Student Nutrition to provide at least one large poster or banner unique for this year to get kids excited about school meals.	6/6	All	
9	Director of School Nutrition to describe the details of at least one taste test of a new entrée that your school conducted/will conduct this year.	6/6	All	
10	Principal or designee to provide a suggestion box or other ways for students to suggest ways the school can increase physical activity during school. Act on at least one suggestions by April 30th.	4/6	RMMS CSDA HBMS HBHS	HPS: incomplete HUES: talking with PE teacher to do this
11	Principal or designee to create a school-wide walking challenge.....be creative.	6/6	All	
12	Principal or designee to provide students 10 minutes MORE per day of age-appropriate physical activity than provided last year...be creative. Please list all of the opportunities students have for physical activity in your school.	6/6	All	

13	Promote a different food each month from Feb - April. Principal to coordinate between lunch program and classroom i.e. broccoli in Feb and oranges in Mar....be creative. Perhaps a school wide competition between veggies?	3/6	RMMS HBHS CSDA	HPS: partially done HUES: partially done HBHS: incomplete
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Noticeable changes from 2nd Assessment:

- Completed 3 goals in full since March
- 9/13 goals fully completed
- 3/13 partially complete
- A successful year!