

July Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
*Contains Egg		1 Chicken Burger/Veggie Burgers, Cucumbers, Strawberries, Milk Condiments: *Ranch , Ketchup, BBQ Sauce	2 Chicken Tenders/Veggie Tenders, Kernel Corn, Tangerines, Milk Condiments: *Ranch , Ketchup, BBQ Sauce	3 NO SCHOOL 
6 Garlic Butter Pasta/Plain Pasta, Broccoli, Grapes, Milk	7 Pesto Turkey/Cheese Sandwich, Cucumbers, Cantaloupe, Milk Condiments: *Ranch	8 Steamed White Rice, Orange Chicken/Tofu, Green Beans, Strawberries, Milk	9 Chicken Tacos, Rice & Beans, Shredded Lettuce, Tangerines, Milk Condiments: *Ranch , Ketchup, BBQ Sauce	10 Fish Sticks/Tofu, Baby Carrots & Baby Corn, Apples, Milk Condiments: *Ranch , Ketchup, BBQ Sauce
13 Parmesan Cheese Pasta/Plain Pasta, Broccoli, Strawberries, Milk	14 Tortilla Chips, Nacho Cheese, Black Beans, Salsa, Honeydew, Milk	15 Chicken Tenders/Veggie Tenders, Kernal Corn, Watermelon, Milk Condiments: *Ranch , Ketchup, BBQ Sauce	16 Grilled Chicken/Falafel, Pita Bread, Hummus, Salad, Oranges, Milk Condiments: *Ranch , Ketchup, BBQ Sauce	17 Chicken Nuggets/Veggie Nuggets, Cherry Tomatos, Apples, Milk Condiments: *Ranch , Ketchup, BBQ Sauce
20 Pesto Pasta/Plain Pasta, Green Beans, Strawberries, Milk	21 Creamy Tomato Soup, Turkey/Cheese Sandwich, Peaches, Milk	22 Roasted Potatoes, Italian Sausage/Tofu, Broccoli, Grapes, Milk Condiments: *Ranch , Ketchup, BBQ Sauce	23 Cheese Pizza, Baby Carrots, Honeydew, Milk Condiments: *Ranch	24 Chicken Mini Corn Dog/Veggie Nuggets, Kernel Corn, Watermelon, Milk Condiments: *Ranch , Ketchup, BBQ Sauce
27 Pasta Alfredo, Broccoli, Grapes, Milk	28 Ham/Cheese Sandwich, Potatoe Salad, Cantaloupe, Milk	29 Roasted Sweet/ Reg. Potatoes, Meatball/Tofu, Green Beans, Grapes, Milk Condiments: *Ranch , Ketchup, BBQ Sauce	30 Black Bean Tacos, Rice, Cucumbers, Tangerines, Milk Condiments: *Ranch , Ketchup, BBQ Sauce	31 Beef Hot Dog, Veggie Tofu, Kernel Corn, Watermelon, Milk Condiments: *Ranch , Ketchup, BBQ Sauce