TIGER CLUB SUMMER 2026: JUNE BREAKFAST & LUNCH MENUS

MON	TUE	WED	THU	FRI
15	16	17	18	19
22 **Breakfast:** 2oz Sara Lee Muffin 1 pkg Craisins 4oz Fruit Juice 8oz Milk Choice **Lunch:** Yangs Orange Chicken Brown Rice Fruit and Vegetable Choices Milk Choices	23 **Breakfast:** 1 ea Small Brekkie 1 pkg Raisins 1 pkg Apple Slices 8oz Milk Choice **Lunch:** Hamburger or Cheeseburger on Bun Baked Beans Fruit and Vegetable Choices Milk Choices Condiments	24 **Breakfast:** 1 ea Blueberry Donut 4oz Juice 1 ea Fresh Fruit 8oz Milk Choice **Lunch:** Field Trip Cold Lunch	25 **Breakfast:** 1GR Chat Snak 1GR Cereal Bowl 1 ea Fresh Fruit 8oz Milk Choice **Lunch:** Proview or Tyson Chicken Nuggets School Made Mac & cheese Fruit and Vegetable Choices Milk Choices Condiments	26 **Breakfast:** 1oz Cereal 1 pkg Craisins 4oz Applesauce 8 oz Milk Choice **Lunch:** Cooks Choice Fruit and Vegetable Choices Milk Choices
29 **Breakfast:** 1GR School Made Muffin 1pkg Craisins 4oz Fruit Juice 8oz Milk Choice **Lunch:** Mini Corn Dogs or Corn Dog on Stick McCains Potato Wedges Fruit and Vegetable Choice Milk Choice Condiments	30 **Breakfast:** 2oz Great Northern Bread 1 ea Fruit Cup 1 pkg Apples 8oz Milk Choice **Lunch:** Cheesy Enchiladas Fiesta Black Beans Fruit and Vegetable Choices Milk Choice Condiments			

TIGER CLUB SUMMER 2026: JULY BREAKFAST & LUNCH MENUS

MON	TUE	WED	THU	FRI
FRIDLEY Tiger Club		1 **Breakfast:** 3 ea Mini Donut 4oz Juice 1 ea Fresh Fruit 8oz Milk Choice **Lunch:** Mini Corn Dogs or Corn Dog on Stick McCains Potato Wedges Fruit and Vegetable Choice Milk Choice, Condiments	2 **Breakfast:** 1 pkg Scooby Snack 1oz Cereal 1 ea Fresh Fruit 8oz Milk Choice **Lunch:** Hot Dog on Bun Baked Beans Coleslaw, Watermelon Fruit Choice Milk Choice, Condiments	3 ***Tiger Club CLOSED***
6 **Breakfast:** 2oz Sara Lee Muffin 1 pkg Craisins 4oz Fruit Juice 8oz Milk Choice **Lunch:** Orange Chicken Brown Rice Fruit and Vegetable Choice Milk Choice	7 **Breakfast:** 1 ea Small Brekkie 1 pkg Raisins 1 pkg Apple Slices 8oz Milk Choice **Lunch:** Chicken Patty on Bun Parmesan Roasted Potatoes Fruit and Vegetable Choice Milk Choice, Condiments	8 **Breakfast:** 1 ea Blueberry Donut 4oz Juice 1 ea Fresh Fruit 8oz Milk Choice **Lunch:** Field Trip Cold Lunch	9 **Breakfast:** 1GR Chat Snack 1GR Cereal Bowl 1 ea Fresh Fruit 8oz Milk Choice **Lunch:** Proview or Tyson Chicken Nuggets School Made Mac & Cheese Fruit & Vegetable Choice Milk Choice, Condiments	10 **Breakfast:** 1GR Cereal 1 pkg Craisins 4oz Applesauce 8oz Milk Choice **Lunch:** Cooks Choice Fruit and Vegetable Choice Milk Choice
13 **Breakfast:** 1GR School Made Muffin 1pkg Craisins 4oz Fruit Juice 8oz Milk Choice **Lunch:** Corn Dog or Mini Corn Dogs McCains Potato Wedges Fruit and Vegetable Choice Milk Choice, Condiments	14 **Breakfast:** 2oz Great Northern Bread 1 ea Fruit Cup 1 pkg Apples 8oz Milk Choice **Lunch:** Meatballs & Marinara Penne Pasta Roasted Broccoli Fruit and Vegetable Choice Milk Choice	15 **Breakfast:** 3 ea Mini Donut 4oz Juice 1 ea Fresh Fruit 8oz Milk Choice **Lunch:** Field Trip Cold Lunch	16 **Breakfast:** 1 pkg Scooby Snacks 1oz Cereal 1 ea Fresh Fruit 8 oz Milk Choice **Lunch:** Cheesy Enchiladas Fiesta Black Beans Fruit and Vegetable Choice Milk Choice	17 **Breakfast:** Cooks Choice 1 ea Fresh Fruit 4oz Applesauce 8oz Milk Choice **Lunch:** Turkey Sausage or Cheese Omelet Snack N Waffle Fruit and Vegetable Choice Milk Choice
20 **Breakfast:** 2oz Sara Lee Muffin 1pkg Craisins 4oz Fruit Juice 8oz Milk Choice **Lunch:** Orange Chicken Brown Rice Fruit and Vegetable Choice Milk Choice	21 **Breakfast:** 1 ea Small Brekkie 1 ea Fruit Cup 1 pkg Apples 8oz Milk Choice **Lunch:** Meatballs & Marinara Penne Pasta Roasted Broccoli Fruit and Vegetable Choice Milk Choice	22 **Breakfast:** 1 ea Mini Donut 4oz Juice 1 ea Fresh Fruit 8oz Milk Choice **Lunch:** Field Trip Cold Lunch	23 **Breakfast:** 1 ea Chat Snack 1GR Cereal 1 ea Fresh Fruit 8oz Milk Choice **Lunch:** Proview or Tyson Chicken Nuggets School Made Mac & Cheese Fruit & Vegetable Choice Milk Choice, Condiments	24 **Breakfast:** 1GR Cereal 1 pkg Craisins 4oz Applesauce 8oz Milk Choice **Lunch:** Cooks Choice Fruit and Vegetable Choice Milk Choice
27 **Breakfast:** 1GR School Made Muffin 1pkg Craisins 4oz Fruit Juice 8oz Milk Choice **Lunch:** Corn Dog or Mini Corn Dogs McCains Potato Wedges Fruit and Vegetable Choice Milk Choice, Condiments	28 **Breakfast:** 2oz Great Northern Bread 1 ea Fruit Cup 1 pkg Apples 8oz Milk Choice **Lunch:** Chicken Patty on Bun Parmesan Roasted Potatoes Fruit and Vegetable Choice Milk Choice, Condiments	29 **Breakfast:** 3 ea Mini Donut 4oz Juice 1 ea Fresh Fruit 8oz Milk Choice **Lunch:** Field Trip Cold Lunch	30 **Breakfast:** 1 pkg Scooby Snack 1oz Cereal 1 ea Fresh Fruit 8oz Milk Choice **Lunch:** Cheesy Enchiladas Fiesta Black Beans Fruit and Vegetable Choice Milk Choice	31 **Breakfast:** Cooks Choice 1 ea Fresh Fruit 4oz Applesauce 8oz Milk Choice **Lunch:** Turkey Sausage or Cheese Omelet Snack N Waffle Fruit and Vegetable Choice Milk Choice

TIGER CLUB SUMMER 2026: AUGUST BREAKFAST & LUNCH MENUS

MON	TUE	WED	THU	FRI
3 **Breakfast:** 2oz Sara Lee Muffin 1 pkg Craisins 4oz Fruit Juice 8oz Milk Choice **Lunch:** Orange Chicken Brown Rice Fruit and Vegetable Choice Milk Choice	4 **Breakfast:** 1 ea Small Brekkie 1 pkg Raisins 1 pkg Apple Slices 8oz Milk Choice **Lunch:** Chicken Parmesan Penne Pasta Roasted Broccoli Fruit and Vegetable Choice Milk Choice	5 **Breakfast:** 1 ea Blueberry Donut 1 ea String cheese 1 ea Fresh Fruit 8oz Milk Choice **Lunch:** Cooks Choice Fruit and Vegetable Choice Milk Choice	6 **Breakfast:** 1GR Cooks Choice ½ c Fruit cup 1 ea Fresh Fruit 8oz Milk Choice **Lunch:** Proview or Tyson Chicken Nuggets School Made Mac & Cheese Fruit & Vegetable Choice Milk Choice Condiments	7 **Breakfast:** 1oz Cereal 1 pkg Craisins 4oz Applesauce 8oz Milk Choice **Lunch:** Hamburger or Cheeseburger on Bun Baked Beans Fruit and Vegetable Choice Milk Choice Condiments
10 **Breakfast:** 1GR School Made Muffin 1pkg Craisins 4oz Fruit Juice 8oz Milk Choice **Lunch:** Corn Dog or Mini Corn Dogs McCains Potato Wedges Fruit and Vegetable Choice Milk Choice Condiments	11 **Breakfast:** 2oz Great Northern Bread 1 ea Fruit Cup 1 pkg Apples 8oz Milk Choice **Lunch:** Chicken Patty on Bun Parmesan Roasted Potatoes Fruit and Vegetable Choice Milk Choice Condiments	12 **Breakfast:** 3 ea Mini Donut 1 ea String Cheese 1 ea Fresh Fruit 8oz Milk Choice **Lunch:** Field Trip Cold Lunch	13 **Breakfast:** 1 pkg Scooby Snacks 1oz Cereal 1 ea Fresh Fruit 8oz Milk Choice **Lunch:** Cooks Choice Fruit and Vegetable Choice Milk Choice	14 **Breakfast:** Cooks Choice 1 ea Fresh Fruit 4oz Applesauce 8oz Milk Choice **Lunch:** Cooks Choice Fruit and Vegetable Choice Milk Choice
17 **Breakfast:** 1Gr Cooks Choice 1 pkg Craisins 4oz Fruit Juice 8oz Milk Choice **Lunch:** Orange Chicken Brown Rice Fruit and Vegetable Choice Milk Choice FRIDLEY Tiger Club	18 **Breakfast:** 1GR Cooks Choice 1 pkg Raisins 1 pkg Apple Slices 8oz Milk Choice **Lunch:** Italian Sub Sandwich Fruit and Vegetable Choice Milk Choice	19 **Breakfast:** 1GR Cooks Choice 1 ea String cheese 1 ea Fresh Fruit 8oz Milk Choice **Lunch:** Chicken Burrito Bowl Brown Rice & Tostitos Fajita Vegetables Fruit and Vegetable Choice Milk Choice	20 **Breakfast:** 1 GR Cooks Choice 1 ea Fruit Cup 1 ea Fresh Fruit 8oz Milk Choice **Lunch:** Chicken Alfredo Penne Pasta & Breadstick Fruit and Vegetable Choice Milk Choice	21 **Breakfast:** 1GR Cooks Choice 1 pkg Craisins 4oz Applesauce 8oz Milk Choice **Lunch:** Turkey & Cheese Sandwiches Carrots Fruit Choice Milk Choice

TIGER CLUB SUMMER 2026: SNACK MENUS

MON	TUE	WED	THU	FRI
• Juice • Cheez-its	• Peaches • Cheese Chex Mix	• Applesauce • Chewy Bar	• Yogurt • Cinnamon Goldfish	• Salsa Sun Chips • String Cheese

MON	TUE	WED	THU	FRI
• Pretzel Goldfish • Juice	• Cereal • Carrots	• Chocolate Chex Mix • Yogurt	• Peaches • Cheddar Goldfish	• Scooby Snacks • Applesauce

FRIDLEY Tiger Club