COVID-19 vs. Flu vs. Allergies vs. Cold

Do you Have a Fever?

YES

Are you experiencing shortness of breath?

YES

You **MAY** have **COVID-19**

- ❑ **Cough**
- ❑ **Fatigue**
- ❑ **Weakness**
- ❑ **Exhaustion**

NO

You **MAY** have the **Flu**

- ❑ **Cough**
- ❑ **Fatigue**
- ❑ **Weakness**
- ❑ **Exhaustion**

NO

Do you have itchy eyes?

YES

You **MAY** have **Allergies**

- ❑ **Sneezing**
- ❑ **Runny Nose**

NO

You **MAY** have the **Common Cold**

- ❑ **Sneezing**
- ❑ **Runny Nose**
- ❑ **Mild Chest Discomfort**



COVID-19

Symptoms…

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Muscle or body aches
- Headache
- Fatigue
- Nausea or vomiting
- Diarrhea

The Flu

Symptoms…

- Fever or chills
- Cough
- Sore throat
- Runny or stuffy nose
- Muscle or body aches
- Headaches
- Fatigue (tiredness)
- Vomiting and diarrhea

Common Cold

Symptoms…

- Cough
- Sore throat
- Runny nose
- Body aches
- Headaches
- Sneezing

These are **COMMON SYMPTOMS** for COVID-19, the Flu, and the Common Cold, which may vary from person to person, and only a doctor can give a diagnosis. However, to rule out COVID-19, our Health Specialists will ensure the student can safely return to class only if they are COVID-negative. (Non-emergency symptoms: Coughing, Sneezing, Runny nose, Sore throat, **a Health Specialist will assess EXCESSIVE symptoms**). The student may be sent home or CLEARED to stay in school. **Please do not send the student back to the Health Office unless it is a Medical Emergency.**