



School Nutrition Guide

2026-27 SCHOOL YEAR

Administrative Team

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Cafeteria Contacts

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School Meal Prices

\$2.15
Breakfast (K-12)

\$3.15
Elementary Lunch (K-5)

\$3.25
Secondary Lunch (6-12)

School meal prices remain unchanged from the previous school year.



Online Payments & Monitoring

- Visit linqconnect.com
- Add funds (3.95% processing fee; minimum of \$2.85/credit card, \$1.85/electronic check)
- Complete a Free & Reduced Application (one per family annually after July 1)
- Set up low-balance alerts and auto payments
- Monitor purchases, set limits, and transfer funds

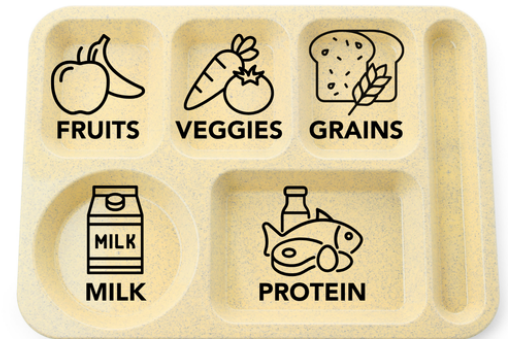


Breakfast & Lunch Menus

- Visit avon-schools.nutrislice.com
- Download this interactive app in the App Store or Google Play
- Review breakfast and lunch menus
- Discover nutritional facts for all menu items
- See photos of school meals
- View allergen information
- Rank your favorite items and provide feedback to the food services team

Components of a Healthy Lunch

Students learn best when they have a healthy lunch. All lunches are served with all five components: fruit, vegetable, protein, grain, and milk. Students can select 3-5 different components for their tray. All entrees include a protein and grain and all lunches must include a fruit or veggie.



While we encourage students to take a full tray, we understand that sometimes students may not want all items offered. Students can decline up to two components as long as their tray contains a fruit or a vegetable.

Start the Day Right



We serve breakfast in each of Avon's K-12 schools. Breakfast includes an entree (grain and protein or two grains), choice of fruit, and milk.

Food Allergies & Special Diets



Students with allergies are permitted substitutions with a signed medical statement. Contact Food Services for more information.