

EDUCATORS OVERCOMING UNDER STRESS

Watch *Educators Overcoming Under Stress: Preparing to Reopen*, a new series exploring a thoughtful transition process for Los Angeles County Schools.

Available on the Wellbeing4LA Learning Center: Learn.Wellbeing4LA.org

The Path to Reopening Los Angeles Schools

Dr. Debra Duardo, Superintendent of Schools, Los Angeles County Office of Education discusses preparing for reopening, ensuring safety, and supporting the building of more resilient school communities.

Considerations for Student and Staff Safety

Arturo Valdez, Deputy Superintendent of Schools, Los Angeles County Office of Education sheds some light on Los Angeles County's planning efforts around reopening schools, as outlined in a framework put together by LACOE and multiple partners.

Listening, Partnering, and Breathing

Dr. Laurel Bear, Educational Consultant, Los Angeles County Department of Mental Health joins to discuss the emotional wellbeing of students, caregivers, and educators - and the key partnerships we can leverage to build school and community resilience.

Prioritizing Prevention

Dr. Jon Sherin, Director, Los Angeles County Department of Mental Health offers insight into specific considerations concerning the COVID-19 pandemic and the racial realities of our community.

Addressing Trauma

Jewel Forbes, MA/PPS, Lead for School Counseling and School-Based Mental Health, Los Angeles County Office of Education examines school counselors' challenges, considerations, and successes in supporting our students, families, and teachers.

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