



BTEC AAQ National Level 3 Health and Social Care Bridging Course

BTEC National in Health and Social
Care (Extended Certificate)

Health and social care has many topic areas and is a good foundation subject for a wide range of careers. In general terms, it's about people, their health, individual circumstances and what affect individuals.

Your learning will explore the different healthcare and social care services and how different job roles support people to meet their individual needs.

First year of study:

One exam assessed unit – Unit 1. Human Lifespan and Development

One supervised assignment called PSAB (Pearson Set Assignment Brief)

Second year of study

One exam assessed unit – Unit 2. Human Biology and Health

One supervised assignment called PSAB (Pearson Set Assignment Brief)

You will have an opportunity to resit your exams and there will be a chance to improve some of your assignment work.

HSC Task 1

When you start the course in September, we will begin by looking at development across the human lifespan.

In preparation for this create a summary of the key theorists below:

1. The importance of bonding and attachment with primary care givers and the theories of attachment John Bowlby and Mary Ainsworth.
2. What is meant by the 'aging population' and the social disengagement and activity theory.

HSC Task 2

The first year of the course is focused on a range of topics, mainly human development, health inequalities and health promotion. To develop your knowledge we suggest you read, watch, and listen to a range of materials to support you. Choose two and summarise the content and what have you learned.

Watch YouTube:

Baby milestones

https://www.youtube.com/watch?v=DTIz2D0K_EE

The Attachment Theory: How Childhood Affects Life

<https://www.youtube.com/watch?v=WjOowWxOXCg&t=33s>

Websites:

<https://www.prospects.ac.uk/> - research roles and responsibilities of the following health and social care workers: Nurse, Social Worker, Health Care Assistants, Midwives, Doctors & Youth Workers.

<https://www.nhs.uk/> - research various illnesses: cystic fibrosis, brittle bone disease, Down's syndrome, Diabetes, Osteoarthritis & Cardiovascular Disease.

Online News articles: consider how the housing crisis impacts health.

The Guardian: 'More than 8 million people in England living in unsuitable housing' <https://www.theguardian.com/society/2019/sep/23/people-england-living-unsuitable-housing>

BBC News: 'Housing crisis affects estimated 8.4 million in England'

<https://www.bbc.co.uk/news/uk-49787913>

The Guardian: 'Doctors urge government to fight poverty after rise in patients with Victorian diseases.'

<https://www.theguardian.com/society/2025/apr/03/doctors-urge-government-fight-poverty-victorian-diseases>

HSC Task 3

Health and Social Care is built on principles of equality, person-centred care, and personalisation. There are times when things go wrong. Write an short essay, no more than two sides of A4, which gives examples of bad/poor practice that has had significant changes on current practice.

Examples – Victoria Climbié death and Winterbourne Care Home – these can be upsetting to research but you must be aware of cases like these and the impact they have had on the health and social care sector for the Y13 coursework.

HSC Task 4

It is important to make the public realise about the issues which are prevailing in society relating to health and social care. One way in which public awareness is raised about health and social care in general and issues that exist within the health and social care sector is through the media. Watch one of the below and consider the following:

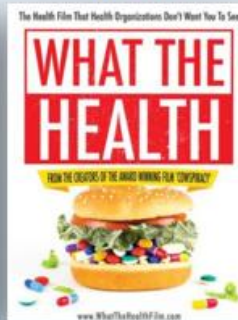
1. What issues are being raised?
2. Is it informative/helpful and why?
3. How effective is the programme in raising public awareness about H&SC/Issues?

NETFLIX

Babies



What the Health



Louis Theroux:
Extreme love,
Dementia



Five Feet Apart



Brain on Fire



Theory of Everything



Humans;
Body Systems



Three identical
strangers



Not NETFLIX

Rhod Gilbert's Work
Experience



Katie Price;
Harvey and Me



Inside our Minds



Stacey Dooley
9-5 Care Home



BBC iPlayer

Task 5:

Chose a professional from the following:

- Midwife
- Paramedic
- Paediatric nurse
- Nutritionist
- Physiotherapist

You could choose your own idea from health and social care roles if you prefer.

Create a fact file for your chosen job role. You could include:

- A day in the life of...
- General roles and responsibilities
- Routes into the role/ qualifications required
- Skills & qualities
- Average pay
- Where they work
- Who they work with

Research a list of HSC jobs/medical terms for each letter of the alphabet:



<u>Word</u>	<u>Definition</u>
Development	
Growth	
Self esteem	
Self-concept	
Holistic approach	
Advocate	
Discrimination	
Diversity	
Empathy	
Multi-disciplinary team	

Course essentials:

In September please come prepared with a ring binder and notepad as well as dividers for the different topics we will be covering. Your class notes will be checked during our quality assurance process, you will also want access to them when writing your coursework - organisation is essential!

Link to the Pearson course webpage:

<https://qualifications.pearson.com/en/qualifications/btec-nationals/health-and-social-care-aag.html>

Any questions email:

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Alternative Academic Qualification (AAQ)
Health & Social Care

