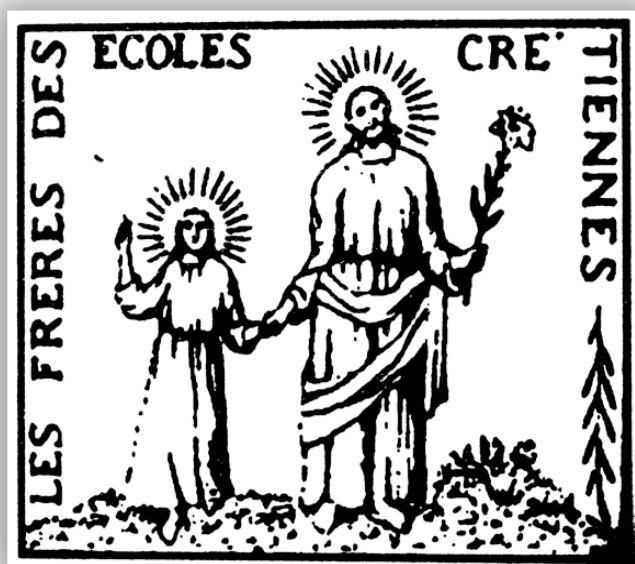


SAINT MARY'S COLLEGE HIGH SCHOOL

ENRICHMENT WEEK 2026 Course Catalog

FAITH — SERVICE — COMMUNITY

March 9 – 13



Original Seal of the Institute of the Christian Brothers -18th Century.

The Origin of the Seal



The above emblem served as the first official seal of the Institute of the Brothers of the Christian Schools in the early 18th century, prior to the adoption of the familiar Signum Fidei, as seen in the Saint Mary's Seal. Although the use of the Magi's star as "the sign of faith" greatly expresses the commitment of the Brothers and the ultimate intent of Lasallian Educational Pedagogy, the image above is a reminder to the Brothers and to all Lasallian Educators of the truly relational nature of their work as educators.

Shown in the seal Saint Joseph, recognizable because he holds the Lily, depicted with Jesus Christ, who is a young boy. John Baptist de La Salle continually reminded the Brothers of the example of Saint Joseph. Catholic Christian tradition speaks of the important role that Joseph played in the life of Jesus. Along with his wife Mary, Joseph served as Jesus' foster-father, raising Jesus to be a man of Faith, and guiding him through his own example of justice and integrity. It is traditionally considered that Joseph also taught Jesus the trade of carpentry, for during the years of his ministry people consider Jesus to be, "the Carpenter's son". Joseph understood that he had a great part in God's work, in raising the boy Jesus; God gave him Jesus so that Joseph might educate him and love him.

These notions are at the heart of everything Lasallian. The Brothers and their partner Lasallian Educators see their relationship with students as one in which God has given these young people to them so that they might educate them and love them. The Brothers and all Lasallian Educators, like Saint Joseph, are called to be an example of integrity and justice, guiding the young people God entrusts to their care, through the challenges of the process of maturity and growth, to a future role in building the Kingdom of God.

The Philosophy of the Enrichment Week Program

Saint John Baptist de La Salle believed that Lasallian Educators are with their students from morning to evening; this meant that the education envisioned would be characterized by a fraternal relationship between teacher and students. The Lasallian Educator is totally immersed in the life of his or her students sharing their interests, their worries, and their hopes. Lasallian Educators are not so much schoolmasters pounding truths into their heads, as they are older brother and sister who help them to discern within themselves the call of the Spirit, to come to a better understanding of what is real, to recognize their abilities, and thereby to discover progressively their place in the world.

Adapted from "The Declaration"

A part of Saint Mary's mission is to educate the whole person by promoting the intellectual, spiritual, physical, and social development of each student while at the same time creating community. The administration, faculty, and staff are committed to living this commitment to educate the whole person through the curriculum, co-curricular programs, and day-to-day contact with students. Enrichment Week provides an additional means to develop and extend the school's mission. During this week, each student will have an opportunity to choose and participate in a course that is of particular interest to them. The curriculum for Enrichment Week is developed by the faculty and contains a mix of academic, travel, career exploration, cultural, and recreational classes.

Participation in Enrichment Week is mandatory for all students, but the choice of specific classes is up to each individual student and his/her family. Since the program is an addition to, rather than a part of the regular curriculum, courses carry fees, which cover the cost of their materials, equipment, and/or transportation.

Please look carefully at the course offerings and make the choices appropriate for your child, paying particular attention to WHEN and WHERE each course meets each day.

- **A course fair will be held once the catalog is distributed allowing students the opportunity to learn more about each course from the teacher leading it.**
- **Students will be asked to choose 3 courses and register for those courses within the published timeline.**
- **Course rosters will be published in January.**

Policies & Procedures

Enrichment Week Courses

All Enrichment Week courses are grounded in the principles of our Lasallian Educational Outcomes (LEOs). Each course is developed and/or coordinated by a Saint Mary's faculty member and aligns with one or more of the following categories – many courses encompass all three:

- Cultural, Educational and/or Career Exploration
- Recreation and/or Physical Wellness
- Service and/or Spirituality

All Enrichment Week courses, including travel, may include a day of service to build relationships with one another and serve our community or the communities we are visiting. In addition, some of the courses in the catalog are service oriented for the week and provide documented hours of service for Confirmation,

National Honor Society (NHS), Scouts and other outside organizations. There will be a designation of Community Service next to the course titles.

Priority Numbers

Priority numbers are randomly generated and assigned to each student beginning in their freshman year. These numbers are used when scheduling students into their selected courses. Students with lower numbers (1-100) are *more likely* to get their first or second choice while students with higher numbers (101-200) may not get their 1st or 2nd choice. Almost every student is enrolled in one of their three choices. The numbers alternate each year giving students 2 opportunities in their 4 years at Saint Mary's to have a lower number and the ability to be enrolled in their first or second choice.

Course Registration

Students will register for their courses online through the Enrichment Week portal, found in the students' PowerSchool account (left sidebar), beginning **Wednesday, December 3** and ending on **Monday, December 8**. Registration forms need to be printed out by each student, then signed by a parent/guardian, and returned to their 2nd period teacher by **Wednesday, December 10** to turn in a signed registration form **may** result in the student losing their priority number causing them to be scheduled into courses last.

***Students who have already enrolled in a travel course DO NOT need to register at this time.
These students have been pre-enrolled in the portal.***

The Enrichment Week Registration Form is not only used to register the student in a course, but also serves as the permission slip for the student to participate.

No Repeated Courses

Students are expected to take a different course each year and they are encouraged to take one class from each Course Category throughout their four years at Saint Mary's. Students are not allowed to repeat a course unless approved by the course instructor and the Enrichment Week Director prior to registration in the course.

Transportation

Many courses require some off-campus travel. The majority of off-campus travel is usually done via public transportation (BART or bus). Since many students have Clipper cards, students are responsible for the costs of local public transportation to course sites, unless otherwise specified in the final course itinerary. Transportation outside of the Bay Area will be incorporated into the course cost and arranged by the school.

Course Itinerary

Every teacher will provide the school and each registered student with a course itinerary. This itinerary will provide day- to-day details, including meeting and departure times, activity schedules, locations for each day, and transportation information.

International Trips

We partner with TSA Tours for all of our international Enrichment Week trips.

Enrichment Week Parent Meetings for Overnight Trips & Immersions

Some courses require that a parent/guardian and the student come to the Enrichment Week Parent Meeting to meet the teacher, complete any other required permission forms and obtain insurance/health

care information. Some travel courses, and all immersion programs have been sponsoring on-going meetings with students. The required forms for these courses will be completed in one of these sessions.

For those enrolled in these courses, the students and their parents will be required to attend the **Enrichment Week Student & Parent Meeting in February; date and time TBD**. This is a mandatory meeting for parents and students. It is important that parents and students attend this meeting so they are able to participate in their overnight/travel course.

Paying for Enrichment Week Courses

For courses under \$400, Saint Mary's will bill families in January via their Blackbaud Tuition Account for the full cost of the course. For courses over \$400, the fee will be divided into two installments. The first installment is due in February, and the second installment is due in March. If your tuition account is not current, and you plan to take a course over \$1,500, prior clearance must be given by the Finance Office. Please contact Mr. Calvin Deng in the Finance Office if you have any questions or concerns regarding clearance or billing. Mr. Deng can be reached via e-mail at cdeng@stmchs.org.

There is limited financial assistance available for the Immersion Programs only. If you are requesting financial assistance, please contact Mr. Calvin Deng, Director of Finance via email at cdeng@stmchs.org before the posted deadline.

Financial Assistance

******There is need-based financial assistance available for the following Enrichment Week courses:

AI & The Art of Web Design
Bay Area Uncovered
Campus Adventures: Hangouts & Hotspots
Culinary School: Kitchen on Fire!
Driver's Education & Training

Immersion East Bay
Immersion Salinas
Joy of Eating
Lifeguard Training
Myth Busters

The application is due to Ms. Molinelli by **Monday, December 8**. All applications will be reviewed and approved by the Business Office. Please see Ms. Molinelli for more information.

No Refund

Students missing a course or a portion of a course due to an excused or unexcused absence or any tardiness will not be refunded money used to pay for the course. Most courses have required prepayments for materials, supplies, outside instructors, and transportation.

Cancellation of a Course or Increase Fees

As courses are developed, teachers create a course budget and cost. Sometimes admission fares, transportation, or food costs change from the time the course was developed to the time the course is actually held. If there is an increase in course cost, students will be notified in advance. If a course is cancelled due to lack of enrollment or for another unforeseen reason, students will be offered an opportunity to join another course that has an opening.

Transcripts

Enrichment Week courses will appear on students' transcripts.

All school policies described in the *Student Parent Handbook* are in effect during Enrichment Week.

Please refer to the handbook for details.

Attendance & Tardies

- All school policies regarding attendance and tardiness are in place during Enrichment Week.
- If a student is ill during Enrichment Week, parents need to phone in the absence to the Attendance Hotline (510) 559-6211 in our Main Office.

- Students are required to complete the course in which they have enrolled. If a student misses a portion of the course because of an excused absence, s/he must make up the hours missed through an individual internship that must be approved by the Enrichment Week Program Director. The internship must be completed before the end of the school year.
- The Enrichment Week Director will handle all unexcused tardies. Students who are off-campus and have unexcused tardies will serve detention by arrangement with the Dean of Students.
- If a student misses a half-session (over 2 hours) it will be considered a full absence.
- If a student misses a portion of the course due to an unexcused absence, it will be considered truancy; please refer to the Student/Parent Handbook for consequences on truancy.

Behavior Issues during Enrichment Week

- Inappropriate behavior will incur consequences during the Enrichment Week course, as well as disciplinary action at Saint Mary's upon the students' return.
- *On-Campus:* A student who is sent out of class while taking a course on campus is to report to the Main Office. The Enrichment Week Director will determine appropriate disciplinary action.
- *Off-Campus Day Courses:* If a student on an off-campus course is asked to leave for behavioral reasons, the instructor of the course will phone the school and speak to the Vice Principal for him/her to determine whether the student will be picked up by a parent at the course site or the instructor will send the student home after consultation with the student's parents.
- *Off-Campus Overnight and Travel Courses:* All school policies described in the *Student and Parent Handbook* are in effect during Enrichment Week, regardless of where the course is held. At the required parent meeting(s), the faculty member will discuss with parents what the procedure will be if a student needs to be sent home from the activity for his/her behavior. Inappropriate behavior will incur consequences during the Enrichment Week course, as well as disciplinary action at Saint Mary's upon the students' return.

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Adventures in Disneyland: Understanding the Entertainment Industry (Travel)	7430	\$1,900	10
AI & the Art of Web Design *	7192	\$100	10
Around the World in 5 Days: Food, Fun and Global Adventures in San Francisco	7279	\$600	10
Art-Full	7310	\$400	11
Backpacking & Rock Climbing in Joshua Tree (Travel)	7390	\$2,200	11
Bay Area Uncovered: Culture, Service, and Discovery *	7230	\$300	12
Beat Making: Writing, Recording & Producing	7185	\$300	12
Behind the Music: Careers in the Music Industry	7340	\$150	13
Best of the Bay Area	7195	\$475	13
California Adventures: The Central Coast (Travel)	7190	\$1,000	13
Campus Adventures: Hangouts & Hotspots *	7320	\$300	14
Careers in Athletics: Behind the Scenes of the Sports Industry	7145	\$425	14
Come Play in Santa Fe, New Mexico (Travel)	7142	\$2,000	15
Confidence Collective: You Are Stronger Than You Think	7162	\$400	15
Culinary School: Kitchen on Fire *	7180	\$580	15
Driver's Education & Training *	7277	\$590	16
From Sierra Snow to Bay Waters: Understanding California's Water System	7400	\$475	16
Historical Haunting Tour of the Bay Area	7141	\$400	16
Immersion East Bay (Community Service) *	7350	\$150	17
Immersion Salinas: Farm Workers and Community (Community Service) (Travel) *	7219	\$625	17
Joy of Eating: A Culinary Journey Through the Bay *	7250	\$350	18
Lifeguard Training *	7210	\$280	18
Movie-cation & Appreciation	7375	\$150	19
Myth Busters: Science vs. Myth *	7385	\$400	19
Outdoor Education: Cabin Leader at Walden West (Community Service) (Travel)	7450	\$150	20
Project Runway: Saint Mary's Edition	7171	\$575	20
Sense & Perception: Beyond What Meets the Eye	7248	\$400	20
SoCal: Culture, Colleges, and Care for Others (Travel)	7200	\$1,800	21
Sports Unlimited: Indoor & Outdoor Challenges	7135	\$475	21

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Spy Hunters of WWII: Operation Home Guard	7273	\$450	22
Taste of the Bay Area: A Hands-On Culinary Journey	7150	\$400	22
Tidepool Treks & Ocean Quests: Marine Biology on the Pacific Coast (Travel)	7460	\$525	22
Trailblazers: Hiking in the Bay Area	7410	\$200	23
Wellness Through Creativity: A Writing and Cooking Retreat (Travel)	7170	\$800	24
Individual Internship Program (IIP)	7332	\$20	24

TRAVEL COURSES (Registration for travel closed as of October, 2025)	Project Number	Cost	Page
Boston & New York	7380	\$2,600	25
Chicago	7292	\$2,600	25
Egypt	7235	\$4,900	25
France – <i>The Original Black Panthers Battalion</i>	77125	\$5,600	25
Germany & Czech Republic	7423	\$5,200	26
Iceland	7300	\$4,700	26
La Salle Bamboo School, Thailand (<i>Immersion</i>)	7290	\$3,200	26
New Orleans	7110	\$2,600	26
Peru	7465	\$4,800	27
St. LaSalle School, Keelamudiman, INDIA (<i>Immersion</i>)	7270	\$3,500	27

Enrichment Week Courses

Adventures in Disneyland: Understanding the Entertainment Industry (Travel)

Project Number: 7430

Ms. Davey

Cost: \$1,900

Where imagination meets leadership—discover your path to success with Disney as your guide.

Get ready to experience leadership, creativity, and inspiration—Disney style! This trip isn't just about theme parks; it's about discovering what makes *The Walt Disney Company* a global leader in innovation, entertainment, and teamwork. Disney encompasses much more than Disneyland—it includes Pixar, Marvel, Lucasfilm, and more! Known for its powerful brand synergy, exceptional leadership, and imaginative storytelling, Disney sets the gold standard for collaboration and excellence.

On this exciting journey, you'll explore the Santa Monica Pier, tour iconic Los Angeles landmarks like Beverly Hills and Hollywood, and visit world-class colleges such as UCLA. You'll then step into the magic of the Disneyland Resort—an unmatched model of creativity, presentation, and dynamic teamwork.

Through workshops, team-building activities, and reflection, you'll identify your goals, dreams, and pathways to success. This retreat will strengthen your leadership skills, build your confidence, and help you envision your future—whether that's in the Disney universe or wherever your passion leads.

Students & their parents will be required to attend the Enrichment Week Student & Parent Meeting in February; date and time TBD

Min/Max Enrollment:	8/18
Where & When:	Sunday: Meet at Oakland Airport – return Thursday – Times TBD.
Meal(s):	Some meals provided.
Supplies/Materials:	Packing list will be provided prior to departure.
Transportation:	Provided by school – included in course fees.

AI & the Art of Web Design *

Project Number: 7192

Mr. Molnar

Cost: \$100 (financial assistance available)

Discover how artificial intelligence is changing the way websites are created. In this hands-on course, you'll design and build your own interactive web pages using HTML, CSS, and JavaScript — with a little help from AI tools like Chat GPT and image generators. You'll learn to write and test your own code, create original designs, and see how AI can boost creativity and problem-solving. No experience required — just curiosity and imagination.

*** Scholarship available; application is due by Monday, December 8 and available outside Ms. Molinelli's Office.**

Min/Max Enrollment:	8/16
Where and When:	Meet on campus Monday – Friday from 9:30 am – 2:00 pm.
Meal(s):	Some meals provided.

Around the World in 5 Days: Food, Fun and Global Adventures in San Francisco

Project Number: 7279

Dr. Troyani

Cost: \$600

Do you like to travel and explore other cultures? Experience other countries without leaving the Bay Area! This course features culinary walking tours, biking, and kayaking through North Beach, Chinatown, and the Bay. Sample global cuisine, see high-flying acrobats, and bike across the Golden Gate Bridge—the nearly identical Ponte 25 de Abril spans the Tagus river in Portugal. Each day, we'll dive into a new neighborhood and enjoy the cultural diversity that connects our region with the world. Bring your curiosity—and your appetite for adventure!

Min/Max Enrollment:	8/16
Where and When:	Leave and return from Saint Mary's or North Berkeley BART; Monday through Friday, times to vary depending upon activity.
Meal(s):	Most meals provided.
Transportation:	Students provide their own preloaded clipper cards or app for BART and Ferry.



Around the World in 5 Days



Art-Full

Project Number: 7310

Ms. Mahoney

Cost: \$400

If you like art, get hands on and make some of your own! Activities, depending on availability, will include learning more about graffiti art at [1AM San Francisco](#), screen printing at [Richmond Art Center](#), and letter press printing at [San Francisco Center for the Book](#). Other activities may include pottery, photography, paper folding, and mixed-media collage. We'll develop idea journals and whatever we do, you'll end the week with lots of plans and a few supplies as well. During the week, as time allows, we'll visit a few museums, from the big names to the lesser known. Art-Full is a whole week full of art.

<i>Min/Max Enrollment:</i>	8/16
<i>Where and When:</i>	Meet Monday – Friday from 9:30 am – 2:00 pm.
<i>Meal(s):</i>	Students provide own lunch.
<i>Supplies:</i>	Basic supplies provided by instructor.
<i>Transportation:</i>	Students provide their own preloaded clipper cards or app for BART.

Backpacking & Rock Climbing in Joshua Tree (Travel)

Project Number: 7390

Mr. Leach

Cost: \$2,200

No experience? No problem. In this course, you'll learn everything you need for life in the wilderness—how to pack a backpack, hike as a team, set up shelters, cook backcountry meals, and even try rock climbing. You'll spend your days exploring the incredible desert landscape of [Joshua Tree National Park](#)—famous for its giant boulders, twisted Joshua trees, and star-filled skies. Depending on the trip, you may go on multi-day backpacking expeditions, basecamp, or climb natural rock formations.

This isn't just an outdoor trip—it's an [Outward Bound California](#) adventure focused on challenge, teamwork, and self-discovery. The desert is beautiful and demanding, so be ready for early mornings, physical effort, and personal growth. You'll be supported every step of the way by your instructors and group.

Come ready to push yourself—and leave with new skills, confidence, and unforgettable memories.

<i>Min/Max Enrollment:</i>	6/8
<i>Where and When:</i>	Tuesday, March 10 – meet on campus to prepare for trip (10 am – 2pm); leave Wednesday, March 11 – arrive home, Saturday, March 14 (times TBD).
<i>Meal(s):</i>	Most meals provided.
<i>Supplies/Materials:</i>	Packing list will be provided prior to departure.
<i>Transportation:</i>	Provided by school – included in course fees.



**Outward
Bound,
Joshua Tree**



Bay Area Uncovered: Culture, Service, and Discovery *

Project Number: 7230

Mr. Marks

Cost: \$300 (financial assistance available)

Do you like learning about other cultures? Do you want to be a changemaker and do service in your community? Do you want to explore the best of the Bay Area? Bay Area Uncovered: Culture, Service, and Discovery is for YOU! Each day will feature an opportunity to learn about diverse cultures in the Bay Area and engage in community service with a local faith community or non-profit organization. We'll be farmers at Urban Adamah, a Jewish farm in Berkeley that grows organic food for community members in need. We'll be food-distributors at the Oakland Catholic Worker, helping to give out food to immigrant & refugee families in Oakland. We'll be hikers and meditators at Green Gulch Farm, a Zen Buddhist center in Marin. Depending on the interests and desires of the group, we will create other service opportunities that match our skills with the needs of our Bay Area community.

Note: Provides service hours for Confirmation, NHS, Scouts, etc.

*** Scholarship available; application is due by Monday, December 8 and available outside Ms. Molinelli's Office.**

Min/Max Enrollment: 8/16

Where and When:

Meet on campus Monday-Friday, 9:30 am -2:00 pm (times may vary).

Meal(s):

Provided some days.

Transportation:

Provided by school – included in course fees.

Beat Making: Writing, Recording & Producing

Project Number: 7185

Mr. Ellis

Cost: \$300

Have you always wanted to know how songs and beats are recorded produced? Are you making beats already? This week-long experience will introduce you to the fundamentals of beat making, digital audio workstations (DAWs) like GarageBand & Logic Pro X, and studio production. If you're already making beats, we'll take them to the next level! Through hands-on projects, you'll will learn how to create original tracks while exploring rhythm, sound design, sampling, and mixing techniques. This week we will emphasize creativity and collaboration, giving students the tools to produce, edit, and share their own digital music by the end of the week. We will tap into all musical aspects of recording, production, songwriting and performance. We will take a trip to a local professional studio, and take in a live performance of a working artist at a local venue. Get ready to build a relationship with your fellow peers to form different songs that highlight musical genres such as: Pop, Rock, and Hip Hop. By the end of the week, we'll showcase our work to the world!

Min/Max Enrollment:

8/16

Where and When:

Meet on-campus in the Pavillion Monday - Friday 9:30 am – 2:00 pm; may be an evening event – date/time TBD.

Meal(s):

Some meals provided.

Supplies:

iPad Mac or personal computer with [Garage Band](#) or preferred Digital Audio Workstation (DAW) required.

Behind the Music: Careers in the Music Industry**Project Number: 7340****Ms. Nunley & Mr. Rau****Cost: \$150**

Step into the world where sound meets strategy! In this hands-on course, you'll explore what it takes to bring live music to life—from booking artists to building buzz. Learn how a music venue runs behind the scenes, dive into artist vetting and budgeting, and craft your own professional offer. Then, take on the marketing side—create campaigns, design ads, and explore the power of storytelling, social media, and audience analytics. Finally, get hands-on with audio and lighting as you make your chosen act look and sound stage-ready. By the end of the week, you'll understand every beat of the music business—and maybe find your future in it.

Min/Max Enrollment: 8/16
Where and When: Meet at [Crybaby](#) Monday – Friday from 10:00 am – 2:00 pm.
Meal(s): Same meals provided.
Transportation: Meet at Crybaby located at 1928 Telegraph Avenue in Oakland (across from Fox Theater and close to 19th & Broadway BART).

Best of the Bay Area**Project Number: 7195****Mr. Lawson****Cost: \$475**

Go beyond what you know and are familiar with and experience what the Bay Area has to offer. Activities will take us around the Bay Area – from Sonoma to San Jose – where we will experience fun activities like a ropes course or zip lining, rock climbing or bouldering, a theater performance or magic show and possibly go-kart racing or indoor parachuting. Naturally, we will also eat our way through the Bay Area by enjoying some local Ethiopian and Indian food and more. Grab a friend and join us as we explore new places in our own backyard

Min/Max Enrollment: 8/24
Where and When: Meet on campus Monday – Friday, 9:30 am – 2:00 pm; date/time of the theater performance and/or magic show TBD.
Meals: Most meals provided.
Transportation: Provided by school; included in course fees.

California Adventures: The Central Coast (Travel)**Project Number: 7190****Ms. LeClaire & Mr. Rau****Cost: \$1,000**

Come on an adventure and explore the beautiful coast of our home state while we stay in rustic Paso Robles. Depending on weather or restrictions in place, some possible excursions include kayaking in Monterey Bay and visiting the Monterey Bay Aquarium, exploring Carmel-By-The-Sea, taking a cooking class in Pismo Beach, playing at the beach in Cambria, and visiting all that Cal Poly San Luis Obispo has to offer! We will take in many unforgettable scenic views as we explore the beauty and serenity of California together. An open and respectful attitude with the love of exploring is necessary to not only take this course, but to enjoy and make lasting memories with fellow Saint Mary's students. Let's hit the road together as a new adventure awaits!

Students & their parents will be required to attend the Enrichment Week Student & Parent Meeting in February; date and time TBD

Min/Max Enrollment: 8/18
Where and When: Leave Saint Mary's Sunday, March 8 and return to campus Thursday, March 12.
Meal(s): Most meals provided.
Supplies/Materials: Packing list will be provided prior to departure.
Transportation: Provided by school – included in course fees.

**California Adventures
The Central Coast**



Campus Adventures: Hangouts & Hotspots *

Project Number: 7320

Mr. Mohun

Cost: \$300 (financial assistance available)

College is about more than classes—it's about where you'll live, eat, hang out, and explore! Each day, we'll visit a different local college and spend time discovering what's nearby. Enjoy lunch in cool local spots, browse fun shops, check out off-campus hangouts, and even find the nearest laundromat. Along the way, you'll see the difference between big-city campuses and small-town schools—and start figuring out what kind of college vibe feels right for you!

*** Scholarship available; application is due by Monday, December 8 and available outside Ms. Molinelli's Office.**

Min/Max Enrollment: 8/16
 Where/When: Meet on campus Monday - Friday 9:30 am – 2:00 pm.
 Meal(s): Some meals provided.
 Transportation: Provided by school; students provide own BART/bus tickets as needed.

Careers in Athletics: Behind the Scenes of the Sports Industry

Project Number: 7145

Mr. Flemer

Cost: \$425

Interested in a career in sports? This course offers a behind-the-scenes look at the Bay Area sports industry, including visits to the front offices of both college and professional teams. Explore key aspects of building a successful sports franchise, such as sales, marketing, HR practices, and more. With scheduling flexibility, there may be opportunities to attend a Sharks and/or Warrior's game. Additional experiences include trips to local professional and collegiate stadiums and ballparks, media outlets, and more.

Min/Max Enrollment: 8/16
 Where and When: Meet on campus Monday – Friday from 9:30 am – 2:00 pm.
 We may attend an evening Sharks and Warriors game – date and time TBD.
 Meal(s): Most meals provided.
 Transportation: Provided by school; students provide own BART/bus tickets when needed.

**Careers in Athletics
with Alum, Aalim Moor '09**



Come Play in Santa Fe! (New Mexico) (Travel)**Project Number: 7142****Ms. McConnell & Mr. Petersen****Cost: \$2,000**

Get ready for an unforgettable trip to Santa Fe—where art, culture, and adventure come together! Students will explore world-famous art galleries and vibrant local markets, dive into the rich blend of Native American and Hispanic history and savor the city's delicious Southwestern cuisine. From hands-on cultural activities to scenic outdoor excursions in the stunning high desert landscape, this trip is the perfect mix of learning and fun. Additionally, we will get to visit our Lasallian School, Saint Michael's as well as some nearby towns like Taos and Albuquerque. Santa Fe is calling—let's go explore!

Min/Max Enrollment: 8/18
Where and When: Meet at Oakland Airport (OAK) Sunday, March 8 – Thursday, March 12.
Meal(s): Some meals provided.
Supplies/Materials: Packing list will be provided prior to departure.
Transportation: Provided by school – included in course fees.

Confidence Collective: You Are Stronger Than You Think**Project Number: 7162****Ms. Clyne****Cost: \$400**

Get ready for a week all about confidence, independence, and figuring out who you are. We'll kick things off with activities that help you feel strong inside and out—from a self-defense class to chill conversations with a therapist, nutritionist, doctor, and inspiring business leaders. You'll also get a personal color analysis and tips from a stylist on how to dress in a way that feels authentically you. We'll wrap it all up with a fun sleepover—late-night laughs, and celebrating how awesome it is to grow into yourself.

Min/Max Enrollment: 8/16
Where and When: Monday - Friday 9:30 am – 2:00 pm (times may vary depending on activity).
Meal(s): Most meals provided.
Transportation: Provided by school; included in course fees.

Culinary School: Kitchen on Fire! ***Project Number: 7180****Kitchen on Fire Chefs - Mrs. Harkness****Cost: \$580 (financial assistance available)**

Travel the globe through the comfort of the kitchen, in our one-of-a-kind, hands-on cooking class series, How to Cook Like a Chef. Over the five days, we'll learn from the French chefs in North Berkeley's Kitchen on Fire cooking School the techniques, tricks, and tips that will teach you how to cook beyond the recipe and create your own delicious dishes from scratch. We'll explore cuisines from around the world, create meals from breakfast to dessert, and learn about a wide array of ingredients, while cooking up a storm and eating all we cook!

*** Scholarship available; application is due by Monday, December 8 and available outside Ms. Molinelli's Office.**

Min/Max Enrollment: 16/24
Where and When: Meet at Kitchen on Fire Monday – Friday from 10:00 am – 2:00 pm.
Meal(s): Meals provided – students eat what they make each day!
Transportation: Students provide own transportation to Kitchen on Fire, 1509 Shattuck Avenue Berkeley (next to Chez Panisse).

Kitchen on Fire!

Driver's Education & Training ***Project Number: 7277****Safest Way Driving School - Ms. Molinelli****Cost: \$590 (financial assistance available)**

Earn your required Driver's Training Hours **AND** your Driver's Education together with one course! **Students must be 15 ½ years of age by March 13.** Students will complete the required Drivers Education course during Enrichment Week. Once finished, students can contact Safest Way Driving School to schedule the three required driving sessions that are included in the course fee. Some students will be able to have their first behind-the-wheel driving lesson DURING the week. Students need to complete 30 hours of seat time in order to pass this class during Enrichment Week.

*** Scholarship available; application is due by Monday, December 8 and available outside Ms. Molinelli's Office.**

Min/Max Enrollment: 12/24
Where and When: Meet on campus Monday – Friday from 8:30 am – 3:30 pm.
Meal(s): Students provide own lunch each day.
Supplies/Materials: Provided by Instructor.



Driver's Education and Training

From Sierra Snow to Bay Waters: Understanding California's Water System**Project Number: 7400****Dr. Wesley****Cost: \$475**

Water made California what it is today from the rise of our great cities to agriculture in the central valley. Part field trip, part teach in, and part film festival, this course will explore where our water comes from, where it goes to and how it gets there. Beginning in the high Sierra we will trace its path through rivers, reservoirs, tunnels, pumps, aqueducts, purification plants, farms and houses until it meets the waters of the Pacific Ocean in San Francisco Bay. Our adventure may include a two-day, one-night trip to the Delta, where we'll visit key sites—and even cool off at a water park!

Min/Max Enrollment: 8/16
Where and When: Meet on campus Monday – Friday from 9:00 am – 2:00 pm.
Meal(s): Some meals provided.
Transportation: Provided by school; students provide own BART/bus tickets when needed.

Historical Haunting Tour of the Bay Area**Project Number: 7141****Mr. George****Cost: \$400**

Uncovering the stories of the paranormal throughout the Bay Area will be a fun, informative course that will challenge each student to think about the origins and histories of ghost stories and spirits. Through videos, short readings, a lecture from a local agency specializing in paranormal activity and field trips to local spots, we will investigate the possibilities of hauntings and spirits. The first day of the course will be spent on campus watching films and videos about ghosts and hauntings. All subsequent days will include field trip excursions that may include but are not limited to: a nighttime visit to the USS Hornet in Alameda and/or Alcatraz, the Winchester Mystery House in San Jose, The Moss Beach Distillery near Half Moon Bay, the Brookdale Hotel & Mystery Spot in Santa Cruz, and other local spots in the Bay Area. An open mind and a positive attitude are necessary for this course. Come get spooked while we take a nighttime flashlight tour of a famous haunted spot. You can decide if ghosts and spirits exist or not!

Min/Max Enrollment: 8/24
 Where and When: Meet on campus Monday – Friday from 9:30 am – 2:00 pm; there may be one or two night-time excursion(s) from 5 -11 pm; date(s) to be determined.
 Meals: Some meals provided.
 Transportation: Provided by school; included in course fee.



Historical Haunting Tour of the Bay Area - visit to The USS Hornet in Alameda the Evening



Historical Haunting Tour of the Bay Area - visit to The Mystery Spot in Santa Cruz

Immersion East Bay (Community Service) *

Project Number: 7350

Mr. Giangregario

Cost: \$150 (financial assistance available)

Lasallian schools are places where service to others is a key element. This immersion course challenges students to do just that: learn and serve! Spend your Enrichment Week serving food, helping the elderly and children right here in the East Bay. We will work together building our own community while helping others, as well as giving a donation to one or more of the agencies we service!

Note: Provides service hours for Confirmation, NHS, Scouts, etc.

*** Scholarship available; application is due by Monday, December 8 and available outside Ms. Molinelli's Office.**

Min/Max Enrollment: 8/16
 Where and When: Meet Monday – Friday 9:00 am – 3:00 pm.
 Meal(s): Some meals provided.
 Supplies/Materials: Packing list will be provided prior to departure.
 Transportation: Provided by school – included in course fees.

Immersion Salinas: Farm Workers and Community (Community Service) (Travel) *

Project Number: 7219

Mr. Graham

Cost: \$625 (financial assistance available)

Ever wonder who grows your food and what their lives are really like? This five-day immersive program takes you into the heart of California's Central Coast to explore the links between what's on your plate, who produces it, and the true costs to our communities and the planet. Expect real farm work, honest conversations, and meaningful reflection.

You'll roll up your sleeves in the fields, visit El Teatro Campesino—born out of Cesar Chavez's grape strike—and connect with local organizers working for immigrant rights and environmental justice. Through home visits, dialogues with grassroots leaders, and dedicated time to reflect, you'll grapple with big questions about sustainability, land stewardship, biodynamic farming, and how everyday choices ripple across borders.

This trip is for you if you're ready to look beyond the headlines and understand the people behind our food system; if you want to learn firsthand about immigration and labor issues; if you care about where your food comes from; or if you're seeking a meaningful experience that matters. This journey will change how you see the world— and your lunch.

Note: Provides service hours for Confirmation, NHS, Scouts, etc.

*** Scholarship available; application is due by Monday, December 8 and available outside Ms. Molinelli's Office.**

Min/Max Enrollment:	8/16
Where and When:	Meet at Saint Mary's Sunday, March 8 – Thursday, March 12
Meal(s):	Some meals provided
Supplies/Materials:	Packing list will be provided prior to departure.
Transportation:	Provided by school – included in course fees.

Joy of Eating: A Culinary Journey Through the Bay *

Project Number: 7250

Ms. Figueroa

Cost: \$350 (financial assistance available)

"Taste and you shall see!" Get ready for the ultimate East Bay Area food adventure! Each day, we'll head to a new restaurant, focusing on East Bay locations, or local food spots to experience how food brings people together. From trying out fine dining to serving up your own creations, you'll explore food as culture, community, and connection. We'll tour an organic garden, share meals, and discover the real joy of eating—one bite at a time!

*** Scholarship available; application is due by Monday, December 8 and available outside Ms. Molinelli's Office.**

Min/Max Enrollment:	8/16
Where and When:	Meet Monday – Friday 9:30 am – 2:00 pm.
Meal(s):	Most meals provided.
Transportation:	Provided by school; students provide own BART/bus tickets as needed.



**Students enjoying a treat during
Enrichment Week**

Lifeguard Training *

Project Number: 7210

El Cerrito Community Pool Staff - Ms. Molinelli

Cost: \$280 (financial assistance available)

Interested in becoming a firefighter? EMT? Paramedic? Nurse? It all begins with LIFEGUARD TRAINING! Take lifeguard training and learn to prevent, recognize, and respond to emergencies AND how to provide care for injuries and sudden illnesses. This class culminates in American Red Cross professional certifications: Lifeguarding, Emergency First-Aid, and CPR/AED for Lifeguards. Work as a lifeguard this summer at public swimming pools, private swim clubs, and aquatic parks! Gain essential experience required for a future career in the emergency medical services.

Participants must meet the following pre-requisite skills:

- Must be 15 by the last day of the class
- Swim 300 yard continuously demonstrating breath control and rhythmic breathing
- Tread water for 2 minutes using only the legs
- Complete a timed event within 1 minute, 40 seconds
- Starting in the water, swim 20 yards
- Surface dive, feet-first or head-first, to a depth of 7 to 10 feet to retrieve a 10-pound object
- Surface and swim 20 yards on back with both hands holding object
- Exit the water without using a ladder or steps

*** Scholarship available; application is due by Monday, December 8 and available outside Ms. Molinelli's Office.**

Min/Max Enrollment: 5/10
Where and When: Meet at El Cerrito Community Pool Monday – Friday from 9:00 am – 3:30 pm.
Meal(s): Students provide own lunch.
Supplies/Materials: Casual clothing, swimwear and a towel.
Transportation: Students provide own transportation to El Cerrito Community Pool: 7007 Moeser Lane, El Cerrito.

Lifeguard Training



Movie-cation & Appreciation

Project Number: 7375

Ms. Libby

Cost: \$150

Need a movie-cation, a movie education? This Enrichment Week activity will explore films in multiple genres, such as drama, comedy, and action. We will have conversations about the impact of the films, the making of movies, and storytelling itself. Lots of snacks will be provided as we watch and critique one to two movies a day. We will make at least one visit to a movie theater in the local area. Movie ratings will vary; parent permission will be required prior to viewing for movies rated "NR" or "R".

Min/Max Enrollment: 8/16
Where and When: Meet on campus Monday – Friday 9:30 am – 2:00 pm (One day off-campus, TBD).
Meal(s): Some meals provided.
Transportation: Students provide own BART/bus tickets as needed.

Myth Busters: Science vs. Myth *

Project Number: 7385

Mr. Luu

Cost: \$400 (financial assistance available)

Get ready to put myths, legends, and viral videos to the test! Inspired by the hit TV show, this hands-on course challenges you to separate fact from fiction through experiments, creativity, and a little bit of science magic. Can lemons really power a light bulb? Can sound waves blow out flames? Can a gentle breeze topple a bridge—or a voice shatter glass? You'll explore these questions (and more!) using physics, chemistry, and engineering skills. After a few days of testing and tinkering on campus, we'll head out on exciting field trips to [The Tech Museum](#) in San Jose and [The Exploratorium](#) in San Francisco and other locations around the Bay Area for real-world experiments and discovery. Expect surprises, teamwork, and plenty of "Whoa, that actually worked!" moments.

*** Scholarship available; application is due by Monday, December 8 and available outside Ms. Molinelli's Office.**

Min/Max Enrollment: 8/16
Where/When: Meet on campus Monday - Friday 9:30 am – 2:00 pm.
Meal(s): Some meals provided.
Transportation: Provided by school; students provide own BART/bus tickets as needed.

Outdoor Education: Cabin Leader at Walden West (Community Service)**Project Number: 7450****Ms. Molinelli****Cost: \$150**

The Walden West science program is an outdoor school program designed for fifth and sixth graders. Each session spans a week during which students, accompanied by classroom teachers, live and learn in an outdoor environment. The program is operated on the premise that students learn best through hands-on activities. Lessons in the natural sciences are brought to life with the hope that through education, students will develop an understanding and sense of appreciation for the environment. The Walden West science program emphasizes learning by doing. Students are immersed in activities that stimulate their interest in science and the outdoors. As a volunteer, you will be responsible for being cabin counselors to elementary-age students and an assistant to a teacher/naturalist during the daytime hikes. In addition, you will develop leadership skills. This is a fun way to get to know others, help elementary-age students, and enjoy nature. Visit the Walden West website here to learn more.

Note: Provides service hours for Confirmation, NHS, Scouts, etc.

Min/Max Enrollment: 6/8 (Open to sophomores, juniors and seniors only).
Where and When: Meet at Saint Mary's on Sunday at 2:00 pm and return Friday by 3:00 pm.
Meal(s): Some meals provided.
Supplies/Materials: Packing list will be provided prior to departure.
Transportation: Provided by school – included in course fees.



**Outdoor Education:
Cabin Leader at Walden West**

Project Runway: Saint Mary's Edition**Project Number: 7171****Ms. Guevara****Cost: \$575**

Learn to sew versatile pants that you can wear to bed or a hangout! We will be working at a French owned atelier (workshop) - [Studio Sessions](#) - in the trendy Elmwood neighborhood in Berkeley. Monday through Wednesday, learn to use a sewing machine, cut a pattern and sew your versatile pants. Sessions will be taught by master sewer and studio owner, Eli Dembele, and her assistant. Keep the pattern so you can make the pants again! We'll end the week with a service day and time to reflect on a week together.

Min/Max Enrollment: 8/16
Where and When: Meet at [Sessions Studio](#), Berkeley, Monday–Wednesday from 9:30 am – 2:00 pm; Thursday & Friday meet at Saint Mary's from 9:30 am – 2:00 pm.
Meal(s): Some meals provided.
Materials: Fabric and other supplies are included in the price.
Transportation: Students provide own transportation to [Studio Sessions](#), 2924 College Avenue, Berkeley (Mon-Wed); provide own BART/bus tickets as needed for additional days.

Sense & Perception: Beyond What Meets the Eye**Project Number: 7248****Ms. Khan & Ms. Policar****Cost: \$400**

Get ready to see, taste, touch, and experience the world in a whole new way! In this hands-on adventure, you'll explore how your senses shape the way you think, learn, and connect. From solving puzzles in an escape room to tasting your way through a cooking class, and from mind-bending illusions to cutting-edge tech exhibits, every day

brings something new. We'll visit places like The Tech Interactive, the 3D Illusion Museum, and more—all designed to challenge how you perceive the world. By the end of the week, you'll have discovered how science, art, and imagination come together to transform the way we experience life—proving there's way more to the world than what meets the eye.

Min/Max Enrollment: 8/16
Where and When: Monday - Friday 9:30 am – 2:00 pm (times may vary depending on activity).
Meal(s): Most meals provided.
Transportation: Provided by school; included in course fee.

SoCal: Culture, Colleges, and Care for Others (Travel)

Project Number: 7200

Ms. Chua

Cost: \$1,800

When you think of Southern California, you probably envision movie stars and beautiful beaches, but there's so much more the City of Stars has to offer! On this trip, we will explore the vibrant culture of Los Angeles and the surrounding area. An afternoon will be spent exploring Santa Monica Beach taking in street shows, local food, and of course, the sandy shores. We'll get to know the college scenes at LMU and UCLA, experience some magic at the Happiest Place on Earth, and share in community with our Lasallian brothers and sisters at Cathedral High School. Our trip will culminate with a day of service working alongside God's Pantry and include a visit to Homeboy Industries. This unforgettable journey will combine fun, faith, and fellowship as we experience the heart and spirit of Southern California together.

Students & their parents will be required to attend the Enrichment Week Student & Parent Meeting in February; date and time TBD

Min/Max Enrollment: 8/18
Where and When: Meet at Oakland International Airport (OAK) on Sunday, March 8 and return Thursday, March 12 – Times TBD.
Meal(s) Most meals provided.
Supplies/Materials: Packing list will be provided prior to departure.
Transportation: Provided by school – included in course fees



SoCal: Culture, Colleges & Care for Others

Sports Unlimited: Indoor & Outdoor Challenges

Project Number: 7135

Mr. Turner

Cost: \$475

Come and challenge yourself for a week of fun and excitement! Many of our activities will be team oriented and include some competition but all of them will focus on teamwork and building friendships. Some activities may include ziplining and/or a ropes course, indoor skydiving, go-kart racing, virtual reality games, parkour, and possibly some golf! Feeling the urge to spend some time outdoors enjoying the fresh air AND indoors testing your athletic limits? Join us for a week experiencing some new sporting activities that you may not have tried before.

Min/Max Enrollment: 8/24
Where and When: Monday - Friday 9:30 am – 2:00 pm (times may vary depending on activity).
Meal(s): Most meals provided.
Transportation: Provided by school; included in course fee.

Sports Unlimited



Spy Hunters of WWII: Operation Home Guard

Project Number: 7273

Mr. Thomas

Cost: \$450

Step into the shoes of FBI special agents (fedoras and raincoats welcome!) engaging in counterespionage on the home front during World War II. You'll choose an FBI partner from the class and compete with other pairs of agents to catch the spy! In this hands-on history adventure game, you'll travel across the Bay Area investigating clues, breaking ciphers, and uncovering an espionage plot that stretches from UC Berkeley's secret labs to the warships of San Francisco's waterfront. Along the way you will also learn about the lives of the diverse communities of the Bay Area during World War II and how the war affected people's perceptions. You'll explore real WWII sites-- including the USS Pampanito, Rosie the Riveter National Park, and the Tanforan Memorial-- build your own working AM/FM radio, and even ride in an authentic WWII Halftrack. Experience the tension, technology, and moral choices of wartime intelligence while discovering how the Bay Area became a hub of diversity, industry, and ultimately victory!

Min/Max Enrollment:

8/16

Where/When:

Meet on campus Monday - Friday 9:30 am - 3:00 pm.

Meal(s):

Some meals provided.

Transportation:

Provided by school; included in course fee.

Taste of the Bay Area: A Hands-On Culinary Journey

Project Number: 7150

Mr. Mingham

Cost: \$400

Celebrate the diverse flavors of the Bay Area in this weeklong culinary exploration! Learn where our food comes from and how different cultures influence the local food scene. Along the way, you'll sample delicious cuisine from nearby farms and restaurants while learning hands-on cooking and chef skills—from kitchen techniques to plating and presentation. Wrap up the week by preparing and sharing a meal featuring the best ingredients the Bay Area has to offer.

Min/Max Enrollment:

8/16

Where and When:

Meet on campus Monday - Friday from 9:30 am - 2:00 pm.

Meal(s):

Most meals provided.

Transportation:

Provided by school; students provide own BART/bus tickets when needed.

Tidepool Treks & Ocean Quests: Marine Biology on the Pacific Coast (Travel)

Project Number: 7460

Dr. Theodosopoulos

Cost: \$525

Join Dr. Theo and explore Pacific coast marine ecosystems here in our local Bay, as well as in beautiful Monterey. Locally, we will visit the Cal Academy, Berkeley Marina and the Marine Mammal Center to learn and explore. We will then head down to Monterey to spend two days visiting the Monterey Bay Aquarium and Research Institute. We will learn about the marine life of the coast, enjoy tide pooling, drawing biological specimens, nature journaling and much more. If you have an avid interest in marine biology, this is the course for you!

Students & their parents will be required to attend the Enrichment Week Student & Parent Meeting in February; date and time TBD

Min/Max Enrollment: 8/16
Where and When: Meet at Saint Mary's Monday - Wednesday 9:30 am – 2:00 pm;
Overnight in Monterey Thursday. Return to Saint Mary's Friday.
Meal(s): Most meals provided.
Supplies/Materials: Packing list will be provided prior to departure.
Transportation: Provided by school – included in course fees.



**Tidepools in
Santa Cruz**

Trailblazers: Hiking in the Bay Area

Project Number: 7410

Mr. Riccardi

Cost: \$200

Find your path and experience the best of the Bay Area's hiking spots! Hike to a beach, walk a ridge, and climb a mountain all right here in the Bay Area. Our adventures may include Marin Headlands, Point Reyes, Wildcat Canyon, and more. Come join us for stunning hikes and time spent in the great outdoors.

Min/Max Enrollment: 8/16
Where and When: Meet on campus Monday-Friday, 9:30 am -2:00 pm (times may vary).
Meal(s): Student bring their own lunches, snacks, and water each day.
Supplies/Materials: Wear comfortable clothing and footwear appropriate for hiking.
Transportation: Provided by school; included in course fee.

**Bay Area Hiking Adventures
Marin Headlands**



Wellness Through Creativity: A Writing and Cooking Retreat in Santa Cruz (Travel) Project Number: 7170

Ms. Gallien**Cost: \$800**

Join Ms. Gallien at a beautiful Santa Cruz beach house for four days of writing and cooking together. Our days will be filled with writing together in community and enjoying the beauty of Natural Bridges State Beach. I will provide cooking lessons each evening -- come learn how to make pasta and pizza from scratch! If you want to spend four relaxing days at the coast, nurturing your body, mind, and spirit, this is the course for you!

Min/Max Enrollment: 8/9
Where and When: Sunday, March 8 - Thursday, March 12 (times TBD).
Meal(s): All meals provided.
Supplies/Materials: Packing list will be provided prior to departure.
Transportation: Parents will be asked to help carpool students to and from Santa Cruz.



Individual Internship Program (IIP)

Individual Internship Program (IIP)**Project Number: 7332****Ms. Molinelli****Cost: \$20**

IIP's are available to upper-division students (lower-division students only in exceptional circumstances) who want to create their own projects in order to explore a subject area or an interest that falls into one or more of the categories of all Enrichment Week courses:

1. College Visits (**Juniors only**)
2. Career Exploration (**Seniors only**)
3. Service Learning and/or Spirituality (**Seniors only**)

JUNIORS are encouraged to use the IIP opportunity to explore various college campuses with their families during the week.

SENIORS will have the opportunity to develop something challenging, interesting, and rewarding. Be creative! Be productive! Spend the week making a difference in our community by volunteering or explore possible career opportunities. Combining two areas can also lead to very interesting programs.

Projects must involve a minimum of 25 hours of work, activity, etc., and a written reflection will be due after Enrichment Week concludes. Details will be provided at our mandatory meetings.

Travel Courses

(Registration closed for these courses in October 2025)

Students & their parents will be required to attend the Enrichment Week Student & Parent Meeting on in February; date and time TBD

Boston & New York

Project Number: 7380

Mr. Rogers

Cost: \$2,600

Want to explore the rich history and vibrant culture of the United States? Maybe the world? Are you thinking Boston? New York City? How about both! Come explore the amazing attractions, schools, historic sites, neighborhoods, and memorials of Boston as well as the sights, sounds and vibrancy of New York City. From the Freedom Trail to Wall Street, Harvard to Columbia to NYU, the North End to Rockefeller Center, Beacon Hill to the Statue of Liberty, Fenway Park to Times Square, Boston Common to Central Park, let's see two of America's most revered cities together!

This week-long trip spends 3 days in Boston and 3 days in NYC, walking, talking, watching, exploring, recording, researching, learning and most of all, enjoying these two captivating destinations. Want fun? No problem! This trip is designed for the young person who wants to travel, learn and laugh all at once.

Chicago

Project Number: 7292

Ms. D'Esposito

Cost: \$2,600

Discover the Windy City during an immersive week of art, food, and culture — capped off with Chicago's famous St. Patrick's Day celebration! Dive into world-renowned museums like the Art Institute and MCA, tour Frank Lloyd Wright's iconic Robie House, and cruise along Chicago's stunning skyline by river. Experience *Hamilton* and legendary improv at The Second City, take a deep-dish pizza-making class, and enjoy dinner at a classic Chicago steakhouse. You'll also visit top universities including SAIC, Loyola, DePaul, and Northwestern. Join us for an unforgettable adventure in one of America's most iconic cities!

Egypt

Project Number: 7325

Ms. Panlilio & Mr. Alvarez

Cost: \$5,200

Your world history lessons will come to life as you are transported to ancient Egypt. Experience a once-in-a-lifetime exploration, as we visit this modern metropolis of 20 million people before we sail back in time 5,000 years. We will visit The Pyramids of Giza, Elephantine Island, the Necropolis of Thebes, the Luxor Temple, and the freshly minted Grand Egyptian Museum (GEM). All of this and more as we bask in the beauty of the region while we cruise down the Nile on a felucca. We will feast on the flavor profiles of Greek, Roman, and Middle Eastern influences that are woven into Egyptian cuisine.

France – The Original Black Panthers Battalion

Project Number: 7125

Dr. Imperial & Ms. Nunley

Cost: \$5,700

The 761st Tank Battalion was the first all-Black tank battalion to see combat in World War II and one of the most effective tank units of the war, enduring 183 straight days in combat across France. Among the 761st was Staff Sergeant Ruben Rivers. Killed in action in November 1944, Sergeant Rivers was posthumously awarded the Medal of Honor in 1997 for his heroism. In attendance at that White House ceremony was his great-niece, Saint Mary's President Azure'D Nunley.

Join us as we follow the path of the 761st, starting at Omaha Beach in Normandy and ending in Bastogne, Belgium. Along the way we will dabble in French history and visit some of France's most extraordinary places: Bayeux; the D-Day Beaches; Mont St. Michel; Paris's Cathedral of Notre Dame & the Louvre; Reims, birthplace of St.

Jean Baptiste de la Salle; Verdun, where over 750,000 soldiers were killed and wounded in 1916; and Bastogne where the Nazis threw all they had to repel the American advance in December 1944 in what is now known as the Battle of the Bulge.

Germany & Czech Republic**Project Number: 7423****Ms. Tansey & Dr. Tierney****Cost: \$5,400**

Experience three of Central Europe's most fascinating cities on an immersive journey through Berlin, Dresden, and Prague. In Berlin, known as the "Heart of Europe", we will explore sites such as the Brandenburg Gate, Alexanderplatz, and the Holocaust Museum. Continuing on to Dresden we visit the renowned opera house, Green Vault Museum, and Koenigstein Castle. En route to Prague, a visit to the Terezin concentration camp will provide essential historical context. In Prague, we visit the Old Town and the Jewish Quarter, tour Prague Castle, and take a full-day excursion to Kutná Hora and its striking Bone Church. Along the way, we'll enjoy regional cuisine, vibrant cultural experiences, and a festive farewell folklore dinner. This tour offers students a chance to connect with Europe's past and make connections to our own history. We look forward to traveling with you.

Iceland**Project Number: 7300****Ms. McManus****Cost: \$5,200**

Enrichment 2026, a group of excited students will embark on an incredible one-week trip to Iceland! The trip begins in Reykjavik, exploring the city's colorful streets, learning about its culture, and trying local foods like Icelandic pastries and seafood. From there, we'll venture out to see some of Iceland's most famous natural wonders, including the Golden Circle, Gullfoss Waterfall, and the bubbling Geysir hot springs. We'll hike across lava fields, explore black sand beaches, and keep an eye out for wildlife along the way. Highlights include relaxing in the famous Blue Lagoon, going whale watching along the coast, and hopefully witnessing the magical Northern Lights lighting up the night sky. Each day there will be breathtaking landscapes, exciting adventures, and unforgettable memories with friends. This trip will be an amazing opportunity to experience one of the world's most unique and beautiful countries firsthand!

Immersion: La Salle Bamboo School, Thailand**Project Number: 7290****Mr. Lannan & Ms. Fernandez****Cost: \$3,200**

Journey with us to Thailand as we live out our Lasallian Mission at the Bamboo School and La Salle Sangkhlaburi. Our primary focus will be serving "stateless" children at the Bamboo School in western Thailand. "Stateless" children are not recognized by either the Myanmar or Thailand governments, therefore they have limited rights and opportunities and are at danger of becoming victims of human trafficking. Once at the Bamboo School, we will build mushroom huts, teach conversational English, work in the garden, repair children's homes, and serve others where there is need. We will stay at La Salle Sangkhlaburi and eat our meals with girls who live at the Blue Sky Home, either because they are orphans or their parents do not have the financial resources to care for them. In addition, we'll visit Bangkok, where we will see the Grand Palace & Wat Prakeaw, Wat Pho (reclining Buddha), Wat Arun (Temple of Dawn) and the famous Bangkok floating market. Together, we'll learn, do good work and live out the mission of our school!

New Orleans**Project Number: 7110****Mr. Filson****Cost: \$2,600**

New Orleans. One of the greatest mixtures of culture in the world. See how it all comes together in the city known as the Big Easy. Spend five days in one of the most visited cities in the world. We will tour the world-famous French Quarter and the Garden District, ride through alligator infested swamps and bayous, learn about the famous ghosts of New Orleans, eat Cajun and Creole food, cruise the great Mississippi, tour the uptown universities of Tulane and Loyola while strolling down St. Charles Avenue, the most fabulous street in New Orleans. Come see and experience one of America's oldest and most fascinating cities to the back drop of the greatest American Art form, jazz.

Visiting the City that care forgot will be an experience that you will not.

Peru**Project Number: 7465****Ms. Sachowitz & Mr. Sutphin****Cost: \$5,100**

Join us on an amazing trip to Puerto Rico, where we'll dive deep into the island's vibrant culture, stunning ecology, and rich history. Explore Afro-Puerto Rican culture and traditions through immersive experiences in music and art. Discover the island's natural beauty as we hike to breathtaking waterfalls, relax on pristine beaches, and take a magical night swim among bioluminescent dinoflagellates. Step back in time with a visit to Old San Juan, a UNESCO World Heritage site, and learn to dance salsa and folklórico, two of Puerto Rico's iconic dance styles. Our journey will also include a meaningful visit to our fellow Lasallian school, fostering connections and building community across borders. This trip promises to be an opportunity to experience Puerto Rico's unique blend of culture, nature, and tradition.

Immersion: St. LaSalle School, Keelamudiman, INDIA**Project Number: 7270****Ms. Miller & Mr. Kelly****Cost: \$3,500**

God's light shines brightly in the people of India, especially acknowledged by the frequent Tamil greeting "Vanakkam", an acknowledgement of God's presence in the other person.

Journey with us as we live out our Lasallian Mission serving children in southern India. In this immersion experience, students from Saint Mary's will live and work with the Brothers and students at St. LaSalle School in Keelamudiman. As part of the immersion program, students will focus on four areas of personal development: faith, social justice, service, and reflection. We'll work with children, build and repair school facilities, as well serve others where there is need. In addition, we'll visit Chennai and see incredible temples in Madurai and Keelamudiman. Together, we'll learn, do good work and live out the mission of our school!

**Washington, DC**



Students playing water relay with students at La Salle Bamboo School, Thailand



New Orleans

ENRICHMENT WEEK

IMPORTANT DATES

October	Parent & Student Information Evening for Overnight Trips
December	Catalog distributed to students via email & PS portal
December 3	Enrichment Week Fair during lunch Online Registration Opens
December 8	Last date to complete the Online Registration – closes at midnight
December 10	Signed Registration form due to 2nd Period Teachers
December 8	Request for Financial Assistance Application Due (Applications outside Ms. Molinelli's Office)
Mid-January	Enrichment Week Rosters posted
January 22	EW Course Meeting #1 during Independent Study Time <i>Mandatory for students!</i>
February 19	EW Course Meeting #2 during Independent Study Time <i>Mandatory for students!</i>
February – time/date TBD	Immersion & Overnight Trip Meeting for Parents & Students
March 9 - 13	Enrichment Week

Student Course Selection Planner & Worksheet

All Enrichment Week courses are grounded in the principles of our Lasallian Educational Outcomes (LEOs). Each course is developed and/or coordinated by a Saint Mary's faculty member and aligns with one or more of the following categories – many courses encompass all three:

- Cultural, Educational and/or Career Exploration
- Recreation and/or Physical Wellness
- Service and/or Spirituality

All Enrichment Week courses, including travel, may include a day of service to build relationships with one another and serve our community or the communities we are visiting. In addition, some of the courses in the catalog are service oriented for the week and provide documented hours of service for Confirmation, National Honor Society (NHS), Scouts and other outside organizations. There will be a designation of Community Service next to the course titles.

Sophomores, Juniors and Seniors, fill out the following information from previous years. It will help you to determine which category you may need to explore and/or investigate during Enrichment Week this year. It is also an opportunity for you to create a plan for your future Enrichment Weeks.

Freshmen, please use this planner to project what you would like to sign up for **this year** and plan **your** future years for Enrichment Week.

Freshman:

_____	_____
Category Number	Course Name

Sophomore:

_____	_____
Category Number	Course Name

Junior:

_____	_____
Category Number	Course Name

Senior:

_____	_____
Category Number	Course Name

My choices for this year:

1st choice: _____

2nd choice: _____

3rd choice: _____

Notes:



Mission Statement

As a Christ-centered community striving to live the mission of Saint John Baptist de La Salle, Saint Mary's College High School is a Catholic school where diversity and inclusion are essential and quality education is our active ministry.

With community support and faith grounded in love, Saint Mary's students pursue a life of virtue and scholarship that extends beyond the completion of a college preparatory curriculum to assuming societal roles of responsibility and service.

Lasallian Educational Outcomes (LEOs)

A Saint Mary's College High School graduate...

Spiritual: engages life consciously and acquires a Catholic and Lasallian worldview inspired by the Gospel, the teachings of the Catholic Church, and the mission of Saint John Baptist de La Salle.

Physical: demonstrates respect for truth and goodness of God's universe

Emphasis: • *Acquiring scientific knowledge and method* • *Concern for the environment, health and fitness* • *Participation in athletics and dance* • *Relating to the materials of artistic expression*

Emotional: responds positively to the creative potential of emotion

Emphasis: • *Skillful, authentic expression in the arts* • *Coping with adversity and prosperity* • *Developing empathy* • *Setting goals, realizing hope*

Intellectual: is academically prepared for college; is curious about the world; and demonstrates disciplined, imaginative thinking

Emphasis: • *Critical thinking and problem solving* • *Effective oral and written communication* • *Accessing and analyzing information* • *Transferring skills and knowledge to new situations* • *Service learning*

Communal: actively contributes to communities, ranging from local to global, based on the recognition that we are responsible for each other

Emphasis: • *Concern for the poor* • *Social justice* • *Building community amid diversity* • *Community service*

Integral: seeks to become an independent, responsible, and reflective person, supported by the Saint Mary's community

Emphasis: • *Developing discernment and sound moral judgment* • *Developing resiliency*

Lasallian Core Principles

