



Food Zone



Summer Menu Week 6 July 6th- July 10th

Heights High 2026

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|---|---|
| | | Breakfast Menu | | |
| WG Cinnamon Roll With 100% Fruit Juice Assorted Fresh Fruit and Cupped Fruit | WG Assorted Breakfast Bread with Fresh Banana Assorted Fresh Fruit And Cupped Fruit | WG Cinnamon Toast Crunch Bar with 100% Fruit Juice Assorted Fresh Fruit and Cupped Fruit | WG Maple Pancakes With Fresh Orange Slices Assorted Fresh Fruit and Cupped Fruit | WG Assorted Fruit Muffin With Yogurt 100% Fruit Juice Assorted Fresh Fruit and Cupped Fruit |
| Orange Chicken Popcorn Chicken with Orange Sauce Brown Rice Steamed Broccoli Cantaloupe Assorted Fresh Fruit and Vegetable Bar | Build a Burger All Beef Patty, Cheese Slice, Lettuce, Tomato, Onion, and Pickles With BBQ Baked Beans Watermelon Assorted Fresh Fruit and Vegetable Bar | BBQ Glazed Chicken Leg With Mashed Potatoes Glazed Carrots Corn Bread Fresh Strawberries Assorted Fresh Fruit and Vegetable Bar | WG Cheese or Pepperoni Pizza with Seasoned Green Beans Honey Dew Assorted Fresh Fruit and Vegetable Bar | WG Chicken Quesadilla With Seasoned Corn and Black Beans Salsa and Sour Cream Fresh Grapes Assorted Fresh Fruit and Vegetable Bar |

MENU SUBJECT TO CHANGE

Milk is Offered with Every Meal! Choices Include: Fat Free Chocolate and Low Fat White

Breakfast

Assorted Fresh, Dried Fruit, 100% Fruit Juice, String Cheese, Assorted Grahams, Whole Grain Cereal, Cereal Bars, Muffins, Donuts, Bagels and Assorted Milk will be Offered Daily

Lunch

Includes: Entrée (Grain and Meat/Meat Alternative), Two Servings of Fruits or Vegetables, One Milk
Daily choices on the Fresh Fruit and Produce Bar may include: Apples, Oranges, Bananas, Dried Fruit, Romaine Lettuce, Carrots, Grape Tomatoes, Broccoli, Cucumbers, and/or other Seasonal Options.

Please discuss any food allergy issues concerning your child with the Food Service Director @ 216-320-2007 .

This Institution is an Equal Opportunity Provider

Free Summer Meals Program Any Child 18 and Under

Open to Public

Breakfast

8:00am-9:30am

Lunch

11:00am-1:00pm

Heights High School: June 1st- August 7th

Boulevard Elementary: June 8th- August 7th

Oxford Elementary: June 8th- June 27th

Noble Elementary: June 10th- July 31st

Gearity Elementary: August 3rd- August 12th (Mon. thru Thur. Only)

All Sites Closed June 19th and July 3rd