

**safety
first**



A Comprehensive, Harm-Reduction Based Drug Education and Intervention Curriculum

About Safety First

Safety First is a comprehensive drug education and intervention curriculum preventing and reducing use of all drugs, including alcohol, opioids/fentanyl, hallucinogens, tobacco, cannabis, and other drugs.

Safety First is made up of **13 lessons for middle and high school students, and college students**. The purpose of all of our curriculums is to encourage youth to abstain from use, but this curriculum also includes a clear harm-reduction message for youth who are experimenting or using, to provide students with scientifically accurate information to empower them to quit and/or reduce harm, should they choose to continue to use.

This curriculum is particularly relevant for students already using, for students at-risk for using, or who have friends who are using. The curriculum is designed to be used in classrooms or group settings.

The Goal

- Educate and empower youth to make safe and healthy choices regarding substance use
- Encourage youth not to use drugs in the first place
- Encourage youth who are already using to stop or at least cut back or make alternative choices to reduce their risk
- Provide straightforward; science-based information
- Explore the real and perceived benefits and risks
- Prioritize safety through personal responsibility and knowledge

To learn more scan the QR code at the top of the flyer or visit: tinyurl.com/StanfordSafetyFirst

