SHAWANO SCHOOL DISTRICT

Exhibit 443.10

BULLYING INCIDENT REPORT

For use when reporting bullying incidents at school! It may be used by school and police officials when investigating this or other related incidents.

Report Made By:_____ Date:_____

Exact location/s of Incident:_____

_____

Date of Incident:_____ Approximate time of Incident: _____

Check those that apply:

___ kicking	___ teasing	___ exclusion from game/activity
___ hitting	___ embarrassment	___ name calling
___ pushing	___ tripping	___ rude gestures
___ spitting	___ hate notes	___ spreading rumors
___ insulting	___ discrimination	___ cyber-bullying
___ hazing	___ put downs	___ intimidation

___ other/s _____

Please describe in detail exactly what occurred, anyone who was involved, possible witnesses. Details are very important.

_____

_____

_____

_____

_____

Continue report on the back!

I certify that all statement made above are true to the best of my knowledge. I understand that if I falsify this document, I can be held subject to consequences at school and by legal authorities (if applicable).

_____ _____

Signature Date Submitted

Bullying is deliberate or intentional behavior using word or actions, intended to cause fear, intimidation, or harm. Bullying is often repeated behavior and always involves an imbalance of power. Bullying behavior can take a variety of forms including:

- Physical behaviors, such as assault, hitting or punching, kicking, theft, threatening behavior;
- Verbal behaviors, such as threatening or intimidating language, teasing or name-calling, racist remarks; and
- Indirect behaviors, such as spreading cruel rumors, intimidation through gestures, social exclusion, and sending insulting messages or pictures by mobile phone or using the Internet (also known as cyberbullying).

There is a difference between drama and bullying.

- Bullying is a one way repeated behavior that involves a difference in power.
- Drama is a two way street. It is a mutual back-and-forth confrontation between two or more people.

10 ways to handle being bullied

- Keep a journal.
- Save the evidence, i.e. save text messages, facebook postings, notes.
- NEVER retaliate. If you retaliate, it is no longer considered bullying.
- Talk to someone, i.e. parents, school counselors, teachers.
- Ignore it.
- Laugh it off.
- Stand up for yourself assertively, not aggressively.... See #3.
- Block the bullying, i.e. unfriend on facebook, block the sender, change your phone number.
- Report it, use the bullying form.
- Call the police or tell a school professional right away if your safety is in danger.

