

**Board Policy EEE: Wellness Program**

**Status:** ADOPTED

**Original Adopted Date:** 07/19/2006 | **Last Revised Date:** 03/17/2015 | **Last Reviewed Date:** 08/19/2025

The Board of Education recognizes that student wellness and proper nutrition are related to students' wellbeing, growth, development, and readiness to learn. The Board is committed to providing a school environment that promotes and protects student wellness, nutrition education, and regular physical activity as part of the total learning experience. In a healthy school environment, students will learn about and participate in positive dietary and lifestyle practices that can improve student achievement.

To the extent practicable, all schools in the district shall participate in available federal school meal programs. All foods and beverages made available on campus during the school day shall be consistent with the minimum requirements of federal law and regulations and state requirements. Guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by the U.S. Secretary of the U.S. Department of Agriculture, as those regulations and guidance apply to schools.

The Superintendent or designee shall convene a wellness committee consisting of school system and community representatives from areas designated in federal law to participate in the development, implementation and periodic review of school wellness policies. Such policies shall contain, at a minimum:

1. Specific goals for nutrition promotion and education, physical activity, and other school-based activities that promote student wellness;
2. Standards and nutrition guidelines for all foods and beverages available on campus during the school day that:
  - a. Are consistent with federal meal pattern requirements and nutrition standards;
  - b. Prohibit the sale to students on the school campus during the school day of competitive foods that do not meet the federal criteria; and,
  - c. Adhere to the Healthy, Hunger-free Kids Act of 2010 and state requirements regarding exempt fundraisers.
3. Identification of the position of district or school official(s) responsible for the oversight to ensure each school's compliance with the wellness policy.
4. A description of the manner in which parents, students, and representatives of school food service, physical education teachers, school healthy professions, the school board, school administrators, and the general public are provided an opportunity to participate in the development, implementation, and periodic review of the wellness policy; and
5. A description of the plan for measuring the implementation of the wellness policy and for reporting to the public its content and implementation issues.

The Superintendent or designee shall ensure that each participating school complies with the wellness policy; that periodic assessments and progress reports are conducted in accordance with state and federal timelines and other requirements; and, that appropriate updates or modifications are made as needed.

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**Policy Reference Disclaimer:** These references are not intended to be part of the policy itself, nor do they indicate the basis or authority for the board to enact this policy. Instead, they are provided as additional resources for those interested in the subject matter of the policy.

**Note:** To access the policy references, [CLICK HERE: State of Georgia Terms and Conditions](#) and close the LexisNexis tab, which will return you to the policy. Click on the links below to be taken to each specific code. **You should only have to do this one time per session.**

**State**

O.C.G.A. 20-02-0066

**Description**

[School breakfast programs](#)

**State**

Rule 160-5-6-.01

**Description**

[Statewide School Nutritional Program](#)

**Federal**

07 CFR 210.11

[Competitive Food Service and Standards](#)

07 CFR 210.12

[Student, parent, and community involvement](#)

07 CFR 210.18

[Administrative Reviews-School Nutrition](#)

07 CFR 210.20

[National School Lunch Program-Reporting and record keeping](#)

07 CFR 210.31

[Local school wellness policy](#)

42 USC 1758

[Program requirements-School Lunch Programs](#)

42 USC 1758b

[Local School Wellness Policy](#)

42 USC Chapter 13

[School Lunch Programs](#)

42 USC Chapter 13A

[Child Nutrition](#)

**Cross References**

EED

[Vending Machines](#)

IDBA

**Description**

[Sex Education](#)