

As part of the Community Eligibility Provision (CEP), we are pleased to announce that breakfast and lunch will be provided to all students at no charge. Please note that this applies to the first meal only. Any second meals will incur a charge.
Enjoy your meals!

MENU

UPK LUNCH



SEPTMBER

WELCOME BACK!

No School

7



Supt. Conf Day
No School

8

French Toast Sticks

9

Turkey Sausage Links
Sweet Potato Bites
NY Apple Juice Cup
1% Milk

Macaroni & Cheese

10

Garlic Breadstick
Grape Tomatoes
Assorted Fruit
1% Milk

Cheese Pizza

11

Fresh Veggie
Cinnamon Applesauce Cup
1% Milk

Chicken Nuggets

14

Dinner Roll
Fresh Carrots
Fruits
1% Milk

Soft Tacos
(beef or turkey, cheese)

15

Cilantro Lime Rice
Fresh Veggies
Fruits, 1% Milk

Cheeseburger

16

Sweet Potato Wedges
Rainbow Pepper Sticks
Fruits
1% Milk

Cherry Blossom
Chicken

17

Egg Roll
Fresh Broccoli
Fortune Cookie, 1 % Milk

Cheese Pizza

18

Fresh Veggie
Applesauce Cups
1% Milk

No School
Yam Kippur

21

Popcorn Chicken

22

Emoji Fries
Cucumber Slices
Orange Juice, 1 % Milk

Meatball Sub

23

Au Gratin Potatoes
Grape Tomatoes
Chocolate Chip Cookie

Cheese Lasagna

24

Warm Garlic Breadstick
Fresh Veggies
Fruits
1% Milk

Cheese Pizza

25

Fresh Veggie
Mango Peach Applesauce
Cup, 1% Milk

Crispy Chicken
Tenders

28

Tortellini Pasta Salad
Fresh Peppers
Fruits, 1% Milk

Loaded Nachos
(Turkey or Beef)

29

Fresh Veggies
1% Milk
NY Grape Slushie

Mozzarella Pizza
Crunchers

30

Rainbow Pepper Sticks
Apples
1% Milk

View Menus Online



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.
Notice is posted when available.

All lunch meals include a variety of fresh fruit, vegetables and white or flavored milk.

In collaboration with

CAPITAL REGION
BOCES

SHARED FOOD SERVICE PROGRAM

