

WILDCAT FOOTBALL

St. Ignatius College Preparatory * 2001 37th Avenue, San Francisco, Ca 94116 * (415) 731-7500 * www.siprep.org }

Dear Parent(s) and Guardian(s),

Welcome to the Saint Ignatius community! As you prepare for the coming 2026-2027 academic year, we would like to share some important information about try-outs for the SI Freshman Football team.

Tryouts begin Monday, August 3, 2026. The following information outlines the requirements to register for tryouts. Please carefully review all of the following information.

TRYOUT REGISTRATION

SIGN UP

Sign up through [Arbiter Sports](#) to reserve a spot on the tryout list. Please sign up by August 1st so we can account for fitting the appropriate equipment. Please register only once.

MEDICAL CLEARANCE FORM

Before any prospective player can participate in tryouts, they *must* have their [Ticket to Play](#), or medical clearance form, on file with the athletic department. Be sure to upload your Ticket to Play as part of your registration through Arbiter Sports.

Once your medical clearance form is submitted online through Arbiter Sports, you will receive a clearance email from the Athletic Department. For questions regarding medical clearance, email Josh Pendleton, St. Ignatius Head Athletic Trainer (jpendleton@siprep.org).

BARROW BRAIN BOOK

Our football athletes are required to complete the CIF-recommended Barrow Brain Book Online Learning Module. The online course educates athletes to the signs, symptoms, causes, and consequences of suffering a concussion. **Completing this course and presenting the certificate will be required before participation in tryouts.** Athletes will hand in their completed course certificate on August 3rd before they pick up their equipment.

Visit [Barrow Brainbook](#) to complete the course.

FOOTBALL EQUIPMENT & HELMET DISTRIBUTION – Monday, August 3, 2026

Athletes will try-out in full pads. Prospective players will report to the football equipment room at SI to get fitted for their pads and equipment on Monday, August 3rd during their assigned time slot (more information is detailed on the last page). **All St. Ignatius football players must use the helmets and shoulder pads distributed by the SI football program.**

As part of the check in process, we will use the SWAY program to conduct our baseline concussion testing. Athletes will complete SWAY testing before picking up their equipment. For more information on this process, please visit [Sway](#).

Our staff is looking forward to meeting the athletes and families and having an outstanding season of Wildcat Football! If you have any questions, let us know (contact information below).

Go Cats!

Matt Stecher
Head Freshman Coach, St. Ignatius Football
mstecher@siprep.org

Josh Pendleton
Head Athletic Trainer, St. Ignatius Athletic Department
jpendleton@siprep.org

August 2026 – TRYOUT & PRACTICE CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2	3 Equipment Pick up & Check in 12:00 - 2:30 (see below) Tryouts 2:30 – 5:30p	4 2:30 – 5:30p Practice (Helmets only)	5 2:30 – 5:30p Practice (Helmets only)	6 2:30 – 5:30p Practice (Half Pads)	7 2:30 – 5:30p Practice (Half Pads)	8 9:00 –11:00am Practice (Full Pads)
9	10 2:30-5:30p Practice (Full Pads)	11 2:30-5:30p Practice (Full Pads)	12 9:00-2:00 Orientation 2:45-5:30p Practice (Full Pads)	13 2:30-5:30p Practice (Full Pads)	14 2:30-5:30p Practice (Full Pads) Giants Game arrival/check-in between 6:15-6:30 6:45 start	15 9:00-11:00am Practice (Full Pads) Final Roster posted in the evening
16	17 2:30-4:15p Practice (Full Pads) Class Mass	18 3:00-5:30p Practice (Full Pads)	19 3:20-5:30p Practice (Full Pads) 1st Day of School	20 3:20-5:30p Practice (Full Pads)	21 3:20-5:30p Practice (Full Pads)	22 SCRIMMAGE v. MENLO- ATHERTON

The first day of try-outs will be on **Monday, August 3rd**. The first day is **without pads**; players will meet in the East Football Stands (Home Stands) by 2:30. Players should wear a white t-shirt with LAST NAME written clearly on the front & back, shorts or sweats, and athletic shoes (cleats). Bring your own water bottle.

Tryouts will resume on Tuesday, August 4th and will continue through Saturday, August 8th. Players will be expected to wear the proper practice attire; helmet with athletic tape on the front and back with their LAST NAME printed on the tape, a *molded* mouthpiece, all provided pads, their practice uniform, and non-metal cleats. Missing equipment may result in the prospective player sitting out the tryout day. The final roster will be determined after try-outs on Saturday, August 15th.

All players planning on trying out for Football are expected to be present for all of tryouts. Tryouts are only for the players and coaches. Families are asked to respect the program expectation that tryouts and practices are closed.

EQUIPMENT DISTRIBUTION

On Monday, 3 August 2026, all prospective Freshman Football athletes will receive their football gear for Freshman tryouts.

In order to receive their equipment, all prospective Freshman Student-Athletes ***MUST*** complete the medical clearance process prior to arriving on campus on August 3. If a Student-Athlete is not cleared by the Trainers, they will not receive any football gear until they have been cleared by the Trainers.

Equipment distribution will be done alphabetically, based on *last* name. Report to the SI Football Equipment Room on the Northeast end of the Football Field. If you cannot make your designated time slot, please contact Coach Stecher (mstecher@siprep.org).

A-F: 12:30
G-K: 12:55
L-O: 1:20
P-T: 1:45
U-Z: 2:10

Athletes that are checked in earlier are welcome to stay on campus or may leave and return for tryouts at 2:30. Anyone who stays on campus might bring a lunch or snack to stay nourished during the break in between.

On Equipment Day, the following items will be issued to each Freshman:

Consumable Items (Do not return):

Mouthguard (Can use your own)
White Practice Jersey
Girdle

Non-Consumable Items (Must be returned):

Shoulder Pads	Knee Pads, 1 pair
Helmet	Travel Bag
Red Practice Pants	
Blue Practice Belt	

Consumable items will appear on your son's end of year bill, as will any replacements for these items that are requested. Please also be aware that any non-consumable items that are damaged due to reasons beyond the usual wear-and-tear associated with the game of football, are missing due to negligence, or are modified in a way not intended by the manufacturer (e.g. cutting of knee pads) will appear as a charge on your end of year bill.

Players will *not* receive a locker until after the roster has been finalized. During tryouts, players will be responsible for bringing their gear to and from practice.