

Harvest of the Month
NYS Corn
& Tomatoes
September 23rd

As part of the Community Eligibility Provision (CEP), we are pleased to announce that breakfast and lunch will be provided to all students at no charge. Please note that this applies to the first meal only. Any second meals will incur a charge.
Enjoy your meals!

MENU

UPK Breakfast



SEPT
SEPTEMBER

WELCOME BACK!

No School

7



Supt. Conf Day
No School

8

Yogurt Cup w/
Granola,
1% Milk, Fruit
Juice

9

Assorted Cereal
Assorted Fruits
1% Milk

10

Assorted Muffin
String Cheese,
1% Milk, Fruit Juice

11

Bagel, Cream
Cheese
String Cheese
1% Milk, Fruits

14

Assorted Slice
Bread
1% Milk,
Assorted Fruits

15

Yogurt Cup w/
Granola,
1% Milk, Fruit Juice

16

Assorted Cereal
Assorted Fruits
1% Milk

17

Assorted Muffin
String Cheese,
1% Milk, Fruit Juice

18

No School
Yam Kippur

21

Assorted Slice
Bread
1% Milk,
Assorted Fruits

22

Yogurt Cup w/
Granola,
1% Milk, Fruit Juice

23

Assorted Cereal
Assorted Fruits
1% Milk

24

Assorted Muffin
String Cheese,
1% Milk, Fruit Juice

25

Bagel, Cream
Cheese
String Cheese
1% Milk, Fruits

28

Assorted Slice
Bread
1% Milk,
Assorted Fruits

29

Yogurt Cup w/
Granola,
1% Milk, Fruit
Juice

30

View Menus Online



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.
Notice is posted when available.

All lunch meals include a variety of fresh fruit, vegetables and white or flavored milk.

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