

Triennial assessment results 2026

Meet our team

- Missy Stolley- Director of Student Services
- Julie Denker- Director of Food Service
- Caitlyn Booms- Nutrition Specialist
- Brian Lodes- School Board President
- Stephanie Hoelsing- Mental Health Liaison
- Joe Pudenz- Elem. PE lead teacher
- Matt Hager- Asst. Principal PLSHS
- Luke Olson- Asst. AD PLHS
- Lyndsay Molson- parent

Policy compliance results

 *PLCS Step 1 Model Wellness Policy Comparison Results Template (Final)

Wellness policy goals

1. The District will teach, model, encourage and support healthy eating by all students. The District will implement a curriculum that includes information on good nutrition and healthy living habits, and that meets or exceeds the health and nutrition education objectives established by the Nebraska Department of Education. In addition, the District will promote healthy food and beverage choices for all students, as well as encourage participation in school meal programs by such methods as implementing evidence-based healthy food promotion techniques through the school meal programs and promoting foods and beverages that meet or exceed the USDA Smart Snacks in School nutrition standards
2. The District's curriculum shall include instruction on physical activity and habits for healthy living. Students will be encouraged to engage in physical activities throughout the school day and will be provided with opportunities to do so.
3. The District will integrate wellness activities across the entire school setting, not just in the cafeteria, other food and beverage venues and physical activity facilities. The District will coordinate and integrate initiatives related to physical activity, physical education, nutrition and other wellness components so all efforts are complementary, not duplicative, and work towards the same set of goals and objectives



promoting student well-being, optimal development and strong educational outcomes.

 *PLCS Step 2 Progress Toward LWP Goals/Compliance with LWP

Key achievements

1. Strong Compliance with Federal Wellness Requirements.
2. Comprehensive Nutrition Environment & Meal Program Supports
3. Strong Physical Education Framework

Next Steps

The district's focus moving forward is to align nutrition standards beyond the school day, focusing on family and community engagement in physical activity opportunities, nutrition integrations across all subjects at all levels. Embedding nutrition standards, physical activity, and nutrition integration through community engagement opportunities such as Wellness Fairs, Activity opportunities, working with our PTO's and aligning practices district wide.