



SEPTEMBER 2026

ASPIRE & SALISH MIDDLE SCHOOLS

MEAL PRICE	REDUCED	PAID
BREAKFAST	\$0.00	\$3.00
LUNCH	\$0.00	\$4.50
ADULT	\$5.75	\$5.75
MILK	\$0.75	\$0.75

Monday

Tuesday

Wednesday

Thursday

Friday

1

Professional Development Day
No School

2

Teachers First Day
No School

3

Chicken Drumsticks
Baked Beans
Cornbread Muffin
Hamburger
Deli Entrees

4

BBQ Rib Sandwich
Tater Tots
French Bread Pizza
Deli Entrees

7



8

Orange Glazed Chicken
Steamed Rice & Vegetables
Hamburger
Deli Entrees

9

Penne Pasta Bar
Meatballs & Sauce
Chicken Alfredo
Garlic Toast
Pepperoni or Cheese Pizza
Deli Entrees

10

Nachos
Chicken Burger
Deli Entrees

11

Corndog
Pepperoni or Cheese Pizza
Deli Entrees

14

Mozzarella Stuffed Breadstick
Marinara Dipping Sauce
Pepperoni or Cheese Pizza
Deli Entrees

15

Teriyaki Chicken
Steamed Rice & Vegetables
Hamburger
Deli Entrees

16

Barbacoa Beef Taco
w/Shredded Lettuce, Cheese,
Salsa & Sour Cream
Pepperoni or Cheese Pizza
Deli Entrees

17

Chili Con Carne
Cinnamon Roll
Chicken Burger
Deli Entrees

18

Hotdog w/Tater Tots
French Bread Pizza
Deli Entrees

21

Macaroni & Cheese
Scooby Snacks
Pepperoni or Cheese Pizza
Deli Entrees

22

Orange Glazed Chicken
Steamed Rice & Vegetables
Hamburger
Deli Entrees

23

Penne Pasta Bar
Meatballs & Sauce
Chicken Alfredo
Garlic Toast
Pepperoni or Cheese Pizza
Deli Entrees

24

Nachos
Chicken Burger
Deli Entrees

25

Chicken Tenders w/Breadstick
Pepperoni or Cheese Pizza
Deli Entrees

28

Mozzarella Stuffed Breadstick
Marinara Dipping Sauce
Pepperoni or Cheese Pizza
Deli Entrees

29

Beef Teriyaki Dippers
Chow Mein Noodles
Chicken Burger
Deli Entrees

30

Penne Pasta Bar
Meatballs & Sauce
Chicken Alfredo
Garlic Toast
Pepperoni or Cheese Pizza
Deli Entrees

Breakfast available daily! **Beside Menu item denotes pork.

Menus are subject to change based on product availability. For additional menu, nutrition and allergen information please visit our website.

This institution is an equal opportunity provider.